

DRUMS ACROSS ONEIDA

Oneida Elder Services
2907 South Overland Rd.
Oneida, WI 54155
Ph: 920-869-2448
Fax: 920-869-1824



Senior Center-Meal Site
134 Riverdale Dr.
Oneida, WI 54155
Ph: 920-869-1551
Fax: 920-869-1526

Tsi? Nihuto·láts Wahní·tále?

Hunting Moon

November 2010

HAPPY THANKSGIVING





DRUMS CONTACT
Linda F. Douglas

Telephone: 920-869-2448 or 1-800-867-1551

Email ldouglas@oneidanation.org

“Grandchildren”

While driving a mother and daughter having a conversation...

With three grandchildren in the back seat giggling about some cookies.

The cookies were Mom's favorite Oreo; she had put them high in the cabinet.

Daughter asked the kids a question, “Who did it?” “Who took the cookies?”

Each child answered “It was not me.”

Daughter said “You are lyin”

Mom said “Tell me the truth, ‘I will have mom turn around and we will go home.”

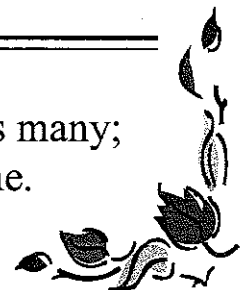
This went on for about a minute...

Kids said, “No, Ma we are telling the truth.”

The three year old replied “No, LIONS at the circus. LIONS are at the zoo!”

Reflect upon your present blessings, of which every man has many;
not on your past misfortunes, of which all men have some.


--Charles Dickens



MENU NOVEMBER 2010

ELDER SERVICES SENIOR CENTER PHONE : 1-920-869-1551



Monday	Tuesday	Wednesday	Thursday	Friday
1 Chop Suey Rice W/W Bread	2 Corn Soup Fresh Bread Juice	3 Spaghetti Salad Garlic Bread	4 Beef Roast Potatoes Mixed Vegetables W/W Bread Pudding	5 Fish Red Potatoes Cole Slaw Rye Bread Cookies
Pineapple Tidbits	Peaches	Ice Cream Bars	11 VETERANS DAY	12 SOS Eggs Toast Juice Berries AT LUNCH TIME
8 Bratwurst Sauerkraut Potatoes W/ Bread	9 Chicken Strips Macaroni & Cheese Green Beans W/W Bread	10 BBQ Ribs Scalloped Potatoes Broccoli W/W Bread	CLOSED	19 Beef Tips Noodles Brussels Sprouts W/W Bread
Yogurt	Pears	Strawberries	18 BIRTHDAY DAY Turkey Potatoes Mixed Vegetables W/W Bread Cake	Jell-o
15 Pork Steak Rice Pilaf California Blend W/W Bread	16 Chicken Ala King Rice Fresh Vegetables Biscuits	17 Potato Soup Fresh Bread Juice	25 THANKSGIVING DAY	26 INDIAN DAY
Applesauce	Peaches	Fresh Fruit	CLOSED	CLOSED
22 Goulash W/W Bread Juice	23 Liver & Onions Potatoes Beets W/W Bread	24 Hamburger Patties Macaroni Salad Beans Buns Chips Sherbet		
Blueberries	Melons			
29 Chicken & Broccoli Alfredo W/W Bread Juice Orange Slices	30 Salisbury Steak Macaroni & Tomatoes Beans W/W Bread Ice Cream			
All meals are served with coffee, milk or tea.	Menu is subject to change.	BIRTH STONE: TOPAZ FLOWER: CHRYSANTHEMUM	HOURS: 8:00A.M.-4:30P.M. Lunch Is Served Monday-Friday 12:00P.M.-1:00P.M.	

ONEIDA ELDER SERVICES

GIFT SHOP

2907 OVERLAND ROAD

Oneida Elders Presents Handcrafted Items:

Floral Centerpieces

Crib Quilts

Indian Dolls

Beaded Jewelry

Baby Cloths

Teddy Bears

Adult Ribbon Shirts

Towels

Oneida Singers: Tapes and CD's

Native American Greeting Cards

Puzzles....Mugs....T Shirts

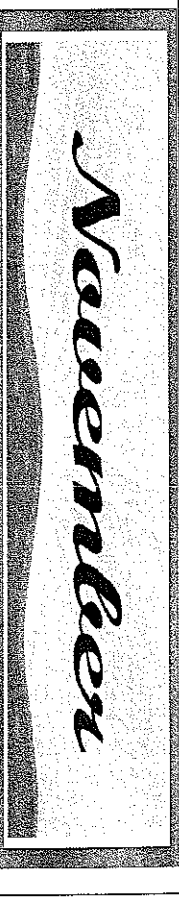
Fresh Popcorn, Water and Diet Soda

Stop In

Open Monday - Friday

8:00A.M. to 4:30 P.M.

Alzheimer's Support Group 2010



Monday	Tuesday	Wednesday	Thursday	Friday
~1~ Craft 9:30 A.M. to 11:00 A.M. PACE Exercise 11:00	2	~3~ Ice Game 9:30 A.M. to 11:00 A.M. PACE Exercise 11:00	4	5
8 UNO/Cards 9:30 A.M. to 11:00 A.M. PACE Exercise 11:00	9 No Group	~10~ Tic Tac Bean Bag Toss 9:30 A.M. to 11:00 A.M. PACE Exercise 11:00	11 No Group	12 No Group
~15~ Exploring States 9:30 A.M. to 11:00 A.M. PACE Exercise 11:00	16 No Group	~17~ Oneida Language 9:30 A.M. to 11:00 A.M. PACE Exercise 11:00	18 No Group	19 No Group
~22~ Painting/Cards 9:30 A.M. to 11:00 A.M. PACE Exercise 11:00	23 No Group	~24~ Rummikub 9:30 A.M. to 11:00 A.M. PACE Exercise 11:00	25 No Group	26 No Group
~29~ Native American 9:30 A.M. to 11:00 A.M. PACE Exercise 11:00	30 No Group			
		Activities subject to change with out notice		

For More information contact Linda F. Douglas at 920-869-2448

* All activities assist clients to maintain physical and mental health

Identify Colors
 Number Sequences
 Brain Exercise
 Dexterity
 Memory
 Counting
 Socializing
 Identify Shapes
 Eye Hand Coordination
 Native American Culture



Every Grandparent has a story
to share.

—
Every Grandparent has hopes
and dreams for their grandchild.



Grandparents' *Legacy* Sessions

Create a beautiful *Legacy Memory Book* to pass down
to your grandchildren.

Wise Women Gathering Place

is honored to offer this 4 Session course to Grandparents in our community.

Join Us! Thursdays, November 4-December 2

(We will not meet on Thanksgiving Day)

9:00-11:00am

Held at Wise Women Gathering Place
2482 Babcock Road, Green Bay, WI 54313

Name: _____

Address: _____

City: _____

State: _____

Zip: _____

Phone Number: _____

Email (if applicable): _____

By signing below, I authorize Wise Women Gathering Place to use my photograph on their website or other official printed materials.

Please return this completed form to Wise Women Gathering Place, 2482 Babcock Rd, Green Bay WI 54313

Monday	Tuesday	Wednesday	Thursday	Friday
November 2010 ACTIVITIES				
1 Cards Elder Services 9:30 Pace Exercise Elder Services 11:00 Bingo Senior Center 1:00	2 Crafts Elder Services 9:30 - 11:30	3 Oneida Language Elder Services 9:30 Pace Exercise Elder Services 11:00 Bingo Hwy H 1:30	4 Dollar General Seymour 10:00 Wii Bowling Elder Services 1:00	5 Banks, Shopping, Lunch Out (on your own) 10:00 – 3:00
8 Yahtzee Game Elder Services 9:30 Pace Exercise Elder Services 11:00 Bingo Site II 1:00	9 Crafts Elder Services 9:30 - 11:30	10 ICE IT Game Elder Services 9:30 Pace Exercise Elder Services 11:00 Bingo Hwy H 1:30	11 OFF OBSERVANCE OF VETERANS DAY	12 Banks, Shopping, Lunch Out (on your own) 10:00 – 3:00
15 Rummikub Game Elder Services 9:30 Pace Exercise Elder Services 11:00 Bingo Senior Center 1:00	16 Crafts Elder Services 9:30 - 11:30	17 Oneida Language Elder Services 9:30 Pace Exercise Elder Services 11:00 Bingo Hwy H 1:30	18 Cooking Elder Services 9:30 Birthday Lunch 12:00 Wii Bowling Elder Services 1:00	19 Banks, Shopping, Lunch Out (on your own) 10:00 – 3:00
22 Scrabble Game Elder Services 9:30 Pace Exercise Elder Services 11:00 Bingo Site II 1:00	23 Crafts Elder Services 9:30 - 11:30	24 Banks, Shopping Lunch at Senior Center Bingo Hwy H 1:30	25 OFF OBSERVANCE OF THANKSGIVING DAY	26 OFF OBSERVANCE OF INDIAN DAY
29 Shuffle Board Elder Services 9:30 Pace Exercise Elder Services 11:00 Bingo Senior Center 1:00	30 Crafts Elder Services 9:30 - 11:30		<i>*Is this your Birthday Month?</i> <i>*You must sign up in the Birthday Book at Senior Center, Main Office.</i> <i>*Must be present to receive your gift card.</i>	<i>*Please sign up for trips at Senior Center Main Office.</i> <i>*All trips leave from Senior Center.</i>

If you have any questions Please call Michelle at 869 – 2448

**Activities due to change without notice.*



ELDER CHRISTMAS PARTY

Oneida Community Area

FRIDAY; DECEMBER 17th, 2010
SENIOR CENTER - MEAL SITE
11:00 – 3:00
No Cost

**** For Elders 55 and over; Elder must be able to assist themselves. Sorry no care givers.***

****Limited to the first 90 Elders.***

****Elders will need to sign up in person, for themselves only, at the Senior Cener - meal site.***

**** No Children allowed.***

****Local Elders only.***

*****Sign up will begin on November 8th, 2010*****

Any questions contact: Joyce Ann Hoes or Michelle Cottrell
920-869-2448



	s	n	o	w	f	l	a	k	e	v	i	e	q	e	v	i	v	r	u	s	c
N	l	f	g	a	r	c	o	n	s	e	r	v	a	t	i	o	n	g	g	i	h
O	l	k	l	s	o	g	n	i	f	f	u	t	s	r	g	i	v	i	n	g	i
V	a	e	w	t	h	a	n	k	s	y	q	u	r	s	t	h	w	r	i	n	l
E	b	z	a	e	c	r	e	r	r	u	r	z	b	o	n	h	l	e	i	g	d
M	w	e	v	i	m	g	z	e	e	i	e	k	l	e	k	s	e	y	s	n	r
B	o	l	p	l	e	t	n	n	m	a	n	z	o	n	a	x	a	a	h	i	e
E	n	b	i	u	u	e	w	o	n	i	e	t	o	n	b	n	z	r	o	s	n
R	s	i	n	u	m	f	e	r	m	o	w	o	c	d	e	d	s	p	v	s	f
	z	i	n	x	y	p	i	k	s	g	a	g	i	c	a	l	w	e	e	e	t
2	c	w	e	t	b	z	k	t	o	m	l	s	s	c	a	r	f	o	l	l	a
0	r	q	d	e	k	r	o	i	u	l	a	s	t	o	o	b	f	l	o	b	h
1	e	m	a	v	e	r	x	z	n	a	l	i	m	e	r	u	t	u	f	d	g
0	a	g	r	b	c	m	n	j	r	p	e	t	a	f	a	l	l	e	e	c	i
	t	f	a	m	i	l	y	d	m	h	i	b	t	t	s	e	v	r	a	h	t
	u	u	p	o	m	i	r	e	d	i	c	e	l	p	p	a	n	i	g	l	s
	r	j	r	o	l	e	b	a	n	r	o	c	i	k	e	f	m	v	e	g	o
	e	m	q	o	x	z	c	r	i	m	a	s	s	a	r	g	s	r	i	j	r
	s	o	v	i	m	y	e	k	r	u	t	q	v	l	e	a	f	u	a	g	f
	q	e	b	n	e	r	u	t	a	n	h	a	n	e	v	r	e	s	b	o	c

apple cider

beans

beautiful

blessing

boots

children

coat

conservation

cool

corn

creatures

earth

fall

family

frost

future

giving

grass

harvest

hat

ice

leaf

love

nature

observe

parade

prayer

pumpkin pie

renewal

scarf

shovel

snowballs

snowflake

stuffing

survive

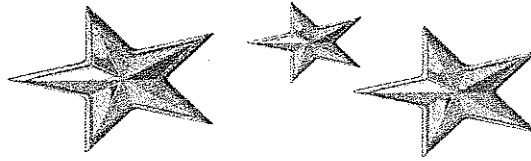
thanks

turkey

waste

wood

By Noreen Smith, Summer VISTA Worker



ELDER BENEFIT SPECIALIST

2010 Marks the 25th anniversary of the Wisconsin Association of Benefit Specialist (WABS), and Governor Doyle recognized the important work that Elderly Benefit Specialist conduct by proclaiming June 2010 as the **Elderly Benefit Specialist Month**.

The Benefit Specialist is responsible for assisting older persons in gaining access to benefits, entitlements and legal rights. Benefit Specialist are provided legal backup providers who are responsible for providing direct legal services under the Older Americans Act, using Title III-B State funds. Our Legal backup provider is the Wisconsin Judicare.

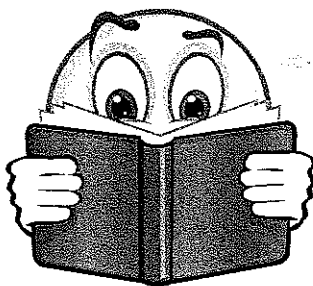
Benefit Specialist shall offer information, advice and assistance to older individuals related to individual eligibility for, and problems with, public benefits and services and to health care financing, insurance, housing and other financial and consumer concerns.

Kudos goes to our **Benefit Specialist, Angela Ortiz** for doing a great job.

So if you see Angela, thank her and congratulate her for a job well done.

Thank you for all the work that you do.

Yaw'ko



Do You Like Adventure!
Escape from Work Related Stress!
Need An Hour!
Read!

Come check out the library at Oneida Elder Services
Wide variety of books from Native American, Crafts,
Biography's, Romance and much more!

Hours: Monday – Friday 8:00 A. M. to 4:30 P. M.

Noel Cleven,
Thank you for the beautiful basket of apples.
They were delicious!!
Florence Petri, Director and Staff at Elder Services!

YawA·kO

Leaf Mulching

Grass Cutting List will be first; then we will be mulching
leaves for Elders 70 years and older is our priority.

Not on the list.

Call Oneida Elder Services:
920-869-2448 ask for Cheryl Ault



A decorative border of small black umbrellas surrounds the text. There are 15 umbrellas along the top and bottom edges, and 10 umbrellas along each of the left and right edges.

Warshing

NEVER THOUGHT OF A "WASHER" IN THIS LIGHT BEFORE...WHAT A BLESSING!

**"WARSHING CLOTHES RECIPE---IMAGINE HAVING A RECIPE FOR THIS!!!
"YEARS AGO AN ALABAMA GRANDMOTHER GAVE THE NEW BRIDE THE
FOLLOWING RECIPE: THIS IS AN EXACT COPY AS WRITTEN AND FOUND
IN AN OLD SCRAPBOOK...WITH SPELLING ERRORS AND ALL**

WARSHING CLOTHES

Build a fire in backyard to heat kettle of rain water. Set tubs so smoke wont blow in eyes if wind is pert. Shave one hole cake of lie soap in boilin water.

Sort things, make 3 piles

1 pile white,

1 pile colored,

1 pile work britches and rags.

To make starch, stir flour in cool water to smooth, then thin down with boiling water.

Take white things, rub dirty spots on board, scrub hard, and boil,

Then rub colored don't boil just wrench and starch.

Take things out of kettle with broom stick handle, then wrench, and starch.

Hang old rags on fence.

Spread tea towels on grass.

Pore wrench in flower bed.

Scrub porch with hot soapy water.

Turn tubs upside down.

Go put on clean dress, smooth hair with hair combs....

Brew cup of tea, sit and rock a spell and count you blessings.

REQUESTS for SERVICE

To ensure adequate and efficient delivery of services to Elders in a timely manner all Requests for Service are to be referred to the Services Coordinator. The Services Coordinator will prepare an Initial Contact Form (ICF), and refer the request to the appropriate Department supervisor, who will in turn, delegate the proper staff personnel for each individual request.

- Appointments of any kind must be given a twenty four (24) hour notice.
- Responses to requests will be handled as soon as possible or within a 24 hour period, providing that the service and /or staffing is available.
- Alternate resources will be utilized as well as new services pursued, if there are a large number of requests.
- Any anticipated delays will be documented with appropriate notification to the requestor.
- Follow-up by the Elder Service Coordinator will be done to make certain that services were completed satisfactory on the fourth (4th) day.
- Same day service may be provided depending on the information given and the urgency. The decision will be at the discretion of the supervisor.
- Service area is Reservation only within Brown and Outagamie Counties

Our policy is to serve seniors who are 70 years and older, and those who are 55 to 69 years of age that are disabled or handicapped, and living alone or have serious health and safety issues.

Our priority for serving this age group (55 to 69) would be an immediate emergency, economic or health, and/or safety issues. If emergency service is needed which is usually handled by another area or vendor outside of the Oneida Nation, please call the Elder Services Coordinator at (920) 869-2448. Every effort will be made to meet the needs of the Elders in this age group.

Unless Elder Services makes any referrals, on behalf of the requesting individual(s), this department will NOT be responsible for any of the charges incurred.

We provide a 24 hour answering service that effectively relays messages to the appropriate staff member after our regular office hours and on the weekends as well.

To view this Standard Operating Procedure in its entirety, please feel free to call Oneida Elder Services.

Our telephone number 920-869-2448, office hours are from 8:00 A.M., to 4:30 P.M., Monday through Friday.

Identifying Our Needs: A Survey of Elders

I want to thank you for agreeing to be interviewed regarding the health and social needs of our elders. We place great value on our elders and we are hoping that these interviews will help us to better understand the needs of the elders in our community. Please be assured that all of your responses are confidential. Your name will not be attached to any of your responses.

The confidentiality of enrolled members and Tribal data is of the utmost importance; therefore, the data for this survey will be collected anonymously by staff from Elder Services. The data will be stored at the National Resource Center on Native American Aging located at the University of North Dakota School of Medicine and Health Sciences in a locked file cabinet and destroyed after a period of ten years. The National Resource Center on Native American Aging (NRCNAA) is supported by a cooperative agreement from the Administration on Aging (AoA), which allows us to offer the needs assessment and our services at no cost to participants.

We are coordinating the needs assessment for our area with technical assistance from the National Resource Center on Native American Aging (NRCNAA). The data is for local use identifying the needs of our elders. This allows us to compare our data with national data to determine whether disparities exist between the elders of our community and the nation. Results from the survey will be used to document and plan for means to address needs in our community. This is a nationwide effort supported by the National Resource Centers on Native American Aging.

We have surveyed 295 elders on the reservation, out of 325 surveys. These surveys will be sent to the National Resource Center of North Dakota for analysis. Once we receive the analysis, the results will be used to write a proposal for a three year grant. This is a Title VI Grant for Native Americans. The purpose of Title VI is to promote the delivery of supportive services, including nutrition services to American Indians, Alaskan Native, and Native Hawaiians that are comparable to services provided under Title III, which serves non-Tribal and Tribal elders.

As always, we are thankful for your participation and hope the interviewing experience was pleasant and positive as you help your community elders.

Yawá·ko

Florence Petri, Program Director
Elder Services

Alzheimer's Discovery Group

Have you noticed any of these warning signs?

1. Memory changes that disrupt daily life.
2. Challenges in planning or solving problems.
3. Difficulty completing familiar tasks at home, at work or at leisure.
4. Confusion with time or place.
5. Trouble understanding visual images and spatial relationships.
6. New problems with words in speaking or writing.
7. Misplacing things and losing the ability to retrace steps.
8. Decreased or poor judgment.
9. Withdrawal from work or social activities.
10. Changes in mood and personality.

Fact: Alzheimer's Disease is the most common neurodegenerative disorder for individuals aged 65 years or older currently affecting 5.5 million individuals in the United States.

For more information call
Oneida Elder Services ~ 920-869-2448

Ask for Linda F. Douglas

Early Detection Matters

GLNAEA

**Great Lakes Native American Elders Association
Sponsored by Menominee Tribe**



**December 2nd & 3rd, 2010
Menominee Hotel, Highway 47/55,
DuQuain Road, Keshena**

All elders who need a ride to GLNAEA, please sign up and make payment at the Oneida Senior Center (Meal Site) by Wednesday, November 10, 2010. We have made arrangements for 10 people and will be using our tribal van. Payment must be received at sign-up. Participants must be independent, (able to help themselves) and be in good health (to prevent spread of health problems). We will be staying at the Menominee Hotel and the cost is \$33.00 per person. We will leave the Senior Center (Meal Site) at 12:30pm on Thursday, December 2nd. Any questions please call Oneida Elder Services at (920)869-2448 or Oneida Senior Center at (920)869-1551. Thank you.

Next 2011 Meetings: To be announced



National Indian Council on Aging Senior Community Service Employment Program

Conference
August 23 – 27, 2010

Senior Community Service Employment Program (SCSEP) and 164 new participants added to the American Recovery and Reinvestment Act (ARRA) project in the second and third quarters ending March 31, 2010

In addition to exceeding enrollment targets to the third quarter, successes include grant performance goals for Employment Earnings and Employment Retention by participants who found jobs outside Senior Community Service Employment Program.

The highest performing National Indian Council on Aging (NICOA) and Senior Community Service Employment Program (SCSEP) state project is Wisconsin managed by Deleana Other Bull and Staffed by Employment Specialist Aleta Fish (Menominee and former Senior Community Service Employment Program (SCSEP) participant).

The Wisconsin project, which operates out of a new office in Keshena owned by Menominee Indian Tribe of Wisconsin, is exceeding its grant performance goals or community service, entered employment retention and service level.

Program Manager Other Bull and Specialist Fish have been employed by National Indian Council on Aging (NICOA) since the fall of 2009.

Enrollment of additional participants to fully expend funds in the FY 09 grant and finding jobs for participants in a challenging economy are the highest priorities for National Indian Council on Aging (NICOA). To accomplish these ends, Senior Community Service Employment Program (SCSEP) management will provide intensive training for staff on job search, job development and partnering with small businesses to create training internships and monitor closely the management of state projects regarding recruitment and enrollment of eligible participants and development of new host training sites.

National Indian Council on Aging (NICOA) will also initiate a toll-free number for Senior Community Service Employment Program (SCSEP) and create public service announcements for Arizona, California and Oklahoma where increased enrollments are especially needed.

Staff recognized were: Margie Marion, Aleta Fish, Gwen Chomyn and Elder Services Title V employee Roberta Young.

Meal Site Presenters: Dawn Krines-Glatt & Jenny Berna

Health Promotion Specialist

Oneida Health Promotion

Topic: Health Promotion / Disease Prevention Services

Time: 12:00 P.M. (15-30 minute presentation)

Date: Wednesday, November 10, 2010

Place: Senior Center / Meal Site

134 Riverdale Drive

Oneida, WI 54155

Contact: Debi Melchert, NAFCG

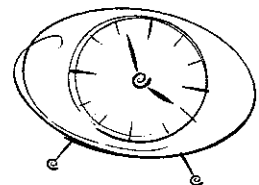
Oneida Elder Services

Telephone: 920-869-2448 Ext. 6834



Daylight Saving Time

Sunday, November 7, 2010



ONEIDA ELDER SERVICES

ENROLLMENT FORM

DATE: ____/____/____

NOTE: The State & Federal Governments have requested that we collect the following information on individuals who receive our services. The information may be used to justify continued funding of our programs.

Name _____ Phone Number (____) _____

Address _____ Social Security Number Last four digits ____/____

City _____ State _____ Zip Code _____ County _____ DOB ____/____/____

OUR PROGRAM POLICY FOR SERVICES is as follows: 1) Elder aged 70 years and older. 2) Elders aged 55-69 years of age that are disabled/handicapped, living alone. 3) Elders aged 55-69 years of age, with health/safety issues. The elders that are listed are our priority.

Please check the appropriate responses:

Martial Status: ____ Married ____ Single ____ Widowed ____ Divorced

Maiden Name: _____

Veteran: ____ Yes ____ No

Living Arrangement: ____ Live Alone ____ Lives with Spouse ____ Lives with others* ____ How many

Do you: ____ Rent ____ Own

Race: ____ Native American ____ Caucasian ____ Latino ____ Asian ____ African American

Tribal Affiliation: _____ Enrollment Number: _____

General Health Status: ____ Excellent ____ Good ____ Fair ____ Poor*

*If Poor Please List Health Condition: _____

Do You Currently Have Any of the Following?

Guardianship _____ Power of Attorney for Health _____ Power of Attorney for Finances _____

Representative Payee for Social Security _____ Medicare _____ Medicaid _____

In Case of an Emergency Contact: Name: _____

Phone Number: (____) _____

Relationship: _____

The above information is correct to the best of my knowledge. Any false statements on any part of the enrollment form are grounds for denial of services. All of the information on the enrollment form is confidential and will not be released to any persons unless I have signed an authorization form for release of information. This enrollment form becomes the property of the Oneida Elder Services.

_____/____/____

Please Return: Oneida Elder Services Complex

ATTEN: Service Coordinator

P.O. Box 365

Oneida, WI. 54155

