

# DRUMS ACROSS ONEIDA

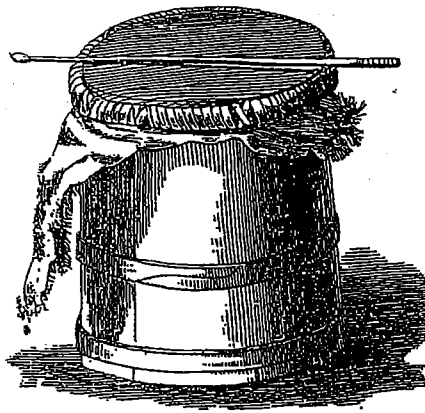
*1685 Copies*

Elderly Services  
2907 S. Overland Rd.

Senior Center  
134 Riverdale Dr.

P.O. Box 365

Oneida, Wi. 54155



Elderly Services 1-920-8692448

Senior Center 1-920-869-1551

Toll Free: 1-800-867-1551

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AWAHITE WHE-HNI-TAHL

STRAWBERRY MOON

JUNE 2007

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**Happy Father's Day June 17<sup>th</sup>, 2007**



## Dad of Mine

Time has left it's mark on him  
In a very tender way,  
His shoulders are a little bent  
His hair a little grey.

His eyes are kind and gentle.  
And they're dimmed by passing years,  
For deep compassion dwells there and  
A thousand unshed tears.

Hands that do the best of deeds.  
Feet that trod a path divine,  
God bless him now and always,  
That precious Dad of mine.

B. Jennings

**Elderly Service Complex      2907 S. Overland Rd. (P.O. Box 365)      Oneida, Wi. 54155      1-920-869-2448**

**Program Director  
Assistant Program Director  
Benefits Specialist  
Elder Abuse Coordinator  
Elderly Services Coordinator  
Office Manager  
Transportation Coordinator  
Transportation Driver  
Transportation Aide  
Activity Coordinator  
Outreach Worker  
Outreach Worker  
Outreach Worker  
In- Home Chore Worker  
In-Home Chore Worker  
Respite Care Worker  
Respite Care Worker/Faith In Action  
Administrative Assistant  
Elder Helper  
Elder Helper  
Alzheimer/Respite Activities Specialist  
Title V  
Title V  
Title V**

**Florence Petri  
Tina Pospychala  
Angela Ortiz  
Joyce Johnson  
Cheryl Ault  
Claudia Skenandore  
Lorna Christjohn  
Connie Van Gheem  
Dale Webster  
Michele Cottrell  
Theresa Sanchez  
Sandy Summers  
Amy Summer  
Joanne Close  
Lorleen John  
Jim Smith  
Glory LaFlex  
Marty Braeger  
Marie Scott  
Barbara Skenandore  
Rita Summers  
Jean Denny  
Wayne McReynolds  
Carmen Pasquale**

**ONEIDA SENIOR CENTER      134 Riverdale Dr. (P.O. Box 365)      Oneida, Wi. 54155 1-920-869-1551**

**Head Cook Supervisor  
Assistant Cook  
Relief Cook  
Relief Cook  
Home-Delivered Meals Driver  
Maintance Supervisor  
Home Respite Coordinator  
Home-Chore Worker  
Home-Chore Worker  
Home-Chore Worker  
Home-Chore Worker  
Home-Chore Worker  
Home-Chore Worker  
Elder Helper  
Elder Helper  
Elder Helper  
Title V**

**Brenda Jorgenson  
Loretta Mencheski  
Betty Jorgenson  
Pat Beilke  
Alfrieda Grignon  
Robert LaGest  
Richard Summers  
Don Bogda  
Tod Hill  
Lloyd Davis  
Harold Dostalick  
Lee Domencich  
Lisa Huff  
Richard Dodge  
Cornelius Hill  
Marena Pamanet  
Jeannine La Rock**

## UP CLOSE AND PERSONAL

With James Hall,  
Vista Volunteer

Greetings , my name is James Hall, the brand new Vista worker at Elderly Services. I am from the Oneida and Lac Courte Oreilles Ojibwa Nations. Recently I graduated from the University of Wisconsin- Milwaukee with a bachelor's Degree in Business and Administration, majoring in Accounting.

Prior to joining Elderly Services and Vista, I held positions with the City of Milwaukee (Central Library), Ernst & Young, LLP ( an International Accounting Firm), Forest County Potawatomi Community Foundation, and Inland Companies ( A Real Estate Firm). The work experiences were great, but it was time to move on.

At UWM, I was heavily involved in the American Indian Student Association, the Fraternity, Beta Alpha PSI and Inroads, a group fro Minority Young Professionals. Continuing this tradition of community service, I decided to work with the Elder community because I can add value to Elder experiences through my skills, talents, and determination. I was always told that if you can give something, then you should.

My experiences at Elderly Services are overwhelmingly positive. Listening to the Elder and Staff's stories and experiences, which is the high light of this job, puts my work into perspective. As a Capacity - Builder, my responsibility is to strengthen existing and new services through grant writing, volunteer mobilization., and creating partnerships with other organizations so that services become sustainable for the community.

**When you were a child, what did you**

**think you'd like to be when you grew up?**  
Engineer

**Who or what has had the biggest influence in your life?**  
Aunt Lois

**What do you consider to be your greatest accomplishment?**  
Getting a contract with Ernst & Young (Accounting Firm)

**Is there something you've always wished you were great at doing?**  
Painting

**What is the best advice anyone ever gave you?**  
Life is hard even when it's easy

**What advice would give someone who is about to retire?**  
Be an active investor

**What is your ideal vacation?**  
Going to Ibiza , Spain

**Favorite meal:** mashed potatoes

**Favorite music:** David Bowie

**Favorite Books:** The House on Mango Street

**Favorite movies:** Punch Drunk Love

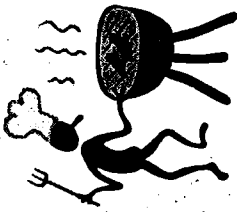
**Favorite Hobbies:** Exercising

# MENU 134 Riverdale Dr.

## JUNE

1-920-869-1551

## 2007

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>HAPPY FATHER'S DAY</p>	<p>Breakfast Served on Fri. Serving from 9 a.m. - 10 a.m.</p>	<p>Hours: 8 am - 4:30 PM Lunch served Mon- Thur 12:00-1:00 pm</p>	
<p>4. Hot Dogs Mac &amp; Tomatoes Peas W/W Bread Yogurt</p>	<p>5. Beef Veg. Soup Fresh Bread Juice Berries</p>	<p>6. Veg. Lasagna Salad Garlic Bread Sherbert</p>	<p>7. Turkey Potatoes &amp; Gravy Brussel Sprouts W/W Bread Jello</p>	<p>8. Eggs &amp; Bacon Grits &amp; Toast Juice Pears</p>
<p>11. Chili Tomatoes &amp; Cukes Juice Ice Cream</p>	<p>12. Bean Soup Fresh Bread Juice Cookies</p>	<p>13. Chicken Breast Rice Pilaf Calif. Blend W/W Bread Oranges</p>	<p>14. Beef Roast &amp; Potatoes Corn W/W Bread Pudding</p>	<p>15. Sausage &amp; Eggs Cold Cereal Toast &amp; Juice Peaches</p>
<p>18. Mac &amp; Cheese Hot Dogs &amp; Buns Peas Juice Strawberry Whip</p>	<p>19. Beef Stew Biscuits Juice Melons</p>	<p>20. Chef Salad -Turkey- Ham-eggs-tomatoes- cukes- Cottage Cheese Rolls Sherbert</p>	<p>21. Fish &amp; Red Potatoes Cole Slaw Rye Bread Apple Sauce</p>	<p>22. Scramble eggs &amp; Ham &amp; Juice Toast Fresh Fruit</p>
<p>25. Ham &amp; Sweet Potatoes - Peas Cranberries W/W Bread Peaches</p>	<p>26. Calif. Blend Cheese Soup Fresh Bread Juice Pears</p>	<p>27. Spaghetti Salad Garlic Bread Jell-o / W/ Fruit</p>	<p>28. <u>Birthday Day</u> Chicken &amp; Potatoes Mix Veggies W/W Bread Cake</p>	<p>29.. French Toast Bacon Juice Berries</p>

# **BIRTHDAY MONTH**

**Just a little reminder:**

**\*We celebrate Birthdays on the last Thursday of the month at the Senior Center.**

**\*There is a Birthday Book you need to sign up in at the Senior Center the month of your Birthday. You need to sign the sheet before 4:30, the Wednesday before the Birthday lunch in order to receive your Birthday Gift Card in the amount of \$5.00.**

**\*This does not carry over from year to year. You need to sign-up each year, the month of your Birthday.**

**\*Even if your name is on the Birthday list in the Drums Across Oneida, you still need to be signed up in the Birthday Book at the Senior Center.**

**\*Finally, you need to be present at the Birthday lunch to receive your Birthday Gift Card.**

**If you have any questions please call me at 869-2448.**

**Thank you,  
Michelle Cottrell  
Activity Coordinator**

## CELEBRATE OUR JUNE BIRTHDAYS

Shirley Barber	6-10	Orin Johns	6-17
Joan Barmette	6-25	Carole Lopaz	6-29
June Begay	6-25	Janet Malcolm	6-29
Gerald Benson	6-28	Betty McLester	6-01
Joanne Biddle	6-22	Lois Metoxen	6-03
Pat Blochoiwak	6-10	Loretta Metoxen	6-08
James Butler	6-05	Roy Metoxen	6-08
Milly Butler	6-24	Dorthy Moyle	6-26
Caruso Olga	6-17	Florence Peti	6-21
Peter Charles	6-02	Edmund Powless	6-14
Leona Collard	6-09	Ella Sauer	6-05
Carole Cornelius	6-07	Althea Schuyler	6-20
Alvina Close	6-09	June Schuyler	6-20
Clifon Cornelius	6-12	Larry Schuyler	6-10
Frances Cornelius	6-11	Lillie Schuyler	6-25
Nona Cottrell	6-11	Helen Skenadore	6-17
Susan Crotty	6-05	Betty Skenandore	6-03
Beverly Coulter	6-30	Dona Skenandore	6-02
Judith Danforth	6-27	Eugene Skenandore	6-08
Betty Daus	6-01	Wanda Skenandore	6-10
Edith Davids	6-19	Delores Stevens	6-14
Delia Denny	6-29	Marjorie Stevens	6-07
Donald Denny	6-11	Arlene Summers	6-06
Florine Dessart	6-27	Richard Summers	6-24
Everett Doxtator (Bobby)	6-01	Betty Tonnon	6-10
Marlin Doxtator	6-08	Charlotte Tucker	6-26
M.C. Doxtator	6-15	Pat Thompson	6-10
Olga Doxtator	6-12	John B Webster	6-12
Robert Doxtator	6-14	Kenneth Webster	6-20
Mildred Elm	6-06	Stanley Webster	6-01
Richard Elm	6-13	James Whhite	6-10
Regene Funk	6-06	Orlin Wilbur	6-10
Alfreida Green	6-29	Lambert Williams	6-29
Allen Green	6-29	Vera Williams	6-04
Irene Hill	6-13		
Maria Hinton	6-05		

If you see an error in this listing, please complete our "Oneida Elderly Service Database Form" and send it to Cheryl Ault at Oneida Elderly Services P.O. Box 365, Oneida, Wi. 54155. Please remember to sign the form and make sure it is legible. Thanks for your help.



Monday	Tuesday	Wednesday	Thursday	Friday
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# JUNE 2007, ACTIVITIES

<p>*Please sign up for all trips at the Senior Center Main Office. *All trips leave from Senior Center.</p>	<p>*Please sign up in the <u>Birthday Book</u>, Senior Center Main Office the month of your Birthday and you must be present to receive your gift card.</p>			<p>1</p> <p>BANKS SHOPPING LUNCH OUT 10:00 - 3:00</p>
<p>4 DART BALL Elderly Services 9:30</p> <p>MOVIE Elderly Services 1:00</p>	<p>5 CRAFTS EPWORTH HALL 9:30 - 11:30</p>	<p>6 EXERCISE Elderly Services 9:30 BINGO Senior Center 1:00</p>	<p>7 NATURAL OVENS BREAD LUNCH OUT (on own) Manitowoc 9:30</p>	<p>8</p> <p>BANKS SHOPPING LUNCH OUT 10:00 - 3:00</p>
<p>11 COOKING Senior Center 9:30 ST. VINCENT DE PAUL Green Bay 1:30</p>	<p>12 CRAFTS EPWORTH HALL 9:30 - 11:30</p>	<p>13 ONEIDA LANGUAGE Elderly Services 9:30 BINGO Senior Center 1:00</p>	<p>14</p> <p>BANKS SHOPPING LUNCH OUT 10:00 - 3:00</p>	<p>15</p> <p>RUMMAGE SALES 10:00 - ?</p>
<p>18 PRICE IS RIGHT Elderly Services 9:30 BOWLING Ashwaubenon 1:30</p>	<p>19 CRAFTS EPWORTH HALL 9:30 - 11:30</p>	<p>20 EXERCISE Elderly Services 9:30 BINGO Senior Center 1:00</p>	<p>21 Von Stiehl Winery Lunch at Crescent Beach Park (Bag lunch on own) Algoma 9:00</p>	<p>22</p> <p>BANKS SHOPPING LUNCH OUT 10:00 - 3:00</p>
<p>25 SCRAP BOOKING Elderly Services 9:30 PLAY CROQUET Elderly Services 1:00</p>	<p>26 BINGO EPWORTH HALL 9:30 - 11:30</p>	<p>27 ONEIDA LANGUAGE Elderly Services 9:30 BINGO Senior Center 1:00</p>	<p>28 BOARD GAMES Elderly Services 9:30 Birthday Lunch 12:00 SUNNY HILL FARM Strawberry picking 1:30</p>	<p>29</p> <p>BANKS SHOPPING LUNCH OUT 10:00 - 3:00</p>

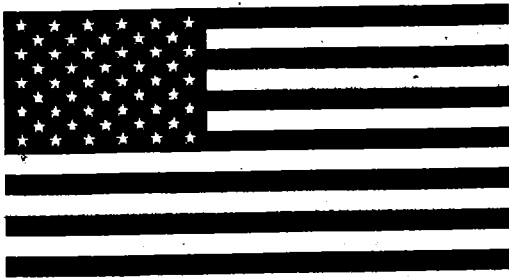
# **FARMER'S** **MARKET** **APPLICATIONS**

WILL BE AVAILABLE LATE  
MAY OR EARLY JUNE. PLEASE  
KEEP YOUR EYE OUT FOR  
APPLICATIONS THAT WILL  
BE AVAILABLE AT THE  
SENIOR CENTER MAIN  
OFFICE.

PLEASE FILL **FULL APPLICATION OUT**  
**THERE.** INCOME INFORMATION IS  
REQUESTED.



## Flag Day in the United States June 14<sup>th</sup>, 2007



 Flag of the United States

In the United States, Flag Day (more formally National Flag Day) is celebrated on June 14<sup>th</sup>. It commemorates the adoption of the flag of the United States, which happened the day by resolution of the second Continental Congress in 1777.

In 1916 Woodrow Wilson issued a proclamation that officially established June 14<sup>th</sup> as Flag Day, in August 1949 National Flag Day was established by an Act of Congress.

\*\*\*\*\*

### How to Display the Flag

1 When flags of States, cities, or localities, or pennants of societies are flown on the same halyard with the flag of the United States, the latter should always be at the peak. When the flags are flown from adjacent staffs, the flag of the United States should be hoisted first and lowered last. No such flag or pennant may be placed above the flag of the United States or to the right of the flag of the United States (the viewers left). When the flag is half-masted, both flags are at half-masted, with the US flag at the mid-point and the other flag below.

2 When the flag is used to cover the casket, it should be placed, that the union is at the head or over the left shoulder. The flag should not be lowered into the grave or allowed to touch the ground.

3. The flag, when flown at half-staff, should be first hoisted to the peak for an instant and then lowered to the half-staff position. The flag should be peak before it is lowered for the day. By "half-staff" is meant lowering the flag to one half the distance between the top and bottom of the staff. Crepe streamers may be affixed to spear heads or flagstaffs in a parade only by order of the president of the United States.

4. When displayed from a staff in a church or public auditorium on or off a podium, the flag of the United States of America should hold the position of superior prominence, in advance of the audience, and in the position of honor of the clergymen's or speakers right as he faces the audience. Any other flag so displayed should be placed on the left of the clergyman or speaker (to the right of the audience). Please note that the old guidelines differ from this updated and simplified one.

5. When the flag is displayed on a car, the staff should be fixed firmly to the chassis or clamped to the right fender.

6. When hung in a window, place the union in the upper left, as viewed from the street.

7. When the flag is displayed in a manner other than being flown from a staff, it should be displayed flat whether indoors or out. When displayed either horizontally or vertically against a wall, the union should be uppermost and to the flags own right, that is, to the observer's left. When displayed in a window it should be placed in the same way, that is with the union or blue field to the left of the observer in the street. When festoons, rosettes or drapings are desired, bunting of blue, white and red should be used, but never the flag.



God Bless America



## History of Father's Day in USA

Father's Day festival as we celebrate today traces its history to United States of America.

The idea of observing a day in honor of father was conceptualized by Ms Sonora Smart Dodd, a loving daughter from Spokane. It so happened that Senora attended a Mother's Day Sermon in 1909 and she was struck with the noble idea that society must observe a day to honor the contribution made by father in raising of children. Encourage by the love of her father, William Smart, a civil war veteran who single-handedly raised her along with her five siblings after the death of her mother, Senora worked hard to make her concept a reality. The noble idea of celebrating Father's Day soon spread across the nation. Father's Day was recognized by a Joint Resolution of Congress in 1956. Finally in 1972, President Nixon established Father's Day as a permanent national day of observance on the third Sunday of June.

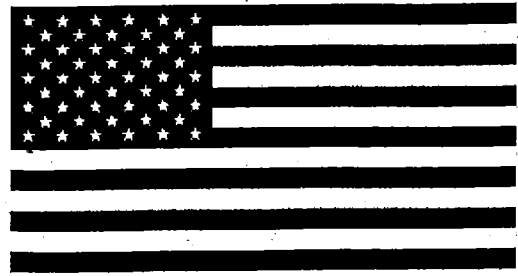
Father's Day in USA celebrated with great enthusiasm and lot of fanfare on the third Sunday of June. Observing the day people reflect on the invaluable role played by fathers in building the character of children and in the development of our nation. On Father's Day people honor their father and express gratitude for his love and affection. As a Father's Day tradition, people in US also pay tribute to grandfathers, stepfathers, foster father, and other men who are like father.

Dear Dad,

School is really great. I am making lot\$ of friend\$ and \$tudying very hard. With all my Stuff, I \$imply can't think of anything I need. \$o if you like, you can \$end me a card, a\$ I would love to here from you.

Love,  
Your \$on

## The Flag Goes By



Flag of the United States

Hats Off ! Along the street there comes,  
A blare of bugles, a ruffle of drums,  
A flash of color beneath the sky,  
Hats off ! The flag is passing by.

Blue and crimson and white it shines,  
Over the steel-tipped ordered lines.  
Hats off ! The colors before us fly,  
But more than the flag is passing by.

Days of plenty and years of peace,  
March of a strong land's swift increase.  
Equal justice, right and law,  
Stately honored and reverend law

Sign of a nation great and strong,  
To ward her people from foreign wrong.  
Pride and glory and honor—all,  
Live in the colors to stand or fall.

Hats off ! Along the street there comes,  
A blare of bugles, a ruffle of drums.  
And loyal hearts are beating high,  
Hats off ! The flag is passing by.



Not for the flag  
Or any land because myself was born  
there  
Will I give up my life.  
But I will love that land where man is free,  
And that I will defend.



V. Millay



## June is Dairy Month

A lady from the city and her traveling companion were riding the tour bus through Wisconsin when she noticed some cows.

"What a cute bunch of cows," she remarked.

"Not a bunch, herd" her friend replied.

"Herd of what?"

"Herd of cows."

"Of course I heard of cows."

"No, a cow herd."

"What do I care what a cow heard, I have no secrets to keep from a cow."

\*\*\*\*\*

Why does a milking stool only have three legs?

Because the cow has the udder.

\*\*\*\*\*

What kind of milk comes from a forgetful cow?

Milk of amnesia.

\*\*\*\*\*

Where do cows go when they want a night out?

To the Moo-vies.

\*\*\*\*\*

What are the spots on black and white cows?

Holstains.

\*\*\*\*\*

Do you know why the cow jumped over the moon?

The farmer had cold hands.

\*\*\*\*\*

What was the bull doing in the pasture with his eyes closed?

Bull-dozin!

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### Try the Pasta Diet

1. You walka pasta da bakery.
2. You walka pasta da candy store.
3. You walka pasta da ice cream shop.
4. You walka pasta da table and fridge.

You will lose weight!

## Peach Cobbler

Preheat oven to 400° F. Peel and slice 4 cups ripe, fresh peaches; arrange in a 2 quart baking dish. Sprinkle with  $\frac{2}{3}$  cup granulated sugar, 1 teaspoon grated lemon peel, 1 tablespoon fresh lemon juice, and  $\frac{1}{4}$  teaspoon almond extract. Bake 20 minutes. In a large bowl, sift together  $1\frac{1}{2}$  cup unbleached flour, 1 tablespoon granulated sugar, 1 tablespoon baking powder, and  $\frac{1}{2}$  teaspoon salt. Cut in  $\frac{3}{4}$  cup shortening until mixture resembles cornmeal. In a small bowl combine 1 egg lightly beaten with  $\frac{1}{4}$  cup milk, stir into dry ingredients just until moistened. Remove peaches from oven and quickly drop dough by large spoonfuls over the surface. Sprinkle with 2 tablespoons granulated sugar. Return to oven 15 to 20 minutes or until top is firm and golden brown. In a large bowl whip 1 cup heavy cream to soft peaks. Stir in 1 tablespoon powdered sugar and  $\frac{1}{2}$  teaspoon vanilla. Serve cobbler warm with whipped cream. Makes 6 servings.

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### Belated Thanks Jeff

I appreciate the removing of snow by my apartments side door left there by snow storm, Danielle. I became concerned when I could not open my side door. What do I do if there is a fire and we could not use the front door?! Jeff came with the snow blower and shovel and removed the snow by everyone's side door Jeff, thanks for being concerned for the residents at the Elderly Services Apartments. Thanks to all departments who kept our yard plowed.

Elderly Service Resident,  
M. Scott

## Oneida's Annual Relay For Life

The Oneida Nation of Wisconsin has teamed up with the American Cancer Society for the 11<sup>th</sup> Annual Oneida's Relay for Life on July 27 & 28, 2007. The event is held at the Norbert Hill Center N 7200 Seminary Road, Oneida. We are encouraging all departments and community members within the Oneida Nation to enter a team in this event to help make this community event a success.

Oneida's Annual Relay for Life is a 16 hour event in which teams walk the track to raise money for American Cancer Society. All these funds raised stay in the Brown County area. At the Oneida Relay for Life you can enjoy comradery with other teams, pony rides, music, testimonials and good food, all in an effort to help fight cancer. You are welcome to camp overnight or just come out for the day. We will be releasing an event schedule closer to the event. This years theme fir the Relay us "Circus."

Team registration is on June 5, 2007 at Little Bear Development Center, N7332 Water Circle Place, Oneida, from 11:30 a.m. till 1:30 p.m. Feel free to contact any of the following committee members for a packet of information to assist you in the registration process.

Jenny Webster @ Little Bear

([website@oneidanation.org](mailto:website@oneidanation.org))

Doris Yelk-Wilberg@Little Bear

([dyelk@oneidanation.org](mailto:dyelk@oneidanation.org))

Lisa Behringer @Little Bear ([ibehringer@oneidanation.org](mailto:ibehringer@oneidanation.org))

Paula (Pogi) King Dessert @ Norbert Hill Center  
([pogi@oneidanation.org](mailto:pogi@oneidanation.org))

Bev Anderson @ Oneida Bingo & Casino  
([banderson@oneidanation.org](mailto:banderson@oneidanation.org))

Lisa Metoxen @ Division of Land Management  
([lmtox5@oneidanation.org](mailto:lmtox5@oneidanation.org))

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How softly runs the afternoon beneath  
the billowy clouds of June.

## Dry Eye: Irritating But Treatable

Dry eye is an annoying, irritating, and sometimes debilitating condition that affect some 10 million Americans. Although exciting new medical treatments are in the works, many cases of dry eye heed to self-care measures as simple as running a humidifier at night. But the causes of dry eye is many, so a careful evaluation by your eye doctor is critical to obtaining proper diagnosis and effective treatment.

What is dry eye? Many people describe dry eye as the sensation of having a grain of sand stuck in the eye. Other symptoms reported are sensitivity to light, itching, and burning, blurry vision, excessive tearing, and redness. It often develops during periods of reading, watching television, or computer work. Another sign is lower tear production in emotional situations. Severe dry eye can damage eye tissue, scar the eye surface, and make it difficult for you to wear contact lenses.

Dry eye is usually caused by a malfunction in the irrigation system that protects and lubricates the eyeball. Three lubricants form a coating called the tear film. Every time you blink, tears are smeared over the surface of the eyeball. Dry eye can trace problems with secreting these fluids or maintaining the proper chemical composition of the tear film.

In older adults, the glands may simply produce less oil than earlier in life. Women sometimes experience dry eye at menopause as a result of changing hormone levels. Although dry eye often traces to aging, it's also caused by certain diseases.

With so many possible causes of dry eye -some of them serious medical conditions. It's wise to visit an eye specialist and get a thorough evaluation. One question the doctor will ask you is what medications may cause dry eye, including anti-histamines, some antidepressants, and glaucoma drugs.

## Attention Elders

Oneida Elderly Services encourages all who participate in elderly activities and bus transportation to create a positive atmosphere for all participants including themselves, other elders, and employees. Courteous behavior to other elders and employees is expected. Transportation will be provided by Elderly Services to those activities scheduled on the monthly activity calendar. **Activities are subject to change or cancellation.** Transportation to after hour activities ( After 4:30 P. M.) or weekend activities will be provided by Elderly Services providing there is a **minimum of five(5) passengers.** The deadline for signing up for these activities is **4:40 pm** the day before the event ( **except wakes and funerals.**)

### **The following restrictions apply to traveling to out of town activities:**

- \* Passengers must be physically able to board the bus or van on their own and must be able to keep up with others.
- \* Those individuals with high risk of a heart attack, wheel chair bound, have had open heart surgery, have a pacemaker, oxygen dependent, or medication that caused dizziness, disorientation or nausea are ineligible to travel.

Seat belts (if equipped) are **mandatory** at all times while on the bus

Physical or verbal abuse of other elders or employees will not be tolerated.

If you have an illness that may be contagious, be considerate of those riding the bus and please stay home until you are better so others will not become infected.

Please practice proper hygiene at all times.

It is each individual's choice as to which activities they wish to attend.

A donation will be appreciated when riding the bus.

If you wish to participate in special activities offered by Oneida Elderly Services, you must sign up in person (**no call -ins or signing for someone else, this includes signing up for bingo passes**) at the Oneida Senior Center, 134 Riverdale Drive, Oneida. For transportation to our monthly activities that you wish to attend, please call 869-2448.

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## **ONEIDA BENEFIT SPECIALIST**

**Angela Ortiz**

Benefit Specialist from the Elderly Service Center will be available at the Oneida Senior Center (meal site) every second and fourth Thursday of the month from 11am-1pm. She has valuable information on benefits and helpful programs for you, including information on health insurance. This is on the first come first serve basis. You can also sign up for Senior Care with Angela. For more information call 1-920-869-2448.

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## **BLOOD PRESSURE AND BLOOD SUGAR SCREENING**

June 8<sup>th</sup>, 2006

Oneida Senior Center (meal site)

134 Riverdale Drive

1-920-869-1551

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## **The Eagle**

Sharp-eyed and high -flown,

The eagle watches what goes on from above.

When he spots an error in the making

He swoops down to size the mistake

And raises it high for all to see.

We should all become eagles on behalf of our families and jobs.

# ***MILWAUKEE BREWERS***

## ***VS***

# ***NEW YORK METS***

WHAT: BASEBALL GAME  
WHERE: MILLER PARK, MILWAUKEE WI.  
WHEN: AUGUST 2<sup>ND</sup>  
GAME TIME: 1:00 - 4:00  
  
COST: \$15.00 - INCLUDES TRANSPORTATION AND GAME TICKET  
(Due at the time of sign up)

LUNCH WILL BE ON YOUR OWN AT MILLER PARK OR YOU MAY BRING A BAG LUNCH.

\* Bus will leave the Senior Center at 9:30 am and return home around 6:30p.m.

\*\* First 22 people to Sign up at the Senior Center Main Office will be able to attend.\*\*  
Dead line to sign up is July 17<sup>th</sup> at 4:30.

\*CANCELLATIONS ON OR ONE BUSINESS DAY (8:00 - 4:30) BEFORE GAME DATE  
ARE NOT REFUNDABLE.

Only Elders 55 and over in good physical health are eligible to travel on this trip. Elders must be able to walk without help, aboard the bus, and use the restroom on their own. Those who are oxygen dependent, on medication that causes dizziness, disorientation or those with high risk of heart attack or heart problems are ineligible for travel.

## Reducing Conflict

Synonyms for the word conflict are encounter, battle fight, struggle, controversy, opposition. Conflicts happen all the time in relationships with families, friends, and work. They will happen and you will know how to deal with them. The way you think about them can either lead to more problems or successful growth.

Conflict does not have to end relationships-it can open the door to better relationships.

Suggestions for Resolving Conflict.

1. **Be Specific.** Use concrete facts and statements. Don't use general statements or "always" and "never" statements.
2. **Be a Active Listener.** Pay attention to what is being said. Focus your entire attention on the speaker. Look for the feelings behind the words.
3. **Use "I" messages.** Begin your sentences with I. When we use "You" statements it sounds as if we are blaming. Sometimes "I" can also sound like bragging if used to much.
4. **Avoid Absolutes.** Statements that use "should," "never," or "always" tend to exaggerate the issue under discussion.
5. **Do not attempt to determine who is right and wrong.** In most cases determining the winner and loser means that both will be losers. The conflict will remain unresolved. Cooperation forms a win/win situation.
6. **No solution last forever.** Try something out and then assess the situation.
7. **Solve one problem at a time.** Look at one small problem at a time. Look for solutions in small steps.
8. **Deal with problems as they occur.**

Delays tend to cause restlessness or confusion. Deal openly with problems as they happen.

9. **Watch your attitude.** Our attitudes and emotions give our own meaning to the facts. They make us see only what we want to see.

10. **Avoid faulting others.** Keep it clean, no name calling! No yelling or screaming!. No blaming! No accusing!

11. **Give time to change.** Be patient. Change is slow. Look for small signs of change. Praise the small efforts.

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## Quiz For People Who Know It All

1. Name the one sport in which neither the spectators nor the participants know the score or the leader until the contest ends.
2. What famous North American landmark is constantly moving backwards.
3. Name the only vegetable or fruit that is never sold frozen, canned, processed, cooked in any other form except fresh.
4. Of all vegetables, name the only two that can live to produce on their own for several growing seasons. All other vegetables must be planted every year.
5. Name two of the only three common words in standard English that begins with the letters "dw"

Quiz Answers

1. Boxing 2. Niagara Falls 3. Lettuce
4. Asparagus & rhubarb 5. Dwarf, dwell, dwindle.



**Oneida Elderly Services Presents:**

**Oneida Environmental**

**Where:** 134 Riverdale Dr

**When:** June 15, 2007

**Time:** 8:45am - 9:30am

**Oneida Balance Score Card**

**Where:** 134 Riverdale Dr

**When:** June 21, 2007

**Time:** 11:45am - 12:30pm

Bring your suggestions and questions regarding Environmental issues. Learn about the Balance Score Card the Oneida Tribe in implementing.



## **Ask Your Pharmacist**

### **Medications for Chronic Pain**

Q. What types of drugs are used for chronic pain conditions?

A. There are many drugs used such as non-narcotic and narcotic pain relievers. All narcotic drugs are classified as controlled substances and require a prescription to obtain. Many non-narcotic pain medications can be purchased over-the-counter. Some examples of narcotic drugs used for pain control include:

- \* Hydrocodone
- \* Codeine
- \* Morphine
- \* Oxycodone
- \* Methadone
- \* Fentanyl

Other drugs may be used to treat chronic pain conditions. For example, anti-seizure or anti-depressant drugs can be prescribe to control pain. These drugs are not considered typical pain medications, but they can help treat symptoms associated with some pain conditions.

Q. What are the side effects of narcotic pain medications?

A. Common side effects for narcotics include:

- \* Upset stomach
- \* Vomiting
- \* Constipation
- \* Thought or memory impairment
- \* Drowsiness

Many side effects can be managed with the help of your provider. Some side effects may increased with other medications, you should check with your doctor or pharmacist to discuss how your current meds may interact.

Q. If I am prescribed a narcotic pain medication, can I get addicted to it?

A. Physical dependence and addiction can occur. Physical dependence is when a person's body experiences withdrawal symptoms is the drug is suddenly stopped. This is not the same as addiction. You may be addicted if:

- \* You compulsively use the drug.

- \* You are preoccupied with the drug and I its supply.
- \* You are unable to controlled the amount of medication you take.
- \* You continue to use the drug even though you are getting adverse effects from the drug.

Not all people will be addicted to their pain medication but since it is possible narcotic pain relievers should only be used as long as the pain symptoms continue. If you think you are experiencing addiction you should consult your provider.

Q. What should I do if my pain medication stops working?

A. If you notice you need more pain medication, always talk to you provider. Sometimes people need higher doses to provide the same pain relief. You should not try to medicate yourself or adjust your medication doses.

Q. Can I take over the counter (OTC) drugs for pain if I take prescription pain pills?

A. Some OTC pain pills can interact with prescribed medications. For example, some narcotics contain acetaminophen. Acetaminophen is the active ingredient in Tylenol. Too much acetaminophen can be harmful to your liver. Ibuprofen and Aleve can interact with other prescription drugs used for pain control. Always check with your provider before you take OTC drugs for additional pain relief. OTC drugs can also interact with other non-pain prescriptions.

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### **THANKS**

I would like to thank Mr. Don Bogda for coming out to cut the grass and cleaning away all the branches on my lawn. I was very impressed with the results.

Arlene Summers

## **JOB OPPORTUNITY**

Are you 55 or older and looking for work?

NICOA Senior Community Service Employment Program may be just what you are looking for. Eligible candidate must meet income guidelines and be available to work 20 hours per week. Training is provided.

**For more information call Brenda at 869-1551**

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**MEALS MATTER!** What would you like to see on the menu at Oneida Senior Center Meal Site?

Please contact Brenda Jorgenson at 869-1551 if you have ideas or menus to share. Thank you.

\*\*\*\*\*

## **VOLUNTEERS NEEDED - SENIOR CENTER**

Please contact Brenda Jorgenson at 869-1551 if you would like to volunteer to help cook, serve, clean, or any other customer service help AT OUR MEALSITE

\*\*\*\*\*

**THE ELDERLY SERVICES PROGRAM MISSION IS TO ASSIST OUR ELDERS IN MAINTAINING AN INDEPENDENT, HEALTHY, PRODUCTIVE, AND QUALITY LIFESTYLE. TO ACCOMPLISH OUR MISSION, OUR SERVICES ARE RENDERED THROUGH LOVE, CARING, AND RESPECT FOR THE INDIVIDUAL BY THE SERVICES WE PROVIDE.**

## Life: The Rules

1. You will receive one body, of which, you should you wear it out, you will have nowhere to live. You are expected to make alterations, improvements, and maintenance on a regular basis. How you feed and care for your body is paramount in how long you will operate at maximum efficiency.

2. You will enroll in school the first day of birth. Every day lessons will be taught. You will be given the opportunity to learn from these lessons. Some lessons will be thought of as stupid and irrelevant, some will be liked and enjoyed.

3. There are no mistakes, only "learning experiences." Growth is a process of trial and error along with experimentation. The failure experiment is just as important to our lives as the so called successful one.

4. A lesson is repeated over and over for weeks, months or years until it is learned. This lesson will be presented to you in various forms by a variety of people in a variety of situations until you always score an A+, only then can you go on to another lesson.

5. Learning never ends, there is no part of life that does not contain significant lessons. Every day, every waking hour we are confronted with thoughts, situations, and experiences from which we can learn.

6. "Over there" is never better than "right here" Whenever "over there" becomes "right here" we will always find another "over there" which appears better than the current "right here." (Read this three times. There is a great lesson "right here.")

7. Other people's mannerisms, quirks, or personalities which we love or dislike are merely minor images of us in what we love or dislike within ourselves.

8. What you make of your life is up to you. You have been given all the tools and resources you need: what you do with them is up to you. The choice is yours.

9. A question, challenge or situation is never posed of us unless we are prepared and ready to answer the question, accept the challenge or right the situation.

10. What you see in the universe sees you.

Source: Dynamic Chiropractic

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## Everyone Wants To Feel Important

One of the deepest human needs is the need to feel important. Understanding this, you can change people's negative behavior. Often, anger and other "acting out" is simply a plea for attention. Here are 7 ways to make people feel important.

- \* Give them as much responsibility and authority as they can handle.
- \* Give them work they can feel proud about accomplishing.
- \* Include people in the decision-making process to the extent possible.
- \* Ask people for their advice, opinions, and ideas-and really listen.
- \* Let people share the spot light when things go well.
- \* Never humiliate or belittle people even in jest.
- \* Let people know how much you appreciate their help and ideas.

# puzzle 41

## Work in the Garden



F1141

ACID  
AERATE  
BASIL  
BASKET  
BEDS  
BEETS  
BERRIES  
BIRDS  
BLOOM  
BLOSSOM

BROCCOLI  
BUGS  
BULBS  
CACTUS  
CARROTS  
CELERY  
CHIVES  
COMPOST  
CORN  
DIBBLE

DRAIN  
FERTILIZE  
FLAX  
FLOWERS  
FOLIAGE  
FRESH  
FRUIT  
FUNGUS  
FURROW  
GARLIC

GLOVES  
GROUP  
GOURD  
GROW  
HARDY  
HEDGE  
HOES  
INSECTS  
KALE  
LAWN

## GRIEF

Most people associate grief with the death of a family member or loved one. This is true, but grief can happen anytime there is a major life change. For example, other than death, grief can strike would be a major illness that limits us and our abilities, loss of independence (loss of driver's license, the ability to walk, move to a assisted living.)

### Some facts about grief:

- \* is caused by a major life change.
- \* is a normal reaction to a death or loss in person's life.
- \* can be hard, stressful, and firing, but it is not an illness.
- \* helps us to let go of the past and adjust to a new life without the person who died.

### How does grief affect people?

All people grief differently. Some people will feel shocked and numb in th beginning. Strange and painful thoughts and feeling may follow.

- \* thoughts of confusion, disbelief, and wondering if this is just a dream.
- \* feelings of sadness, anger, nervousness, short tempered and lack of confidence.
- \* All these feelings are natural.

People who are grieving may:

- \* Cry a lot.
- \* Blame others.
- \* have stomachs and headaches.
- \* Have problems sleeping, resting, eating or doing small tasks.
- \* Have no energy.
- \* Feel they have the same problems as the person who has died.

Source: S. Meyers

## Emotional Responses To Loss

A grieving person is likely to experience the following:

**Denial**, characterized by feelings of disbelief and detachment. The world around you seems unreal, like a dream.

**Sorrow**, the most common emotion experience by griever expressed by common crying.

**Anger**, may be expressed as feelings of frustration, helplessness, hostility, or intense irritability.

**Guilt**, or feeling personally responsibility for the loss. Expressions such as "If only I had" reflects a need to blame someone for the loss.

**Depression**, a reaction of deep sadness and despair. Persons at this stage may have trouble sleeping, eating, and concentrating and may experience great fatigue.

**Regret**, there is a sharp disappointment about something that one wishes could be different but cannot be changed.

**Physical distress** symptoms such as loss of appetite, difficulty swallowing, chest pain, sleeplessness, extreme tiredness, and lack of energy may occur.

**Powerlessness**, a sense of lacking control. It can be overwhelming unless one accepts that there are limits to what could have been done to change the course of events.

**Hope**, or ability to go on with life. At this stage, the loss or change is accepted, though not forgotten.

Grief is a natural response to a major trauma and a healing process. Failure to express grief adds tension to feeling of hurt and prolongs the grieving process. Unexpressed grief can become emotional baggage that delays or prevents recovery from a loss.

Source: Mental Health Association

# **ELDERLY SERVICE GIFT SHOP**

THIS IS AN INVITATION FOR YOU TO COME AND VISIT OUR ELDERLY SERVICE GIFT SHOP. OUR HOURS ARE FROM 8:00 AM- 12:00 AM., MONDAY THROUGH FRIDAY.

The following is a list of items for sale:

Towels, Mugs, Air Fresheners  
Crosses, all types (plastic canvas)  
Magnets, Raised Beaded Purses  
Floral Arrangements  
Greeting Cards, Leanin Tree  
Hot Pads  
Native American Dolls  
Jewelry, Necklaces, Earrings, Pins, etc  
Key Chains  
Pillows  
Quilts (crib size)  
Lap Throws, Pillow Cases, Scarfs  
Memories of Oneida Elders Tapes  
Oneida Singers Tapes, Cornelius Family  
Many Other Assorted Items

**We Feature Fresh Popcorn Daily**

Our gift shop is located in the Elderly Service Complex, at 2907 S. Overland Road, right next to the Airport Road Daycare Center.  
Across from Oneida Health Center.  
Elders, display your arts and crafts in our store FREE.



# WisconsinCare

Prescription Drugs for Seniors and Persons with Disabilities

In April, the Bush Administration denied Governor Jim Doyle's request to continue SeniorCare, Wisconsin's successful prescription drug program for seniors. Now all Wisconsin seniors will have to enroll in Medicare Part D for prescription drug coverage.

Starting January 1, 2008, Governor Doyle is launching a new program to help Wisconsin seniors and people with disabilities afford the medicine they need. WisconsinCare, a new affordable prescription drug program for seniors and people with disabilities, will provide affordable prescription drugs without all the complications of Part-D and without the dreaded donut hole.

## ***Who will be eligible for WisconsinCare?***

- All Wisconsin seniors who are: 1) enrolled in Medicare; 2) have an annual income of less than \$24,504 (\$32,856 for a married couple); and 3) are not getting Medicaid, will be eligible for WisconsinCare.
- All other Wisconsin residents under the age of 65 who are: 1) enrolled in Medicare; 2) have an income of less than \$16,336 (\$21,904 for a married couple); and 3) are not getting Medicaid, will be eligible for WisconsinCare.

## ***How do you enroll in WisconsinCare?***

- Everyone currently in SeniorCare, whose income is less than \$24,504 (\$32,856 for a married couple), will be signed up for WisconsinCare automatically.
- Everyone else can apply using a one-page form similar to the current SeniorCare application.
- There is no annual enrollment fee. Enrollees will need to renew each year using a one-page form.

All WisconsinCare participants will still need to choose a Medicare Part D prescription drug plan. Benefit specialists across the state will help find a plan that's right for each individual. All current SeniorCare participants who have not selected a Part D plan will be automatically enrolled in a Part D plan, but will be able to change plans if they need to.

## ***What benefits will you receive under WisconsinCare?***

### **WisconsinCare - Level 1**

For people with gross annual income of less than \$14,294 (\$19,166 for a married couple), WisconsinCare will pay all Medicare Part B premium (currently \$93.50 per month), deductibles and co-insurance, along with Medicare Part D premiums, deductibles, and drug costs in the "donut hole".

Individuals enrolled in Level 1 will have co-payments of \$2 for each generic prescription drug and \$5 for each brand name prescription drug.



# WisconsinCare

Prescription Drugs for Seniors and Persons with Disabilities

## **WisconsinCare - Level 2**

For people with gross annual income between \$14,295 and \$16,337 (between \$19,166 and \$21,904 for a married couple), WisconsinCare will pay all Medicare Part B premiums (currently \$93.50 per month), along with Medicare Part D premiums, deductibles, and drug costs in the "donut hole".

Individuals enrolled in Level 2 will have co-payments of \$2 for each generic prescription drug or \$5 for each brand name prescription drug.

## **WisconsinCare - Level 3**

For people with gross annual income between \$16,337 and \$20,420 (between \$21,905 and \$27,380 for a married couple), WisconsinCare will help pay Medicare Part D premiums up to \$53 per month.

*Note: A limited number of Level 3 participants who are currently enrolled in SeniorCare will receive Level 2 benefits dependent on the availability of federal funds.*

## **WisconsinCare - Level 4**

For people with gross annual income between \$20,421 and \$24,504 (between \$27,381 and \$32,856 for a married couple), WisconsinCare will help pay Medicare Part D premiums up to \$22 per month.

*Note: Current SeniorCare participants not eligible for Medicare will be eligible for a special state-funded drug program. SeniorCare participants with incomes greater than \$24,504 (\$32,856 couple) will be assisted in the enrollment in Part D.*

## ***What should Wisconsin seniors do now?***

- All current SeniorCare participants should remain in SeniorCare. They will receive more information in the next few months about enrolling in WisconsinCare.
- Seniors who get a SeniorCare renewal form in the mail, should complete the renewal form and send it to SeniorCare with the \$30 enrollment fee.
- Seniors who are not currently enrolled in SeniorCare, can still sign up through December 2007.
- Seniors who are not enrolled in SeniorCare as of December 2007 will still be able to apply for WisconsinCare starting in January 2008.

## ***How can seniors learn more?***

Seniors can learn more about WisconsinCare at <http://WisconsinCare.wi.gov>, call the hotline at 1-800-657-2038 or contact a local aging agency. Anyone who wants to find out more about the Medicare drug plans in their area can visit the Medicare Part D website at <http://www.medicare.gov/pdphome.asp>

If you need help learning about drug plans, contact a Benefit Specialist by calling 1-866-456-8211 or visiting <http://dhfs.wisconsin.gov/aging/contacts/CNTYBNSP.HTM>





## *My Health. My Medicare.*

### **Centers for Medicare & Medicaid Services National Medicare Multi-Media & Education Campaign**

#### **Medicare Strives to Help Keep Your Bones Healthy A Healthier US Starts Here**

Proper diagnosis and treatment of health problems can make a big difference in your quality of life! Bone mass measurements are just another way that your Medicare benefits can help you stay healthy. Most people know that you can help keep your bones strong and prevent risks for fracture by getting the daily recommended dose of calcium and vitamin D. You may also know that for strong bones you should incorporate weight-bearing physical activity into your exercise routine. But did you know that a bone mass measurement ordered by your doctor can also keep your bones healthy by finding problems early?

Osteoporosis is a disease that causes your bones to become weak. In general, the lower your bone density, the higher your risk is for a fracture. Bone mass measurement test results will help you and your doctor choose the best way to keep your bones strong. For those enrolled in Part B, Medicare covers these measurements once every 24 months (more often if medically necessary) for people with Medicare at risk for osteoporosis.

Medicare offers many preventive services. These tests and services are critical to your overall health and can help you prevent diseases or detect them early on, when treatment works best. Take these three easy steps to help put you on the road to better health:

- STEP 1: Know your health history.
- STEP 2: Talk to your doctor about the Medicare preventive services that are right for you.
- STEP 3: Register for MyMedicare.gov on any computer connected to the Internet.

The MyMedicare.gov web tool can help you track the preventive services you have received and remind you about services for which you are eligible.

Have peace of mind for yourself, your family, and friends and start taking your three steps to prevention today. These steps can lead to better health and quality of life for you and those you love.

Look for "A Healthier US Starts Here" Medicare event in your area to learn more about Medicare preventive services. Or, visit [www.medicare.gov](http://www.medicare.gov) on the web or call 1-800-MEDICARE (1-800-633-4227) to get a free copy of *Staying Healthy: Medicare's Preventive Services*. Select "Find a Medicare Publication" under "Search Tools."

*This information prepared by the U.S. Department of Health and Human Services.*



## *My Health. My Medicare.*

### **Centers for Medicare & Medicaid Services National Medicare Multi-Media & Education Campaign**

#### **Medicare Strives to Help Women Stay Healthy *A Healthier US Starts Here***

As a woman, taking advantage of Medicare's preventive services is one of the smartest things you can do to stay healthy. You can take steps to help prevent breast, cervical, and vaginal cancer— and Medicare can help!

Did you know that screenings for cervical, vaginal, and breast cancers can help women stay healthy? For those enrolled in part B, Medicare covers screening Pap tests and screening pelvic exams every 24 months for all women and once every 12 months for women at high risk. In addition, Medicare covers screening mammograms under part B for all women age 40 or older once every 12 months. These screenings can help detect cancer early, when treatment works best.

All women are at risk for these cancers. To help your risk level, be sure you don't smoke and be sure to talk to your doctor about the following tests.

#### **Pap Tests**

Screening for cervical cancer can help the doctor find abnormal cells before cancer develops. Finding and treating abnormal cells can prevent most cervical cancer. Also, screening can help find cancer early, when treatment is more likely to be effective.

#### **Pelvic Exams**

While vaginal cancer is not common, be sure to have regular pelvic exams because it can often be cured when found in early stages.

#### **Mammograms**

Mammograms can detect breast cancer before you or your doctor may be able to feel it. Finding the disease early with mammograms and breast exams by your doctor or nurse can save your life. If you have a question about any breast lump, ask your doctor.

#### **There is More You Can Do**

##### ***Register at MyMedicare.gov***

When you register at MyMedicare.gov on the web, you can get personalized information about your Medicare health care claims and updates about health screenings and other preventive services you can use. You can also find information about Medicare health and prescription drug plan options in your area that can help you stay healthy.

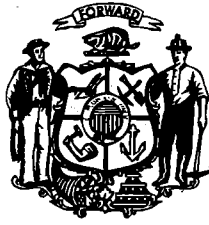
#### ***Attend a "Healthier US Starts Here" Event***



## *My Health. My Medicare.*

Look for a Medicare “Healthier US Starts Here” event in your area to learn more about how Medicare can keep you healthy, and about other preventive services Medicare covers. You can also visit [www.medicare.gov](http://www.medicare.gov) on the web. Under “Search Tools,” select “Find a Medicare Publication” to look at or print a copy of “Your Guide to Medicare’s Preventive Services.” You can also call 1-800-MEDICARE (1-800-633-4227) to find out if a free copy can be mailed to you. TTY users should call 1-877-486-2048.

*This information prepared by the U.S. Department of Health and Human Services.*



Wednesday, May 9, 2007  
Contact: Carla Vigue, Office of the Governor, 608-261-2162

## **Governor Doyle Unveils WisconsinCare**

### ***Will Ensure Seniors Have Access to Life-Saving Affordable Prescription Drugs***

MADISON - Governor Jim Doyle today unveiled WisconsinCare, a new program to provide seniors with access to life-saving prescription drugs at a price they can afford, without all the complications and donut holes found in Medicare Part D. Last month, the Bush Administration denied Governor Doyle's request to continue SeniorCare, Wisconsin's successful prescription drug program for seniors. WisconsinCare, which will also provide access to affordable prescription drugs for people with disabilities, will be available starting January 1, 2008 and will replace the current SeniorCare program, which has been extended until the end of the year.

"WisconsinCare will provide seniors and people with disabilities access to life-saving prescription drugs at a price they can afford," Governor Doyle said. "By filling donut holes, using one-page applications, and providing access to affordable prescription drugs, WisconsinCare will protect our seniors – our greatest generation, who ask very little of their government and deserve so much in return."

WisconsinCare uses a one-page application form similar to the current SeniorCare application; provides seniors with co-payments as low as \$2 a prescription drug without any annual enrollment fee; and, by leveraging more federal dollars, serves more people and provides more benefits at a cost that is equal to what the state invests in SeniorCare and without additional state bureaucracy.

All current SeniorCare participants that are eligible will be automatically enrolled. Everyone else can apply using a simple one-page form similar to the current SeniorCare application. Like SeniorCare, WisconsinCare will not count assets, such as bank accounts, life insurance or property.

All WisconsinCare participants will still need to choose a Medicare Part D prescription drug plan and benefit specialists across the state will help find a plan that's right for each individual. All current SeniorCare participants who do not select a Part D plan on their own will be automatically enrolled in a plan and will be able to change plans if they need to.

In the coming months, SeniorCare recipients will receive more information about WisconsinCare. In the mean time, people who are currently enrolled in SeniorCare should remain on SeniorCare.

Governor Doyle has budgeted \$128 million for SeniorCare in the 2007-09 biennial budget. WisconsinCare will not cost Wisconsin taxpayers any additional dollars.

Through WisconsinCare, more than 86,000 seniors and people with disabilities, who have individual incomes about or below \$16,000 will pay absolutely no premiums, no deductibles, and no drug costs in

-MORE-

the donut hole. These seniors will have co-payments of \$2 for generic drugs and \$5 for brand name prescriptions. And best of all: these seniors will see another \$93 every single month in their social security check.

For about 33,000 higher income SeniorCare participants... they will receive premium assistance for as much as \$53 per month, depending on their individual income. This level of premium assistance will be enough to buy seniors into drug plans that provide comparable coverage to what they have today under SeniorCare.

While there will be challenges, the state has prepared for a smooth transition and will continue to cover the cost of prescriptions for any senior that would otherwise be turned away because of problems with their new Part D program.

After receiving word last month that the federal government would deny the state's request to continue SeniorCare, Governor Doyle assured seniors that regardless of what the Bush Administration does, making prescription drugs affordable will remain a top priority.

Governor Doyle immediately requested a six month extension of SeniorCare, so that no Wisconsin senior would lose prescription drug coverage on July 1. The Governor met with Health and Human Services Secretary Michael Leavitt in Washington, D.C. and pledged to work with him to ensure that we moved quickly toward a solution.

The Governor and his Administration met with seniors, advocates, Democrats and Republicans in Washington, D.C. and in the Legislature to develop a prescription drug plan that works for Wisconsin seniors. Together, they put politics aside and drafted a creative, innovative solution that will prove to be comprehensive, simple, and cost-effective.

Governor Doyle thanked the Coalition of Wisconsin Aging Groups, AARP, and Disability Rights Wisconsin, along with members of the Congressional Delegation and Democratic and Republican leaders in the state Legislature for their work on WisconsinCare.

For more information about WisconsinCare, visit [WisconsinCare.wi.gov](http://WisconsinCare.wi.gov) or call 1-800-657-2038 (TTY and translations services are available).

## **ONEIDA ELDERLY SERVICES RECEPTION PROCEDURE**

We appreciate your patience and encouragement  
as we strive to continuously improve our services.



In order to better route your call and to manage our services to you more effectively and efficiently, Reception will be asking more questions during phone calls. Such as:

- Is this request for a service?
- Is this your first request for this service?
- Can I transfer your call to our Service Coordinator please?

**OPTION:** You, the caller, could include this information along with your request to speak to someone.

### **Why do we need to ask these questions?**

- We want to be most respectful of our customers time and energy. Best routed calls mean less transferring, less repeating information, and happier customers.
- Service requests follow guidelines and time lines to help us be fair and timely with all customers. We want to be fair and timely.
- This will encourage continued improvements in customer service.

**SERVICE RELATED CALLS** as a rule are routed to our Services Coordinator, Cheryl Ault. (SEE EXCEPTION BELOW) An ICF (Initial contact Form) will be completed and given to the appropriate supervisor.

### **EXCEPTION TO SERVICE CALLS routing rule.** If the call is about:

- Elder Abuse it will go to Joyce
- Transportation or Vehicles it will go to Lorna
- Faith In Action it will go to Glory LaFlex
- Elderly Apartments located on Overland to Apartment Management

### **COURTESIES:**

- Telephone calls will be answered in a timely manner. When two calls come in at the same time - the first caller may need to be put on hold in order to meet this courtesy.
- Concerns, complaints, suggestions, about Reception, are gratefully accepted. Complaint forms are available at the Reception desk. Written complaints are preferable, for information to be most accurate to the customers view.

If there are any questions related to this document, please call Claudia Skenandore, Elderly Services Office Manager at 869-2448. Thank you for your time, help and understanding.



?

**IF YOU HAVE A PROBLEM or  
SERVICE REQUEST**

**Call Oneida Elderly Services at 869-2448**

**IF**

**DURING REGULAR WORK HOURS OF  
M-F, 8AM TO 430PM**

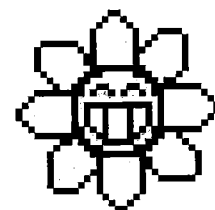
**OUTSIDE OF REGULAR WORK HOURS  
OR DURING A HOLIDAY**

**ASK FOR OUR SERVICE  
COORDINATOR, CHERYL AULT who  
will report to proper Elderly Services staff**

**ANSWER SERVICES will answer the  
phone - please make the request and  
they will phone our On-Call Staff**

**Service Request  
taken care of / completed.**

**HAPPY CUSTOMERS  
AND SERVICE  
REPRESENTATIVES**



## Oneida Elderly "Request for Service" Procedure

If you need an service please call Oneida Elderly Services at (920)869-2448. If your request is:

- DURING OUR REGULAR WORK HOURS of Monday thru Friday between 8am to 4:30 pm - please ask for our Services Coordinator, Cheryl Ault. Cheryl will
  - either route it to the proper Elderly Services staff, or, if needed, a referral will be made
  - complete follow-up, as needed, to ensure services are completed satisfactorily
- AFTER HOURS, OR ON HOLIDAYS - Please give your request to our Answer Service representative who will page the on-call staff member. On-call will either take care of the request or make referral to proper vendor or agency, as needed. Cheryl will follow-up, as needed, to ensure services are completed satisfactorily.

Oneida Elderly Services needs to have made the referral in order to consider authorization of payment for the work. We will NOT be responsible for any of the charges incurred by you, if a referral has not been made by our department. Referral authorizations are made according to our priorities, procedures, funding and policies.

Our priority policy is to serve seniors:

1. 70 or older,
2. 55 to 69 who are disabled / handicapped and living alone
3. 55 to 69 with serious health or safety issues

Please contact us **before beginning the work** so that we can identify if authorization for proper payment can be arranged.

Thank you for respect in these matters and we hope to be able to assist you soon. If there are any questions related to this subject, please call Claudia Skenandore, Elderly Services, Office Manager or Cheryl Ault, Services Coordinator, both at 869-2448.