

Attention All Participants of the Elder Services Congregate Meal Site: Please Help!

Participants who eat at the Elder Services Congregate Meal Site must call in to reserve or to cancel their meal before 3:30 p.m. the day before.

If you reserve a meal and don't show we're required to pay for that meal. If you show up without a reservation you'll have to wait until all reserved meals are served.

No participant will be denied a meal



MARCH 2016 MENU

Congregate Meal Site, 2901 S. Overland, Oneida, WI 54155 Phone: 1-920-869-1551

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MENU IS SUBJECT TO	1 STAFF MEETING	2 Sloppy Joe On A Bun	3 Boiled Dinner	4 Potato Crusted Cod
CHANGE. Lunch is served	Meatloaf	Corn On The Cob	Lettuce Salad	California Blend
Monday-Friday from 12:00-	Cheesy Potatoes	Baked Chips	Dinner Roll	Dinner Roll
1:00 p.m. Breakfast is	Almond Green Beans			Fruit
served from 9:00-10:00 a.m.	Bread W/Butter			
on posted days.	Fruit	Jell-O	Fruit	Cake W/Frosting
7 BBQ Chicken	8 Ring Bologna	9 Turkey	10 Chili	11 Pork Chop
Buttered Broccoli	Parsley Buttered Potato	Stuffing	1/2 Deli Sandwich	Mashed Potato
Cole Slaw	Squash	Raw Vegetables	Lettuce	Green Beans
Dinner Roll	Bread	Cranberries		Dinner Roll
Fruit	Fruit	Pudding	Fruit	Apple Sauce
14 Corn Soup	15 Sliced Roast Beef	16 Ham	17 Swedish Meatballs	18 Honey Dipped Chicken
Deli Meat Sandwich	Mashed Potatoes	Scalloped Potatoes	Noodles	Wild Rice Pilaf
Raw Vegetables	Carrots	Green Beans	Cucumbers	California Blend
Fruit	Bread	Dinner Roll	Corn Muffin	Vegetables
				Dinner Roll
Jell-O	Fruit	Apple Sauce	Fruit	Fruit
21 Liver & Onions	22 Spaghetti W/Meat Sauce	23 Swiss Steak	24 Beef Stew	25 GOOD FRIDAY
Mashed Potatoes	Italian Blend Vegetables	Baked Potato	1/2 Deli Meat Sandwich	1/2 DAY BREAKFAST
Carrots	Cheesy Mascot Bread	Brussels Sprouts	Fresh Vegetables	Boiled Eggs
Dinner Roll		Dinner Roll	_	Hash Browns
				Oatmeal
Cookie	Fresh Fruit	Fruit Cocktail	Fresh Fruit	Muffin
28 Hamburger On A Bun	29 Homemade Beef	30 Roast Turkey	31 BIRTHDAY DAY	All meals are served with
Buttered Mixed	Vegetable Soup	Mashed Potatoes	Beef Stroganoff	coffee, juice, milk, tea, or
Vegetables	Deli Meat Sandwich	Wax Beans	Noodles	water.
Baked Beans	Lettuce Salad	Cranberry Sauce	Brussels Sprouts	
		Corn Muffin	Apple Sauce	
Fresh Fruit	Jell-O	Fruit	Birthday Cake	

MARCH 2016 ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
 * Please sign up for trips at the E.S. Meal-site. * All Trips leave from E.S. Meal-site. * Activities need 5 Elders to go. * Activities subject to change. 	1 Crafts 9:30 – 11:00 E.S. Meal-site	2 Book Club E.S. Meal-site 9:30 Exercise E.S. Meal-site 11:00 Bingo C.W. building 1:30	3 St Vincent De Paul Green Bay 9:30 Chair Yoga E.S. Meal-site 1:30	4 Banks, Shopping & Lunch Out (On your own) 10:00 – 3:00 No Transportation for lunch this day.
7 Wii Bowling E.S. Meal-site 9:30 Exercise E.S. Meal-site 11:00 Bingo E.S. Meal-site 1:00	8 Zumba Activity Room 11:30 Karaoke E.S. Meal-site 12:30 Tai Chi E.S. Meal-site 1:30	9 Book Club E.S. Meal-site 9:30 Exercise E.S. Meal-site 11:00 Bingo C.W. building 1:30	10 Twig's Beverage (Sun drop) Museum & Gift Shop Shawano 9:30 No Transportation for lunch this day.	11 Banks, Shopping & Lunch Out (On your own) 10:00 – 3:00 No Transportation for lunch this day.
14 Knitting circle E.S. Meal-site 9:30 Exercise E.S. Meal-site 11:00 Movie (Casablanca) E.S. Meal-site 1:10	15 Crafts 9:30 – 11:00 E.S. Meal-site	16 Book Club E.S. Meal-site 9:30 Exercise E.S. Meal-site 11:00 Bingo C.W. building 1:30	17 Bingo 3 Sister's Center Green Bay 10:00 Chair Yoga E.S. Meal-site 1:30	18 Banks, Shopping & Lunch Out (On your own) 10:00 – 3:00 No Transportation for lunch this day.
21 Wii Bowling E.S. Meal-site 9:30 Exercise E.S. Meal-site 11:00 Bingo E.S. Meal-site 1:00	22 Tai Chi E.S. Meal-site 1:30	23 Book Club E.S. Meal-site 9:30 Exercise E.S. Meal-site 11:00 Bingo C.W. building 1:30	24 Banks, Shopping & Lunch Out (On your own) 10:00 – 3:00 No Transportation for lunch this day.	25 ¹ / ₂ DAY Observance of Good Friday No Activities
28 Knitting circle E.S. Meal-site 9:30 Exercise E.S. Meal-site 11:00 Movie (Martian – Matt Damon) E.S. Meal-site 1:10	29 Crafts 9:30 – 11:00 E.S. Meal-site	30 Book Club E.S. Meal-site 9:30 Exercise E.S. Meal-site 11:00 Bingo C.W. building 1:30	31 Q/A with Loretta Metoxen E.S. Meal-site 9:30 Birthday Lunch 12:00 Bay Park Square Mall Green Bay 1:15	Is this the Month of your Birthday? You <u>must sign up</u> <u>in the Birthday Book</u> at the E.S. Meal-site. * <u>Must be</u> <u>present at B-day Lunch</u> to receive your gift card

If you have any questions Please call Michelle Cottrell at 869 -1551



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BASKET	BONNET	BUNNY	CANDY
СНІСК	CHOCOLATE	DECORATE	DUCKLING
DYE	EGGS	FLOWERS	HAM
HIDE	JELLYBEANS	LAMB	SPRING

Tribal Aging & Disability Resource Specialist



Located at Oneida Elder Services

Connecting People to Community Services

Assisting our frail elders and adults with physical or developmental disabilities. We offer office appointments and home or telephone consultations

The Place for Information and Assistance: The Aging & Disability Resource Specialist is the entry way into publicly funded long-term care programs. You will receive information on all long-term care programs available in Oneida along with Brown and Outagamie counties so that you will be able to make a more informed choice on services that will best fit your needs.

Long-Term Care Options Counseling: Options counseling offers information about the choices that are available to meet your long-term care needs, as there are many factors to consider when making long-term care decisions.

Long-Term Care Programs are offered through: Oneida, Brown County ADRC, and Outagamie ADRC

Music & Memory Project: We are looking for participants who have a diagnosis of a form of Dementia. Loved one will receive an iPod downloaded with music of their choice that may assist in bringing more joy and aliveness back to your loved one through the wonderful powers of music.

<u>Vital Connections</u>: The Aging & Disability Resource Specialist can help you connect to our Benefit Specialists, who can provide you with information and assistance regarding private and/or government programs such as; Medicare, Medicaid, Social Security, Senior Care questions and their application processes.

Youth in Transition: We can assist those youths with disabilities who are of age and able to transition onto the adult long-term care programs.

Contact our Tribal Aging & Disability Resource Specialist at (920)869-6830 or 1(800)867-1551 or stop by at Oneida Elder Services, 2907 S. Overland Road, PO Box 365, Oneida, WI 54155.

A Note From Elder Services Reception



Shekoli!

Oneida Elder Services currently serves 1,000+ elders and receives, on average, about 45 calls per day during regular business hours. During high call times, such as right after a snow storm or during a power outage, we easily receive twice as many phone calls. In order to better serve all of our elders, we ask that you keep a few things in mind when you call:

- If the call is to request a service, we ask that you request our Service Specialist <u>Teresa Barber-Buch</u>. Service requests may include things like minor home repair, snow removal, in-home chores, and so forth.
- If the call is to request an item from our loan closet such as a walker, a cane, etc. you may also request our Service Specialist, <u>Teresa Barber-Buch</u>.
- If the call is for a concern, we may refer you to our Assistant Director <u>*Tina</u></u>
 <u><i>Pospychala*</u>.
 </u>
- If you know the staff person you need to speak with, please say their name.
- If you're still not sure who you should call, we will help direct you to the correct person.

As always, we appreciate your patience and cooperation, and we'll continue to do our best to serve our elders with respect and to the best of our ability.

Marena Bridges | Elder Services Receptionist |920-869-2448 | 800-867-1551

Unacceptable Behavior Reminder

Elder Services is committed to providing a high standard of service for all customers fairly and impartially. As part of our service we do not normally limit the contact customers have with us. However, we do not expect our staff to tolerate customer behavior which is clearly unacceptable (e.g. abusive, offensive or threatening) and will take action to protect our staff from such behavior.

DEFINITIONS:

- Unacceptable behavior: abusive, offensive or threatening
- Verbal abuse: Verbal abuse includes bullying, slander, harassing, interrogating, accusing, blaming, insulting, lying, severely scolding, taunting, putting down, threatening, name-calling, swearing, yelling and raging over the phone and hanging up on staff.
- Unacceptable behavior has many forms including physical aggression: hitting, kicking, biting, shoving, restraining, throwing objects, or threats also sexual abuse; emotional abuse; controlling or domineering; intimidation; stalking.

PROCEDURE:

- When we consider a customer's behavior is unacceptable we will tell them why the behavior is unacceptable and will ask them to correct the behavior. If the unacceptable behavior continues, action will be taken.
- First Instance: Verbal warning, staff reports to supervisor; supervisor gives verbal warning and documents the incident.
- Second Instance: A written letter will be initiated by the supervisor of the decision to sign an agreement or restrict access to Elder Services and/ or contact with staff. The decision to restrict access or contact to Elder Services will be taken at the Director level.
- When a customer continues to behave in a way which is unacceptable, Elder Services may decide to terminate contact with that customer.
- When the behavior is so extreme that it threatens the immediate safety and welfare of the program's staff, Elder Services will consider other options, for example reporting the matter to the police or taking legal action. In such cases, Elder Services may not give the customer prior warning of that action.



2015 AARP FREE Tax Preparation Sites

http://www.aarp.org/applications/VMISLocator/searchTaxAideLocations.action

	MORE INFORMATION						
	Brown						
Center Name:	Green Bay Community Church	Center Name:	Ashwaubenon Village Hall				
Address:	600 Cardinal Lane (Howard)	Address:	2155 Holmgren Way				
Phone No:	(920) 393-3112	Phone No:	(920) 393-3112				
Dates Open:	02/01/16 – 04/15/16	Dates Open:	02/01/16 – 04/15/16				
Site Schedule:	MON - 9:00 AM to 12:00 PM	Site Schedule:	WED – 9:00 AM to 12:00 PM				
Comments:		Comments:					
Appointment:	Appointment Required	Appointment:	Appointment Required				
Handicap Access:	Yes	Handicap Access:	Yes				
Center Name:	Brown County Aging	Center Name:	Allouez Village Hall				
Address:	300 S. Adams Street	Address:	1900 Libal Street				
Phone No:	(920) 393-3112	Phone No:	(920) 393-3112				
Dates Open:	02/01/16 – 04/15/16	Dates Open:	02/01/16 - 04/15/16				
Site Schedule:	TUES - 9:00 AM to 12:00 PM	Site Schedule:	THURS- 9:00 AM to 12:00 PM				
Comments:		Comments:					
Appointment:	Appointment Required	Appointment:	Appointment Required				
Handicap Access:	Yes	Handicap Access:	Yes				
Center Name:	DePere Community Center	Center Name:	Ashwaubenon Community				
Address:	600 Grant Street		Center				
Phone No:	(920) 393-3112	Address:	936 Anderson Drive				
Dates Open:	02/01/16 - 04/15/16	Phone No:	(920) 393-3112				
Site Schedule:	WED – 9:00 AM to 12:00 PM	Dates Open:	02/01/16 - 04/15/16				
Comments:		Site Schedule:	FRI – 9:00 AM to 12:00 PM				
Appointment:	Appointment Required	Comments:	Construction at address listed.				
Handicap Access:	Yes	Appointment:	Appointment Required				
		Handicap Access:	Yes				
	Outagamie County						
Center Name:	Appleton /Ridgeview Highlands	Center Name:	Kaukauna First Merit Bank				
Address:		Address:	205 4 th Street Plaza				
Phone No:		Phone No:	(920) 215-1040				
Dates Open:	02/01/16 - 04/15/16	Dates Open:	02/01/16 - 04/15/16				
Site Schedule:	MON – 8:30 AM to 12:00 PM	Site Schedule:	WED – 12:30 PM to 4:00 PM				
Comments:		Comments:					
Appointment:	Appointment Required	Appointment:	Appointment Required				
Handicap Access:	Yes	Handicap Access:	Yes				
Center Name:	Appleton Public Libray	Center Name:	Little Chute Community Center				
Address:	225 N. Oneida Street	Address:	625 Grand Avenue				
Phone No:	(920) 215-1040	Phone No:	(920) 215-1040				
Dates Open:	02/01/16 - 04/15/16	Dates Open:	02/01/16 - 04/15/16				
Site Schedule:	TUES – 9:00 AM to 4:00 PM	Site Schedule:	FRI – 8:30 AM to 12:00 PM				
Comments:		Comments:					
Appointment:	Appointment Required	Appointment:	Appointment Required				
Handicap Access:	Yes	Handicap Access:	Yes				
Site Schedule: Comments: Appointment: Handicap Access: Handicap Access: Center Name: Address: Phone No: Dates Open: Site Schedule: Comments: Appointment: Handicap Access: Center Name: Address: Phone No: Dates Open: Site Schedule: Comments: Appointment:	WED – 9:00 AM to 12:00 PM Appointment Required Yes Dutagami Appleton /Ridgeview Highlands 640 Ridgeview Circle (920) 215-1040 02/01/16 - 04/15/16 MON – 8:30 AM to 12:00 PM Appointment Required Yes Appleton Public Libray 225 N. Oneida Street (920) 215-1040 02/01/16 - 04/15/16 TUES – 9:00 AM to 4:00 PM Appointment Required	Dates Open: Site Schedule: Comments: Appointment: Handicap Access: Center Name: Address: Phone No: Dates Open: Site Schedule: Comments: Appointment: Handicap Access: Center Name: Address: Phone No: Dates Open: Site Schedule: Comments: Appointment:	02/01/16 – 04/15/16 FRI – 9:00 AM to 12:00 PM Construction at address listed. Appointment Required Yes Kaukauna First Merit Bank 205 4 th Street Plaza (920) 215-1040 02/01/16 - 04/15/16 WED – 12:30 PM to 4:00 PM Appointment Required Yes Little Chute Community Center 625 Grand Avenue (920) 215-1040 02/01/16 - 04/15/16 FRI – 8:30 AM to 12:00 PM Appointment Required				



FREE tax preparation for low income and elderly taxpayers by UW-GB accounting students.

By appointment only, 5pm – 8pm

FEBRUARY 2-MARCH 30 (Closed March 15&16)

TUESDAY EVENINGS – Brown County Central Library

WEDNESDAY EVENINGS – Salvation Army (off of Velp)

Please call after January 25th to begin the appointment process. Please leave a message and a student will return your call promptly.

(920) 465-2575

ONCOA SPECIAL/REGULAR MEETINGS SCHEDULED FOR 2016 THROUGH OCTOBER

UNCOA SPECIAL/REGULAR MEETINGS SCHEDULED FOR 2016 THROUGH OCTOBER						
TUESDAY	FEBRUARY 23, 2016 SPECIAL MEETING	11:00a.m4:30p.m.	ES CONFERENCE ROOM			
MARCH 8, 2016 REGULAR MEETING	11:00a.m4:30p.m.	TUESDAY	ES CONFERENCE ROOM			
TUESDAY	MARCH 22, 2016 SPECIAL MEETING	11:00a.m4:30p.m.	ES CONFERENCE ROOM			
APRIL 12, 2016 REGULAR MEETING	11:00a.m4:30p.m.	TUESDAY	ES CONFERENCE ROOM			
TUESDAY	APRIL 26, 2016 SPECIAL MEETING	11:00a.m4:30p.m.	ES CONFERENCE ROOM			
MAY 10, 2016 REGULAR MEETING	11:00a.m4:30p.m.	TUESDAY	ES CONFERENCE ROOM			
TUESDAY	MAY 24, 2016 SPECIAL MEETING	11:00a.m4:30p.m.	ES CONFERENCE ROOM			
JUNE 14, 2016 REGULAR MEETING	11:00a.m4:30p.m.	TUESDAY	ES CONFERENCE ROOM			
TUESDAY	JUNE 28, 2016 SPECIAL MEETING	11:00a.m4:30p.m.	ES CONFERENCE ROOM			
JULY 12, 2016 REGULAR MEETING	11:00a.m4:30p.m.	TUESDAY	ES CONFERENCE ROOM			
TUESDAY	JULY 26, 2016 SPECIAL MEETING	11:00a.m4:30p.m.	ES CONFERENCE ROOM			
AUGUST 9, 2016 REGULAR MEETING	11:00a.m4:30p.m.	TUESDAY	ES CONFERENCE ROOM			
TUESDAY	AUGUST 23. 2016 SPECIAL MEETING	11:00a.m4:30p.m.	ES CONFERENCE ROOM			
SEPTEMBER 13, 2016 REGULAR MEEING	11:00a.m4:30p.m.	TUESDAY	ES CONFERENCE ROOM			
TUESDAY	SEPTEMBER 27, 2016 SPECIAL MEETING	11:00a.m4:30p.m.	ES CONFERENCE ROOM			
OCTOBER 11, 2016 REGULAR MEEING	11:00a.m4:30p.m.	TUESDAY	ES CONFERENCE ROOM			
TUESDAY	OCTOBER 25, 2016 SPECIAL MEETING	11:00a.m4:30p.m.	ES CONFERENCE ROOM			