# DRUMS ACROSS ONEIDA

Oneida Elder Services 2907 South Overland Rd. Oneida, WI 54155 Phone: 920-869-2448

Fax: 920-869-1824



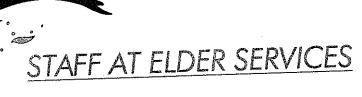
Senior Center-Meal Site 134 Riverdale Dr. Oneida, WI 54155 Phone: 920-869-1551

Fax: 920-869-1526

Wahsu tés Wahni tale?

Long Night Moon

December 2011



Florence Petri, Program Director Tina Pospychala, Assistant Program Director Joyce Johnson, Elder Abuse Prevention Supervisor Loretta Mencheski, Supervisor / Cook Claudia Skenandore, Office Manager Joyce A. Hoes, Transportation Supervisor Corinne Robelia-Zhuckkahosee, Apartment Manager Lisa Huff, Maintenance Supervisor

Carol Bogda...Pat Beilke... Hank Jourdan...Joanne Close Angela Ortiz...Rochelle Powless....Barbara Skenandore....K O Brenda Jorgenson...Roberta Young...Sandra Summers....Cheryl Ault...Judy Bozeman Evadna Anderson...Lois Strong....Richard Dodge...Linda Newton...Denise Johnson Cliff Cornelius...Rose Cordova....Donna Ineguez....Jeff Webster...Jan Herwald Nancy Torres....Geno Danforth....Robert La Gest...Les Cornette Danny Borgstrom...Linda Douglas...Lloyd Davis...Lorleen John...Marena Pamanet Jeanette Teller...Rjckie House...Michelle Cottrell...Debi Melchert....Mae Baxter Drivers: Cecil Rennells...Ben Misikin



MERRY CHRISTMAS

**Drums Contact:** 

Linda F. Douglas <> Telephone 920-869-2448 or 800-867-1551 E mail ldougls@oneidanation.org



# If Santa Were An Indian

At bedtime, kids would leave corn soup and fry bread for the big guy



Santa's new moccasins would be made out of Dasher



He would run around saying 'ayyy...' and 'shhh...' instead of 'ho, ho'



A five pound block of commodity cheese and day old bread would be under every tree

His elves would never show up for work on Mondays and sometimes on Fridays

The sleigh would need a jump start every other state and would have one donut tire

He would be able to navigate his sleigh by pointing his lips

According to Indian time, our gifts would arrive in February

# Merry Christmas

All meals are served with coffee, milk, tea or water	Peaches 26 CLOSED	Mixed Berries 19 Spaghetti Meat Sauce Garlic Bread Salad	Sherbet  12 Hot Dogs  Macaroni & Tomatoes  Buns  Peas & Carrots	5 Chili Fresh Bread Cucumbers Juice		MENU ONEIDA SEI
Mandarin Oranges  Menu is subject to change.	Pears  27 Chop Suey  Rice  Vegetable Platter W/Dip  W/W Bread	Jell-o 20 Bratwurst Potatoes Sauer-kraut W/W Bread	Peacnes 13 Beef Stew Biscuits Fresh Fruit Juice	ak les read		ONEIDA SENIOR CENTER, 134 RIVER
Jell-o W/Fruit BIRTH STONE: TURQUOISE FLOWER: NARCISSUS	28 Beef Tips & Noodles Mixed Vegetables W/W Bread Juice	Pineappies 21 Turkey & Gravy Potatoes California Blend Veggies W/W Bread	14 Chicken Salad Croissants Cottage Cheese Lettuce Vegetable Platter	7 Grilled Cheese Sandwiches Tomato Soup Juice	Merry Christmas	DECEMBER  134 RIVERDALE DRIVE, ONEIDA, W
Cake HOURS: 8:00A.M4:30P.M. Lunch Is Served Monday-Friday 12:00P.M1: 00P.M.	29 BIRTHDAY DAY Chicken Potatoes Dinner Rolls Green Beans Juice	22 Lasagna French Bread Salad Fruit Yogurt	15 Elder Christmas Party	8 Ham Scalloped Potatoes Green Beans W/W Bread Pears	Rice Pilaf Vegetables W/W Bread Ice Cream	201 WI., 54155 PHONE: 1-920-869-1551 Thursday Friday 2 Sloppy
Yogurt	30 Salisbury Steak Rice Mixed Vegetables W/W Bread	23 BREAKFAST ½ DAY Boiled Eggs & Sausage Toast Juice Fruit	16 Tuna Salad Lettuce, Cucumbers, Tomatoes Rye Bread Juice Berries	Red Potatoes Cole Slaw Rye Bread Yogurt	Beans Fresh Vegetables Buns Cookies	2011 869-1551 Friday 2 Sloppy Joe's

# Volunteers Wanted

# Oneida Elder Services

- Volunteer must be 55 years or older
- Various services volunteer(s) will work in are:
  - Minor home repairs such as moving, grass cutting, snow removal
  - In home chore such as general house keeping and organizing
  - Spending time with the Elder such as reading or visiting
  - Activities with elders such as games, cards or cooking
  - Meal Site assistance such as help in the kitchen, customer check in for meals or delivering Meals on Wheels (MOW=meals delivered to homebound elders).
  - Administrative work such as filing, inventory, computer projects and general office work.

- Volunteers may assist in Elder Services special events as requested.
- Volunteers may assist in recruitment of new volunteers and promoting the volunteer program.
- Volunteers are not approved to handle any money transactions.

#### Supervisor receiving request will:

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- Meet with volunteer to discuss if the duties and responsibilities are the best fit for both the supervisor and the volunteer. If supervisor and volunteer agree on responsibilities a Background Information Disclosure (BID) form will be completed and sent for approval.
- Supervisor will complete, with the volunteer, the remaining Volunteer Program forms and the applicable forms from an Elder Services new employee packet.

If you would like to volunteer please contact: Cheryl Ault at 869-2448 or 800-867-1551 Email Cheryl at cault2@oneidanation.org.

Cheryl will complete an ICF and forward to the appropriate Supervisor, taking into account any special skills and interests the volunteer might have.

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No Activities OFF Christmas	19 Scrabble Game Elder Services 9:30 Pace Exercise Elder Services 11:00 Bingo Site II 1:00	12 Wii Bowling Elder Services 9:30 Pace Exercise Elder Services 11:00 Bingo Senior Center 1:00	5 Apples to Apples Game Elder Services 9:30 Pace Exercise Elder Services 11:00 Bingo Site II 1:00	*Please sign up for trips at Senior Center Main Office.  *All trips leave from	Monday DECEME
Share your Photos And Memories Day Elder Services 9:30 - 11:30 (bring in photos you want to talk about)	Crafts Elder Services 9:30 - 11:30	13 Christmas Bingo 3 Sisters Center Green Bay 10:00	6 Crafts Elder Services 10:00 - 11:30	*Is this your Birthday Month? *You must sign up in the Birthday Book at Senior Center, Main Office.  *Must be present to	DECEMBER 2011 ACTIV
28 Yahtzee Game Elder Services 9:30 Pace Exercise Elder Services 11:00 Family Dollar Store Seymour 1:00	21 Oneida Language Elder Services 9:30 Pace Exercise Elder Services 11:00 Bingo Hwy H 1:30	14 Rummikub Game Elder Services 9:30 Pace Exercise Elder Services 11:00 Bingo Hwy H 1:30	7 Oneida Language Elder Services 9:30 Pace Exercise Elder Services 11:00 Bingo Hwy H 1:30		
500 Rummy - Cards 500 Rummy - Cards Elder Services 9:30 Birthday Lunch 12:00  Movie Elder Services 1:00	22 Banks, Shopping, Lunch Wii Bowling Hwy H 1:00	CH 11	8 Christian Outreach Thrift Store Depere 10:00 Wii Bowling Elder Services 1:00	1 Price is Right Game Elder Services 9:30 Bowling Ashw. Lanes 1:30	Thursday  //TIES
Banks, Shopping, Lunch Out (on your own) 10:00 – 3:00	1/2 day No Activities Breakfast only	Banks, Shopping, Lunch Out (on your own) 10:00 – 3:00	Banks, Shopping, Lunch Out (on your own) 10:00 – 3:00	2 Banks, Shopping, Lunch Out (on your own) 10:00 – 3:00	Friday *Activities due to change without notice.



## **Nutrition Advisory Council Meetings**

Nutrition Advisory Council - The nutrition program of each aging unit shall establish a Nutrition Advisory Council. The Nutrition Advisory Council shall advise the nutrition director on all matters relating to the delivery of nutrition and nutrition-supportive services within the program area. All recommendations and suggestions of the council shall be in accord with federal and state policies and shall take into consideration the nutrition budget.

Meetings are scheduled the third Friday of every month. December meeting date and time is not determined yet because of scheduling conflicts. Meetings are held at 1:00 p.m. at the Meal Site, 134 Riverdale Drive, Oneida, WI.

For information contact: Loretta Mencheski, Head Cook Supervisor 920-869-1551 <>
All are welcome to attend.



Attention Participants of the Elder Services Senior Center/Meal Site

All participants who plan on eating at the meal site are asked to call in the day before and reserve their meal for the next day, or for the week. You may also reserve your meal for the next day, week or month by telling the meal check in person. This reservation system was put in place October 1, 2008 to assist us in managing costs and quality improvement to our meal site program.

Any questions please call <> Loretta Mencheski <> 920-869-1551



### Drums Across Oneida Newsletter

Drums Contact: Linda F. Douglas <> 920-869-2448 <> 800-867-1551

- > Oneida enrolled elders fifty five and older receives our newsletter
  - Monthly newsletter is mailed from sea to shining sea
    - > Elders receive newsletter the first of each month
      - > Any address changes or updates contact:

Oneida Enrollment Department<>920-869-2083 <> 800-571-9902

S а r У u С h r а f t У р S n t S е 1 b С C е f r а У g а W W m W h h m ľ k h t ĺ b g е d t b р i t Ì е h u ٧ е i 0 0 ĺ е j У n n t u а t b t S р n W Ì 0 r а d е t i r h а n g d а S ] 0 b m u а I C r į W 0 С n а е S u е е У 1 b l У 0 k k S е а r j j b h W q 0 d Į ٧ е q b k 0 r t b а 0 t u f į 0 f h j n n f b f t n е k g Х 0 е У i а f 1 а е r W S С h а W Î d i 1 q t а а m а W ľ þ. У У n r m 0 t ٧ W n 0 S W 0 Z m р ĺ 0 ٧ f f е С r f С С S b е Х h W h b 0 k 0 r d n е t į h ì n t h е n g r S е t ٢ а n g S d q u n S W е k r 0 У е n k W 0

Actor
Albums
Big Band
Capitol Records
"Come Fly with Me"
Frank Sinatra
Hoboken
Hollywood
Music
"New York, New York"

Anser:

Ol' Blue Eyes
"Only the Lonely"
Rat Pack
Singer
Star
"Strangers in the Night"
Swing
Voice
Walk of Fame

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To answer the trivia questions, look for words or phrases that are hidden in the puzzle, but not in the word list.

Trivia: Frank Sinatra's musical career to let her son join.	began when his mother convinced this musical group
Answer:	· · · · · · · · · · · · · · · · · · ·
Trivia: This was Frankie's middle name	

# Elder Services 2011 Halloween Party Highlights! Costume contest, Bingo, door prizes, snacks and fun for all

Who
is
this?







Is that your sister on the left?







I thought you were dressing up ???



Are these great costumes or what?

WOW 57 people fit in here – excuse me please!



Ms. Florence Petri, Program Director Oneida Nation Elder Services 2907 south Overland, PO Box 365 Oneida, Wisconsin 54155

Dear Florence,

The Great Lakes Native American Elders Association (GLNAEA), would like to take this opportunity to say thank you for your organizational skills and for being our Host Rive for our October 13 and 14, 2011 bi-monthly meeting.

There were many great comments in regards tit e accommodations, the service provided by the Hotel Staff, the Kitchen Staff and those responsible for the meeting room set-up.

The soup and sandwich provided to the Task force on Elder Abuse on Thursday evening was very good and the members of this task force were very thankful.

The meal served at noon on Friday was scrumptious and awesome especially the BBQ Ribs and there was plenty of food for all in attendance.

The Oneida Honor Guard did an excellent job in bringing in our Colors and Eagle Staffs. The Drum Buffalo Creek did a very good job. It is always nice to see and hear these young men and the enthusiasm that they have. The young lady who was the Canary Singer did an outstanding job.

Many elders from other Tribes have never seen Smoke Dancers and the elders were thoroughly impressed with their fancy and fast footwork. Their singer and drummer were very good and Dan King did a very good job in talking a little about the Oneida Traditions and Culture as well as informing the membership about the history of this dance. He also reminded us of the Sacredness of our Eagle Feathers, we all need this, because too many times these things are taken for granted.

Again we say YAW^KO

Sincerely,

Ellen Martin

Ellen Martin, Chairwoman Great Lake Native American Elder Association 13246 W Bacon Strip - Unit B Hayward, Wisconsin 54843



# "ARE YOU READY FOR SEVERE WEATHER?"

Here are some helpful tips to keep you safe:

- ❖ Have extra non-perishable foods on hand that require no cooking in case you lose power. A good example would be pre-packaged: granola bars, various fruit juices, dried fruit, bottled water, etc. It's a good idea to have this food inside a home emergency kit. For a complete list go to: <a href="http://readywisconsin.wi.gov.">http://readywisconsin.wi.gov.</a>
- \*Watch your local weather forecasts closely and listen to your NOAA Weather radio.
- ❖ If you must travel, call 511 or go to <u>www.511wi.gov</u> for the latest road conditions. Make sure you plan on extra time to get to you destination.
- ❖ If there's "Ice & Snow, Take It SLOW!!"
- ❖ Tell family or friends what route you're taking and when you expect to arrive.
- \*Keep a winter emergency kit in your vehicle.
- \*Keep a blanket in your vehicle.
- ❖ If you must go outside, dress in layers; make sure you're wearing a heavy duty hat and mittens, and boots. Keep your exposure to a minimum!! It only takes 15 minutes for frostbite to set in.
- ❖ If you have a cell phone, keep it charged and with your when you travel or go outside. If you fall or your vehicle get stuck or breaks down you can call for help.
- ❖ If you don't have a cell phone call me to receive a free 911 emergency phone.

### BE SAFE !!!!

If you have any questions please feel free to call 920-869-2448 ext. 6844

Joyce Ann Hoes

Transportation/Activity Supervisor

Elder Services



# Notice Notice Notice

# Parking and Entrance for Elder Services

Due to the flow of the new Oneida Resident-Centered Care Community (ORCCC) facility construction and the safety of all, we are asking that you use the parking on the West end of the building and use that entrance until further notice. It is important that you share with everyone who did not get this notice.

Any questions, please call Florence Petri at 920-869-2448

Chank You

George Greendeer, for your contribution

Mindimoye, your wonderful treats

Arlie Doxtator, for volunteering to help deliver meals to homebound elders

Cliff Doxtator, Beautiful plant that graces our reception area

Florence Petri, Program Director and Staff





# "ONEIDA ELDER SERVICES" PROVIDES TRANSPORTATION TO:

# Mealsite

**Program Activities** 

Friday Banking, Shopping & Lunch Bingo at Senior Center, Cty. H Recreation,

3 Sister's & Site II Community Centers All you have to do is call us and schedule a pick-up, we'll come right to your door, and bring you back home when we're done!!

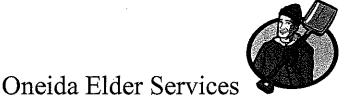
We at Elder Services would love to have you participate in all our various activities.

Just call 869-2448 ask for "Transportation"

If you have any questions please feel free to call Joyce Ann Hoes Transportation/Activity Supervisor 920-869-2448 ext 6844

#### **SNOW PLOWING**





# Eligibility for snowplowing:

- 1. Must be enrolled Oneida Tribal Member
- 2. Must be located within the Reservation Boundaries
- 3. Must own home and must be primary residence
- 4. Elder on Lifeline
- 5. Age 70 years and older (PRIORITY)
- 6. Age 55 to 69 who are disabled/handicapped, must provide proof of Social Security Disability

Snow plowing starts with the first measurable snow fall of three (3) inches or more. We have three (3) plow trucks and plowing may begin as early as 4:00 a.m. plowing lifeline clients first. Schedules are done by grids within the Reservation Boundaries and each truck has snow plow list and route based on their area. There may be times when the snow plowing staff will clear a path for emergency vehicles and will return later to finish. The Department of Public Works (DPW) is our back up if our trucks breakdown.

If you would like to be added to our snow plow list this year, please contact our Service Coordinator, Cheryl Ault at (920)869-2448. Family participation is greatly appreciated in our efforts to assist our elders in maintaining an independent, healthy, productive and quality lifestyle.

For questions regarding snowplowing feel free to contact

Maintenance Supervisor Lisa Huff (920) 869-2448

### UP CLOSE AND PERSONAL WITH: Loreen John

Who or what has had the biggest influence in your Life?

My Parents, My family

What do you consider to be your greatest accomplishment?

Went to school for cosmetologist / beauty school and graduated

What is the best advice anyone ever gave you?

Do not give up. No matter how bad it gets, "Don't give up."

What advice would you give to someone who is about to retire?

Enjoy your retirement you worked hard for the time

What is your ideal vacation?

Hawaii



Favorite Meal:

Ring bologna, fried potatoes w/onions, cream corn and stone bread

Favorite Music:

Country and Blue Grass

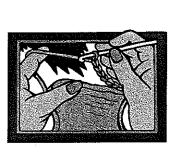
Favorite Movie/Movies:

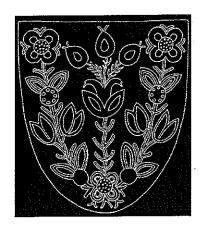
The Legend of Walks for Women and Billy Jack I and II

Favorite Hobby/Hobbies:

Crocheting





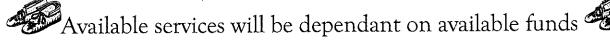


# Oneida Elder Services Native American Family Care Giver "Voucher" Program

Oneida Elder Services is pleased to announce a new Native American Family Caregiver "Voucher" Program. It is designed to give established caregivers the opportunity to receive up to 4 hours a month of temporary respite relief from their caregiving responsibilities. Qualifications:

- "Temporary Relief Respite Caregiver Worker" are as follows:
- 1. Relief Respite Caregiver Worker must be Age 18 years or older.
- 2. Must be pre-approved by Oneida Elder Services.
- 3. Must have a pre-approved background check with Oneida Tribe of Indians Human Resources Department.
- 4. Completed and Approved "NAFCG Provider Agreement form".
- 5. Applicant must be familiar with e recipient and their situation. This is to be determined by the recognized established Family Caregiver.

Grandparents 55 years or older, who have custody or guardianship of grandchildren, you may qualify for the program.





If you have any questions please feel free to contact:

Joyce Ann Hoes/Native American Family Care Giver Program

920-869-2448 ext 6844





# **ELDER CHRISTMAS PARTY**

Thursday December 15, 2011 Doxbee's Banquet & Buffet N6744 County Hwy C, Seymour, WI 54165

Doors Open at 10:30 A.M.

11:00 A.M. – 3:00 P. M.



No Cost

\*\*\* For Elders 55 and over

\*\*\* Elders must be able to assist themselves. Sorry no care givers

\*\*\* Please call to register at:

The Senior Center/Meal Site (920) 869-1551

\*\*\* No Children allowed

\*\*\* Sign up Deadline is Tuesday, December 6, 2011 at 4:00

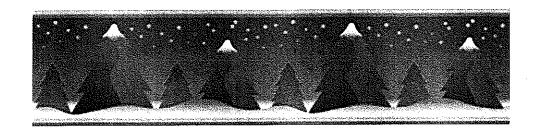
\*\*\* First 700 Seating

# MUST BE PREREGISTERED NO WALK-INS THE DAY OF EVENT

Any questions or concerns please contact Florence Petri or Tina Pospychala at 920-869-2448







# "Oneida Elder Services"

# "Alzheimer's/Caregiver Support Group"

When: Wednesday December 28, 2011

Where: Oneida Elder Services Bldg.

This Month's Topic:

"Signs & Symptoms of Alzheimer's Disease" and "After Holiday Memories to Share"

For more information please contact:

Debi Melchert /Native American Family Care Giver Coordinator

920-869-2448 ext 6834

### ONEIDA ELDER SERVICES ENROLLMENT FORM

DATE:	/	/	

NOTE: The State & Federal Governments have requested that we collect the following information on individuals who receive our services. The information may be used to justify continued funding of our programs.

Name			Phone Number (	_)	
Address			Social Security Num	ıber Last four dig	its /
City	State	Zip Code	County		DOB / /
					aged <b>55-69 years</b> of age The elders that are listed
Martial Status			WidowedDi	ivorced	
Veteran: Living Arrang Do you: Race:N	Yes gement:Live ARent ative American	_No AloneLives wi _Own _Caucasian	th SpouseLiv _LatinoAsiarEnrollm	nAfrican A	American
		<del></del>	oodFair		
Guardianship_		Attorney for Health	Power of Atto		S
In Case of an l	Emergency Conta	ect: Name: Phone Number Relationship: _	:( )		
denial of services.	All of the information	on the enrollment form		ot be released to any p	ilment form are grounds for persons unless I have signed Elder Services.

Please Return: Oneida Elder Services Complex ATTEN: Service Coordinator P.O. Box 365 Oneida, WI. 54155