

DRUMS ACROSS ONEIDA

Oneida Elder Services
2907 South Overland Rd.
Oneida, WI 54155
Phone: 920-869-2448
Fax: 920-869-1824



Senior Center-Meal Site
134 Riverdale Dr.
Oneida, WI 54155
Phone: 920-869-1551
Fax: 920-869-1526

O'zhótsli? Wahní·tále?

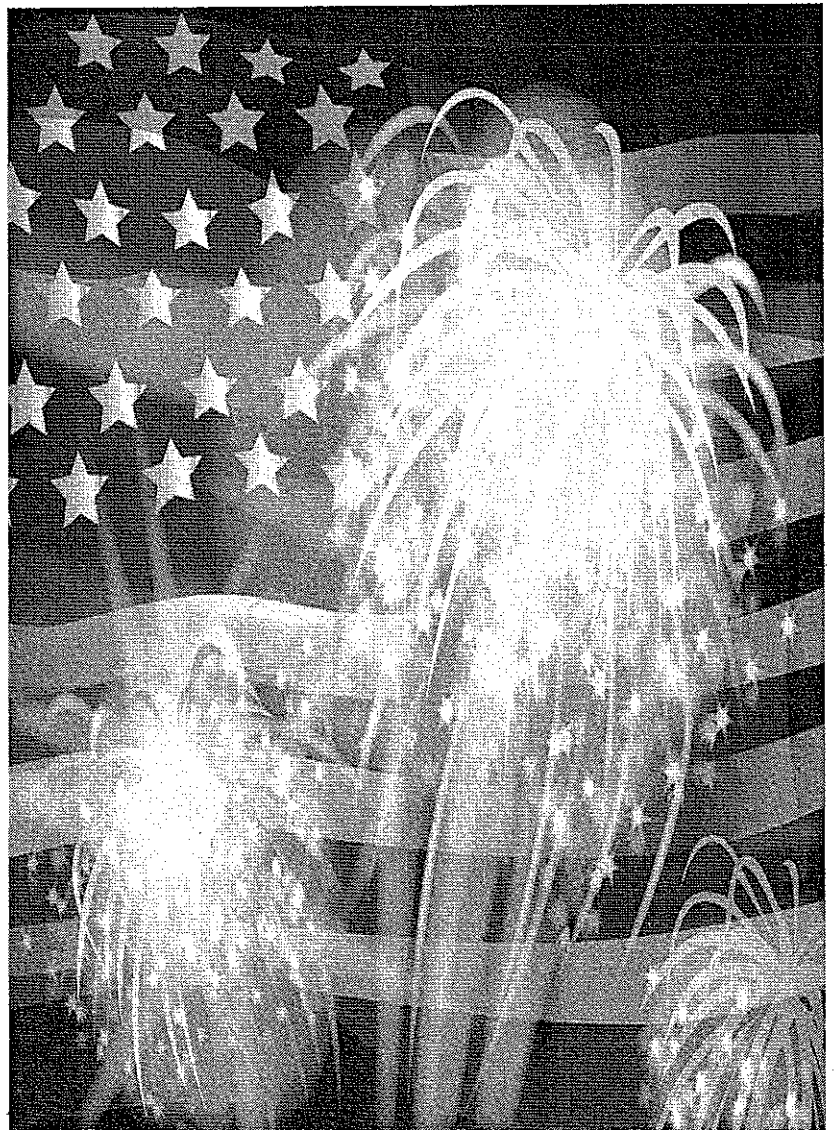
Green Bean Moon

July 2012

Old Glory

I am the most famous icon on earth,
on display all over the world...
standing guard at majestic official buildings,
in courtrooms, churches,
and even on the moon.
I fly from the houses
of families who revere America,
and snap in the breeze on parade.
I stand for freedom, honor, justice,
service, prosperity and power.
My stars and stripes—my red, white and blue,
evoke respect and admiration from the good,
apprehension and fear from the evil.
Sometimes soiled and tattered,
even bloodstained,
I survived the grinding toil of wars,
urging my weary warriors to fight on.
I lie precisely folded,
held by mothers of fallen soldiers
as their fingertips caress me
for comfort and strength.
I am invincible.
I have been burned, spat upon,
trampled and cursed,
but I overcome all
to unfurl, soar, and inspire again.
I am the Star Spangled Banner;
I am Old Glory;
I am the American Flag,
a symbol of freedom, forever.

- By Joanna Fuchs



MENU

JULY

2012

ONEIDA SENIOR CENTER, 134 RIVERDALE DRIVE, ONEIDA, WI., 54155 PHONE : 1-920-869-1551

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chop Suey Rice Biscuits Juice Custard	3 Taco Soup W/W Bread Chips Fresh Vegetables Peaches	4 CLOSED IN OBSERVATION OF INDEPENDENCE DAY	5 Pork Roast Wild Rice Broccoli & Cauliflower W/W Bread Pudding	6 Fish Red Potatoes Cole Slaw Rye Bread Jell-O
9 California Blend Cheese Soup Peanut Butter & Jelly Sandwiches Juice Whip & Chill	10 Hamburger Patties Potato Salad Beans Buns	11 Chef Salad Ham, Turkey, & Egg Cottage Cheese Dinner Rolls Juice Blueberries	12 Hot Beef Sandwiches Mashed Potatoes Mixed Vegetables W/W Bread	13 Baked Chicken Stuffing Cranberries Mixed Vegetables W/W Bread Cookies
16 Sloppy Joes Macaroni Salad Beans Buns Fresh Vegetables Jell-O	17 Roasted Vegetables W/Noodles & chicken W/W Bread Juice	18 Ring Bologna Sauer Kraut Potatoes W/W Bread Juice Applesauce	19 B B Q Ribs Scalloped Potatoes Mixed Vegetables W/W Bread	20 Fish Oven Brown Potatoes Cole Slaw Rye Bread Yogurt
23 Boiled Dinner Fresh Bread Juice	24 Pizza Calzone Salad Garlic Bread Juice	25 Ham, Turkey & Chicken Wraps Tomato, Lettuce & Cheese Chips	26 BIRTHDAY DAY Turkey & Gravy Potatoes Mixed Vegetables W/W Bread Juice Cake	27 Lasagna Salad Garlic Bread Juice Peaches
Pudding 30 Chicken Strips Macaroni & Cheese Green Beans W/W Bread Melons	Ice Cream 31 Tomato Soup Egg Salad & Ground Bologna Sandwiches Juice Sherbet	Yogurt		
All meals are served with coffee, milk, tea or water	Menu is subject to change.	BIRTH STONE: RUBY FLOWER: LARKSPUR	HOURS: 8:00A.M.-4:30P.M. Lunch Is Served Monday-Friday 12:00P.M.-1: 00P.M.	

ONEIDA ELDER SERVICES CENTER

Supportive Service activities target both the home and community. The intent is to assist our elders in maintaining their independence for as long as effectively possible. Each week, for 52 weeks a year, Oneida Elder Services staff contributions help to carry out this intent.

Services provided in our elders homes range from assisting with personal care and grooming, companionship while a caregiver leaves to take care of personal business. Services include transportation, home delivered meals, cleaning, home maintenance, grass cutting and snow plowing.

Services provided outside the home include a variety of services. Phone calls are made to elders during inclement weather to assure that the frailest are safe and also made during the month to ask how the elder is doing (well check calls) and/or to chat a little. Our Benefit Specialist assists with understanding benefits from outside and inside the Oneida Tribe. Our Activities Coordinator works with entities inside and outside the Tribe in providing socialization and education to assist in improving mental and physical health. Outreach workers identify elders eligible for services, provide information about eligible services and encourage elders to use existing services. The "DRUMS Across Oneida" newsletter assists in providing information about services, updates, events, etc. The Congregate meal site provides one meal a day based on USDA/DHHS dietary guidelines.

During inclement weather chore and maintenance crews are on the roads heading to elder homes to make sure that driveways are clear in the event of a medical emergency. They assure that those that may have serious health conditions are prioritized and able to receive any emergency assistance that may be needed. These workers are out in weather that is cold and harsh during the winter and excruciatingly hot during the summer.

First Aid and CPR training is mandatory for staff attending to our elder's needs. There have been times when staff have arrived to find an elder in an emergency medical condition. Staff will stay with the elder until help arrives.

Elder Services appreciate the staff and services that they provide to help assure that the elders have a good quality of life. We take pride in recognizing and acknowledging the good work and all contributions big and small. Please feel encouraged to give them a wonderful thank you for their dedication.

Aaron Cornelius, WORKER-HOME CHORE
Barb Skenandore, HELPER-ELDER
Carol Bogda, WORKER-RESPIRE CARE
Claudia Skenandore, MGR-OFFICE
Corinne Robelia-Zhuckkahosee, MGR-ELDER APARTMENT
Debi Melchert, COORD-NAFCG OUTREACH
Evadna Anderson, COOK
Hank Jourdan, WORKER-HOME CHORE
Jeanette Teller, Title V
Joyce A Hoes, SUPER-TRANSPORTATION
Judith Bozeman, DRIVER-HOME MEALS
Kristine Hughes, ASST-ADMINISTRATIVE II
Laneva Hill, Office Assist Title V
Lisa Huff, WORKER-HOME CHORE
Loretta Mencheski, SUPER-HEAD COOK
Marena Pamanet, HELPER-ELDER
Nicole Mitchopatow, WORKER RESP CARE
Robert Lagest, COORD-HOME REPAIR
Rose Cordova, Greeter Title V

Angela Ortiz, SPEC-BENEFIT
Brenda Jorgenson, COOK
Cheryl Ault, SPEC-ELDER SERVICES
Clifton Cornelius, HELPER-ELDER
Dan Borgstrom, ASST-ELDER
Denise Johnson, WORKEROUTREACH
Geno Danforth, WORKER-HOME CHORE
Jan Herwald, Office Assist Title V
Joanne, Close, WORKER-IN HOME CHORE
Joyce A Johnson, SUPER-ELDER ABUSE
Justine Hill, SUPER-MAINTENANCE
Kurt Denny, E.T. WORKER-HOME CHORE
Les Cornette, WORKER-HOME CHORE
Lloyd Davis, WORKER-HOME CHORE
Lorleen John, WORKER-IN HOME CHORE
Michelle Cottrell, SPEC-ACTIVITY
Pat Beilke, COOK
Roberta Young, Assistant Title V
Sandy Summers, WORKER-OUTREACH

****Yaw'ko from Florence Petri, Program Director and Tina Pospychala, Assistant Program Director****

JULY 2012 ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
*Activities due to change without notice.				
2 Quiddler Game Elder Services 9:30 Exercise Elder Services 11:00 Dollar Store Seymour 1:00	3 Crafts Elder Services 9:30 – 11:30	4 OFF - No Activities Observance of 4 th of July	5 Concert in the Park Green Bay "Patriotic" Music 11:00 – 2:00 (lunch on your own)	6 Banks Shopping Lunch Out (on your own) 10:00 – 3:00
9 Rummikub Game Elder Services 9:30 Exercise Elder Services 11:00 Wii Bowling Elder Services 1:00	10 Crafts Elder Services 9:30 – 11:30	11 Oneida Language Elder Services 9:30 Exercise Elder Services 11:00 Bingo Senior Center 1:00	12 Shopping Fox River Mall Appleton (Lunch on own) 10:00	13 Banks Shopping Lunch Out (on your own) 10:00 – 3:00
16 Yahtzee Game Elder Services 9:30 Exercise Elder Services 11:00 "Green" Cleaning Demo Elder Services 1:00	17 Crafts Elder Services 9:30 – 11:30	18 Pass the Pigs Game Elder Services 9:30 Exercise Elder Services 11:00 Bingo Senior Center 1:00	19 Salvation Army Store Green Bay 9:30 Oneida Farmer's Market "Bash" 1:00	20 Banks Shopping Lunch Out (on your own) 10:00 – 3:00
23 Apples to Apples Elder Services 9:30 Exercise Elder Services 11:00 Wii Bowling Elder Services 1:00	24 Crafts Elder Services 9:30 – 11:30	25 Oneida Language Elder Services 9:30 Exercise Elder Services 11:00 x-mas in July Bingo (bring new \$2.00 wrapped gift) Senior Center 1:00	26 Price is Right Elder Services 9:30 Birthday Lunch 12:00 Oneida Family Fitness Center 1:00 - 3:00 Must have membership Free over 70	27 Banks Shopping Lunch Out (on your own) 10:00 – 3:00
30 Quirkle Game Elder Services 9:30 Exercise Elder Services 11:00 Movie Elder Services 1:00	31 Depere Farmer's Market & Bread Store 9:30 – 11:30		*Please sign up for trips at Senior Center Main Office. *All trips leave from Senior Center.	*Is this your Birthday Month? *You must sign up in the Birthday Book at Senior Center, Main Office. *Must be present to receive your gift card.

****If you have any questions please call Michelle at 869-2448****

Waʔtkwanuhwela·tú·

In the Oneida Language, Waʔtkwanuhwela·tú· means “*We all extend our congratulations to you!*”

Oneida Elder Services would like to congratulate Program Director Florence Petri on recently being elected as Vice Chair of the Wisconsin Tribal Aging Directors Association. This association consists of the Aging/Elder Director of each federally recognized tribe in the State of Wisconsin.

The mission of the Wisconsin Tribal Aging/Elder Directors' Association is to increase, enhance and identify funding sources for elderly services, create communication avenues and advisory roles to elderly services funding and create a forum where tribal organizations can share ideas and concerns with other tribes.

Yaw·ko Florence and the rest of the WTADA for dedicating yourselves to better the services we offer to our Elders!



*****ATTENTION ALL ELDERS 55+*****

Just a reminder of all the wonderful activities we have to offer.

Take a few minutes and check off the activities you'd be interested in.

- Friday's we go to the bank, shopping at Walmart & out to lunch
- Play Cards ○ Board Games: Uno, Scrabble, Rummikub, Yahtzee
- Crafts ○ Wii Bowling ○ People with Arthritis Can Exercise PACE
- Various Outings: Various Goodwill Stores, Farmer's Market & DePere Bread Store, Concert in the Park, Timber Rattler Game, New Zoo, Amish Shopping, Dollar Store in Seymour & Ice Cream stop, etc.
- Oneida Language classes by Randy Cornelius
- Birthday Lunch at the Senior Center (1x monthly) must sign-up & be present to receive a \$5.00 Walmart gift card & enjoy 1 hour of music.
- Bingo Sessions at Senior Center, 3 Sisters Community Center, County H Recreation center, & Site 2 bldg. ○ Afternoon Movie with Popcorn!!
- Free Transportation (must call ahead) 920-869-2448

These are but a few of the many Activities planned by our

Activity Specialist "Michelle Cottrell"

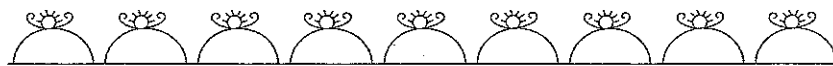
After you check the activities that peak your interests give us a call

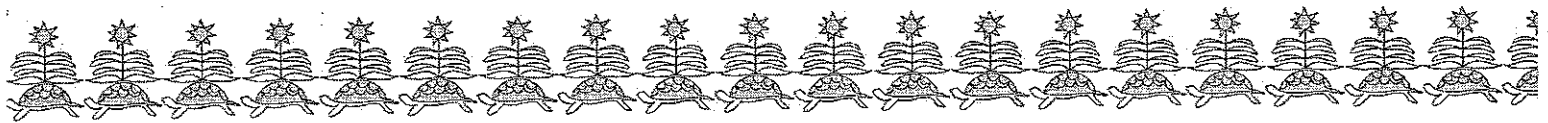
and we'll let you know when the activity is coming up.

All the activities are listed in a calendar in the Elder Newsletter:

"Drums Across Oneida"

***** COME IN AND SEE WHAT WE HAVE TO OFFER !!*****





Oneida Elder Services

Alzheimer's/Caregiver Support Group

Caregiver Voucher Program & Mid Stage Alzheimer's Disease

Presented by Debi Melchert, NAFCG/Coordinator

Wednesday July 25, 2012

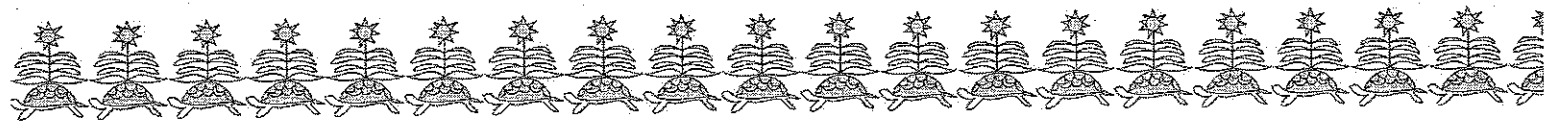
1:30-3:30 p.m.

Oneida Elder Services Complex

2907 S Overland Rd. Oneida, WI 54155

Contact: Debi J. Melchert, Native American Family Caregiver/Coordinator

Ph. 920-869-2448 Ext. 6834



Oneida Elder Services

Meal Site Presentation

"Native American Family Caregiver & Voucher Program

Presenter: Joyce Hoes, Transportation Supervisor

and Debi Melchert, NAFCG/Coordinator

Wed. July 19, 2012

During Lunch for 15 Min.

Oneida Senior Center, 134 Riverdale Dr. Oneida, WI 54155

Contact: Debi J. Melchert, Native American Family Caregiver/Coordinator

Ph. 920-869-2448 Debi @ Ext. 6834

Elder Services Public Hearing Notice

2013 – 2015 Oneida Tribal Aging Unit Plan for Older People
Your input is welcome and encouraged!

Date: July 26, 2012
Time: 12:30pm to 2:30pm
Where: Oneida Senior Center/Meal-site
134 Riverdale Drive
Oneida, WI 54155

For more information contact Florence Petri, Elder Services Director 2907 South Overland Drive
Oneida, WI 54155 920-869-2448

Save The Date

Yethino·lúkhwa? YukwakwΛná·ta?

We Love Our Elders
Elder Abuse Educational Conference
July 9-10, 2012
8:00 AM – 4:30 PM
Radisson Hotel and Conference Center
Green Bay, WI

This training event features:

- 2 keynote speakers with extensive working experience with the Oneida community
- 6 workshop presenters focusing on all areas of Elder Abuse
- A variety of resources from the State of Wisconsin
- Two working and networking lunches provided with State and National Speakers (Free)
- And Much More!!
- Please call Joyce Johnson or Daniel Borgstrom at Oneida Elder Services

(920) 869-2448 to register for this event

****Limited to the first 200 to register****

Health Care Information Presentation

Come learn about: Medicare & Indian Health Services / Contract Health

When: July 20, 2012
Where: Oneida Community Health Center
Conference Room
525 Airport Rd.
Oneida, WI 54155
Times: 10:00 AM – 12:00 PM & 1:00 PM – 2:30 PM

Presenters:

10:00 AM – 12:00 PM Angela Ortiz, Elder Services Benefit Specialist-
Medicare Part A, Part B, Advantage Plans, and Part B
1:00 PM – 2:30 PM Oneida Indian Health Services-
Contract Health Guidelines

A light snack will be provided. If you stay for an entire presentation you can enter in for a door prize.

If you have any questions please contact Angela Ortiz, Elder Benefit Specialist at (800) 867-1551 or (920) 869-2448.

Oneida Elder Services

"Medication: Reviews, Relating to Safety and Falls"

Special Guest Speaker:
James Poels RHP/ Director of Pharmacy
Oneida Community Health Center

Date: Tuesday, July 31, 2012
Time: During Meal @ 12:10 P.M.
Duration: 15-30 min.
Place: Oneida Senior Center,
134 Riverdale Dr. Oneida, WI 54155

For more information please feel free to contact Debi J. Melchert / NAFCG Native American Family Caregiver Coordinator Ph. 920-869-2448 Ext 6834

Elder's Meditation of the Day - June 5

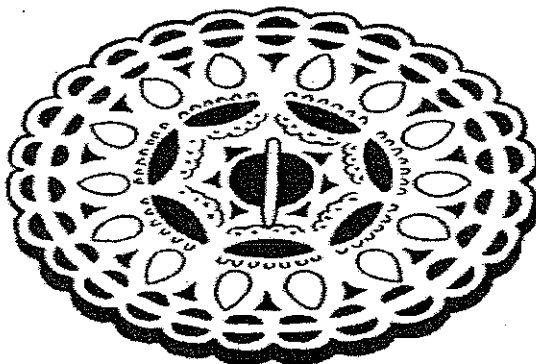
"It is not through the great skill of the hunter himself that success is achieved, but through the hunter's awareness of his place in Creation and his relationship to all things."

-- Thomas Yellowtail, CROW

If only the human being could understand the power of proper relationships, the need for power and control could be abandoned. It's not what is going on that matters, but how we look at what is going on.

It's our relationship to it that counts. Nothing in the world has any meaning except the meaning we give to it. To be more effective at this, we need to consider our relationship with the Creator. Our relationship to the Great Spirit determines how we will perceive the meanings we put to places, people, institutions, and things. We need to let the Creator tell us and guide our thoughts about these relationships. Any relationship that we have that is causing problems means we need to pray for a new point of view.

Creator, let me see the world and the people through your eyes.



Maintenance

Justine Hill, Maintenance Supervisor

How to Stay Cool Without Air Conditioning: Five Simple Tricks

Sabrina Martin, Yahoo! Contributor Network

It's hot out there and you don't have air conditioning. What can you do? You need some ways to stay cool.

#1 way to stay cool without air conditioning.

Start out by making sure all the curtains are closed. If you have blinds on the windows, close them by flipping the slats up instead of down; this works to block out more sunlight and heat.

Keep unnecessary lights off. Lights produce heat and if you have lots of them on, your home can warm up quick. The same goes for TV's and computers, especially desktop computers with CRT monitors (the big boxy monitors). They produce a lot of heat, and if they're left on you're going to feel it.

#2 way to stay cool without air conditioning.

Avoid cooking with the oven as much as possible. This is especially the case during the day when it's the hottest outside. The oven puts off a tremendous amount of heat and can make your home even hotter. Try to prepare meals that don't require baking in the oven, or that you can prepare in the microwave. Another plus to this is that cold meals will help keep your body temperature down, while eating hot meals will make you even hotter.

#3 way to stay cool without air conditioning.

Avoid wearing tight clothing. Wear light fabrics such as cotton. It will allow your skin to breathe and won't trap as much body heat, so you'll stay a lot cooler. Another thing you can do to keep cool is wear a damp bandana on your head. If you're at home and have nowhere to go, this is an excellent way to stay cool if you don't have air conditioning.

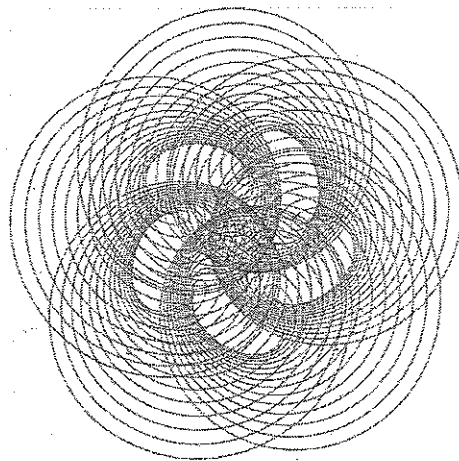
#4 way to stay cool without air conditioning.

Avoid hot beverages such as coffee and tea. Try drinking iced coffee or ice tea instead. The main thing is to make sure you are getting plenty of fluids, especially water. Put ice in your drinks to keep them even colder. Cold beverages is another great and important way to keep your body temperature down, and stay cool.

#5 way to stay cool without air conditioning.

You can also use a freezer pack instead of a bag of ice, or if you do not have sandwich bags or a freezer pack, put the ice in a bowl and place it in front of the fan. This is a really good way to stay cool without air conditioning.

As you can see you don't have to suffer in the heat just because you don't have air conditioning. With these suggestions, you'll stay cool all summer.



Green Cleaning for a Healthy Home and a Healthy You!

Join Jennifer Jordan, Injury Prevention Coordinator, as she teaches you how to make your own household cleaning products that are cheap, safe for the environment, and safe for you!

When: Monday, July 16th, 2012 from 1-3 pm

Where: The Elder Services Activity Room



Free Green
Cleaning Bag and
Supplies!



Sign up with
Michelle Cottrell
by July 6th to
reserve your
spot!

Questions? Contact Michelle Cottrell at 869-2448 or
Jennifer Jordan at 869-4850.

Nutrition Information

Volunteers Wanted

Meal Site is looking for volunteers, must be 55 years young; services needed are Assistance in the kitchen and delivering Meals on Wheels to homebound elders

If you would like to volunteer, please contact: Loretta Mencheski at 869-1551

Or you can stop by the meal site at 134 Riverdale Dr. Oneida, 54155.

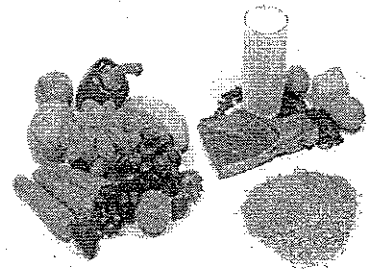
Attention All Participants of the Senior Center Meal Site:

We are looking to manage costs and quality improvement of our Meal Site program; therefore we ask that all participants who plan to come in please call the day before to reserve their meal. Reservations can also be made for the next day, week, or month by telling the meal check in person. For questions and reservations please call Loretta Mencheski at 920-869-1551,

No participant will be denied a meal

Upcoming Nutrition Advisory Council Meetings:

- When: July 20, 2012
- Time: 1:00 P.M.
- Where: Oneida Senior Center Meal Site



Yaw·ko

In the Oneida language, Yaw·ko means *Thank You!*

During these hard economic times, the generosity of our community members means so much, which is why Oneida Elder Services would like to send a very special thank you to the following individual(s):

- George Greendeer

ONCOA Meetings: July 17th & 24th

1:00 P.M. – 3:30 P.M.

Elder Services Conference Room

Fitness Center Information

On February 23, 2011, the Oneida Business Committee approved to decrease Oneida Enrolled Elder's fitness memberships to encourage use to increase their wellness.

Oneida Enrolled Elders (ages 55-69) can join Oneida Family Fitness for \$25 a year plus a \$25 new member joiner fee. This is a one time fee and is waived if renewed annually. Elders (ages 70+) can join at no cost!

Oneida Family Fitness encourages the Oneida Community to visit and tour their facility to see what programs and services we have to offer. We offer a variety of low impact aerobic and aquatic classes for all ages and abilities, such as arthritic, strength, and flexibility.

Our hours of operation are Monday - Thursday 5:30 a.m. - 10:00 p.m., Friday 5:30 a.m. - 8:00 p.m., Saturdays (seasonal-closed Memorial Day - Labor Day) 6:30 a.m. - 2:00 p.m.

For more information you may call Amy Griesbach at (920) 490-3918

ENGRAVE A PAVER

Oneida Nation Veterans' Memorial Park

Hwy 54 & Pleasant Way, Oneida, WI

Have a concrete paver engraved in a Veteran's honor!

The Oneida Veterans' Memorial Park memorializes the service of the Oneida Nation of Wisconsin to the United States of America through history. Donations and purchases to the park will assist in providing cultural and social activities that will enrich the Oneida community. If you care to make a cash donation to the park or purchase an engraved paver that will be laid in front of the granite slab at the park, please fill out the form below and mail or bring it to:

ONEIDA NATION VETERAN'S DEPARTMENT

P.O. Box 365, Oneida, WI 54155 (*mail*)

1240 Packerland Dr, Green Bay, WI 54304 (*bring it in*)

ORDER FORM

Oneida Nation Veterans' Memorial Park **Engraved Concrete Paver** or Cash Donation

Please fill out form completely and print legibly.

Name: _____

Address: _____

City/State/Zip: _____

Day Phone: _____ Email: _____

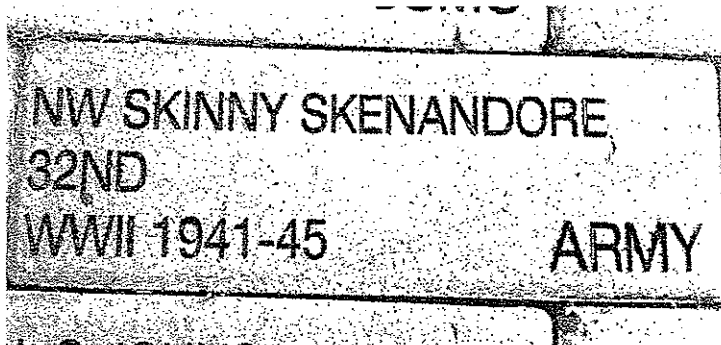
Please provide at least one form of contact. Both email and phone are encouraged.

PAVER – Name to be engraved

Name: _____

Division: _____

War/Years: _____



TIMBER RATTLERS

BASEBALL GAME

WHEN: Tuesday, August 21st, 2012

WHERE: TIMBER RATTLERS STADIUM,
APPLETON

WHAT: GAME – STARTS AT 12:00
FOOD – PICNIC STYLE at 11:00
Hamburgers, Brats and Hot Dogs
Potato Salad, Beans, Chips, Cookie and Soda.

COST: \$16.00 – Due at sign up no exceptions!
No refunds after July 15th.

***Sign up in person at Senior Center Main Office and **money due at the time of sign up.** Dead line for sign up is July 6th by 4:00. For more information please contact Michelle Cottell at 869-2448**

Only 14 tickets available. First come, First serve.

Only Elders 55 years and older and in good health are eligible to travel on this trip. (Those who are oxygen dependant, on medication that causes dizziness, disorientation, or those with high risk of heart attacks are ineligible to travel.)

****SORRY, NO MILWAUKEE BREWER GAME THIS YEAR****

Fourth of July

s	p	d	y	f	i	t	d	e	f	e	n	d	g	h	t	f	d	l	c
e	p	i	c	n	i	c	t	a	z	f	s	o	l	d	i	e	r	s	e
i	d	s	o	n	n	s	h	e	p	f	o	s	t	g	p	h	y	a	l
w	r	s	i	n	t	n	e	i	r	e	z	b	n	u	m	e	a	r	e
a	o	s	f	i	r	e	w	o	r	k	s	a	c	e	p	f	r	i	b
t	s	v	e	t	z	f	t	n	e	t	t	w	i	a	r	e	v	o	r
e	e	r	o	i	b	n	l	e	r	e	r	a	n	b	a	t	t	l	a
r	s	n	t	o	d	p	z	f	f	e	i	l	p	l	c	d	c	e	t
m	b	e	b	p	d	c	a	z	r	a	p	g	g	u	s	r	v	f	i
e	r	i	a	i	n	d	e	p	e	d	e	n	c	e	m	o	v	l	o
l	i	l	t	p	r	w	h	e	e	p	s	f	a	e	d	e	e	o	n
o	n	g	t	s	r	d	a	i	d	n	t	e	h	b	w	e	t	w	p
n	e	r	l	m	o	r	m	t	o	a	f	e	o	x	e	d	e	e	i
i	s	a	e	d	e	o	r	w	m	g	f	b	s	o	n	i	r	i	t
o	l	h	b	w	e	s	o	e	c	h	a	r	s	i	n	r	a	a	n
l	r	e	d	h	d	e	o	r	k	f	m	m	s	b	a	t	n	n	c
e	r	n	m	i	l	p	d	c	a	z	i	a	v	e	t	e	s	e	c
l	f	o	u	t	n	i	a	c	e	p	l	i	b	e	r	t	y	l	e
a	t	r	i	e	u	t	e	s	s	f	y	b	a	l	p	w	t	c	a
f	l	a	g	r	e	a	d	y	q	n	i	d	r	w	e	d	e	m	w

battle

fireworks

liberty

stripes

blue

flag

picnic

veterans

celebration

freedom

red

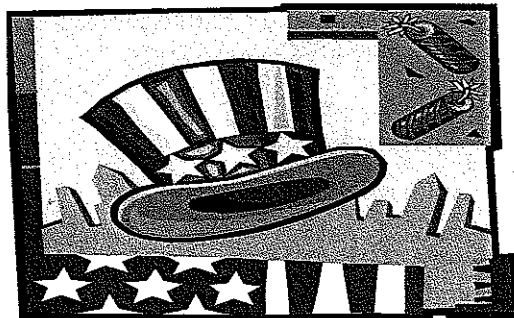
watermelon

family

independence

soldiers

white



KHUGHES@oneidation.org

A stylized illustration of a bowl of ramen. The bowl is filled with a dark liquid, likely broth, and contains several ingredients: a large, dark, curved piece of meat (possibly chashu), a green leafy vegetable (like scallions or spinach), and a cluster of small, round, light-colored items (possibly dumplings or eggs). A pair of chopsticks is shown lifting a piece of the meat. Above the bowl, three wavy lines represent steam rising from the hot food. The entire illustration is rendered in a high-contrast, black and white style with a grainy, stippled texture.

1. In a large bowl, mix the onion, cabbage, carrots, Greek yogurt, and pineapple. Season with salt and pepper, paprika, and garlic powder. Chill 30 minutes in the refrigerator before serving.

ONEIDA ELDERLY SERVICES
DATABASE FORM
DATE: ____/____/____

NOTE: The state and federal government have requested that we collect the following information on individuals who receive our services. This information may be used to justify continued funding of our programs.

Name _____ Phone Number (____) _____
Address _____ Social Security Number _____ / ____ / ____
City _____ State _____ Zip Code _____ County _____ DOB ____ / ____ / ____

OUR PROGRAM POLICY FOR SERVICES is as follows: 1) Elder aged **70 years** and older. 2) Elders aged **55-69 years** of age that are disabled/handicapped, living alone. 3) Elders aged **55-69 years** of age, with **health/safety issues**. The elders that are listed are our priority.

Please check the appropriate responses:

Martial Status: ____ Married ____ Single ____ Widowed ____ Divorced

Maiden Name: _____

Veteran: ____ Yes ____ No

Living Arrangement: ____ Lives Alone ____ Lives with Spouse ____ *Lives with Others**

Do You: ____ Rent ____ Own ____ *How Many Others**

Race: ____ Native American ____ Caucasian ____ Latino ____ Asian ____ African
American

Tribal Affiliation: _____ **Enrollment Number:** _____

General Health Status: ____ Excellent ____ Good ____ Fair ____ Poor*

***If Poor Please List Health Condition:** _____

Do You Currently Have Any of the Following: ____ Guardian ____ Power of Atty-Finances ____ Health ____
____ Medicare ____ Medicaid ____ Representative Payee ____ None of The Above

In Case of an Emergency - Please Contact

Name: _____
Phone Number: (____) _____
Relationship: _____

The above information is correct to the best of my knowledge. Any false statements on any part of the enrollment form are grounds for denial of services. All of the information on the enrollment form is confidential and will not be released to any persons unless I have signed an authorization form for release of information. This enrollment form becomes the property of the Oneida Elderly Services.

Signature _____ Date ____/____/____

Please Return to
Oneida Elderly Services Complex
Service Coordinator, P.O. Box 365
Oneida, WI. 54155