

# DRUMS

# ACROSS

# ONEIDA

Oneida Elder Services

Lee McLester II Building

P.O. Box 365, 2907 S Overland Rd.

Oneida, WI 54155

Phone: 920-869-2448

1-800-867-1551

**Speak to live operator at this  
phone number 24/7**



Elder Services Congregate

Meal Site

2901 S. Overland

Oneida, WI 54155

Phone: 920-869-1551

Drums contact: Marena Bridges

Email:

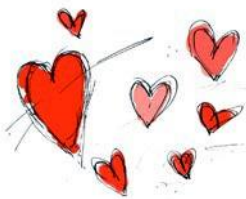
mbridges@oneidanation.org

Drums articles can also be viewed at [Oneida-nsn.gov/elderservices/](http://Oneida-nsn.gov/elderservices/)

Wata?klokwaskó Wahní·tale?

Great Snow Moon

February 2016



## Happy Valentine's Day!



### Elder Valentine Party

Come an join us on Friday, February 12<sup>th</sup> at 1:00 – 3:00 at the Elder Service Mealsite for the Luscious Lip Contest, Bingo, & Door Prizes

### Great Lakes Native American Elders Association Meeting

**Sponsored By:** The Lac du Flambeau Band of Lake Superior Chippewa

**Date(s):** March 3 & 4, 2016

Oneida Elder Services will not be providing transportation or scheduling hotels for this month's GLNAEA meeting. We hope you are still able to attend and have a great event experience.

If anyone would like to attend please see the hotel & contact information below.



Lake of the Torches Hotel & Casino

Hwy 47

Lac Du Flambeau, WI 54538

Phone: 1-800-258-6724

<http://www.lakeofthetorches.com/hotel>

## FEBRUARY 2016 MENU

Congregate Meal Site, 2901 S. Overland, Oneida, WI 54155 Phone: 1-920-869-1551

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 BBQ Chicken Buttered Broccoli Coleslaw Dinner Roll/Butter  Fruit	2 <b>STAFF MEETING</b> Ring Bologna Parsley Buttered Potatoes Squash Dinner Roll W/Butter  Fruit	3 Roast Turkey Bread Stuffing Mixed Vegetables Cranberries  Pudding	4 Chili W/Crackers Lettuce Salad 1/2 Deli Sandwich  Fruit	5 Pork Chop Mashed Potatoes/Gravy Buttered Green Beans Dinner Roll W/Butter  Applesauce
8 Oneida Corn Soup Deli Meat Sub Sandwich Raw Vegetables W/Dip Fruit  Gelatin	9 Sliced Roast Beef W/Gravy Mashed Potatoes Buttered Carrots Sliced Bread W/Butter  Fruit	10 Baked Ham Scalloped Potatoes Buttered Green Beans Fresh Dinner Roll W/ Butter Applesauce	11 Swedish Meatballs Over Buttered Noodles Acorn Squash Sliced Cucumbers Corn Muffin Fresh Fruit	12 Honey Dipped Chicken Wild Rice Pilaf California Blend Veggies Fresh Dinner Roll W/ Butter Fruit
15 Grilled Liver & Onions W/Gravy Mashed Potatoes Buttered Carrots Dinner Roll  Homemade Cookie	16 Spaghetti W/Meat Sauce Italian Blend Vegetables Cheesy Mascot Bread  Fresh Fruit	17 Swiss Steak Baked Potato W/Sour Cream Brussels Sprouts Dinner Roll W/Butter  Fruit Cocktail	18 Beef Stew 1/2 Turkey Sandwich Raw Veggies W/Dip  Fresh Fruit	19 Baked Fish Fillet W/ Lemon Oven Roasted Potatoes Asparagus Rye read W/Butter  Oranges Slices
22 Hamburger On A Bun Buttered Mixed Veggies Baked Beans  Fresh Fruit	23 Homemade Chicken Noodle Soup Deli Meat Sandwich Lettuce Salad W/Dressing  Gelatin Cubes	24 Roast Turkey Mashed Potatoes W/Gravy Buttered Wax Beans Cranberry Sauce Corn Muffins Fruit	25 <b>BIRTHDAY DAY</b> <b>Beef Stroganoff Over</b> <b>Noodles</b> <b>Brussels Sprouts</b> <b>Applesauce</b> <b>Cake</b>	26 Cream Pea Sauce Over Salmon Loaf Buttered Parsley Potatoes Rye Bread Fruited Gelatin
29 Chicken A' La King Homemade Biscuits Lettuce Salad W/ Dressing Carrot Coins Fresh Fruit			All meals are served with coffee, juice, milk, tea, or water.	MENU IS SUBJECT TO CHANGE. Lunch is served Monday-Friday from 12:00- 1:00 p.m. Breakfast is served from 9:00-10:00 a.m. on posted days.

# FEBRUARY 2016 ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1 Knitting circle</b> E.S. Meal-site 9:30 <b>Exercise</b> E.S. Meal-site 11:00  <b>Bingo</b> E.S. Meal-site 1:00	<b>2</b>  <b>Crafts</b> 9:30 – 11:00 E.S. Meal-site	<b>3 Book Club</b> E.S. Meal-site 9:30 <b>Exercise</b> E.S. Meal-site 11:00  <b>Bingo</b> C.W. building 1:30	<b>4 Seroogy's Chocolate Store</b> DePere 9:30  <b>Chair Yoga</b> E.S. Meal-site 1:30	<b>5 Banks, Shopping &amp; Lunch Out</b> (On your own) 10:00 – 3:00 No Transportation for lunch this day.
<b>8 Journaling</b> E.S. Meal-site 9:30 <b>Exercise</b> E.S. Meal-site 11:00 <b>Movie</b> E.S. Meal-site 1:10	<b>9 Karaoke</b> E.S. Meal-site 12:30 <b>Tai Chi</b> E.S. Meal-site 1:30	<b>10 Book Club</b> E.S. Meal-site 9:30 <b>Exercise</b> E.S. Meal-site 11:00  <b>Bingo</b> C.W. building 1:30	<b>11 Banks, Shopping &amp; Lunch Out</b> (On your own) 10:00 – 3:00 No Transportation for lunch this day.	<b>12 Boards Games</b> E.S. Meal-site 9:30  <b>Elder Valentine Party</b> <b>E.S. Meal-site 1:00</b>
<b>15 Knitting circle</b> E.S. Meal-site 9:30 <b>Exercise</b> E.S. Meal-site 11:00  <b>Bingo</b> E.S. Meal-site 1:00	<b>16</b>  <b>Crafts</b> 9:30 – 11:00 E.S. Meal-site	<b>17 Book Club</b> E.S. Meal-site 9:30 <b>Exercise</b> E.S. Meal-site 11:00  <b>Bingo</b> C.W. building 1:30	<b>18 Salvation Army Thrift Store</b> Green Bay 9:30  <b>Chair Yoga</b> E.S. Meal-site 1:30	<b>19 Banks, Shopping &amp; Lunch Out</b> (On your own) 10:00 – 3:00 No Transportation for lunch this day.
<b>22 Journaling</b> E.S. Meal-site 9:30 <b>Exercise</b> E.S. Meal-site 11:00 <b>Wii Bowling</b> E.S. Meal-site 1:10	<b>23</b>  <b>Tai Chi</b> E.S. Meal-site 1:30	<b>24 Book Club</b> E.S. Meal-site 9:30 <b>Exercise</b> E.S. Meal-site 11:00 <b>Bingo</b> C.W. building 1:30	<b>25 U-Bake Store</b> Green Bay 9:30 <b>Birthday Lunch 12:00</b> <b>Neville Public Museum</b> Green Bay 1:15 \$5.00 fee	<b>26 Banks, Shopping &amp; Lunch Out</b> (On your own) 10:00 – 3:00 No Transportation for lunch this day.
<b>29 Knitting circle</b> E.S. Meal-site 9:30 <b>Exercise</b> E.S. Meal-site 11:00 <b>Movie</b> E.S. Meal-site 1:10			* Please <u>sign up</u> for trips at the E.S. Meal-site. * All Trips leave from E.S. Meal-site. * <b>Activities need 5 Elders to go.</b> * Activities subject to change.	Is this the Month of your Birthday? You <u>must sign up in the Birthday Book</u> at the E.S. Meal-site. * <u>Must be present at B-day Lunch</u> to receive your gift card 

**\*\*If you have any questions Please call Michelle Cottrell at 869 -1551\*\***

# Happy Valentine's Day

R	R	X	C	L	N	A	M	A	Z	B	P	W	J	C	B
E	H	K	I	S	S	E	O	J	Q	L	O	V	E	H	A
D	L	E	B	H	R	U	N	Y	W	U	J	Z	K	O	U
R	R	U	C	O	F	P	E	D	P	A	E	L	B	C	J
A	G	O	R	P	L	A	Y	R	U	K	W	P	E	O	Z
E	I	Z	A	Z	O	E	Y	C	R	I	E	B	O	L	D
B	F	P	L	Y	W	S	T	A	S	W	L	Q	W	A	W
L	T	E	K	B	E	U	B	T	E	B	R	Z	U	T	S
O	S	R	C	A	R	D	E	I	E	I	Y	A	J	E	R
R	N	Y	L	U	S	N	C	Y	L	R	E	S	Y	L	Y
B	L	S	E	D	R	Z	U	P	O	C	P	D	B	O	K
A	K	Q	O	I	K	Q	L	N	L	S	A	I	L	U	I
H	E	A	R	T	D	E	Y	I	K	Y	Q	N	F	L	R
C	D	K	I	B	A	Y	Z	P	I	N	K	N	D	K	D
V	A	L	E	N	T	I	N	E	S	O	C	E	B	Y	I
Z	U	J	C	K	B	A	I	R	S	I	Y	R	O	Q	C

**Heart**

**Flowers**

**Candy**

**Pink**

**Chocolate**

**Gifts**

**Money**

**Jewelry**

**Red**

**Card**

**Valentine**

**Purse**

**Dinner**

**Love**

**Kiss**

**Letter**

# Message from the Elder Services Director

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**HOYAN!**

We all felt the effects of Snowstorm Ashley. She pummeled us with gusting winds, 13.2 inches of snow, and heavy drifts. Many roads were impassable making it very difficult for the employees of Elder Services to complete the plowing to the many elder residences. Those elders who are on lifeline take priority, but we simply did not have the man power to get them all done.

We understand fully the importance of caring for our elders. We are thankful for the assistance Elder Services received from the Department of Public Works and Conservation and Land Management as one of the trucks had broken down to make matters worse. Please understand that Elder Services does what is within our power to do. However, if the counties and municipalities don't plow the roads, our trucks cannot get down those roads. We ask that you please be patient at times such as this.

In addition, we strongly encourage more family and community assistance to care for and check in on the elders. There were so many elders we could not get to but are doing our best to get them all completed. If there are any volunteers who are willing to help in time of need, please contact Teresa Barber-Buch of Elder Services at 869-2448 ext. 6847 with your contact information.

Florence Petri, Program Director  
Oneida Tribe Elder Services  
2907 S Overland Rd  
Oneida, WI 54155  
920-869-2448  
800-867-1551

# Oneida Elder Services Snow Removal Information

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**Meet our Snow Removal Team!**



**They worked 12+ hours straight removing snow after snowstorm Ashley!**

## **Reminder:**

- Our priority is 70+ or 55-69 with disability documentation
- If you're already on the snow removal list, there's no need to call for removal.
- Workers will first clear driveways for emergency vehicle access, then return the next day to get to walkways, ramps, mailboxes, and so forth.
- For worker's safety, workers will not enter roads that have not yet been plowed by their respective municipalities.
- We have limited staff and plow equipment with 100+ driveways on our list.
- We do not pay for snow removal services from external businesses.

**Thank you** to those friends and family who helped out their Elders in these extreme conditions. There is no way we can do it all and all help is appreciated!

We also **thank** the following departments for helping out: Dept. of Public Works, Conservation and Land Management.

If you have questions about snow removal, please contact our Service Specialist, Teresa Barber-Buch, at 920-869-2448 ext. 6847 or email her at [tbarberb@oneidanation.org](mailto:tbarberb@oneidanation.org)

## **Wisconsin Home Energy Assistance Program (WHEAP)**

Oneida Tribe Economic Support Services is scheduling appointments beginning September 1<sup>st</sup> for the 2015 heating season.

If you reside within the Oneida Reservation boundaries you can **call 490-3939** to make a WHEAP appointment. If you reside outside of the Oneida Reservation boundaries you must call your county's WHEAP office (for Brown County **488-6460** and Outagamie County is **800-506-5596**).

The Wisconsin Home Energy Assistance Program (WHEAP) provides assistance for heating costs, electric costs, and energy crisis situations. Operating with federal and state funding, the program provides assistance to approximately 225,000 Wisconsin households annually.

Most types of fuel are eligible to receive assistance. Whether you use wood, propane, natural gas, electricity, or fuel oil to heat your home, energy assistance is available if you qualify.

### **Heating Assistance**

WHEAP assistance is a one-time payment during the heating season (October 1 – May 15). The funding pays a portion of the heating costs, but payment is not intended to cover the entire cost of heating a residence. The amount of energy assistance benefit varies depending on a variety of factors, including the household's size, income and energy costs. In most cases the energy assistance benefit is paid directly to the household's energy supplier.

### **Electric Assistance**

Your household may be eligible to receive a payment for non-heating electric energy costs through funding provided by Wisconsin's Public Benefits.

WHEAP electric (non-heating) assistance is a one-time benefit payment during the heating season (October 1-May 15). The funding pays a portion of the household's electrical (non-heating) costs, but the payment is not intended to cover the entire cost of the non-heating costs.

The amount of the non-heating assistance benefit varies depending on a variety of factors, including the household's size, income, and non-heating costs. In most cases the non-heating assistance benefit is paid directly to the household's energy supplier.

### **Crisis Assistance**

A household may be eligible for *crisis assistance* if you have no heat, have received a disconnect notice from the heating vendor, or are nearly out of fuel and do not have the money to purchase more. Crisis assistance is available through local WHEAP agencies that provide a 24-hour crisis phone number to help with emergencies that occur after business hours. WHEAP crisis assistance provides both emergency and proactive services.

There are also non-emergency or proactive crisis services that include providing information on how to reduce fuel costs, counseling on budgeting and money management, providing payments to a fuel supplier, and co-pay agreements.

### **Furnace Assistance**

WHEAP emergency heating system assistance can provide services to eligible home owners if the furnace or boiler stops operating **during the heating season**. Heating system assistance includes payment for repairs, or in some situations your residence may qualify for a total replacement of a non-operating furnace or boiler. Call the local energy assistance office immediately if you are experiencing a no heat situation.

### **How to apply**

Your household may be eligible for Wisconsin Home Energy Assistance Program (WHEAP) services based on a number of factors. However, if the gross income for your household is less than the amount shown on the following chart, you might be eligible to receive assistance.

**Income guidelines for the 2015-2016 WHEAP Heating Season**  
(60% of State Median Income Guidelines)

Household Size	One Month	Three Month	Annual Income
1	\$2,133	\$6,400	\$25,601
2	\$2,790	\$8,370	\$33,478
3	\$3,446	\$10,339	\$41,355
4	\$4,103	\$12,308	\$49,232
5	\$4,759	\$14,277	\$57,109
6	\$5,416	\$16,247	\$64,986
7	\$5,539	\$16,616	\$66,463
8	\$5,662	\$16,985	\$67,940

If you think your household income meets the guidelines, please call **490-3939** to schedule your appointment after September 1<sup>st</sup>.



# It's that time of the year to update your Home & Vehicle Emergency Preparedness Kits

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## Check the expiration dates on Food & Medications



Listed below are the recommended items in event of an emergency or disaster:

### ➤ HOME:

- ✓ Three (3) day supply of medication, portable oxygen tank, & completed "File of Life"
- ✓ Three (3) day supply of non-perishable food:  
Food you don't have to cook (granola bars, can foods, etc.)
- ✓ Manual can opener
- ✓ Three day supply of water (one gallon per person per day)
- ✓ Hygiene & sanitation items:  
Toilet paper, feminine products, baby wipes, etc.
- ✓ One (1) change of clothing & a pair of shoes
- ✓ Blanket, duct tape, & garbage bags
- ✓ Battery operated or crank powered radio
- ✓ Whistle to attract attention of emergency personnel
- ✓ First aid kit & manual
- ✓ Flashlight with extra batteries & bulbs
- ✓ Matches in a waterproof container & candles
- ✓ Extra set of keys
- ✓ Pet supplies for your pet
- ✓ Playing cards to bide your time until rescued

### ➤ VEHICLE: Always let someone know when you're traveling, the estimated time of arrival (ETA), & route

- ✓ Cell phone (any cell phone can be used for 911 providing there is service)  
911 Cell phones are available @ Elder Services free of charge
- ✓ First aid kit, manual, extra supply of medications, & completed "File of Life"
- ✓ Shovel & kitty litter
- ✓ Pair of boots, gloves, hat, & blanket
- ✓ Non-perishable or pre-packaged foods
- ✓ Battery operated or crank powered radio
- ✓ Flashlight, extra batteries, bulbs, & whistle to attract attention of emergency personnel

If you have any questions about preparing for emergency, please contact Elder Services at 920-869-2448.

# IMPORTANT!

## SeniorCare

### Applications & Renewals

SeniorCare is Wisconsin's Prescription Drug Assistance Program. The Elder Benefit Specialist at the Oneida Elder Services Department will:

- Accept and process new applications
- Accept and process renewals
- Will process payment for the \$30.00 Enrollment Fee (*contingent upon availability of funding*)

The following information **is required prior to** applications and payment being processed:

- Full name
- Complete Address
- Telephone Number
- Social Security Number
- Date of Birth
- Oneida Enrollment Number
- All required income, including the Per Capita Payments

**NOTE:**     **Failure to provide the required information may cause a delay in processing the application and enrollment fee.**

In order to process the applications (both new & renewals) in a timely manner, the applicant is required to submit their application to the Elder Benefit Specialist **no later than the 20<sup>th</sup> day of each month** in order to allow enough time to process the payment request through accounting and have it to SeniorCare by the last date of the month in which the application & fee are due.

**NOTE:**     **Applications received after the 20<sup>th</sup> day of the month will still be processed, but may not get to SeniorCare before the deadline.**

If you have any questions, please contact Oneida Elder Services Benefits Specialist, Linda Dallas, at 920-869-2448 ext. 6832.