

DRUMS ACROSS ONEIDA

Oneida Elder Services
2907 South Overland Rd.
Oneida, WI 54155
Ph: 920-869-2448
Fax: 920-869-1824



Senior Center-Meal Site
134 Riverdale Dr.
Oneida, WI 54155
Ph: 920-869-1551
Fax: 920-869-1526

Wahsuttah Wahnale

Long Night Moon

December, 2009



DRUMS CONTACT

Linda F. Douglas

Contact me with any acknowledgements, concerns, etc. Thank you for your attention. My phone number: 920-869-2448 or 1-800-867-1551

E-mail ldouglas@oneianation.org

Happy Holidays

"So I prayed, but I had to pray from my heart. All of my concentration and thoughts went from my head to my heart. All of my senses - hearing, smell, taste, and feeling - were connected to my heart." --Wallace Black Elk, LAKOTA

The heart is the gateway to the Unseen World, to the Spirit World. It takes real concentration to do this. To connect to our own heart is also a mental state. It starts in the head and transitions to the heart. This mental state is our inner stillness. Be still and know. This place of the heart is very joyous and peaceful. It is this place that we become one with God, our Creator.

Great Spirit, teach me to be a heart warrior.

The secret of staying young is to live honestly, eat slowly, and lie about your age.

Lucille Ball

MENU

DECEMBER

2009

ONEIDA SENIOR CENTER, 134 RIVERDALE DRIVE, ONEIDA, WI., 54155 PHONE : 1-920-869-1551

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Split Pea Soup Fresh Bread Juice Jell-o	2 Turkey & Gravy Mashed Potatoes Brussels Sprouts W/W Bread Applesauce	3 Bratwurst Sauerkraut Red Potatoes W/W Bread Pudding	4 Chicken Strips Seasoned Potatoes Green Beans W/W Bread Sherbet
7 Chicken Salad Croissants Tomatoes Cucumbers Melons	8 Corn Soup Fresh Bread Juice Berries	9 Chicken Alfredo Broccoli W/W Bread Yogurt	10 Mostaccioli Salad Garlic Bread Pears	11 Fish Potatoes Cole Slaw Rye Bread Juice Pineapple Tidbits
14 Macaroni & Tomatoes Hot Dogs Buns Green Beans Jell-o W/Fruit	15 Bean Soup Fresh Bread Juice Berries	16 Meat Loaf Rice Pilaf Mixed Vegetables W/W Bread Yogurt	17 BIRTHDAY DAY Chicken & Stuffing Cranberries Mixed Vegetables W/W Bread Cake	18 NO MEAL ELDER CHRISTMAS PARTY
21 Chop Suey Rice W/W Bread Orange, Apple & Pineapple Rings	22 Chicken Soup Fresh Bread Juice Pudding	23 Swedish Meatballs Noodles Carrots W/W Bread Mandarin Oranges	24 CHRISTMAS EVE BREAKFAST TODAY Ham, Eggs, Toast Cheese Juice Fresh Fruit	25 CHRISTMAS DAY CLOSED
28 Chicken Breast Long Grain & Wild Rice Carrots W/W Bread Peaches	29 Potato Soup Fresh Bread Juice Mixed Berries	30 Spaghetti Garlic Bread Salad Sherbet	31 NEW YEARS EVE Bar-B-Q Ribs Scalloped Potatoes Peas W/W Bread Pears	
All meals are served with coffee, milk or tea.	Menu is subject to change.	BIRTH STONE: Turquoise FLOWER: Narcissus	HOURS: 8:00A.M.-4:30P.M. Lunch Is Served Monday-Friday 12:00P.M.-1: 00P.M.	

LOST

L	W	W	C	C	Y	S	H	S	C	N	O	I	T	A	C	O	L	G	O
C	D	J	I	O	H	A	I	N	G	H	K	T	F	M	F	X	V	B	M
B	N	S	S	E	N	M	L	Y	J	R	A	U	T	A	M	A	N	L	D
U	A	I	L	Z	P	T	R	E	E	B	A	R	N	P	O	J	E	I	S
B	H	V	V	L	B	E	E	X	D	X	C	N	M	S	P	X	W	N	R
A	E	V	E	U	M	E	U	S	N	Y	H	O	D	I	B	F	Y	D	E
D	I	Q	W	O	K	A	U	C	T	A	W	M	N	P	N	N	O	F	G
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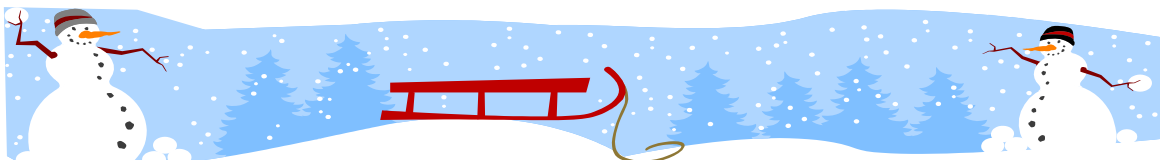
Adventure
Airlift
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Charming
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Convince

Credit Cards
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Episode
Excitement
Flirty
Gear

Grand Prize
Hurdles
Language
Location
Maps
New York
Overwrought
Panhandle
Perform
Premise

Reality
Remote
Shelved
Simple
Strangers
Survival
Sweet talk
Teams
The Globe

A Little boy went up to his father and asked: 'Dad, where did I get my intelligence come from?'
The father replied, 'Well son you must have got it from your mother, I still have mine.'



Monday	Tuesday	Wednesday	Thursday	Friday
DECEMBER 2009				ACTIVITIES
				<i>*Activities due to change without notice.</i>
<u><i>*Is this your Birthday Month?</i></u> <i>*You must sign up in the Birthday Book at Senior Center, Main Office.</i> <i>*Must be present to receive your gift card.</i>	1 Crafts Elderly Services 10:00 – 11:30	2 Oneida Language Elderly Services 9:30 PACE Exercise Elderly Services 11:00 Bingo Hwy H 1:30	3 Rubber Stamping Elderly Services 9:30 Bowling Ashw Lanes 1:30	4 Banks Shopping Lunch Bingo Senior Center 1:00
7 Wii Games Elderly Services 9:30 PACE Exercise Elderly Services 11:00 Bingo Site II 1:00	8 Crafts Elderly Services 9:30– 11:30	9 Price is Right Elderly Services 9:30 PACE Exercise Elderly Services 11:00 Bingo Hwy H 1:30	10 Salvation Army Store Green Bay 10:00 Wii can do it league Hwy H 1:00	11 Banks Shopping Lunch Bingo Senior Center 1:00
14 Scrabble Game Elderly Services 9:30 PACE Exercise Elderly Services 11:00 Bingo Senior Center 1:00	15 Shopping Trip Appleton Lunch Out (on own) 10:00 – 3:00	16 Oneida Language Elderly Services 9:30 PACE Exercise Elderly Services 11:00 Bingo Hwy H 1:30	17 Banks Shopping 9:30 Bowling Ashw Lanes 1:30	18 Elder Christmas Party Radisson Hotel 10:00 – 2:30
21 Yahtzee Game Elderly Services 9:30 PACE Exercise Elderly Services 11:00 Bingo Site II 1:00	22 Bingo Methodist Church 9:30 – 11:30	23 9:30 Banks Shopping Lunch at Senior Center Bingo Hwy H 1:30	24 ½ Day Breakfast Only 9:00	25 OFF OBSERVANCE OF CHRISTMAS DAY
28 Rummikub Game Elderly Services 9:30 PACE Exercise Elderly Services 11:00 Bingo Senior Center 1:00	29 Crafts Elderly Services 9:30– 11:30	30 Wii Games Elderly Services 9:30 PACE Exercise Elderly Services 11:00 Bingo Hwy H 1:30	31 9:30 Banks Shopping Lunch Birthday Lunch 12:00	<i>*Please sign up for trips at Senior Center Main Office.</i> <i>*All trips leave from Senior Center.</i>

****If you have any questions or concerns Please call Michelle at 869 - 2448.****



ONEIDA ELDER SERVICES STAFF

Florence Petri, Program Director

Tina Pospychala, Assistant Program Director

Joyce Johnson, Elder Abuse Prevention Supervisor

Brenda Jorgenson, Supervisor / Cook

Robert La Gest, Maintenance Supervisor

Claudia Skenandore, Office Manager

Joyce A. Hoes, Transportation Supervisor

Corinne Robelia-Zhuckkahosee, Apartment Manager

Pat Beilke... Lisa Huff... ...Hank Jourdan

Joanne Close...Angela Ortiz...Alfreida Grignon

Barbara Skenandore...Betty Jorgenson...Roberta Young

Cecil Rennells...Sandra Summers...Cheryl Ault

Dan Borgstrom... Richard Dodge...Mindimoye

Cliff Cornelius...Dale Webster...Don Bogda

Donna Ineguez...Geno Danforth...Glory La Flex

Tracy King...Yadie Jordan...Jan Herwald

Jeannine La Rock...Mae Baxter...Les Cornette

Linda Douglas...Lloyd Davis...Loretta Mencheski

Lorleen John...Marena Pamanet...Scharlene Kasee

Marty Braeger...Michelle Cottrell...Richard Summers

Wayne Mc Reynolds... Debi Melchert

MERRY CHRISTMAS

SNOW PLOWING



PURPOSE: To ensure the safety of our elders by providing snow and ice removal for emergency vehicle access.

DEFINITION: (ONCOA) Oneida Nation Commission on Aging: A nine (9) member elected advisory board to Elder Services/Senior Center.

(ICF) Initial Contact Form: A form used to obtain client information and needs.

Service Coordinator: The initial point of contact for any service requested.

POLICY:

1. Oneida Nation Commission on Aging (ONCOA) advisory board to Elder Services/Senior Center took action to establish a priority of serving older & disabled adults. Services are provided based on age priority, staffing and funding availability.
2. All snow and ice removal requests must be initiated through Oneida Elder Services Initial Contact Form (ICF). The Service Coordinator will obtain the information needed and forward the Initial Contact Form (ICF) to the proper supervisor for processing.

Requirements include:

- 2.1 Must be enrolled Oneida tribal member.
- 2.2 Must own home.

2.3 Must live in Brown and/or Outagamie Counties within the Oneida Reservation Boundaries.

3. Elders between the ages of 55 and/or 69 and who are employed will be provided with a list of resources that are available at cost to the individual. *(The Director of Elder Services may make an exception to this requirement on a case by case basis and shall document it).*
4. Elders that have family members living with them who are capable of shoveling snow may be denied services. A list of resources that are available at cost to the individual will be provided. *(The Director of Elder Services may make an exception to this requirement on a case by case basis and shall document it).*
5. Denial letters will be sent within *(3 to 5 working days)* to all requesters not eligible for snow & ice removal with a reason for the denial and a list of resources that are available at cost to the individual. A phone call will be made to the requester of the decision.
6. If an elder wishes to appeal a denial, a written letter must be submitted to the Assistant Director. The Assistant Director will bring the appeal request to next supervisor meeting for a decision. *(All decision of the Supervisors and Director of Elder Services will be final and a letter with the decision will be sent to the elder).*
7. Snow plowing starts with the first measurable snow fall of *three (3) inches* or more. Snow plowing teams will make every attempt to be out plowing as early as 4:00am for Oneida elders according to the priorities:

7.1 Elders on Lifeline & Dialysis.

- 7.2 Elders 70 years and older.
 - 7.3 Elders aged 55 - 69 who are disabled/handicapped and living alone.
 - 7.4 Elders aged 55 - 69 with serious health/safety issues.
8. If it snows consecutive days lifeline & dialysis clients will remain priority due to the high demand and severity of the illness.
- 8.1 There maybe times when the plowing teams will come and clear a path for emergency vehicles and will return the next day to finish.
If the plows don't return by the next day, please call the office at 869-2448.
 - 8.2 Snow plowing and shoveling will consist of driveway and main entrance to home only.
9. Maintenance Supervisor will call clients regarding any delays in services and will give approximate time of arrival.
10. Donations are appreciated and accepted for continued support of Oneida Elder Service Programs. A suggested donation of \$15.00 is appreciated and will be returned back to the program to supportive services for serving more elders.
11. It is the elder's responsibility to call Elder Services for updates on current health and physical status that would change your eligibility status for assistance.

Should you have any questions contact Service Coordinator:

Cheryl Ault at 920-869-2448

**Are You or Someone You Know
Hearing Impaired?**

**Elderly Services is having a
Presentation On How To Get A
“Free”**

**Telephone Designed for the
Hearing Impaired; 55 or Older**

WHEN: Dec. 10th, 2009

WHERE: Senior Center

TIME: 12:15 pm

**Guest Speaker: Paul Klocko
Available through the Wisconsin
Telecommunications Equipment
Purchase Program & paid for by the
Wisconsin Universal Service Fund**

There are 4 styles to choose from.

**Any Questions please feel free to call:
Joyce Ann Hoes 920-869-2448 ext 6844**

Oneida Elder Christmas Party

Elders age 55 and older only

Where: Radisson Hotel and Convention Center
Three Clans Room

When: Friday, December 18, 2009

Time: 10:00 am – 2:30 pm

Cost: Elders age 70 and older free
Elders age 55 - 69 \$10.00

Payment must be received upon registration. Tickets will be available at Oneida Elderly Services only, must have a ticket to enter the Elders Christmas Party

Lunch
Live Entertainment
Door Prizes
50/50 Raffle

Must register/sign-up:

Please call Elderly Services at (920)869-2448
between the hours of 8:00 am – 4:30 pm.

Last day for registration and pick up tickets will be Friday, December 11, 2009 there will be no exceptions and no children please.

National Care Giver Month

When: Friday, December 11, 2009

Time: 10:00 A.M. – 1:00 P.M

Place: Radisson Hotel and Conference Center

2040 Airport Drive, Green Bay, WI

Room: Huron / Ontario

Lunch Provided

Guest speaker: Dawn Nissen, APNP

Associate of John Seccombe, MD and Paul Pearson, MD, PhD

From Prevea Heart and Vascular Care-Specialists in
Heart and Lung Care

Caregiver Definition:

“A family member or close acquaintance who performs care giving tasks: when a dependency situation emerges this person(s) performs tasks designed to assist an individual with routine activities that were previously performed without assistance.”

Caregiver's call me to come to this event to be recognized and to enjoy a meal with other Caregiver's and bring the one you care for.

Learn about resources to help you while care giving and learn to take care of yourself.

This event is available to the first 50 elders.

R.S.V.P. by Wednesday, December 2, 2009

For reservations call ONEIDA ELDER SERVICES

920-869-2448

Debi Melchert, N.A.F.C.G.

NO CHILDREN!!!

TO: Florence Petri, Program Director, Oneida Elder Services ~
ONCOA ~ Oneida Commission of Aging

This letter comes with a big Thank You for all the services that this program provides for the Elders. I appreciate it as I can not do it my self. Home chore did a good job on my lawn that I had to ask for about 2 times this summer when my mower was down. And another thanks for the garage that I was one of the selected to get. It feels so good to be able to have a safe place to park my car. Thank you also to Dan Skenandore who was responsible to get it done.

With much appreciation and Thanks

Carol L. Elm



ELDER BENEFIT SPECIALIST –

Assist elders 55 years and older, regardless of financial status. This is a paraprofessional position which provides information, assistance and administrative representation. The Benefit Specialist performs a variety of duties relating to public benefits for the elderly through coordination with other county, community, and governmental agencies, and under the direction of the regional legal assistance provider.

- Disabled clients and priority elderly (70 yrs. or older) are eligible for services first.
- Provide elderly assistance with forms
- Assist with Medical Assistance, Energy Assistance, Community Support / Catastrophic Assistance, other Tribal, State and Federal entities referrals and guidance. Including paperwork and gathering necessary documentation for application processing.
- Help set up Burial Accounts-inform.
- Work daily with Social Security issues such as overpayments, appeals or applications.
- Assist with Medicare, Supplemental Insurances, and Oneida Contract Health questions and issues.

If you have any questions or need assistance please contact Angela Ortiz, Elder Benefit Specialist at (800) 867-1551 or (920) 869-2448.



National Indian Council on Aging Senior Community Service Employment Program

Oneida Elder Services Complex

Tuesday and Thursday Only

November 10, 2009 through December 17, 2009

Time: 10:00 A. M. – 12:00 P. M.

Presenter: Aleta Fish, Wisconsin Employment Specialist

Business: 715-701-0674 ~ Office: 715-799-5720

E-mail: afish@nicoa.org

Do you want to learn something new and get paid for learning?

Attend these meeting to learn more about the program and complete an application.

Participant Eligibility

Must be 55 years or older

Must meet low-income guidelines

Must be a resident of the state you are applying

Must not have worked in the last 7 days

NICOA Headquarters
Dorinda Fox, National SCSEP Director
10501 Montgomery Blvd., NE, Suite 210
Albuquerque, New Mexico 87111
Telephone: 505-292-2001
Fax: 505-292-1922

www.nicoa.org

COMPUTER GIVEAWAY TO ELDERS



Sign up: Please call 869-2448 to sign up for a free computer

- Deadline to sign up is Friday, December 11, 2009.
- The giveaway target group is for household currently without a computer and those 70 and older.
- Please have the following information ready: Name, Date of birth, Tribal ID number, Address, Phone number and Alternate phone number or email address.
- Computer detail information: 512mb RAM memory, 40GB hard drives, 2.66Ghz processor, CDROM, Floppy Drive, Windows XP Operating System, Open Office Software, Age is about 4 to 7 years old, Hard Drive is wiped clean and installed is Windows XP; all will have network cards that work.
- FIRST items given away will be complete sets to include monitor, tower, keyboard and mouse – we have about 44 full sets.

Pick up:

- Tuesday, December 29, 2009 between 10am and 2pm - Social Services (OLC) delivery area, 2640 West Point Road
- Absolutely NO deliveries or shipping
- Must bring (or present elders) tribal ID
- You will be asked to sign a log stating you received the computer

NOTE: This is a donation to you. Oneida Elder Services (OES) and/or the Oneida Tribe Management Information Systems (MIS) are

- Not liable for any damages or the condition of the PC
- Not responsible for technical support including software or maintenance.
- Once the PC leaves the premises, it is considered disposed of from the Oneida Tribe and its programs.

Referral information for assistance in computers will be given at pick up. For more information please contact Claudia Skenandore at 869-2448. Thank you in advance for your patience and cooperation. **You are appreciated!**

ONIEDA LIFE INSURANCE PLAN PLUS

INFORMATIONAL SESSION



DATE: December 23, 2009

TIME: 12:15 P.M

LOCATION: 134 Riverdale Dr. Oneida, WI 54155

**Please contact Jodie Skenandore with any questions at:
920-869-6202**

ONEIDA ELDER SERVICES

GIFT SHOP

2907 Overland Road

Just West Of The Health Center

*Elders showcase their talents
With beautiful floral centerpieces,
quilts, pillows, dolls, handmade and
beaded jewelry, Native American
greeting cards. Oneida Singers Tapes*

**Open Monday-Friday
8:00A.M. to 12:00 P.M.**

**Come visit with us. We have
fresh popcorn every day.
Also Diet Soda and water**

*Elders: Come display your art and
crafts at no cost or commission.*

**ONEIDA ELDER SERVICES
ENROLLMENT FORM**

DATE: ____/____/____

NOTE: The State & Federal Governments have requested that we collect the following information on individuals who receive our services. The information may be used to justify continued funding of our programs.

Name _____ Phone Number () _____

Address _____ Social Security Number Last four digits / _____

City _____ State _____ Zip Code _____ County _____ DOB / / _____

OUR PROGRAM POLICY FOR SERVICES is as follows: **1) Elder aged 70 years and older. 2) Elders aged 55-69 years of age that are disabled/handicapped, living alone. 3) Elders aged 55-69 years of age, with health/safety issues.** The elders that are listed are our **priority**.

Please check the appropriate responses:

Martial Status: ____ Married ____ Single ____ Widowed ____ Divorced

Maiden Name: _____

Veteran: ____ Yes ____ No

Living Arrangement: ____ Lives Alone ____ Lives with Spouse ____ *Lives with Others**

Do you: ____ Rent ____ Own ____ *How Many Others**

Race: ____ Native American ____ Caucasian ____ Latino ____ Asian ____ African
American

Tribal Affiliation: _____ **Enrollment Number:** _____

General Health Status: ____ Excellent ____ Good ____ Fair ____ Poor*

***If Poor Please List Health Condition:** _____

Do You Currently Have Any of the Following: ____ Guardian ____ Power of AttyBFinances ____ Health ____
____ Medicare ____ Medicaid ____ Representative Payee
____ None of The Above

In Case of an Emergency B Please Contact

Name: _____

Phone Number: () _____

Relationship: _____

The above information is correct to the best of my knowledge. Any false statements on any part of the enrollment form, are grounds for denial of services. All of the information on the enrollment form is confidential and will not be released to any persons unless I have signed an authorization form for release of information. This enrollment form becomes the property of the Oneida Elderly Services.

Signature

____/____/____
Date

Please Return to
Oneida Elder Service Complex
Service Coordinator, P.O. Box 365
Oneida, WI. 54155