

DRUMS

ACROSS

ONEIDA

Oneida Elder Services
2907 South Overland Rd.
Oneida, WI 54155
Phone: 920-869-2448
Fax: 920-869-1824



Senior Center-Meal Site
134 Riverdale Dr.
Oneida, WI 54155
Phone: 920-869-1551
Fax: 920-869-1526

(Wata?klokwaskó)

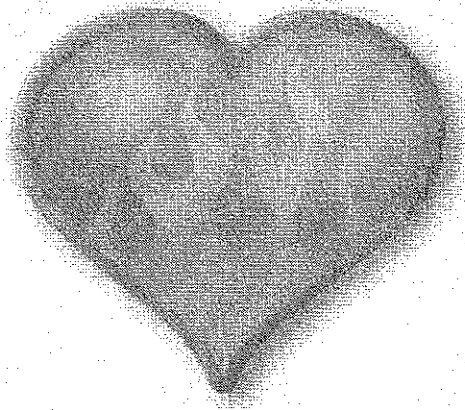
Great Snow Moon

February 2012



Happy Valentine's Day!

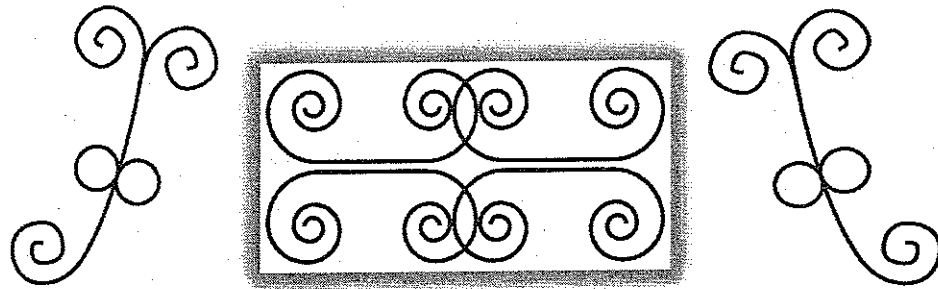
To keep love brimming,
Like love in a loving cup,
Whenever you're wrong admit it,
Whenever you're right, shut up.



-Author unknown

Monday	Tuesday	Wednesday	Thursday	Friday
FEBRUARY 2012 ACTIVITIES				
		1 Oneida Language Elder Services 9:30 Pace Exercise Elder Services 11:00 Bingo Hwy H 1:30	2 Cooking Class Elder Services 9:30 Bowling Ashw. Lanes 1:30	3 Banks, Shopping, Lunch Out (on your own) 10:00 – 3:00
6 Scruples Game Elder Services 9:30 Pace Exercise Elder Services 11:00 Bingo Senior Center 1:00	7 Crafts Elder Services 10:00 - 11:30	8 Quiddler Game Elder Services 9:30 Pace Exercise Elder Services 11:00 Bingo Hwy H 1:30	9 Seroogy's Chocolate & Bread Store Depere 10:00 Wii Bowling Hwy H 1:00	10 Banks, Shopping, Lunch Out (on your own) 10:00 – 3:00
13 Wii Bowling Elder Services 9:30 Pace Exercise Elder Services 11:00 Bingo 1:00 Site II	14 Valentine Party Senior Center 9:30 - 11:30	15 Checkers Elder Services 9:30 Pace Exercise Elder Services 11:00 Bingo Hwy H 1:30	16 Valentine Bingo Three Sister's Center Green Bay 10:00 Bowling Ashw. Lanes 1:30	17 Banks, Shopping, Lunch Out (on your own) 10:00 – 3:00
20 Wheel of Fortune Elder Services 9:30 Pace Exercise Elder Services 11:00 Bingo Senior Center 1:00	21 Crafts Elder Services 9:30 - 11:30	22 Oneida Language Elder Services 9:30 Pace Exercise Elder Services 11:00 Bingo Hwy H 1:30	23 Salvation Army Store 10:00 Green Bay Birthday Lunch 12:00 Wii Bowling Hwy H 1:00	24 Banks, Shopping, Lunch Out (on your own) 10:00 – 3:00
27 Ice It Game Elder Services 9:30 Pace Exercise Elder Services 11:00 Bingo 1:00 Site II	28 Crafts Elder Services 9:30 - 11:30	29 Wii Bowling Elder Services 9:30 Pace Exercise Elder Services 11:00 Bingo Hwy H 1:30	*Please sign up for trips at Senior Center Main Office. *All trips leave from Senior Center.	*Is this your Birthday Month? *You must sign up in the Birthday Book at Senior Center, Main Office. *Must be present to receive your gift card.

If you have any questions Please call Michelle at 869 – 2448*



** YAWAKO **

In the Oneida Language this means "Thank You!"
Oneida Elder Services appreciates your generous donations for the
"Oneida Elder Christmas Party". We'd like to thank:

Chairman Ed Delgado, Oneida Business Committee, ONCOA Board
Members, Oneida Communications Department, Oneida Bingo &
Casino, Melinda Danforth, Walmart Wise Women, Lamer's Bus Line,
Potawatomi Carter, George Greendeer, Oneida Police Department
Benevolent Club, Green Bay Packers, Ninth St. Parmentier Florist,
PDQ Car Wash, Gitchi Gaming Incorporated, Menominee Casino
Hotel, Bear Paw Loretta Webster, Radisson Hotel, Del Smith, Matt
Ninham & Oneida Community Members, Jeanette Mittag, Rudy
Webster (Hilo, Hawaii), Schroeder's Florist, and Everyone Else who
donated!



MENU

FEBRUARY

2012

ONEIDA SENIOR CENTER, 134 RIVERDALE DRIVE, ONEIDA, WI., 54155 PHONE : 1-920-869-1551

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Chili Fresh Bread Fresh Vegetables Juice Jell-O	2 Beef Tips & Noodles Mixed Vegetables W/W Bread Juice Applesauce	3 Fish Cole Slaw Boiled Potatoes Rye Bread Juice Mixed Berries
6 Hot Dogs Macaroni & Cheese Buns Fresh Vegetables	7 Corn Soup Fresh Bread Cheese & Crackers Juice Berries	8 Goulash W/W Bread Juice Fresh Vegetables Whip & Chill	9 Pork Roast Wild Rice Broccoli & Cauliflower W/W Bread Peaches	10 Chipped Beef & Gravy Eggs Toast Juice Fresh Fruit
Pudding 13 Bratwurst Sauer kraut Potatoes W/W Bread Juice Pears	14 VALENTINE'S DAY Hot Beef Mashed Potatoes Peas & Carrots Buns Orange, Pineapple & Apple Rings	15 Spaghetti W/ Meat balls Salad Garlic Bread Juice Cookies	16 Pork Steak Rice Pilaf Mixed Vegetables W/W Bread Jell-O	17 Beef Pasty Mixed Vegetables Juice Bread Pudding
20 Chop Suey Rice Biscuits Juice Sherbet	21 Beef Barley Soup Fresh Bread Juice Jell-O	22 Tomato Soup Ground Bologna & Egg Salad Sandwiches Juice Mandarin Oranges	23 BIRTHDAY DAY Chicken Stuffing Mixed Vegetables W/W Bread Cake	24 Fish Oven Potatoes Cole Slaw W/W Bread Juice Pears
27 Hamburger Patties Macaroni Salad Beans Buns Ice Cream	28 Chicken Gordon Rice Mixed Vegetables W/W Bread Blueberries	29 Turkey & Gravy Potatoes Brussels Sprouts W/W Bread Juice Pineapple Tidbits		
All meals are served with coffee, milk, tea or water	Menu is subject to change.	BIRTH STONE: AMETHYST FLOWER: VIOLET	HOURS: 8:00A.M.-4:30P.M. Lunch Is Served Monday-Friday 12:00P.M.-1: 00P.M.	



Come an join us at the

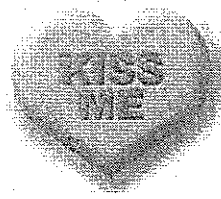
Elder valentine Party

On Tuesday, February 14th

9:30 – 11:30

At the Senior Center/Mealsite

Luscious Lip Contest, Bingo, Door Prizes, Snacks





Oneida Elder Services



Alzheimer's/Caregiver Support Group

Date: Wednesday February 22, 2012

Time: 1:30 - 3:30 p.m.

Where: Oneida Elder Services

2907 S Overland Rd. Oneida, WI 54155

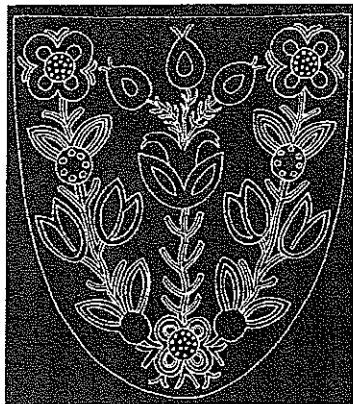
"Common Symptoms of Frontotemporal Disorders"

Frontotemporal disorder symptoms aren't consistent person to person. Much like other neurological diseases, presentation is unique. The symptom presentation is directly correlated to what part of the brain is affected. Entire pieces of tissue from the frontal and or temporal region of the brain may be absent in relation to the disease process. Generally, with the brain damage noted in the frontal region of the brain we will see behavioral symptoms. Changes in the temporal lobe present as language or emotional disorders. There is no way to quantify behaviors related to this disorder. That is, they can vary significantly and range from mild to quite bizarre, and unsafe. Some behaviors that may be noted are neglecting personal care, inability to prioritize, compulsive behaviors including shoplifting, displaying socially inappropriate behaviors such as laughing at a funeral, language disorders may include being able to speak normally but the person cannot use or understand the words to say, very often the person affected with disease lacks awareness of the disease, depression, falls, tremors, shuffling gait and abnormal posture. Again there is no way to quantify the scope of behaviors that may be seen as each person's brain is unique.

To learn more about Alzheimer's disease come to the next
Alzheimer's Caregiver Support Group.

Contact: Debi J. Melchert, NAFCG -Native American Family Caregiver/Coordinator
920-869-2448 Ext. 6834





Oneida Elder Services Native American Family Care Giver “Voucher” Program

Oneida Elder Services is pleased to announce a new Native American Family Caregiver “Voucher” Program. It is designed to give established caregivers the opportunity to receive up to 4 hours a month of temporary respite relief from their caregiving responsibilities. Qualifications:

“Temporary Relief Respite Caregiver Worker” are as follows:

1. **Relief Respite Caregiver Worker** must be Age 18 years or older.
2. Must be pre-approved by Oneida Elder Services.
3. Must have a pre-approved background check with Oneida Tribe of Indians Human Resources Department.
4. Completed and Approved “NAFCG Provider Agreement form”.
5. Applicant must be familiar with e recipient and their situation.

This is to be determined by the recognized established Family Caregiver.

Grandparents 55 years or older, who have custody or guardianship of grandchildren, you may qualify for the program.



Available services will be dependent on available funds

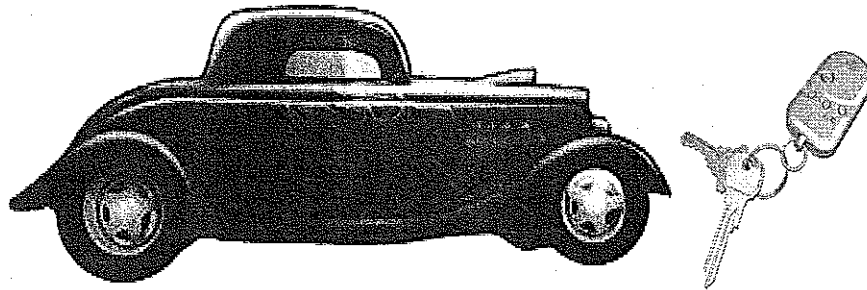


If you have any questions please feel free to contact:

Joyce Ann Hoes/Native American Family Care Giver Supervisor

920-869-2448 ext 6844





Oneida Elder Services will be having
"AARP Drivers Safety Program"
Next spring in May, 2012

"AARP Driver Safety Program" is a refresher driving course designed for older adults. One learns how to make driving safer, more comfortable, and more worry-free for one's self, the family who loves you and others on the road who depend on your driving abilities. The course is provided by AARP and is conducted by certified volunteer instructors.

The class runs for one/ four hour session, focusing on problems unique to older drivers. These include physical changes in eyesight, hearing, and reaction time which normally happen as people age. The instructors lead participants through a review of basic laws and patterns that may have changed since older drivers got their first license.

The goal of the program is to keep older drivers behind the wheel longer and more safely. It is difficult for the average driver to keep up with changes in traffic and related driving situations unless the individual takes a driving improvement course such as this. One example would be the additions of many "*Round-Abouts*". Some insurance companies may give a discount on insurance premiums for those taking the course. No tests are involved. The course is conducted in a classroom setting and there are no behind the wheel tests.

If you have any questions please feel free to contact:

Joyce Ann Hoes
Transportation Supervisor
869-2448 ext. 6844



GLNAEA

Great Lakes Native American Elders Association

Sponsored by

Red Cliff Band of Chippewa, Red Cliff, WI 54814



Legendary Waters
RESORT & CASINO



March 1 & 2, 2012

All elders who need a ride to GLNAEA, please sign up at the Oneida Elder Services Meal Site by Monday, Feb 13, 2012. Payment for your hotel must be received at sign-up. We have made arrangements for 10 people and will be using our tribal van. Participants must be independent, (able to help themselves) and be in good health (to prevent spread of health problems). We will be staying at the Legendary Waters Resort and the cost is \$30.00 per person. We will leave the Elder Services Meal Site (134 Riverdale Drive, Oneida) at 12:45 pm on Thursday, March 1st. Any questions please call Oneida Elder Services Meal Site at (920)869-1551. Thank you.

Please pay close attention to deadlines to assist in better planning. Thank you.

Next meetings – *tentatively* scheduled as follows:

June, 2012 – Forest County Potowotomi

September, 2012 – HoChunk

December, 2012 – to be determined

Elder Scams

By: Joyce A. Johnson, Oneida Elder Abuse Prevention Coordinator

As people become elders they are more likely to become targets of con artist who will attempt to target their "nest eggs" and assets.

Following are some of the telemarketing scams that may not be legitimate and target our elder population:

- Free prizes
- Low cost vitamins
- Free health care products
- or low cost vacations

If a telemarketer tells you that you must:

- "Act now or this offer will not be good."
- "You have won a prize but you must pay shipping or handling fees."
- "You must send money, give a credit card number, bank account number, or have money picked up by a courier."
- "You don't need to check out our company we are completely legitimate and have been doing business for 20 years."
- "You don't want to risk losing out on this no risk and high profit offer."

Most legitimate businesses do not mind giving you references and time to verify the accuracy of the information that they give you. And they will be willing to mail you information about the charity, investment or purchase.

Beware of any telemarketer who offers to send a courier to pick up money. Once your money has been given you probably have no business address should you need to recover it.

If you become the victim of fraud immediately contact your local, State or Federal Law Enforcement Agency to report it. A complaint is much more difficult to investigate if not reported immediately because details of important information may be forgotten.

Please contact Oneida Elder Services, Elder Abuse Prevention Coordinator, and Joyce Johnson at 869-2448 x 6833 if you have any questions or concerns.



Introducing **Justine Hill** – Maintenance Supervisor

Welcome Justine Hill, the new Maintenance Supervisor for Elder Services as of January 10, 2012! Justine is supervising projects related to **Home Chore assignments** (i.e. grass cutting, snowplowing and other outside chore duties) and **Major / Minor Home Repairs**. If you have requested these services and would like to know the status, please feel free to contact her directly:

Justine Hill 1-920-869-2448
Jhill7@oneidanation.org



IF you have any **new** requests for any of these services, please continue to contact the Elder Services Coordinator, **Cheryl Ault** at 1-920-869-2448, via email at cault2@oneidanation.org , or through the Elder Services web page at www.oneidanation.org/elderly . Cheryl intakes all requests for services to ensure timely, adequate & efficient delivery and assists in ensuring our grant related funds are allocated properly.

ICF (Initial Contact Form) Work Standards: All service requests must be made through Elder Services. Referrals are taken and then confirmed with the customer before proceeding. No prior payments will be approved without E.S. Approval

- Customer Satisfaction is our Primary Concern. Customers will be requested to be home while service is being completed so customer satisfaction signature can be received. Staff will explain to client that this signature is client statement of satisfaction. Client signature includes completing this area:

1..1.	Job completed to Your Satisfaction Yes ___ or No ___
1..2.	Comments: _____
1..3.	_____
1..4.	Client Signature _____ Date _____

- Responses to your requests will be made as soon as possible, and minimally, within 5 working days from date of request; if action cannot be taken within 5 working days, the supervisor will notify the Elder Services Director and document the ICF.
- No information regarding requests will be disclosed without Consent for Release of Information form signed by the client or his/her legal representative.
- Denials of Services are documented and waiting lists are established when applicable.
- All services are pending dependent on availability of funds.



Tuesday February 21, 2012

Oneida, WI 54155

[illegible]

March 27th, 2012

Where: Elderly Services Conference Room

[illegible]

April 20th, 2012

Oneida WI 54155

UP CLOSE AND PERSONAL WITH:

Amelia Kaye Jordan - Admin Asst. II at Elder Services
filling in for Linda Douglas.

- 1) When you were a child, what did you think you would like to be?
When I was a **child** I wanted to become a successful business woman.
- 2) Who or what has had the biggest influence in your Life?
My children and my parents, Benjamin John Jordan and Marcella, are the biggest influences in my life.
- 3) What do you consider to be your greatest accomplishment?
My greatest accomplishment was attending college while working full time and being a single parent of two wonderful boys, Gage and John.
- 4) Is there something you have always wished you were great at doing?
I wish I knew how to play the violin; the violin can convey feelings and emotions similar to that of the human voice.
- 5) What is the best advice anyone ever gave you?
If you can't get out of it, get into it.
- 6) What advice would you give to someone who is about to retire?
Make the best out of each day, we don't get them back and only live once.
- 7) What is your ideal vacation?
My ideal **vacations** are in Aruba, Jamaica, the Bahamas, Hawaii and Alaska.
- 8) Favorite Meal:
My favorite meal is Turkey a la King, right after the holidays.
- 9) Favorite Music:
I like all kinds of music; some of my favorites are Classic Country, The Beatles, and Big Band Era music like Chattanooga choo choo.
- 10) Favorite Book:
My latest favorite book is entitled "Pigs in Heaven" by Barbara Kingsolver.
- 11) Favorite Movie/Movies:
"It's a Wonderful Life" is my all-time favorite.
- 12) Favorite Hobby/Hobbies:
My favorite hobby is gardening. I like to grow my own vegetables, herbs and edible flowers (like squash blossoms); I also just **love** to cook.

Remember When . . .



Picture courtesy of <http://www.imdb.com/media/rm1987026688/tt0058230>

The incredible Mr. Limpet premiered in 1964. What a great movie! Knotts is a nervous little Brooklyn bookkeeper who is excessively fond of fish. Of course, this annoys his wife (Cook) to no end, especially since Knotts actually wants to *be* one of his deep-sea friends. After he is rejected by the Navy for service in WW II, he takes a walk along Coney Island with Cook and his friend, Weston, who (to add insult to injury) has been accepted by the Navy. Knotts slips off the pier and--lo and behold-- through the miracle of animation, is turned into a fish! He meets a snail who shows him the ropes, falls in love with a lady fish, and eventually becomes a war hero by helping the Navy track down German U-boats. In the end he explains his new life to Cook and swims off to spawn with his finned female love. Sure it's absurd, but it's done well and it's fine for the kids. The animated Knotts comes complete with horned-rimmed glasses, and the fantasy works well as a whole, with a nice combination of live action and animation. Producer Rose was a long-time Disney associate and the Disney influence is evident. Appropriately, the premiere of THE INCREDIBLE MR. LIMPET was held underwater, in a specially designed, glass-enclosed room 20 feet below the surface at Weeki Wachee Springs, Florida. Songs include "The Mr. Limpet March (Super Doodle Dandy)," "I Wish I Were a Fish," "Be Careful How You Wish," "Deep Rapture," "Hail to Henry Limpet."

Article courtesy of <http://movies.tvguide.com/the-incredible-mr-limpet/review/102052>

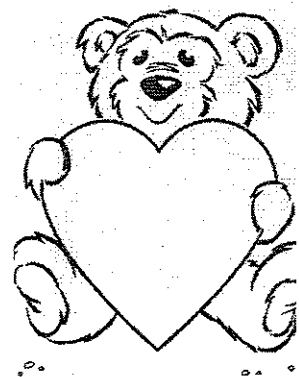
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Sweetheart
 Romance
 Valentine
 Love
 Cupid
 Marriage

Kisses
 Candy
 Heart
 Roses
 Mine
 Feelings

Jewelry
 February
 Red
 Friends
 Memories
 Pink

Hug
 Candles
 Arrow
 Chocolate
 Flowers
 Gifts



All I really need is love, but a little chocolate now and then doesn't hurt.

Birds of a Feather

--Regen Rose

I knew that my husband's hearing had deteriorated after our friend—new to the city— asked where he could meet some singles. "Well," said my husband, "I see them in the Kmart parking lot diving for fries."

"Dear," I intervened. "Singles, not seagulls."

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Elder's Meditation of the Day - "When you remove love and try to replace it with monetary things, you've got nothing ... get him to understand that he has to love *himself* before he can love anything else."

-- John Peters (Slow Turtle), WAMPANOAG

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RECIPE of the Month:

This was my father's recipe for leftover oatmeal from breakfast; he never threw any food away and just loved leftovers!

Fried Oatmeal

- Take some cold leftover cooked oatmeal (not the instant stuff),
- drop a tablespoon sized dollop it into a pan with some bacon drippings,
- flatten with back of spoon or spatula to form a patty
- fry on low to medium/low heat until golden brown on the edges.

Topped with parmesan cheese, butter, honey or plain, it goes great with a jar of pickled herring.

- Recipe submitted by Amelia Jordan on behalf of Benjamin John Jordan (deceased).

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Amelia Kaye Jordan, Admin Asst. II

Oneida Elder Services
2907 S. Overland Road
Oneida, WI 54155
Phone: 1-800-867-1551 and 1-920-869-2448
Email: ajordan1@oneidanation.org

[illegible]

A BRIEF HISTORY OF VALENTINE'S DAY



Saint Valentine
February 14 269 A.D.

Valentine was a holy priest in Rome who, with St. Marius and his family, assisted the martyrs in the persecution under Claudius II. He was apprehended by the emperor to make him renounce his faith, commended him to be beaten with clubs, and afterwards, to be beheaded, which was executed on February 14th ...this was also a designated a feast day (until 1969, when it was dropped from the Roman Catholic calendar) to honor two Christian saints (at least one named Saint Valentine) martyred by the Roman Emperor. There is a little bit of love stuff in this part, though the reason Saint Valentine was killed (beheaded, actually) was that he continued to marry young couples even though Claudius forbade it. Apparently Claudius thought that married soldiers weren't as good as single soldiers. http://www.lonekeep.com/lki_home/valentine.htm

[illegible]

YawA·ko

We here at Oneida Elder Services want to thank the following individuals for your donations:

Mr. George Greendeer...Ms. Blanche Powless

ONEIDA ELDERLY SERVICES

DATABASE FORM

DATE: ___/___/___

NOTE: The state and federal government have requested that we collect the following information on individuals who receive our services. This information may be used to justify continued funding of our programs.

Name _____ Phone Number (____) _____

Address _____ Social Security Number _____ / _____ / _____

City _____ State _____ Zip Code _____ County _____ DOB _____ / _____ / _____

OUR PROGRAM POLICY FOR SERVICES is as follows: 1) Elder aged 70 years and older. 2) Elders aged 55-69 years of age that are disabled/handicapped, living alone. 3) Elders aged 55-69 years of age, with health/safety issues. The elders that are listed are our priority.

Please check the appropriate responses:

Martial Status: _____ Married _____ Single _____ Widowed _____ Divorced

Maiden Name: _____

Veteran: _____ Yes _____ No

Living Arrangement: _____ Lives Alone _____ Lives with Spouse _____ Lives with Others*

Do You: _____ Rent _____ Own _____ How Many Others*

Race: _____ Native American _____ Caucasian _____ Latino _____ Asian _____ African American

Tribal Affiliation: _____ **Enrollment Number:** _____

General Health Status: _____ Excellent _____ Good _____ Fair _____ Poor*

***If Poor Please List Health Condition:** _____

Do You Currently Have Any of the Following: _____ Guardian _____ Power of Atty-Finances _____ Health _____
_____ Medicare _____ Medicaid _____ Representative Payee _____ None of The Above

In Case of an Emergency - Please Contact

Name: _____

Phone Number: (____) _____

Relationship: _____

The above information is correct to the best of my knowledge. Any false statements on any part of the enrollment form are grounds for denial of services. All of the information on the enrollment form is confidential and will not be released to any persons unless I have signed an authorization form for release of information. This enrollment form becomes the property of the Oneida Elderly Services.

Signature _____

_____/_____/_____
Date

Please Return to
Oneida Elderly Services Complex
Service Coordinator, P.O. Box 365
Oneida, WI. 54155