

DRUMS ACROSS ONEIDA

Oneida Elder Services
2907 South Overland Rd.
Oneida, WI 54155
Ph: 920-869-2448
Fax: 920-869-1824



Senior Center-Meal Site
134 Riverdale Dr.
Oneida, WI 54155
Ph: 920-869-1551
Fax: 920-869-1526

Kahsakayu·té·se? Wahní·tá·le?

Thunder Moon

April 2011

ACROSS MANY YEARS

A mist falls across the plain
The drum's beating seems the same
Now it radiates a sorrow within
Our pride they excused as a sin

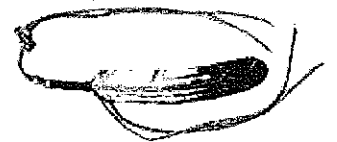


They chased us across a nation
Then tried to strip away our foundations
Still we stood strong against the tide
Never once did we lose our pride

They took us away from our parents
Tried to take away anything with merit
Our own language became forbidden
So we sadly tucked it away and kept it hidden

Inside we all know what we felt
We played the cards the while man had dealt
We spent our days waiting for the end
What more could the Great Sprit send?

Now they try to make excuses
To explain all of their abuses
Nothing can ever mend the wrongs
To understand simply listen to our songs



DRUMS CONTACT

Linda F. Douglas

Telephone: 920-869-2448 or 1-800-867-1551

Email ldouglas@oneidanation.org

TRIVIA QUIZ

1. "Kookie, Kookie, Lend me your ____.
2. The cute little car with the engine in the back and the trunk in the front was called VW. What other name(s) did it go by? _____ & _____
3. In the seventies, we called the dropout nonconformists "hippies." But in the early sixties, they were known as _____.
4. "The story you are about to see is true. The names have been changed _____."
5. Today, the math geniuses in school might walk around with a calculator strapped to their belts. But back in the sixties, members of the math club used a _____.
6. After the twist, the mashed potatoes, and the watusi, we "danced" under a stick that was lowered as low as we could go in a dance called the ____.

"The greatest pleasure in life
is doing what people say you cannot do."
~Walter Bagehot

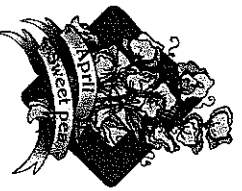


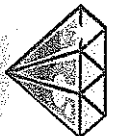
1. Lend me your comb 2. VW Beetle or the Bug 3. Beatniks 4. To protect the innocent 5. Slide rule 6. Limbo

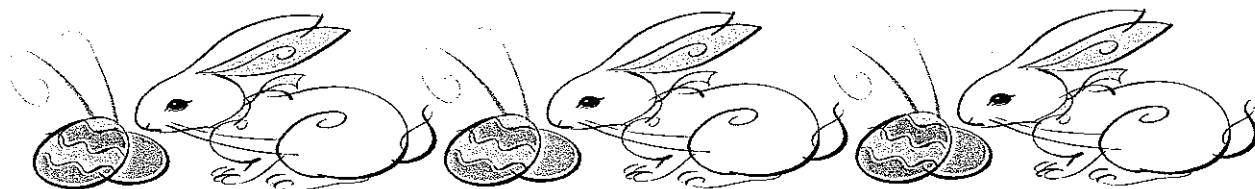
MENU

APRIL

2011

ONEIDA SENIOR CENTER, 134 RIVERDALE DRIVE, ONEIDA, WL, 54155 PHONE : 1-920-869-1551

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>4 Ring Bologna Noodles & Tomatoes Green Beans W/W Bread</p>	<p>5 Boiled Dinner Fresh Bread Juice</p>	<p>6 Turkey Potatoes Mixed Vegetables W/W Bread</p>	<p>7 Chicken Ala King Rice Biscuits</p> 	<p>8 Fish Red Potatoes Cole Slaw Rye Bread Jell-o W/Fruit</p>
<p>Cookies</p> <p>11 Tuna Salad Croissants Tomatoes Juice</p>	<p>Pears</p> <p>12 Chicken Breast Wild Rice Carrots W/W Bread</p>	<p>Applesauce</p> <p>13 Beef Roast Potatoes Brussels Sprouts W/W Bread</p>	<p>Sherbet</p> <p>14 Tater Tot Casserole Green Beans Juice W/W Bread</p>	<p>15 Beef Tips Noodles California Blend W/W Bread</p>
<p>Pudding</p> <p>18 Roasted Vegetables W/Chicken W/W Bread Juice</p>	<p>Berries</p> <p>19 Tomato Soup Egg Salad & Ground Bologna Sandwiches Juice</p> 	<p>Mandarin Oranges</p> <p>20 Meat Loaf Potatoes Corn W/W Bread</p>	<p>Yogurt</p> <p>21 Pork Roast Wild Rice Carrots W/W Bread</p>	<p>Ice Cream</p> <p>22 GOOD FRIDAY ½ DAY Eggs, Muffins, Ham, Juice</p>
<p>Peaches</p> <p>25 Spaghetti Salad Garlic Bread Juice</p>	<p>Applesauce</p> <p>26 Pizza Calzone Salad Garlic Bread Juice</p>	<p>Jell-o</p> <p>27 Hot Beef Sandwiches Oven Potatoes Green Beans Buns Orange, Apple & Pineapple Rings</p>	<p>Whip & Chill W/Berries</p> <p>28 BIRTHDAY DAY Chicken Potatoes Mixed Vegetables W/W Bread Cake</p>	<p>Fresh Fruit</p> <p>29 Fish Potatoes Cole Slaw Rye Bread Pudding</p>
<p>All meals are served with coffee, milk or tea.</p> <p>Menu is subject to change.</p>				
<p>BIRTH STONE: DIAMOND</p> <p>FLOWER: SWEET PEA</p>				
<p>HOURS: 8:00A.M.-4:30P.M. Lunch Is Served Monday-Friday 12:00P.M.-1: 00P.M.</p> 				



Hop Up! Hop In!

You are invited!!!!

To: Meal Site / Senior Center
134 Riverdale Drive
Oneida, WI 54155

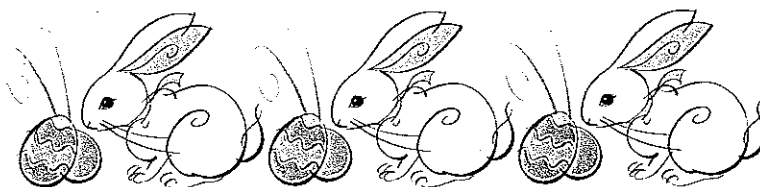
Enjoy Healthy / Well Balanced Meal
12:00 P. M. - 1:00 P. M.
Monday – Friday

Under 55 years.....\$5.00
Elders 55 - 60 years... \$1.50
Over 60 years Donation

Bring a friend!
Make new ones!

Call 920-869-1551

To reserve your meal for the day you are planning to eat.
Questions ask for Loretta Mencheski



April 2011 ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>*Is this your Birthday Month? *You must sign up in the Birthday Book at Senior Center, Main Office. *Must be present to receive your gift card.</i></p>				
<p><i>*Please sign up for trips at Senior Center Main Office. *All trips leave from Senior Center.</i></p>				
<p>4 Scrabble Game Elder Services 9:30 Pace Exercise Elder Services 11:00 Bingo Site II 1:00</p>	<p>5 Crafts Elder Services 9:30 - 11:30</p>	<p>6 Fact or False Game Elder Services 9:30 Pace Exercise Elder Services 11:00 Bingo Hwy H 1:30</p>	<p>7 Cooking Elder Services 9:30 Wii Can Do it League Hwy H 1:00</p>	<p>1 Banks, Shopping, Lunch Out (on your own) 10:00 - 3:00</p>
<p>11 Wii Bowling Elder Services 9:30 Pace Exercise Elder Services 11:00 Bingo Senior Center 1:00</p>	<p>12 Crafts Elder Services 9:30 - 11:30</p>	<p>13 Oneida Language Elder Services 9:30 Pace Exercise Elder Services 11:00 Bingo Hwy H 1:30</p>	<p>14 Dollar Store Seymour 10:00 Bowling Ashw. Lanes 1:30</p>	<p>15 Banks, Shopping, Lunch Out (on your own) 10:00 - 3:00</p>
<p>18 What's your like? Game Elder Services 9:30 Pace Exercise Elder Services 11:00 Bingo Site II 1:00</p>	<p>19 Easter Bingo at 3 Sisters Center Green Bay 10:00</p>	<p>20 Scruples Game Elder Services 9:30 Pace Exercise Elder Services 11:00 Bingo Hwy H 1:30</p>	<p>22 Banks, Shopping, Lunch Out (on your own) 10:00 Wii Can Do it League Hwy H 1:00</p>	<p>22 Breakfast Only 9:00 ½ Day in Observance of Good Friday</p>
<p>25 Wii Bowling Elder Services 9:30 Pace Exercise Elder Services 11:00 Bingo Senior Center 1:00</p>	<p>26 Crafts Elder Services 9:30 - 11:30</p>	<p>27 Oneida Language Elder Services 9:30 Pace Exercise Elder Services 11:00 Bingo Hwy H 1:30</p>	<p>28 Wheel of Fortune Elder Services 9:30 Birthday Lunch 12:00 Bowling Ashw. Lanes 1:30</p>	<p>29 Banks, Shopping, Lunch Out (on your own) 10:00 - 3:00</p>

If you have any questions Please call Michelle at 869 - 2448*



Caregiver Support Group



Presenter: Debi J. Melchert
Native American Family Caregiver/Coordinator

Topic: Protect Yourself from Falling

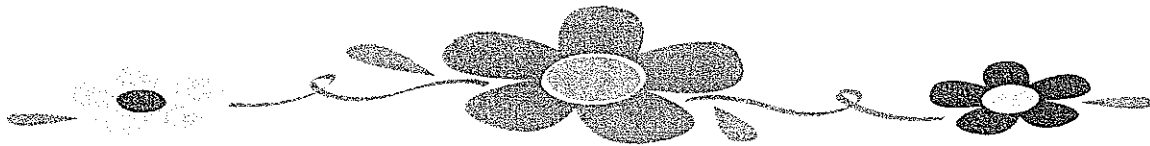
Preventative Ways to Create Safety in the Home

Time: 1:30 P.M - 3:30 P. M.

Date: Friday April 15, 2011

Place: Oneida Elderly Services Complex
2907 South Overland Road
Oneida, WI 54155

Contact: Debi J. Melchert, NAFCG <>> Telephone: 920-869-2448



Visit Our library:

Oneida Elder Services
2907 South Overland Road
Oneida, WI 54313

Hours 8:00 A. M. <>> 4:30 P.M.

Would you like refresh you sewing skills or start sewing?
Are you a World War II VETERAN?
Come in review the series on sewing and World War II.

Contact Linda F. Douglas
Telephone: 920-869-2448 <>> 800-867-1551



Bizarre

Bluebird

Bold

Bourgeois

Christina

Daring

Diego

Discovered

Enrage

Escape

Exile

Fanciful

Frida Kahlo

Gifted

Gold Leaf

Imagination

Incident

Infamous

Injured

Intrigue

Jealous

Legend

Leon Trotsky

Loyal

Lupe Marin

Magic

Marriage

Mexican

Muralist

Nelson

Overcome

Overshadow

Paintings

Promotion

Realism

Rockefeller

Shatter

Student

The Zone

Trolley



UP CLOSE AND PERSONAL WITH: Florence Petri

When you were a child, what did you think you would like to be?
Nurse

Who or what has had the biggest influence in your Life?
Aunt Lorainne and My Grandmother Electa Skenandore

What do you consider to be your greatest accomplishment?
Receiving my Bachelors Degree in Business Administration and Economics

Is there something you have always wished you were great at doing?
Playing the guitar...Speaking Oneida / Spanish

What is the best advice anyone ever gave you?
Finish School....You can accomplish anything you want, if you just put your mind to it

What advice would you give to someone who is about to retire?
Plan ahead make sure your bills are all paid!

What is your ideal vacation?
Albuquerque, New Mexico and 2 fun filled weeks in Hawaii

Favorite Meal: Turkey....Posole Soup....Steak.... American Fries....Banana
Cream Pie

Favorite Music: Oldies and Elvis Presley

Favorite Book: Elvis

Favorite Movie/Movies: Terms of Endearment

Favorite Hobby/Hobbies: Doll Collecting

Volunteer Program Standard Operating Procedure

Approved February 2011

Purpose:

To create uniform work standards and expectations for carrying out the Elder Services Volunteer Program.

Definitions:

1. ICF: Initial Contact Form
2. SOP: Standard Operating Procedure
3. HRD: Human Resource Department
4. SC: Service Coordinator
5. Supervisor in this document refers to Elder Services representative
6. BID form: Backgrounds Information Disclosure form

Work Standards:

1. Volunteer must be 55 years or older
2. Various services volunteer(s) will work in are:
 - 2.1. Minor home repairs such as moving, grass cutting, snow removal
 - 2.2. In home chore such as general house keeping and organizing
 - 2.3. Spending time with the Elder such as reading or visiting
 - 2.4. Activities with elders such as games, cards or cooking
 - 2.5. Meal Site assistance such as help in the kitchen, customer check in for meals or delivering Meals on Wheels (MOW=meals delivered to homebound elders).
 - 2.6. Administrative work such as filing, inventory, computer projects and general office work.
3. Volunteers may assist in Elder Services special events as requested.
4. Volunteers may assist in recruitment of new volunteers and promoting the volunteer program.
5. Volunteers are not approved to handle anything related to money transactions.
6. Volunteer will thoroughly read all relevant and current SOP's, information and forms as required by supervisor.
7. Supervisor will create a file for volunteer(s) to include timesheet, all signed documents and any other information related to the volunteer.

Procedures:

1. Volunteer will fill out an Initial Contact Form (ICF) with the Service Coordinator (SC).
2. SC will forward to the appropriate Supervisor, taking into account any special skills and interest the volunteer might have.
3. Supervisor will meet with volunteer to discuss if the duties and responsibilities are the best fit

for both the supervisor and the volunteer.

- 3.1. If supervisor and volunteer agree on responsibilities continue to next step.
- 3.2. If supervisor and volunteer do NOT agree on responsibilities supervisor will let volunteer know that paperwork will be returned to SC to review for two possible options:
 - 3.2.1. If volunteer could fit in another area Go back to step 4.2 with another supervisor.
 - 3.2.2. If volunteer does NOT fit in another area, SC will send letter to volunteer stating we did not find a best fit for them at Elder Services. SC will keep volunteer information on file for one year and shred.
4. Volunteer complete Background Information Disclosure (BID) form and turn in to Supervisor.
5. Supervisor will send BID form to Backgrounds Investigations-HRD for approval (include note that this is for an Elder Services volunteer position and the supervisor name of who should receive notification of approval/denial). Volunteer may start upon approval from Backgrounds. If not approved supervisor will inform volunteer they are not eligible in writing.
6. Supervisor will complete, with the volunteer, the remaining Volunteer Program forms and the applicable forms from an Elder Services new employee packet.
7. Supervisor will give volunteer tour of Elder Services (both sites), introduce volunteer to staff in person and by email and begin training for volunteer duties.
8. Supervisor will introduce volunteer to all Elder Services staff
 - 8.1. Announce new volunteer at next All Staff Meeting. Presence of volunteer is requested and not mandatory.
 - 8.2. Email (notify) all supervisors of volunteer name, work location and start date.
9. Volunteer will turn in a weekly time sheet to their supervisor which may be used as a reference if a position for employment opens up and in-kind services.

References:

1. Oneida Tribe of Indians of Wisconsin: Vehicle Driver Certification Policy and Background checks
2. GWAAR (Greater Wisconsin Agency on Aging Resources, Inc.) Volunteerism Program located at www.gwaar.org. Referred to for information, examples, solutions, forms, etc.

Records:

1. Volunteer Liability, Available Times, Time sheet
2. Background Information Disclosure (BID) form, Drivers Clearance Request
3. New employee packet is located in file cabinet by the envelopes/forms.

Additional information contact:

Cheryl Ault, Service Coordinator
920-869-2448 <>> 800-867-1551

~General Home Safety Tips for Community Members~

Officer Matthew Ninham / Oneida Police Department

General Home Safety and Security

1. If out of the house for an extended period of time, create the illusion that someone may still be home. Leave a TV or stereo on in the room where a burglar would most likely break in. Use exterior lighting and motion detectors to minimize burglar concealment.
2. Make sure all exterior doors have good proper locks. Install 1-inch deadbolt locks on all exterior doors.
3. If you get an unexpected knock at the door, check to see who it is before opening it.
4. Do not leave extra keys under doormats, potted plants or any other obvious outdoor location. Thieves will generally find them. Find an inconspicuous place to hide the keys, or give a set to a neighbor you can trust.
5. Keep garage doors shut.
6. Keep drapes and blinds shut - especially in rooms where there is expensive equipment. Don't advertise the items in your home.
7. Store cash, jewelry and other valuables in a safe or safety deposit box instead of leaving them lying around the home.
8. Don't leave notes on the door for service people or family members. These alert the burglar that you are not home.
9. If you're going to be away from home for a few days, adjust your telephone ring to its lowest volume setting. An unanswered phone may tip off a burglar that no one is home. Also, have a neighbor or friend collect your newspaper and mail. Never cancel delivery - you don't know who will get that information.
10. Keep your car remote/alarm by your bedside. If needed you can activate the alarm (horn) on your vehicle, which may scare off intruders.
11. Use light timers (same ones you use for your Christmas tree) to have lights come on and go off at selected times in different rooms when your away. This will make it look as if someone is home.
12. Use a patio bar or saw a broom stick in half and place it in the open groove behind your patio door. Patio doors are easy to pry open and this will stop it.
13. Make copies on a copy machine of all your credit cards and items in your wallet in case they are lost or stolen. This will allow you to retrieve all phone numbers to cancel your accounts or check for suspicious activity.

Overall, just keep in mind some of these ideas to use on a daily basis and stay safe. None of these ideas will stop crimes from being committed, but they will help prevent them.

Stay safe, Officer Matthew Ninham

2011 – 2012 Tribal Elder Outreach Program

Providing Community Outreach and Victim Assistance Services to Address Elder Abuse

Sekoli Elders,

Oneida Elder Services has received a grant to help alleviate abuse of Tribal elders in the community through outreach and education. With this grant a new position was created to assist the Elder Abuse Coordinator in working with the elders to gather information on what their needs and concerns are, to help organize events to spread awareness of elder issues, and to reinforce the belief of Yethino·lúkhwa? Yukwakwá·ná·ta? *-We Love Our Elders.*

Our Elder Outreach Assistant, Daniel Borgstrom, will be contacting elders and listening to their needs and concerns about elder abuse and work to inform them of the different types and effects that abuse can have on the elders. With your help, we can work as a community to alleviate abuse, and to help the younger generations understand that care and reverence for the elders is a historical and strong cultural tradition.

To help inform you of different types of abuse, we have included a short list of abuse terminology:

Physical Abuse: The intentional or reckless infliction of bodily harm

Emotional Abuse: Verbal attacks, threats, rejection, isolation or belittling acts that cause mental anguish, pain, or distress

Sexual Abuse: Is a violation of Wisconsin's criminal sexual assault law

Neglect: A caregiver's failure or refusal to provide for a vulnerable elder's safety, physical or emotional needs

Financial Exploitation: Theft, fraud, misuse or neglect of authority as a lever to gain control over an elder's money or property

Confinement/Restraint: Involuntary and unreasonable confinement or separation from living area, use of restraining device or excessive over-medication

Self-Neglect: Danger to an individual's physical or mental health because the individual is responsible for their own care, but fails to obtain adequate care

Watch for upcoming events in future DRUMS. If you have any questions, please contact:

Daniel Borgstrom, Elder Outreach Assistant
Joyce Johnson, Elder Abuse Prevention Coordinator
(920) 869-2448

Twahwahtsi·láya (*Dwah wah jee leye*) - we all are family

Come and learn more about Twahwahtsi·láya while enjoying good food, music, and fun. We are having a Community Dinner April 4, 2011 at Parish Hall. Learn about our successes, challenges, and help create our dreams.

The Twahwahtsi·láya project is made up of three distinct yet overlapping programs: Sashakoti'nikulahslu·níhe? (saw-saw-go-dee-nee-goo-lah-sloo-nee-heh), Oneida Community Volunteers who are available for community interventions; Yethiya'tanunha' a program for youth not in school or about to leave school; Twahwahtsi·láya this portion is being developed and includes two purposes, one to give the community a voice and the other to bring forward family titles and strength family ties (we all are family). The vision of Twahwahtsi·láya is The Revitalization of Tsi'niyukwaliho'tá (*Geet ne yoo gwa le ho da*) all of us our ways. The mission is to renew family titles and ties.

To fully implement Sashakoti'nikulahslu·níhe we need to secure the final background checks and have them on file for the volunteers. We also need to develop a Memorandum of Understanding with the Oneida Police Department along with procedures that include the use of the orange card. Then develop a card for area schools along with appropriate procedures and agreements.

Yethiya'tanunha' (yea tee ya da noon hah) which translates 'we are watching over them' has been operating since November 8, 2010 and currently is supporting five youth. We are in the process of hiring two student interns to work 20 hours a week who we hope to secure by March 31, 2011. The interns will be there to assist the youth and volunteers throughout the day. Thank you, to Shirely Barber, Bev Skenandore, JoAnn Ninham, Michelle Jordan, Lyle Metoxen, Mark Ninham, Greg Matson, Vicki Matson, Richard Brzezinski, Laurie Becker, Sue Reiter, Linda Gerlickowski, Belinda Brennan, Denis Gullickson, Bill Vervoort (OLB, Oneida Living in Balance) and Lynn Adrian for all their hard work in getting Yethiya'tanunha' started and maintained while we work to secure required staff and funding. Thank you to the guidance counselors and school staff for making this possible and for assisting us in finding ways for youth to receive credits. Thank you, to Renee De la Cruz, Cheryl Warrington, Nikki Kornetzke, Faye Le Mense, and Danielle Tubby for being those special liaisons with the area schools.

The dinner on April 4 will be the beginning of Twahwahtsi·láya; giving you a voice, and looking for those aunties and uncles who are willing to be available for their nieces and nephews. We send out a very special thank you to Ron Hill who will be our speaker for the evening and who has assisted in bringing this project forward over the last several years.

Please join us on April 4, 2011 to learn more and let us hear what you have to say. We look forward to receiving your knowledge, and support. Please feel free to bring a dish to add to the feast. For further information or to comment you can contact me Alex Lei-Nako at 490-3774 or Ron Hill at 496-5385. C. Alexandra Lei-Nako

Community Dinner

Twahwahtsi·láya

(Dwah wah jeeleye) all of us are family

Speaker
Ron Hill

Sashakoti?níkuhla slunihe?

(saw-saw-go-dee-nee-goo-lah-sloo-nee-heh)

Yethiya?tanunha'

(yea- tee-ya, da-noon-hah)

Monday

April 4, 2011

5:30pm - 8:30pm

Parish Hall - County Hwy E

FOOD - SOCIAL DANCE
FUN

LEARN - PLAN - SHARE

White Corn Chili

Please feel free to bring a dish
to add to the feast

For our youth and families

Oneida Community Members, Oneida Farms,
Oneida Children and Family Services Oneida Cultural Heritage
Oneida Housing Authority
OJJDP -Tribal Youth Grant

**Medicare Part D and Related Topics
Hosted By: Oneida Elder Services**

**Thursday April 14, 2010
11:00 A. M. – 2:15 P. M.**

**Radisson Hotel & Conference Center
2040 Airport Dr.
Green Bay, WI 54313**

Do you know what Medicare Part D, Low Income Subsidy (LIS), Medicare Savings Program are? Come join us, learn what and how to access programs that may be able to help qualified consumers. Oneida's Contract Health will also be providing information on guidelines and qualifications for their services.

Space is limited to 20 people, elders 55+. You must sign up to attend, first come first served basis. Refreshments and a snack will be provided.

**Please contact for sign up or questions:
Angela Ortiz, Elder Benefit Specialist 920-869-2448 or (800) 867-1551**

Twahwahtsi·láya

**Community Dinner at : Parish Hall
April 4, 2011 at 5:30pm – 8:30pm**

**Please sign-up at the Senior Center if you need a
ride to the dinner. First 16 elders only.**



**If you have any questions
please feel free to contact
Joyce Ann Hoes at
920-869-2448 ext 6844**



ONEIDA ELDER SERVICES

GIFT SHOP

2907 South Overland Road

Oneida Elders Presents Handcrafted Items:

Floral Centerpieces

Crib Quilts

Indian Dolls

Beaded Jewelry

Baby Cloths

Teddy Bears

Adult Ribbon Shirts

Towels

Oneida Singers: Tapes and CD's

Native American Greeting Cards

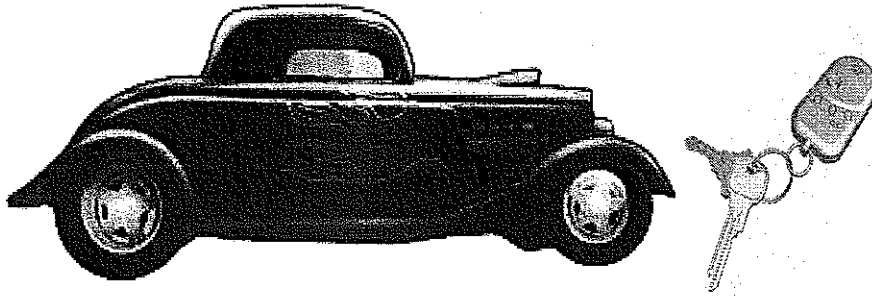
Puzzles....Mugs....T Shirts

Fresh Popcorn, Water and Diet Soda

Stop In

Open Monday - Friday

8:00A.M. to 12:00P.M.



***** SUMMER IS COMING!!! *****

It's time to polish up those driving skills!

Elder Services has lined up the "AARP Drivers Safety Program"

DATES: May 19th, 2010

TIME: 9:00 am - 1:30 pm (4 ½ hours is the total class length)

PLACE: Elder Services 2907 S. Overland Rd.

Please sign-up at the Senior Center

Elder Services will pay for the first 10 Elders who sign-up

Some of the highlights will be:

- Information on aggressive drivers
- Anti-lock brakes
- Car phones
- Defensive driving techniques
- New traffic laws and information regarding Round Abouts
- Get an Insurance Discount (consult your insurance agent)
- How to adjust your driving to age-related changes in vision,
- hearing, and reaction time

No testing

If you have any questions please feel free to contact:

Joyce Ann Hoes

Transportation Supervisor

869-2448 ext 6844

