

DRUMS ACROSS ONEIDA

Oneida Elderly Service
2907 South Overland Rd.
Oneida, WI 54155
Ph: 920-869-2448
Fax: 920-869-1824



Senior Center-Meal Site
134 Riverdale Dr.
Oneida, WI 54155
Ph: 920-869-1551
Fax: 920-869-1526

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Green Bean Moon

July, 2009



POW WOW
JULY 3 - 5, 2009

Tracy Pecore, daughter of Sharon and Allen
Granddaughter of Cecil and Ruth Skenandore

ELDERS AND EVERYONE – DRUMS CONTACT



From the desk of: Linda F. Douglas

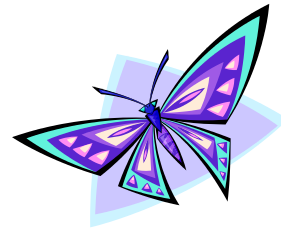
I am with Elderly Services and will be the main contact for the DRUMS Across Oneida newsletter.

Please contact me with any comments, suggestions, concerns, complaints, etc. Thank you for your attention.

My phone number: 920-869-2448 email ldouglas@oneidanation.org



Elder's Meditation



It is not through the great skill of the hunter himself that success is achieved, but through the hunter's awareness of his place in Creation and his relationship to all things."

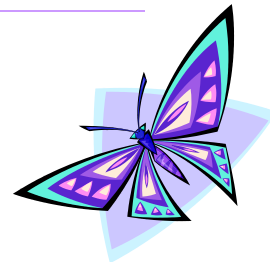
--Thomas Yellowtail, CROW

If only the human being could understand the power of proper relationships, the need for power and control could be abandoned. It is not what is going on that matter, but how we look at what is going on. It is our relationship to it that counts. Nothing in the world has any meaning except the meaning we give to it. To be more effective at this, we need to consider our relationship with the Creator. Our relationship to the Great Spirit determines how we will perceive the meanings we put to places, people, institutions, and things. We need to let the Creator tell us and guide our thoughts about these relationships. Any relationship that we have that is causing problems means we need to pray for a new point of view.

Creator, let me see the world and the people through your eyes.

When the world says give up....

Hope whispers one more time....



MENU

JULY

2009

ONEIDA SENIOR CENTER, 134 RIVERDALE DRIVE, ONEIDA, WI., 54155 PHONE : 1-920-869-1551

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Turkey & Gravy Mashed Potatoes Brussels Sprouts W/W Bread Jell-o W/Fruit	2 Chef Salad Turkey, Ham, Eggs, Tomatoes, Cucumbers, Cottage Cheese Rolls Melons	3 CLOSED FOURTH OF JULY
6 Chop Suey Rice W/W Bread Orange Rings, Pineapple Rings & Apple Rings	7 Tomato Soup Egg Salad & Ground Bologna Sandwiches Sherbet	8 Chicken Red Potatoes Mixed Vegetables W/W Bread Ice Cream	9 B.B.Q. Pork Scalloped Potatoes Country Blend Vegetables W/W Bread Pudding Cups	10 Breakfast For Lunch Bacon & Eggs Corn Meal Toast Juice Applesauce
13 Hot Dogs Macaroni & Cheese Buns Peas Juice Peaches	14 Corn Soup Fresh Bread Juice Berries	15 Chicken Pasta Salad W/W Bread Jell-o W/ Bananas	16 Beef Stew Biscuits Juice Yogurt	17 Sub Sandwiches Assorted Vegetables Chips Fresh Fruit
20 Sloppy Joe's Pasta Salad Beans Buns Pineapple Tidbits	21 California Blend Cheese Soup Fresh Bread Strawberry Whip	22 Vegetable Lasagna Salad Garlic Bread Orange Slices	23 Chicken Salad Croissants Tomatoes, Cucumbers Melons	24 Bratwurst Macaroni & Tomatoes Green Beans W/W Bread Ice Cream
27 Ham Sweet Potatoes Cranberries W/W Bread Pears	28 Bean Soup Fresh Rolls Juice Jell-o	29 Hamburgers Rice Pilaf Green Beans W/W Bread Cookies	30 BIRTHDAY DAY Beef Roast Potatoes Carrots W/W Bread Cake	31 Fish Red Potatoes Cole Slaw Rye Bread Pudding
All meals are served with coffee, milk or tea.	Menu is subject to change.	BIRTH STONE: RUBY FLOWER: LARKSPUR	HOURS: 8:00A.M.-4:30P.M. Lunch Is Served Monday-Friday 12:00P.M.-1: 00P.M.	

T	Y	B	M	I	X	K	C	I	R	T	P	L	Y	W	Z	A	I	B	X
J	H	D	E	G	A	G	N	E	I	B	E	O	A	A	E	Z	A	V	C
I	Y	I	T	S	U	D	C	I	G	A	M	N	W	W	R	N	A	N	H
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A	E	E	T	A	M	S	S	A	L	C	H	Y	U	O	C	M	O	R	Y
Y	U	I	J	A	Y	E	V	A	Q	O	Z	R	L	T	F	J	I	A	D
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J	A	R	J	K	N	S	T	U	L	N	N	A	A	L	B	U	V	T	D
A	I	M	E	G	I	I	V	T	N	R	R	E	U	L	G	G	A	J	R
W	D	Y	M	G	N	E	Z	A	R	T	E	P	E	G	L	R	A	E	A
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P	O	I	S	E	E	T	R	U	E	W	C	D	M	D	F	N	K	T	Z

Adore	Engaged	Nasty	Screenwriter
Attracted	Genre	Party	Struggle
Awkward	Girls	Poise	Territory
Betray	Hockey	Popular	Thirteen
Beverly	Irrelevant	Power	Thirty
Chubby	Jenna	Quibble	Time Line
Classmate	Lucy	Rec Room	Transition
Cooperate	Magazine	Redesign	Trick
Cruel	Magic Dust	Renew	Wayne
Dilemma	Matt	Richard	



He said to me...What have you been doing with all the grocery money I gave you?
I said to him...Turn sideways and look in the mirror!

Good judgement comes from experience, and a lot of that comes from experience...

The officer got out of his car. The kid he stopped for speeding rolled down his window. "I have been waiting for you all day," the officer said. The kid replied "Yeah well!!! I got here as fast as I could."



Monday	Tuesday	Wednesday	Thursday	Friday
July 2009 ACTIVITIES				*Activities due to change without notice.
*Please sign up for trips at Senior Center Main Office. *All trips leave from Senior Center.	<u>*Is this your Birthday month?</u> * You must <u>sign up</u> in the Birthday Book at Senior Center, Main Office, Must be <u>present</u> at the Birthday lunch to receive your gift card.	1 Morning Walk 9:00 (Elderly Services Outdoor Trail) UNO Game Elderly Services 9:30 Bingo Senior Center 1:00	2 Banks, Shopping, Lunch Out (on your own) 10:00 – 3:00	3 OFF Observance of July 4th
6 Morning Walk 8:30 Bingo Three Sisters Building 9:30 – 11:15 Movie Elderly Services 1:00	7 Crafts Elderly Services 9:30 – 11:30	8 Morning Walk 9:00 Oneida Language Elderly Services 9:30 Bingo Senior Center 1:00	9 Milwaukee Brewer Game (must be pre-register) Bus leaving at 8:45	10 Banks, Shopping, Lunch Out (on your own) 10:00 – 3:00
13 Morning Walk 9:00 Rummikub Game Elderly Services 9:30 Bingo Senior Center 1:00	14 Crafts Elderly Services 9:30 – 11:30	15 Morning Walk 9:00 Cooking Elderly Services 9:30 Bingo Senior Center 1:00	16 Doc's Harley Davidson in Shawano 9:45 Farmer's Market Oneida - Bash 1:30	17 Banks, Shopping, Lunch Out (on your own) 10:00 – 3:00
20 Morning Walk 9:00 Cards Elderly Services 9:30 Good Will Store Green Bay 1:30	21 Cherry Picking Sturgeon Bay 9:30 Bring your own lunch & Containers	22 Morning Walk 9:00 Oneida Language Elderly Services 9:30 Bingo Senior Center 1:00	23 Concert In The Park Jackson Park Green Bay (Traditional Mexican) Bag Lunch (on own) 10:30 – 2:30	24 Banks, Shopping, Lunch Out (on your own) 10:00 – 3:00
27 Morning Walk 9:00 Yahtzee Game Elderly Services 9:30 Bingo Senior Center 1:00	28 Bingo Methodist Church 9:30 – 11:30	29 Morning Walk 9:00 Price is Right Game Elderly Services 9:30 Bingo Senior Center 1:00	30 Ladder Ball Elderly Services 9:30 Birthday Lunch 12:00 Bowling Ashw. Lanes 1:30	31 Banks, Shopping, Lunch Out (on your own) 10:00 – 3:00

*** If you have any questions or concerns Please call Michelle at 869 - 2448.**

DIRECTOR'S CORNER

Florence Petri

ACTIVITIES and CRAFTS

SPECIAL EVENTS

Special events are held throughout the year and are scheduled on a monthly calendar along with the Activities and Crafts. Events such as Spring Fling, Easter Dinner, Halloween Party, Elder Christmas Party, Birthday Parties third Thursday of each month and many more. Watch in the "Drums Across Oneida" elder newsletter for events that are scheduled and coming up on the Activities Calendar. Please call if you would like to be picked-up to join us. We have plenty room on the bus.

ADVOCACY

Seeks out, identifies and informs elders of the Oneida Tribe of the services and benefits available to meet their needs and concerns. Help elders in gaining access to benefits, entitlement and legal rights.

SUMMER YOUTH ASSOCIATES PROGRAM

Starting June 22, 2009 for 8 weeks we will have Oneida Youth working along with the staff. They will be here to assist in gardening, in home chore needs, chore services, activities and transportation.

The National Society for American Indian Elders, is Sponsoring our youth to work with our elders.

So welcome them, they will be supervised by Elderly Services Staff. This will be a good time to build on those elder/youth relationships and get our youth to work with our elders. This is an excellent opportunity for our youth to expand and the fundamentals of a working environment.

Watch for more updates.

If you are in need of any of these services, do not hesitate to contact
Oneida Elderly Services at 920-869-2448 ask for Cheryl Ault

TIMBER RATTLERS **BASEBALL GAME**

WHEN: Wednesday – August 5th, 2009

WHERE: TIMBER RATTLERS STADIUM,
APPLETON

WHAT: GAME – STARTS AT 12:00
FOOD – PICNIC STYLE at 11:00
Hamburgers, Brats and Hot Dogs
Potato Salad, Beans, Chips, Cookies and Soda.

COST: \$15.00 – Due at sign up
No refunds after July 17th.

***Sign up in person at Senior Center Main Office and money due at the time of sign up. Dead line for sign up is July 17th by 4:30.

Only 16 seats available. First come, First serve.

Only Elders 55 years and older and in good health are eligible to travel on this trip. (Those who are oxygen dependant, on medication that causes dizziness, disorientation, or those with high risk of heart attacks are ineligible to travel.)



Thank You for your Contributions / Donations

Voluntary contributions / donations by participants that eat at the meal site or receive Home Delivered meals are appreciated. We thank you for your contributions/donations to our program. Contributions / donations make up approximately one eighth of the program's income. The collection and use of these contributions / donations goes towards the operations of the program.

Older Americans Act Requirement

Each provider of Title III services shall provide each older person with the opportunity to voluntarily contribute / donate to the cost of services.

To maintain integrity of the intention of the Older Americans Act regarding voluntary contributions/donations programs must:

1. Provide each older person with an opportunity to voluntarily contribute/donate to the cost of the service
2. Protect the privacy of each older person with respect to his/or her contribution/donation
3. Establish appropriate procedures to safeguard and account for all contributions/donations
4. Not deny an older person a service because the older person cannot or will not contribute/donate to the cost of the service
5. Not require a contribution/donation or in any way imply one is required in order to participate.

Any question regarding contributions/donations, please call the Meal Site ask for

Brenda Jorgenson 920-869-1551

GLNAEA

Great Lakes Native American Elders Association,
Sponsored by Lac Courte Oreilles (LCO) Band of
Ojibway



August 6th & 7th, 2009

LCO Casino, Lodge & Convention Center

13767W Cty. Rd. B, Hayward, WI 54843-4184

All elders who need a ride to GLNAEA, please sign up at the Oneida Senior Center (Meal Site) by Monday, July 13, 2009. We must have 20 people signed up to reserve a coach bus, or else we'll use tribal vans. Payment must be received by July 13 and the last day to cancel is Monday, July 20 for reimbursement of payment. We will be staying at LCO Lodge and Convention Center and the cost is \$31.05 per person. We will leave

the Senior Center (Meal Site) at 1:30pm on Thursday, August 6. Any questions please call Oneida Senior Center at (920)869-1551.

Next 2009 Meetings:

October 1 & 2 - Lac du Flambeau

December 3 & 4 - Menominee



IS YOUR HOME IN NEED OF REPAIR? DO YOU NEED TO MAKE REPAIRS BEFORE WINTER?

The USDA may be able to help you!!

United States Department of Agriculture Rural Development is offering Home Loans and Grants to help you with your home repairs.

Guaranteed Loan Program

Low-Moderate Income
No Down payment
No Private mortgage insurance required
30 year fixed mortgages
Finance closing costs
Good credit history
Stable income

Direct Loan Program

Low Income
No Down payment
No private mortgage insurance required
33 years fixed mortgages
Finance closing costs
Good credit history
Stable income
Payment Based on Income

Repair and Rehabilitation Loans

Very Low income
Owner-occupied home
Loans up to \$20,000
1% interest up to 20 years
Property value limits

Repair and Rehabilitation Grants

Very Low Income
Applicants 62 years and older without
loan repayment ability
Owner occupied dwellings
Up to \$7,500
For Improvements to remove health,
safety, and accessibility hazards
Property value limits

FREE PRE-QUALIFICATION AVAILABLE

Call Rural development
603B Lakeland Road
Shawano, WI 54116
715-524-8522 ext. 4

Website: www.rurdev.usda.gov/wi
Email: rd.shawano@wi.usda.gov



Branson Showtime!

*Including
Silver Dollar City!*

AUGUST 17-21, 2009

Prepared especially for the Oneida Elders



Highlights of the Tour

Round trip deluxe Lamers motor coach transportation (restroom & video equipped)

Seven Meals Included

- Attractions include: Ride the Ducks; Baldknobbers Show; Titanic Museum; Showboat Branson Belle; Tony Roi's Elvis Experience; Silver Dollar City
- Overnight accommodations, Luggage handling, professional Lamers Tour Director, all taxes

Monday, August 17: Departing from Oneida Senior Center at 7:30 AM to Rockford, Ill. We'll Stop for lunch, then an overnight stay in the St. Louis area.

Tuesday, August 18: Following breakfast we head for the hills . . . of the Ozarks that is! Next is lunch at Lambert's Café'. We'll check into our hotel before embarking on a tour of the area on board **Ride the Ducks**. Tonight, dinner on our own, enjoy one of the first shows ever to set foot on stage, the fiddling and musical mastery of four generations at the **Baldknobbers Jamboree**.

Wednesday, August 19: Continental breakfast, before our morning visit to the **Titanic Branson**. Next is a ride on the paddlewheel **Showboat Branson Belle, on Table Rock Lake and enjoy** a wonderful seated luncheon and variety show. After the cruise, we have a little free time to refresh ourselves before another great Branson entertainer. **Tony Roi's Elvis Experience** will leave you "all shook up!"

Thursday, August 20: **Later** this morning, we'll tour **Silver Dollar City**, Branson's replica of an 1890s Ozark pioneer village. A theme park features music shows held at various stages throughout the grounds, many Ozark Mountain craftsman's skills in such traditional arts as woodcarving, blacksmithing, leatherwork and glassblowing. We depart Branson to St. Louis for our final overnight.

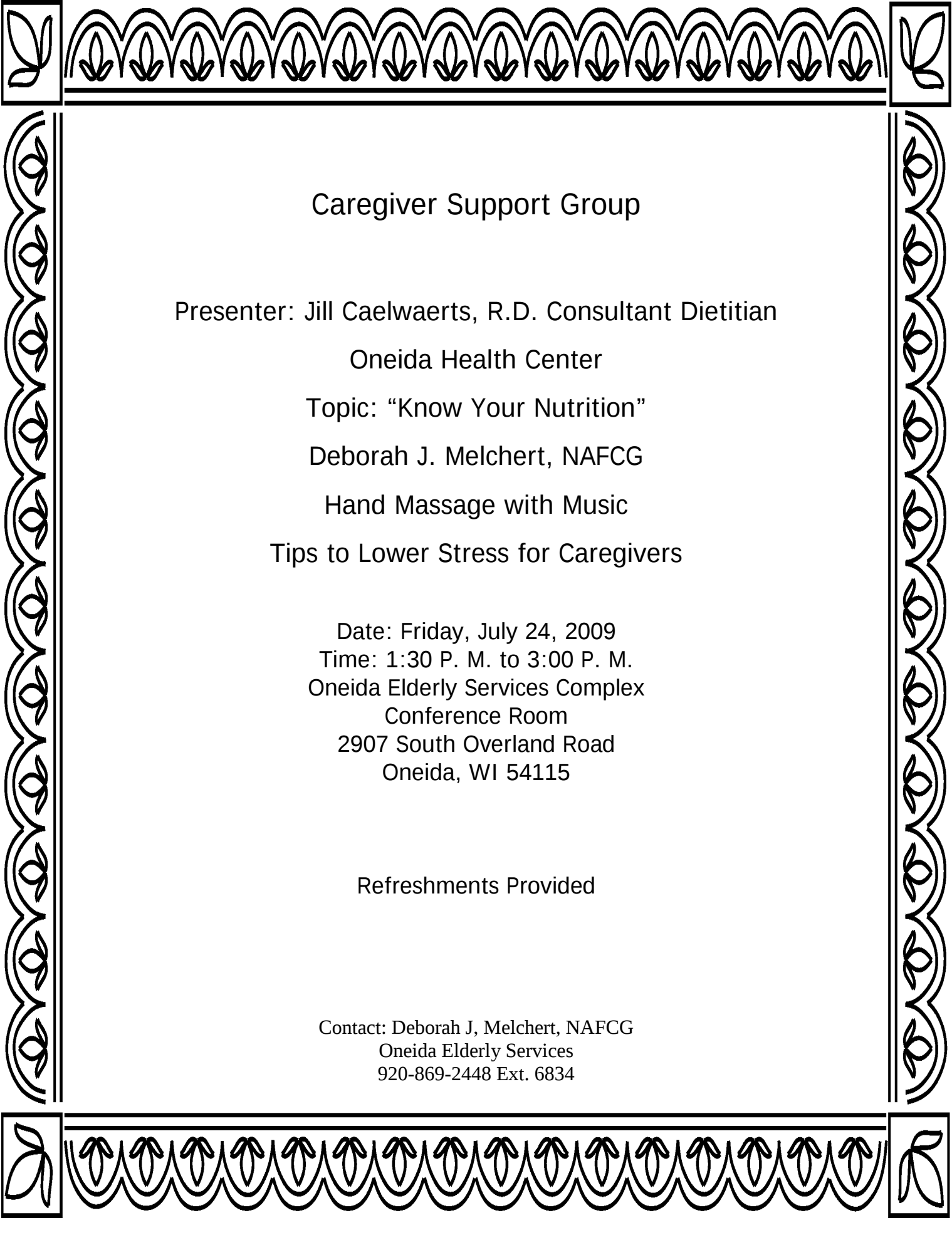
Friday, August 21: After breakfast we leave Missouri to arrive in Oneida at approximately 7:00 PM

PRICE PER PERSON: TRIPLE \$606.00 – DOUBLE \$655.00 – SINGLE \$787.00

SIGN-UP SHEET AT THE SENIOR CENTER * Maximum is 53 Passengers* *Trip will be CANCELLED if less than 35 sign-up* *DEADLINE to sign-up: July 27, no refund after this date. *NO CHILDREN * Only elders 55 & over; must Be in good physical health; able to walk & use the restroom & board the bus without help. If you are oxygen dependent; on medication that causes dizziness, disorientation or with high risk of heart attack or heart problems you are ineligible for travel.....

******Feel free to contact Joyce Ann Hoes at 920-869-2448 ext. 6844 for any questions or concerns******





Caregiver Support Group

Presenter: Jill Caelwaerts, R.D. Consultant Dietitian

Oneida Health Center

Topic: "Know Your Nutrition"

Deborah J. Melchert, NAFCG

Hand Massage with Music

Tips to Lower Stress for Caregivers

Date: Friday, July 24, 2009

Time: 1:30 P. M. to 3:00 P. M.

Oneida Elderly Services Complex

Conference Room

2907 South Overland Road

Oneida, WI 54115

Refreshments Provided

Contact: Deborah J, Melchert, NAFCG

Oneida Elderly Services

920-869-2448 Ext. 6834

POWERFUL TOOLS FOR CAREGIVERS PROGRAM

The program is two and half hours of training over a six-week course designed to teach you, the Caregiver, how to care for yourself while caring for another.

Topics we will cover include:

- “Taking care of YOU”
- “Identifying and Reducing Personal Stress”
- “Communicating Feelings, Needs and Concerns”
- “Communicating in Challenging Situations”
- “Learning from our Emotions”
- “Mastering Care-Giving Decisions”

Date: Wednesday, July 29, 2009

Time: 1:15 P. M. – 3:45 P. M.

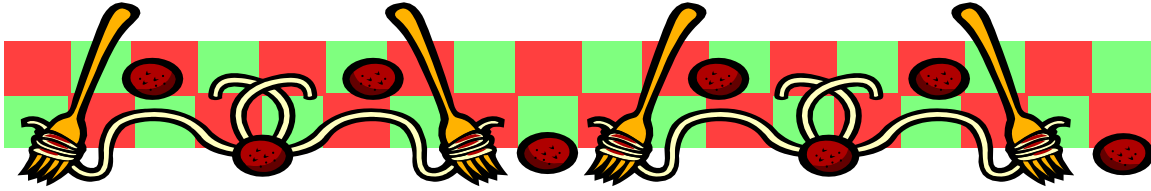
Place: Oneida Elderly Services
2907 South Overland Road
Oneida, WI 54155

Lay Leaders: Debi Melchert and Sandra Summers

Refreshments Provided

Contact Debi to sign up for the class at Oneida Elderly Services
920-869-2448

DEVELOPED BY LEGACY CAREGIVER SERVICES



Attention all participants at the Senior Center Mealsite

Policies and procedures to the Older American Act-funded Nutrition Program.

We are looking to manage costs and quality improvement in our meal site program.

The meal site will maintain a reservation system for all those that eat at the meal site. All elders that plan on eating at the meal site will be asked to call in the day before and reserve their meal for the next day.

Your assurance is needed in helping us to meet our state requirements and assist us in minimizing leftovers and insure adequate meals served.

State requirement: 8.4.27.7 Meal Reservation and Participant Registration. Systems Programs should maintain an accurate and well-organized system so staff will know how many meals to order or plan for. Many programs find a registration system to be helpful for estimating meal orders for dining centers. This system should include follow-up of absent participants. The program may not “charge” an individual for a meal that is reserved and not eaten.

Mealsite Program Objectives:

- Meet state funded requirements
- Monitor all waste carefully
- Train staff on policies and procedures, including food safety and sanitation practices.
- Check and recheck portion control. Use the proper size of scoops, ladles and pans.
- Each program shall implement procedures to minimize waste of food, including leftovers and uneaten meals.

Please call 920-869-1551 to reserve your meal when you plan on eating at the meal site.

We would like to thank you for your patience during this transition.

When you are having a busy day and want lunch, we will leave the welcome mat out just for you. Come in and have a friendly meal.

For questions, please call Brenda Jorgenson at 920-869-1551.

ONEIDA ELDERLY SERVICES

GIFT SHOP

2907 Overland Road
Just West Of The Health Center

*Elders showcase their talents
With beautiful floral centerpieces,
quilts, pillows, dolls, handmade and
beaded jewelry, Native American
greeting cards. Oneida Singers Tapes*

Open Monday-Friday
8:00AM to 12:00 PM
12:30 P.M. to 4:30 P.M.

**Come visit with us. We have
fresh popcorn every day.
Also Diet Soda and water**

*Elders: Come display your art and
crafts at no cost or commission.*

Similar in Customs

A question about custom was brought to me recently, “Why do indigenous people cut their hair at the time of the passing of a loved one?” My first thought about this was from direct observation of people in Lakota country, particularly the Rosebud area. It is believed that hair is scared; cutting the hair signifies affection, mourning of the loss of a loved one.

Upon brief review of an internet search, I found a few references to court cases confirming long hair as a right of Native American Religious freedom; it also makes reference to cutting the hair as a symbol of mourning upon the death of a loved one. As for traditions of the Six Nations peoples, I have read cutting the hair was a ritual of grief. Our communities had additional grief practices which refer to taking care of the spiritual hole.

To encourage the grieving to join the living, a feather plum is used to wipe the eyes, so that she/he may see and pass the plum near the ears so that they can hear and to help the throat so they may speak...Condoling with use of the wampum shells is another way to uplift those going through the grieving process.

Written by Gah Ne Wha Gee Glah, Turtle Clan, (Linda C. Powless)

The Care Takers of the Garden

The elder's got their hands dirty, planting the garden. They planted radishes, peppers, onions, and tomatoes, just to name a few vegetables.

“Little miracles” said Betty.



Older American Month Activities



Sharon Charnon, Frank Cornelius, Judith Jourdan

Spring Dance Jigging Contest Winners

ONEIDA SINGERS Featured at The Spring Sing



Mishicot School District Chorus Participated at The Spring Sing



Elder/Youth Fishing

Older American Month Activities



Oneida Business Committee Elder Luncheon



May is Older American's Month - Winners

Elders Attended

53 Spring Dance

24 Trip to SEOTS (Milwaukee Elder Center)

43 ONCOA Bingo

Winners from The Spring Dance

Jigging Contest Winners

Frank Cornelius 1st Place \$50.00 Cash

Sharon Carnon 2nd Place \$25.00 Gift Certificate

Judith Jourdan 3rd Place \$10.00 Gift Certificate

Oldest Elder Winner

Maria Hinton 98 yrs. old Beaded Butterfly Necklace

Door Prizes Winners

June Jabos DVD Player

Robin Emmerton Tribal Logo Mini-Semi Truck

ONCOA Bingo Black-Out Winners

Arlie Doxtator Green Bay Packer Treasure Chest

Maria Hinton \$20.00 Gift Certificate



SURVEY RESULTS "Older American's Month" Events

	YES	NO	?
Did you have fun at the Elder Dance ?	22	1	
Did you like the band ?	20	3	
Did you like the refreshments served ?	22	1	
Did you like the variety of prizes ?	22	1	
Would you like to have next years dance at a different time ?	1	19	2
Do you have any suggestions for next years festivities ?	3	18	2
Did you enjoy the bus trip to SEOTS ?	12	0	1
Did you find the Tour of SEOTS informative ?	12	0	1
Did you enjoy the ONCOA Bingo party ?	18	0	
Did you like the prizes ?	18	0	

Comments:

Custodial staff shouldn't win prizes, this takes away from elders
 Games for the disabled to play while others are dancing
 Had a really good time
 Loves to be kept busy with various events
 More publicity for the dance
 ONCOA Bingo: many said the prizes were outstanding
 Really enjoyed the dance, food and events
 Sandwiches at the dance
 Slower music, too hard for the elders to dance that fast
 Tables closer to visit better
 Teach others how to jig
 Would like a costume/theme for dance
 Would like the dance to start 1 hour earlier



It is better to sing off key than not to sing...

Promptness show respect...



Do not be bothered when people do not share your taste in music, sports, food, literature and fashion. Be glad! You would never get tickets to anything otherwise.



UP CLOSE AND PERSONAL WITH:
Yadie Jordan, Respite Care

When you were a child, what did you think you would like to be?
I wanted to be a Park Ranger

Who or what has had the biggest influence in your Life?
My Parents and Grandparents!

What do you consider to be your greatest accomplishment?
Completing goals that I set for myself! Of course my two sons!

Is there something you have always wished you were great at doing?
Completing my laundry in a time manner (includes folding and putting away! Even the socks😊!)

What is the best advice anyone ever gave you?
You only live once, have fun!

What advice would you give to someone who is about to retire?
Sit back relax, have fun...maybe travel!

What is your ideal vacation?
The Galapagos Islands

Favorite Meal:
I love Chicken Alfredo Fettuccine

Favorite Music:
I am open to listening to all types of music!

Favorite Book:
Anything scary!

Favorite Movie/Movies:
I enjoy seeing Horton Hears a Who!

Favorite Hobby/Hobbies:
Travel and Painting!



4 NATIONS PICNIC
HOSTED BY THE HO-CHUNK NATION

When: Thursday, August 13th
Where: Northwoods County Park
Near Pittsville WI in Wood County



Enjoy a leisurely motor coach ride!!!

Departure Time: 8:00 AM
Departure Location: Senior Center
Arrival Time: Approx. 10:15 AM
Enjoy a fun-filled day

COME AND REPRESENT OUR OWN
‘ONEIDA NATION’

Sign-up at the Senior Center by Monday June 29

Any questions please contact Joyce Ann Hoes at
Elderly Services 920-869-2448 ext. 6844
Space limited to the first 100 Elders

*****NO CHILDREN PLEASE*****



Recently, I was diagnosed with
A.A.A.D.D.

(Age Activated Attention Deficit
Disorder)

This is how it manifests:

I decide to water my garden. As I turn
on the hose in the driveway, I look over
at my car and decide it needs washing.

As I start toward the garage, I notice
mail on the porch table that I brought
up from the mail box earlier.

I decide to go through the mail
before I wash the car.

I lay my car keys on the table; put
the junk mail in the garbage can
under the table, and notice that the
can is full.

So, I decide to put the bills back on the
table and take out the garbage first.

But then I think, since I am going to be
near the mailbox when I take out the
garbage, I may as well pay the bills first.

I took my check book off the table, and
see that there is only one check left...

My extra checks are in my desk in the
study...

I go inside the house to my desk where
I find the can of Pepsi I had been
drinking.

I am going to look for my checks...

First I need to push the Pepsi aside...so
that I do not accidentally knock it over.

The Pepsi is getting warm...
I decide to put it in the refrigerator to
keep it cold.

As I head toward the kitchen with the
Pepsi...

A vase of flowers on the counter catches
my eye...they need water...

I put the Pepsi on the counter...
Discover my reading glasses that I have
been searching for all morning...

I decide I better put them
back on my desk...

But first I am going to
water the flowers.

I set the glasses back on
the counter...



Fill a container with water and suddenly
spot the TV remote...

Someone left it on the kitchen table ☺

I realize that tonight when we go to
watch TV...

I will be looking for the remote...
But will I remember that it is on the
kitchen table...

So I decide to put it back in the den
where it belongs, but first I will water
the flowers.

I pour some water on the flowers...

But quite a bit of it spills on the floor...

So, I set the remote back on the table...
Get some towels and to wipe up the
spill.

Then, I head down the hall trying to
Remember what I was planning to do...

At the end of the day:

The car is not washed

The bills are not paid

There is a warm can of
Pepsi sitting on the
counter...

The flowers did not have enough
water...

There is still only 1 check in my check
book...

I can not find the remote...

I can not find my glasses...

And I do not remember what I did with
the car keys....



Then, when I try to figure out why
nothing got done today...
I am really baffled because I know I
was busy

All damn day and.....I am really, really
tired...

I realize this is a serious problem,
And I will try to get some help for it...

But first I will check my e-mail....

Do me a favor...

Forward this message to everyone you
know...

I do not remember who I sent it to...

Do not laugh...

If this is not you yet, your day is
coming!!

Thank goodness there is a name for this
disorder.

Somehow I feel better...

Even though I have it!!

**ONEIDA ELDERLY SERVICES
ENROLLMENT FORM**

DATE: ____/____/____

NOTE: The State & Federal Governments have requested that we collect the following information on individuals who receive our services. The information may be used to justify continued funding of our programs.

Name _____ Phone Number () _____

Address _____ Social Security Number Last four digits / _____

City _____ State _____ Zip Code _____ County _____ DOB / / _____

OUR PROGRAM POLICY FOR SERVICES is as follows: **1) Elder aged 70 years and older. 2) Elders aged 55-69 years of age that are disabled/handicapped, living alone. 3) Elders aged 55-69 years of age, with health/safety issues.** The elders that are listed are our **priority**.

Please check the appropriate responses:

Martial Status: ____ Married ____ Single ____ Widowed ____ Divorced

Maiden Name: _____

Veteran: ____ Yes ____ No

Living Arrangement: ____ Lives Alone ____ Lives with Spouse ____ *Lives with Others**

Do you: ____ Rent ____ Own ____ *How Many Others**

Race: ____ Native American ____ Caucasian ____ Latino ____ Asian ____ African
American

Tribal Affiliation: _____ **Enrollment Number:** _____

General Health Status: ____ Excellent ____ Good ____ Fair ____ Poor*

***If Poor Please List Health Condition:** _____

Do You Currently Have Any of the Following: ____ Guardian ____ Power of AttyBFinances ____ Health ____
____ Medicare ____ Medicaid ____ Representative Payee
____ None of The Above

In Case of an Emergency B Please Contact

Name: _____

Phone Number: () _____

Relationship: _____

The above information is correct to the best of my knowledge. Any false statements on any part of the enrollment form, are grounds for denial of services. All of the information on the enrollment form is confidential and will not be released to any persons unless I have signed an authorization form for release of information. This enrollment form becomes the property of the Oneida Elderly Services.

Signature

____/____/____
Date

Please Return to
Oneida Elderly Services Complex
Service Coordinator, P.O. Box 365
Oneida, WI. 54155