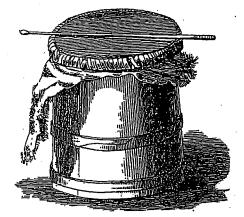
ACROSS ONEIDA **DRUMS**

Elderly Services 2907 S. Overland Rd. Oneida, WI 54165 1-920-869-2448



Senior Center 134 Riverdale Dr. Oneida, WI 54155 1-920-869-1551

Toll Free:1-800-867-1551

O-NEAHSTE?WHE-HNI-TAHL GREEN CORN MOON AUGUST 2007



MUSIC



4 NATIONS PICNIC ONEIDA NATION





RA33CE



JIGGING CONTEST

Friday August 17, 2007 10:00 a.m.—3:00 p.m. EVENT WILL BE HELD AT PAMPERIN PARK 2477 Shawano Ave. Green Bay, WI



BINGO

Elderly Service Complex 2907 S. Overland Rd. (P.O. Box 365) Oneida, Wi. 54155 1-920-869-2448

Program Director

Assistant Program Director

Benefits Specialist

Elder Abuse Coordinator Elderly Services Coordinator

Office Manager

Transportation Coordinator

Transportation Driver

Transportation Aide

Activity Coordinator

Outreach Worker

Outreach Worker

Outreach Worker

In- Home Chore Worker

In-Home Chore Worker

Respite Care Worker

Respite Care Worker/Faith In Action

Administrative Assistant

Elder Helper

Elder Helper

Alzheimer/Respite Activities Specialist

Title V

Title V

Title V

Florence Petri Tina Pospychala Angela Ortiz Joyce Johnson Cheryl Ault

Claudia Skenandore Lorna Christjohn Connie Van Gheem

Dale Webster Michele Cottrell Theresa Sanchez Sandy Summers

Vacant

Joanne Close

Lorleen John

Jim Smith

Glory LaFlex

Marty Braeger

Marie Scott

Barbara Skenandore

Rita Summers

Jean Denny

Wayne McReynolds Carmen Pasquale

ONEIDA SENIOR CENTER

134 Riverdale Dr. (P.O. Box 365)

Oneida, Wi. 54155 1-920-869-1551

Head Cook Supervisor

Assistant Cook

Relief Cook

Relief Cook

Home-Delivered Meals Driver

Maintance Supervisor

Home Respite Coordinator

Home-Chore Worker

Home-Chore Worker

Home-Chore Worker

Home-Chore Worker

Home-Chore Worker

Home-Chore Worker

Elder Helper

Elder Helper

Elder Helper

Title V

Brenda Jorgenson

Loretta Mencheski

Betty Jorgenson

Pat Beilke

Alfrieda Grignon

Robert LaGest

Richard Summers

Don Bogda

Tod Hill

Lloyd Davis

Harold Dostalek

Lee Domencich

Lisa Huff

Richard Dodge

Cornelius Hill

Marena Pamanet

Jeannine La Rock

CELEBRATE OUR AUGUST BIRTHDAYS

Ed Bumgart	8-30	Barbara Mendolla	8-09
	8-18	Alberta Metoxen	8-11
William Bennett			8-28
Angie Brocker	8-16	Earl Metoxen	
David Cannon	8-28	Lida Metoxen	8-19
William Cornelius	8-20	Lois Metoxen	8-03
Arlene Danforth	8-12	Josie Oudenhoven	8-13
Milton Dallas	8-21	Rochelle Powless	8-11
Simon De Coteau	8-29	Theresa Powless	8-20
Sandra Dennett	8-25	Allen Reed	8-08
Louis Deny	8-06	Harriet Reiter	8-04
Marilyn Elm	8-28	Helen Skenadore	8-17
Shirley Evison	8-07	Delores Skenandore	8-29
Alfreda Green	8-29	Diane Skenandore	8-02
George Greendeer	8-04	Marlene Skenandore	8-05
Grace Griffy	8-06	Robert Smith	8-11
Irene Hill	8-18	Gladys Smith	8-16
Jerry M Hill	8-30	Ronald Summers	8-15
James House	8-05	Gordon Swamp	8-12
Rose Howard	8-06	Pat Thompson	8-12
Arthur Johnson	8-09	Dale Webster	8-28
Karen Jordan	8-20	Ronald Webster	8-30
Janice Kedrowski	8-12	Orlando Vieau	8-13
Gerald Kerman	8-29	Ted White	8-28
Wayne King	8-30	Robert Wolf	8-23
Delores Lemmons	8-05	•	
Gordon McLester	8-20		

If you see an error in this listing, please complete our "Oneida Elderly Service Database Form" and send it to Cherly Ault at Oneida Elderly Services P.O. Box 365 Oneida, Wisconsin 54155. Please remember to sign the form and make sure it is legible. Thanks for your help.

Elaine Melchert

Happy Belated Birthday to Vermelia Buckman on July 24th. Hope you had a blessed day.





8-11

BIRTHDAY MONTH

Just a little reminder:

*We celebrate Birthdays on the last Thursday of the month at the Senior Center.

*There is a Birthday Book you need to sign up in at the Senior Center the month of your Birthday. You need to sign the sheet before 4:30, the Wednesday before the Birthday lunch in order to receive your Birthday Gift Card in the amount of \$5.00.

*This does not carry over from year to year. You need to sign-up each year, the month of your Birthday.

*Even if your name is on the Birthday list in the Drums Across Oneida, you still need to be signed up in the Birthday Book at the Senior Center.

*Finally, you need to be present at the Birthday lunch to receive your Birthday Gift Card.

If you have any questions please call me at 869-2448.

Thank you,
Michelle Cottrell
Activity Coordinator

A Common Identity For the Aging Network

Principles

- 1. Individual and Organizational Advocacy
- 2. Seniors Really In Charge
- 3. Core Services Provided Statewide
- 4. Statewide Expertise In Aging Services And Systems
- 5. Consistent Quality Services
- 6. A Focus On Community Collaboration
- 7. Convenient Service Areas
- 8. Volunteers Are Key To Service Delivery

Attention Elders

Oneida Elderly Services encourages all who participate in elderly activities and bus transportation to create a positive atmosphere for all participants including themselves, other elders, and employees. Courteous behavior to other elders and employees is expected .Transportation will be provided by Elderly Services to those activities schiduled on the monthly adctivity calendar. Activities are subject to change or cancellation. Transportation to after hour activities (After 4:30 P. M.) or weekend activities will be provided by Elderly Services providing there is a minimum of five(5) passengers. The deadline for signing up for these activities is 4:40 pm the day before the event (except wakes and funerals.)

The following restrictions apply to traveling to out of town activities:

- * Passengers must be physically able to board the bus or van on their own and must be able to keep up with others.
- * Those individuals with high risk of a heart attack, wheel chair bound, have had open heart surgery, have a pacemaker, oxygen dependent, or medication that caused dizziness, disorientation or nausea are ineligible to travel.

Seat belts (if equipped) are **mandatory** at all times while on the bus

Physical or verbal abuse of other elders or employees will not be tolerated.

If you have an illness that may be contagious, be considerate of those riding the bus and please stay home until you are better so others will not become infected.

Please practice proper hygiene at all times. It is each individuals choice as to which activities they wish to attend.

A donation will be appreciated when riding the bus.

If you wish to participate in special activities offered by Oneida Elderly Services, you must sign up in person (no call -ins or signing for someone else, this includes signing up for bingo passes) at the Oneida Senior Center, 134 Riverdale Drive, Oneida. For transportation to our monthly activities that you wish to attend, please call 869-2448.

ONEIDA BENEFIT SPECIALIST Angela Ortiz

Benefit Specialist from the Elderly Service Center will be available at the Oneida Senior Center (meal site) every second and fourth Thursday of the month from 11am-1pm. She has valuable information on benefits and helpful programs for you, including information on health insurance, This is on the first come first serve basis. You can also sign up for Senior Care with Angela. For more information call 1-920-869-2448.

BLOOD PRESSURE AND BLOOD SUGAR SCREENING

August 10th, 2007 Oneida Senior Center (meal site) 134 Riverdale Drive 1-920-869-1551

You are as young as your faith, as old as your doubt; as young as your self-confidence, as old as your fear; as young as your hope, as old as your despair.

Douglas MacArthur

Heart Disease In Women

Most Americans still think of heart attacks as a problem that affects mostly men and that is not even close to be true. According to the American Heart Association more women than men die from cardiovascular disease in the U.S. (About 460,000 versus 410,000 each year) and 1 in 3 women are living with it today.

It's not common for people to have a heart attack and not even know ir. Signs can vary from person to person, however women are more likely to experience subtle signs that make it difficult to recognize an attack is taking place. Signs may include:

- * Chest discomfort. This is the most common symptom that usually occurs in the center of the chest lasting a few minutes, or may come and go. The discomfort is often described as pressure, squeezing, tightness, or pain. However many women don't experience any chest pain during a heart attack.
- * Discomfort in other areas of the body, which can include pain in one or both arms, the back, neck, jaw or stomach.
- * Shortness of breath with or without chest discomfort.
- * Other signs may include breaking out in a cold sweat, nausea or light headedness.
- * Some women may also experience vague symptoms prior to an attack such as unusual fatigue, trouble sleeping, problems breathing, indigestion or anxiety.

Risk factors include:

- * Age. Women risk starts to climb sharply after age 60, unlike men's risk, which begins climbing a decade earlier.
- * Smoking. It multiplies chances of a heart attack or stroke two to four times.
- * Systolic blood pressure. That's the first number in the reading, indicating the pressure when the heart contracts to pump. A healthy level is under 120.
- * Total cholesterol. A level under 200mg/dl, detected in a blood test, lowers

risk.

- * HDL or "good cholesterol, levels higher than 50 mg/dl are a plus.
- * C-reactive protein.. This blood molecule indicates artery damage and inflammation. A score higher than 3 on a test called high-sensitivity CRP means elevated risk.
- * Family history. A heart attack in either parent before age 60 increases your risk.

Forgiveness

Take a potato and write on it the name of a person who has fallen from grace with you. Do this for everyone who has raised your ire (anger) and never received your forgiveness. When you're finished, gather all your potatoes together and place them in a sack.

Keep this sack next to you at all times. Take it to work. Take it to lunch. Take it with you everywhere you go. And always have it with you at home.

How long would it take you to grow tired of carrying this burden around. How long would it take your potatoes to sprout into other things, fester and smell?

Wouldn't it be nice to be free from the weight, stench and constant reminder of hurt, disappointment, heartache and anger? By hanging on to things that are unpleasant, we create more anguish for ourselves. When you forgive someone, you free yourself from an oppressive load of negativity.

Forgiveness allows you to create peace in your life.

Author unknown.

Oneida Elderly Services Presents: Diane Jourdan

When: August 8, 2007

Time: 11:45 - 12:30pm

Where: 134 Riverdale Dr

Oneida WI

Bring your question about Composting...

Elderly Service Annual Rummage Sale

When: Friday

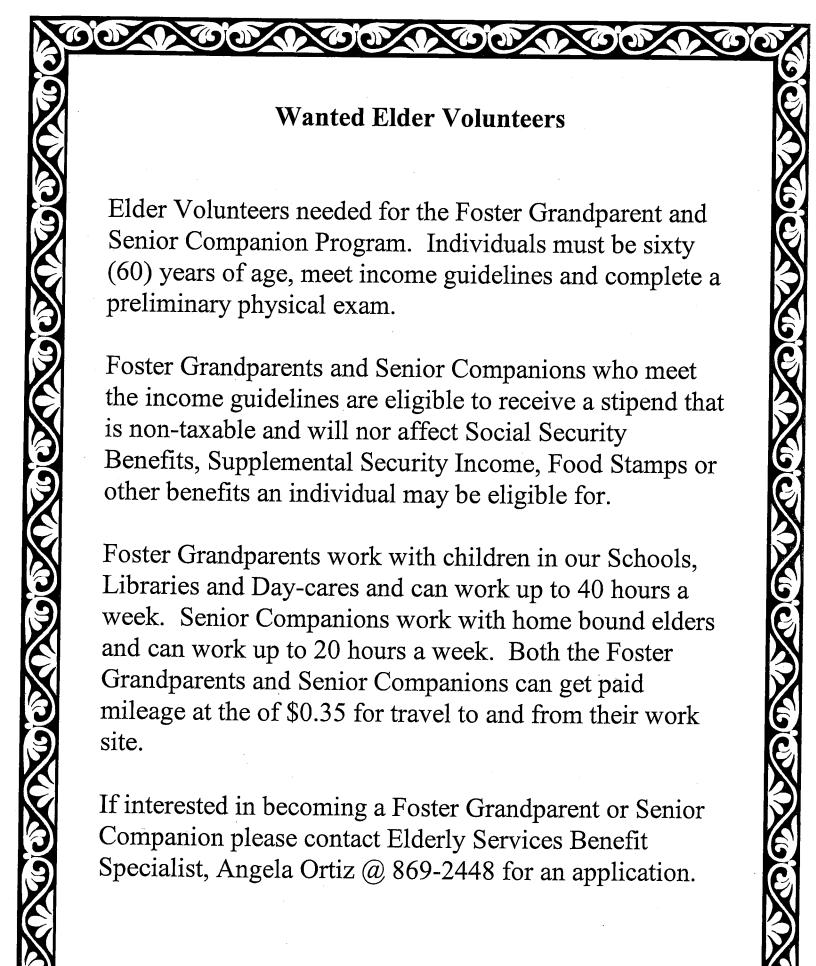
August 24, 2007

Time: 11:00am - 2:00pm

Where: 134 Riverdale Dr

Oneida WI 54155

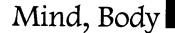
There will be food and great items at a reasonable cost
We'll be excepting donation for annual rummage sale just call the Senior Center @
869-1551



Oneida Elder Services National Survey - How Are We Doing? Purpose of this survey: To gather information to gauge how our services are working. Are they beneficial? Are you aware of all 26 services? This is your opportunity to help us improve. And this will help us with our future planning. Reply by mail to Elderly Services PO Box 365, Oneida, WI 54155 Your zip code is What is your age? Do you know what services are available?..... Yes No 3 Do you have enough support to main independent living? No Emotional..... Yes Financial..... No Yes In-Home Care..... Yes No No Transportation.... Yes No Medical..... Yes 4 What kind of support can you use from us? Example: budget work, visiting nurse Please describe: No 5 |Do you get elderly event information in a timely manner Yes How many Oneida Elderly Services activities have you attended in the last six months? ...# 6 | Have you used our toll free "800" telephone number?..... Yes No How often? O All the time O Once in a while O Never Yes No 7 | Have our responses been timely and informative? Yes No Do you have family support? 9 Is there a service that we provide the best? Yes No 10 That service is 11 May we call you for further information or questions? Yes No If yes, Name _____Tel. No.: Area Code (Is there a best time to call you? Return survey by __August 16_ and your name will be entered in a \$50 Wal-Mart drawing. Yaw^ko - Thank you for your information, Elderly Services Staff and ONCOA. Florence Petri, Director Tina Pospychala, Assistant Program Director im 6/19/07 Lois Strong, ONCOA Coordinator

Elderly Services PO Box 365, Oneida, WI 54115

Tel: (920) 869-2448 or 1-800-867-1551 FAX: (920) 869-1824



and Spirit

of Aging

Conference

2007

Monday, October 29th

8:30 am ~ 3:00 pm

Radisson Hotel & Conference 2040 Airport Dr Green Bay WI

This annual conference explores issues related to the mind, body and spirit of aging. There will be a variety of conference presenters who will share insights in sustaining well being as they move through life.

Watch for registration information to follow.





Living Well:

With Chronic Conditions A Self-Management Workshop

If you, a loved one, or someone you know suffers from a chronic condition, take advantage of the **free** workshop held at the Oneida Elderly Services Building.

- Arthritis
- · Alzheimer's Disease
 - Other Dementia's
 - Diabetes
 - Heart Disease
 - Obesity
 - Cancer

- · High Blood Pressure
 - Stroke
 - Pain
- Tobacco Use & Related Conditions (COPD, Emphysema)
 - Asthma
 - Cystic Fibrosis

Facilitators-Dates & Times Glory LaFlex & Todd Hill

Aug. 1, 8, 15, 22, 29 Sept. 5 @ 2pm-4:30pm

Glory LaFlex & Connie VanGheem

Aug. 1, 8, 15, 22, 29 Sept. 5 @ 5:30pm-7:30pm

Cheryl Ault & Richard Summers

Sept. 4, 11, 18, 25 Oct. 2& 9 @ 1:30pm-4pm

Connie VanGheem & Todd Hill

Oct. 4, 11, 18, 25 Nov. 1& 8 @ 5:30pm-7:30pm

Cheryl Ault & Richard Summers

Nov. 7, 14, 21, 28 Dec. 1 & 12 @ 1:30pm-4pm

All sessions require

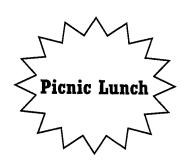
- 10 min. per class
- 16 max. per class
- Attendance at every session is highly encouraged
- No Cost
- Pre-Registration Required

To Register Call: (920) 869-2448 Or

Sign-up at the Sr. Center/Meal Site

Music By "cherry Bounce Band"

Faith In Action



FAMILY



Dunk Tank







Saturday August 4th, 2007 Elderly Services 2907 S. Overland Rd.

Pie Auction

11 a.m.— 3 p.m.

This community event is sponsored

By Faith in Action

Proceeds to benefit

Oneida Area Faith in Action

Family Fun & Games for all.

Zw

Treasure

Children must be accompanied by an adult.

For information contact

Glory @ 869-2448





Elderly Services
Will Have Limited Staff
Availability on
Friday August 17, 2007

ALL STAFF WILL BE WORKING AT THE FOUR NATIONS PIC NIC AT PAMPERIN PARK

HAVE A GREAT DAY!

GLNAEA



Great Lakes Native American Elders Association

Sponsored by Sokaogon Chippewa Tribe October 4th & 5th, 2007 Mole Lake, WI

All elders who need a ride to GLNAEA, <u>please sign up at the Oneida Senior Center (Meal Site)</u> by <u>Monday, September 13, 2007</u>. We must have 20 people signed-up to reserve a coach bus, or else we'll use tribal vans. Payment for your hotel must be received by September 13 and the last day to cancel is September 20 for reimbursement of payment. We will be staying at the BRAND NEW MOLE LAKE HOTEL and the cost is \$26.50 per person. We will leave the Senior Center (Meal Site) at 12:30pm on Thursday, October 4th. Any questions please call Oneida Elderly Services at (920)869-2448 or Oneida Senior Center at (920)869-1551.

Eldercare Locator

Oneida Elderly Services Title VI Program & Eldercare Locator Working together to service Native American Elders

Eldercare Locator is...

• A national public service of the US Administration on Aging (AoA) and the first step to finding resources for older adults in any US Community.

• A connector for elder and their care-givers to health and community based resources that enable elders to remain independent in their homes for as long as possible.

• A website <u>www.eldercare.gov</u> and telephone service 1(800)677-1116 with trained Information Specialists available Monday - Friday 9am to 8pm (EST).

• A database of information provided by Area Agencies on Aging, State Units on Aging and Tribal Aging Title VI Programs.

• A valuable resource that annually receives over 135,000 calls and 243,000 website visits.

• A free service administered by the National Association of Area Agencies on Aging (n4a) in cooperation with the National Association of State Units on Aging.

How the Eldercare Locator Works...

- We provide information on resources and the Eldercare Locator is one more national resource.
- Any person from any tribe looking for services for Native Elders can call the Eldercare Locator or access the website and receive:
 - Referral to information and resources in their local community including information for listed Tribal Aging Title VI Programs.
 - Referral to information about other services tribal elder might be eligible to receive.
 - Referral to information about services in other areas of the country if an elder is planning to move.
 - Referral to information for a family care-giver who is seeking care for an elder in another location.

Any questions feel free to contact Tina Pospychala @ 869-2448



Lifeline Subscribers

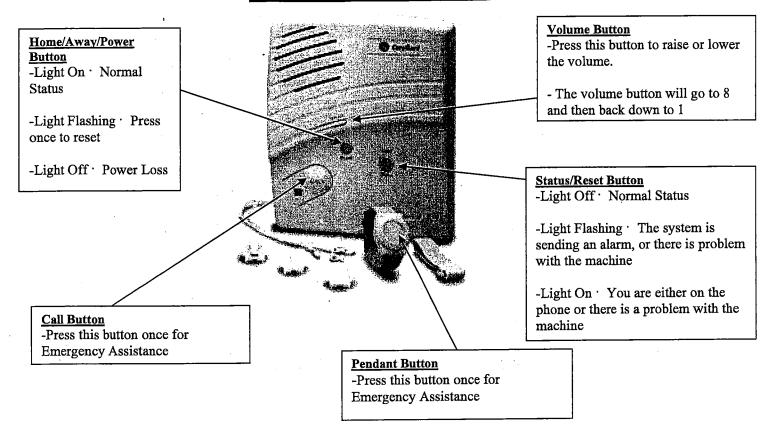
Oneida Elderly Services would like to thank you for your understanding and patience during the transition of the lifeline units from St Vincent Lifeline to A&A Integrated Protection Systems. We have successfully completed all exchanges of the lifeline units.

If by chance we missed you or you're having trouble with the new A&A Integrated Protection Systems please contact Theresa Sanchez @ 869-2448 during regular business hours. Remember to Contact Theresa Sanchez if you change your phone number, have phone disconnected, or move.

Questions or trouble with you're Lifeline Unit after hours please contact A&A Integrated Protection Systems Customer Services @ 434-9082. Once again thank you for your understanding and patience during our transition.

Lifeline

GE CareGard Quick Reference



GE CareGard Detailed Instructions

Home/Away/Power Button

- If the button light is on then the system is in a normal status.
- If the button is flashing press it once to reset the machine.
- If the button light is not on then the machine has detected a loss of power.

Status/Reset Button

- If the button light is off the system is in a normal status. If the button is flashing and you pressed your pendant or call button for emergency assistance then the system is transmitting your alarm. If the button is flashing and you didn't send for emergency assistance, there may be a problem with the machine and you should call for service.
- The button light will be on if you are on the phone. If the button light is on and you are not on the phone, please call for service.

Call Button

Press this button once for emergency assistance. Pressing this button more than once will delay the transmission of the emergency signal.

Pendant Button

- Press this button once for emergency assistance. Pressing this button more than once will delay the transmission of the emergency signal.

Volume Button

- Press this button to raise or lower the volume. The settings on this button are from 1 (the lowest setting) to 8 (the highest setting).

ELDERLY SERVICE GIFT SHOP

THIS IS AN INVITATION FOR YOU TO COME AND VISIT OUR ELDERLY SERVICE GIFT SHOP. OUR HOURS ARE FROM 8:00 AM- 12:00 AM., MONDAY THROUGH FRIDAY.

The following is a list of items for sale: Towels, Mugs, Air Fresheners Crosses, all types (plastic canvas) Magnets, Raised Beaded Purses Floral Arrangements Greeting Cards, Leanin Tree Hot Pads Native American Dolls Jewelry, Necklaces, Earrings, Pins, etc **Key Chains Pillows** Quilts (crib size) Lap Throws, Pillow Cases, Scarfs Memories of Oneida Elders Tapes Oneida Singers Tapes, Cornelius Family Many Other Assorted Items

We Feature Fresh Popcorn Daily

Our gift shop is located in the Elderly Service Complex, at 2907 S. Overland Road, right next to the Airport Road Daycare Center.

Across from Oneida Health Center.

Elders, display your arts and crafts in our store FREE.

Food Safety For Seniors

Seniors have a lifetime of experience shopping, preparing and eating food. Americans enjoy one of the safest most healthful food supplies in the world. A lot has changed over your lifetime, from the way food is produced and distributed, in the way it is prepared and eaten.

Another change is your ability to fight-off dangerous bacteria that may invade your body through the food you eat. Preventing the growth of dangerous microorganisms in food is the key to reducing the millions of illnesses and thousands of deaths each year.

Federal studies show that seniors do a better job of handling food safely than any other age group. "An ounce of prevention is worth a pound of cure"

A lot has changed over our lifetime-including the way food us produced and distributed. It used to be that food was produced close to where people lived. Many people shopped daily, and prepared and ate their food at home. Eating in a restaurants was saved for special occasions. Today, food in your local grocery store comes from all over the world. And nearly 50 percent of the money we spend on food goes to buy food that others prepare, like "carry out" and restaurant meals.

Science has also helped us identify illnesses that can be caused by bacteria in food -illnesses we didn't recognize before. We realize that some illnesses, like some kinds of arthritis, can be traced to food borne illness. One of the other things that we know today is that some people-including people over 65-can be more susceptible to getting sick from bacteria in food.

Everyone's health is different, including his or her ability to fight off disease. Our immune system weaken as we age. In addition, stomach acid also decrease as we get older- and stomach acid plays an important role in reducing the number of bacteria in our intestinal tracts- and the risk of illness.

Recognizing Food borne Illness. It's hard to tell if food is unsafe because you can't see, smell, or taste the bacteria it may contain. Some people think their food borne illness was caused by their last meal. In fact, there is a wide range of time between eating food with harmful bacteria and the onset of illness. Usually food borne bacteria take 1 to 3 days to cause illness. But you could become sick anytime from 20 minutes to 6 weeks after eating some foods with dangerous bacteria. It depends on a variety of factors, including the type of bacteria in the food.

We Are All Getting There

A elderly gentlemen had serious hearing problems for a number of years. He went to the doctor and the doctor was able to have him fitted for a set of hearing aids that allowed the gentlemen to hear a 100%.

The elderly gentlemen went back in a month to the doctor and the doctor said," Your hearing is perfect. Your family must be really pleased that you can hear again."

The gentlemen replied, "Oh, I haven't told my family yet. I just sit around and listen to the conversations, I've changed my will three times."

Two elderly gentlemen from a retirement center were sitting on a bench under a tree when one turns to the other and says," Slim, I'm 83 years old now and I'm just full of aches and pains. I know you are about my age. How do you feel? Slim says, I feel just like a new baby."

Really? Like a new born baby?!"

"Yep, no hair, no teeth, and I think I just wet my

"Yep, no hair, no teeth, and I think I just wet my pants."

GOING BACK TO YOUR ROOTS

GARDENING SEASON

May to October

Types of root vegetables include beets, parsnip, rutabaga, and turnip.

CHOOSING TIPS

Choose root vegetables that are firm and well shaped. The best roots have smooth skins and feel heavy for their size.

Do not choose vegetables that:

- Are spotted or have growth cracks
- Look shriveled or misshapen
- Feel soft or flabby

STORAGE

Most root vegetables should be refrigerated and stored in the crisper or in plastic bags. They will keep up to one month.

PREPARATION

Root vegetables may be mashed like potatoes and used as a side dish. Boil or steam then mash, puree or toss with margarine and seasonings.

Roots can be cut into chunks and added to soups, stews, and casseroles.

Add thin slices of peeled root vegetables to salads or serve as an appetizer with dip.

KEY NUTRIENTS

- Vitamin C for healthy gums, skin and blood.
- Iron for healthy blood.
- Carbohydrate for energy.

RECIPES Roasted Root Vegetables

2 tablespoons olive oil

1 tablespoon maple syrup or honey

1 small garlic clove, minced

1 large potato, quartered

1 carrot, peeled, cut into 2-inch-long pieces

1 parsnip, peeled, cut into 2-inch-long pieces

1 small sweet potato, peeled, quartered

1 rutabaga, peeled, cut into 1 1/2-inch pieces

1 small onion, peeled, quartered

1 tablespoon butter, melted

Preheat oven to 350°F. Mix oil, syrup and garlic in small bowl. Place cut vegetables on a large rimmed baking sheet, pour oil mixture over vegetables, and toss to coat. Spread vegetables out in single layer. Roast until tender and golden brown, stirring occasionally, about 1½ hours. Transfer vegetables to platter. Drizzle vegetables with butter and serve immediately. Serves 4; 220 Cal; 10 g fat.

Mashed Potatoes & Turnips

1 pound turnips

1 pound potatoes

2 cloves garlic (optional)

Salt

Pepper

Milk

Boil turnips, potatoes and garlic in water to cover. Cook until tender. Mash until smooth, adding milk to desired texture and salt and pepper to taste. Serves 4; 115 Cal; 0.5 g fat.

MEALS MATTER!

What would you like to see on the menu at Oneida Senior Center Meal Site?

Please contact Brenda Jorgenson at 869-1551 if you have ideas or menus to share. Thank you.

VOLUNTEERS NEEDED - SENIOR CENTER

Please contact Brenda Jorgenson at 869-1551 if you would like to volunteer to help cook, serve, clean, or any other customer service help AT OUR MEALSITE

THE ELDERLY SERVICES PROGRAM MISSION
IS TO ASSIST OUR ELDERS IN MAINTAINING AN INDEPENDENT, HEALTHY, PRODUCTIVE, AND QUALITY LIFESTYLE. TO ACCOMPLISH OUR MISSION, OUR SERVICES ARE RENDERED THROUGH LOVE, CARING, AND RESPECT FOR THE INDIVIDUAL BY THE SERVICES WE PROVIDE.

ATTENTION

DRUMS WILL BE IN THE KALIHWISAKS
STARTING SEPTEMBER 2007
YOU WILL NO LONGER BE
RECEIVEING A SEPARATE PAPER FOR
THE DRUMS.

DRUMS WILL ONLY BE DISTRIBUTED WITH THE FIRST ISSUE ON A MONTHLY BASIS

WHAT TO LOOK FOR

- Meal & Activities Calendar
- Event Flyers
- Special Notices
- Up Close & Personal

WHAT WILL BE LEAVING

- Birthdays List
- Internet Articles
- · Recipes

Be sure to sign up for Kalihwisaks!

Comments or Questions?

Contact:

Claudia (920)869-2448

KALIHWISAKS "SHE BRINGS NEWS"

Hours of Operation:

Monday-Friday 8:00am-4:30pm

Address:

Kalihwisaks Oneida Tribe Norbert Hill Center PO Box 365

N7210 Seminary Road Oneida, Wisconsin 54155

ABOUT NEWS COVERAGE

PLEASE CONTACT:

Dawn Walschinski

(920) 869-4277

email: dwalschi@oneidanation.org

Yvonne M. Kaquatosh

(920) 869-4280

email: vkaquato@oneidanation.org

Steve Gandy

(Contact for Classifieds Section)

(920) 869-4279

email: sgandy@oneidanation.org

Nate Wisneski

(920) 869-4090

email: nwisnes@oneidanation.org

Most Recent Issue:

July 19, 2007

Website address:

www.oneidanation.org Click on:

ONEIDA NATION NEWS

Kalihwisaks 2007 Schedule

Deadlines:

FOR QUESTIONS OR COMMENTS July 25, 2007

August 8, 2007

August 22, 2007

September 5, 2007 September 19, 2007

October 3, 2007

October 17, 2007

November 31, 2007

November 14, 2007

November 28, 2007 December 12, 2007

December 26, 2007

Full 2007 Schedule

Publish Dates:

August 2, 2007

August 16, 2007

August 30, 2007

September 13, 2007

September 27, 2007

October 11, 2007

October 25, 2007 November 8, 2007

Wednesday, November 21,

2007* (TG)

December 6, 2007

December 20, 2007

Friday, January 4, 2008

Free to enrolled Oneida

members (18yrs and older)

Non-Tribal members &

Business Organizations:

\$24.00/Annually(current rate)

WANT THE KALIHWISAKS DELIVERED TO YOU? CONTACT BROOKE DOXTATOR AT THE ENROLLMENT DEPARTMENT

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Oneida Tribe of Indians of Wisconsin ACTIVE CIP PROJECTS - COMMUNICATION PLANS Submitted by: Engineer ing Department

Page: 1 EGGCIPCOMR EGTCIPCOMR

All CIP Projects will be developed employing a process of development consisting of four (4) distinct phases, as noted below:

Project Phase	roject Phases: Phase Titles:	Phase Description:	% of Project:
CIP - 1	CIP Package assembly phase	The Project Team assemblies the specific project information into a package for approval of project.	0 to 25%
CIP - 2	Project Approval phase	The CIP Package is routed to review entities for comment and finally presented to OBC for approval.	26 to 35%
CIP - 3	Design phase	The Architect designs building and prepares documents defining the scope of work for contractors to bid on.	36 to 65%
CIP - 4	Construction phase	The project is bid and constructed.	66 to 100%
CIP - N	Non-CIP Project	This project is not funded by CIP dollars. It is funded by other sources. However, it is being Project Managed by the Engineering Department.	

* on report means value to be determined.

	Scheduled Completion	*	cent lities.		their	09/2007	ds of the emerg	1
	Project		, several adjactraining faci.	1	g to determine	\$7,796,000 4/09/2007	the needs of t	
	Current % of Total Project Project Budget Phase completed	*	Oneida Nation ment area, and	1 1 1 1 1 1 1 1 1 1	ats in buildin	100%	accommodating	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
	Current Project Phase	CIP- N	effort of the		ootential tena	CIP- IV	ze profits by	
			the public safety needs of the region and is a cooperative effort of the Oneida Nation, several adjacent building is intended to include: fire station, rescue services, law enforcement area, and training facilities		Oneida Departments who are potential tenants in building to determine their		The project is proposed to include a convenience store, restaurant, and casino. The objective is to maximize profits by accommodating the needs of the emerging market of the South Packerland Drive area.	
		ION.ORG	region and fire station		Oneida Depa	NATION.ORG	ino. The objec	
	Project Manager	Troy Parr 920-869-4529 TPARR@ONEIDANATION.ORG	the public safety needs of the puilding is intended to include:		ings held with	Wayne Metoxen 920-869-4556 WMETOXEN@ONEIDANATION.ORG	aurant, and cas	
			ne public safet ilding is inter		ect scope. Meet	 	nce store, rest	
		liity	d to service th ities. The bui		to review proje	 	ude a convenier and Drive area.	
٠		lic Safety Faci	and other enti		inues to meet t	1 1 1 1 1 1 1 1 1 1 1 1 2 4 3 4 4 5 4 7 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	oposed to inclusion South Packerl	lanned.
	Project Title	04-006 12/12/03 N.E.W. Regional Public Safety Facility	The proposed project is intended to service municipalities and other entities. The b	Community Mtgs: To be determined.	Project Status: Project team continues to meet to review project scope. Meetings held with needs.	04-009 2/27/04 Packerland One Stop	e project is programmer of the	Community Mtgs: No meetings are planned.
	Proje est	2/03 N.E.V		y Mtgs: To	Status: Pro	7/04 Pack		y Mtgs: No
	Project CIP P No, Request Date	04-006 12/1	Description:	Communit	Project	04-009 2/2	Description:	Communit

Oneida Tribe of Indians of Wisconsin ACTIVE CIP PROJECTS - COMMUNICATION PLANS Submitted by: Engineer ing Department

The project is proposed to develop six, duplex style buildings as suitable for eventual conversion to condominiums. The six buildings will contain 12 two or three bedroom units. The project is funded by the state of Wisconsin via agreement with the Oneida Nation to supply water and sewer service to the Sanger B. Powers correctional Total Project Scheduled Budget Completion \$2,240,051 4/30/2008 10/25/2006 Page: 2 EGGCIPCOMR EGTCIPCOMR The project would add garages and paved driveways on Oneida elders property to make it safer for them to move from the vehicle to their home completed Project Project Phase complete 63% 100% 24% Current % of CIP- III (OBC hold), then will release for bidding. CIP- N CIP- N CIP- N The project consists of several small scale minor remodel projects in various portions of the building JBAUMAN1@ONEIDANATION.ORG 920-869-4556 WMETOXEN@ONEIDANATION.ORG lagoon. Dan Skenandore 920-869-4550 DSKENANI@ONEIDANATION.ORG 920-869-4550 DSKENAN1@ONEIDANATION.ORG Project Manager Dan Skenandore Project Status: The design documents have been completed. Waiting for funding activation Project Status: The project is complete, open for business. Working on project close-out. Wayne Metoxen 920-869-4585 John Bauman Project Status: Main project complete. Currently in process of decommissioning existing Project Status: Project Team finalizing the CIP Package and SOPs for approval. 05-005 0/00/00 Health Center Miscellaneous Projects 04-019 0/00/00 Sanger B. Powers Force Main Community Mtgs: No meetings are planned, Community Mtgs: No meetings are planned. Community Mtgs: No meetings are planned. 05-012 3/02/05 Elder Garages & Driveways 04-018 5/19/04 West Mason Town Homes Community Mtgs: To be determined Project Title Project Status: On-going. Description: Description: Request Date Description: Description: Project CIP No. Reque

Oneida Tribe of Indians of Wisconsin ACTIVE CIP PROJECTS - COMMUNICATION PLANS Submitted by: Engineer ing Department

The project will construct a new high school to address the deficiencies in the current structure, allow more curriculum choices for the students and enhance student enrollment by providing a facility designed for a high school function. remodeling to office area, enhancing the landscaping, connecting two northern recommended option. Project Team will then assemble the project's CIP Package Total Project Scheduled Budget Completion Page: 3 EGGCIPCOMR EGTCIPCOMR The project will develop the former railroad easement through the reservation into a multi-use paved and unpaved trail for walking, jogging, biking, \$1,795,000 \$1,130,000 \$2,405,000 completed Current % of Project Project Phase completed 26% 36% 348 10% CIP- III CIP- II CIP- II Additional meetings to be determined. The project would construct a centralized storage shed for the farm operation's equipment and dry baled crops. ordinance. 920-869-4585 JBAUMAN1@ONEIDANATION.ORG Dan Skenandore 920-869-4550 DSKENAN1@ONEIDANATION.ORG 920-869-4585 JBAUMAN1@ONEIDANATION.ORG Community Mtgs: To be determined. Communication plan will be included in CIP Package when developed. Troy Parr 920-869-4529 TPARR@ONEIDANATION.ORG The project would include adding garages for the apartment residents, minor buildings to main building and adding a generator. Project Status: Project Team investigating grant funding opportunities and developing trail Project Manager X-Country skiing, snow shoeing, and will include educational signage John Bauman Community Mtgs: Community meetings were held on March 16, 2006, and February 21, 2007. Project Status: Feasibility study complete. School Board reviewing to determine their Project Status: CIP Package submitted to OBC for approval, OBC placed on hold Community Mtgs: To be determined. Communication plan included in CIP Package. Project Status: CIP Package is being routed for approval. Community Mtgs: No meetings are planned for this project. 3/02/05 Elder Services/Apartment Improvements 06-005 4/11/06 Oneida Nation Farms Storage Sheds 06-002 1/10/06 Oneida Nation High School 06-004 7/26/06 Duck Creek Trail Project Title Description: Description: Description: Description: Project CIP No. Request Date 05-013

Project Title

Project CIP No. Request Date

Oneida Tribe of Indians of Wisconsin ACTIVE CIP PROJECTS - COMMUNICATION PLANS Submitted by: Engineer ing Department

Project Manager

Total Project Scheduled Budget Completion completed Current % of Project Project Phase

Page: 4 EGGCIPCOMR EGICIPCOMR

The project will investigate the ground water and surface water issues at the existing cemetery and determine what action can be taken to correct the problems. Phase I will study the ground water and determine if associated issues can be addressed. Phase II will address surface water issues if Phase I can be completed. building codes and creating operating efficiencies of building systems. The upgrade, generator, remodeling of portions of each floor level, mainly LO \$3,454,000 3/19/2008 Crook Road and County U. \$13,085,000 \$1,252,000 The project will investigate the existing facade material that is failing in some areas and determine appropriate corrective actions. 23\$ The project would create a sustainable 20 to 30 acre fishery on the reservation in a former sand pit located near the corner of 7. 100% 15% 40% CIP- III CIP- N CIP- N budget sources for work periodic basis. JBAUMAN1@ONEIDANATION.ORG WMETOXEN@ONEIDANATION.ORG Community Mtgs: To be determined. Communication plan will be included in CIP Package when developed. PWITEK@ONEIDANATION.ORG TPARR@ONEIDANATION.ORG TPARR@ONEIDANATION.ORG Community Mtgs: To be determined. Project updates will be provided to the community on a The project is a continuation of the upgrading of the building to current scope of Phase VI is planned to include: new boilers, electrical service Project Status: Forensic study completed. Currently starting design phase and determining Wayne Metoxen Troy Parr 920-869-4529 920-869-4529 920-869-4543 Paul Witek Project Status: Monitoring wells are in place. Monitoring report updated each month. Troy Parr Project Status: Project Team finalizing CIP Package. Oneida Fishery Restoration Project Project Status: Project complete in close-out. 06-011 9/11/06 Radisson Guest Rooms Remodeling 06-008 8/11/06 Cemetery Storm Water Correction 06-012 8/17/06 ONES - Facade Replacement 06-013 9/07/06 NHC Remodeling - Phase VI Community Mtgs: No meetings are planned Description: 6/28/06 Description: Description: Description: 900-90

Project CIP No. Request Date

Oneida Tribe of Indians of Wisconsin ACTIVE CIP PROJECTS - COMMUNICATION PLANS Submitted by: Engineer ing Department

Page: 5 EGGCIPCOMR EGTCIPCOMR

Total Project Scheduled Budget Completion completed Current % of Project Project 55% CIP- N Project Manager Dan Skenandore Project Status: Project Team starting design work. Community Mtgs: No meetings are planned. 07-001 10/06/06 OCHC Pharmacy Remodel Project Title

The project is a continuation of the upgrading of the building to current building codes and creating operating efficiences of building systems. The specific scope of Phase V is being determined and will be limited to available budget. % CIP- I The project will remodel the current space to improve operating efficiencies and reduce patron wait times TPARR@ONEIDANATION.ORG Troy Parr 920-869-4529 Project Status: Project team working on design of remodeled space 07-002 12/05/06 SS Building Remodeling - Phase V Community Mtgs: No meetings are planned. Description: Description:

DSKENAN1@ONEIDANATION.ORG

developed Community Mtgs: To be determined. Communication plan will be included in CIP Package when

\$557,000 11/11/2007

66%

CIP- IV

Wayne Metoxen

Project Status: Project team working on assembling CIP Package.

07-003 1/04/07 Oneida Nation Veteran's Memorial

determined 920-869-4556 WMETOXEN@ONEIDANATION.ORG area. The project will construct a veterans memorial wall and ceremonial ground Community Mtgs: Meetings held in February and April 2003, additional meetings to be Description:

50% CIP- N Project Status: The CIP Package has been approved. Construction contract in approval process. Troy Parr 920-869-4529 07-004 11/16/06 Mason St Casino Cooler

TPARR@ONEIDANATION.ORG The project will add a walk-in cooler to serve the lounge. Description:

Project Status: Gaming reviewing design options to determine best fit for their needs Community Mtgs: No meeting are planned.

Oneida Tribe of Indians of Wisconsin ACTIVE CIP PROJECTS - COMMUNICATION PLANS Submitted by: Engineer ing Department

Page: 6 EGGCIPCOMR EGTCIPCOMR

Project CIP No. Request Date

Project Title

Total Project Scheduled Budget Completion completed Orchard Facilities replacing a failed septic system Current % of Project Project Phase completed 30% John Bauman 920-869-4585 JBAUMANI@ONEIDANATION.ORG Project Manager The project will extend the sewer line at North Overland Road to the Apple Project Status: CIP Package is complete and being routed for approval. North Overland Road Sewer Extension Community Mtgs: No meetings are planned. 4/16/07 Description: 900-40

The project proposes to construct a building addition to the orchard building. The addition would house a large cooler for apple storage and offices moved from within the existing residence. Description:

920-869-4585 JBAUMAN1@ONEIDANATION.ORG

John Bauman

07-007 4/12/07 Apple Orchard Building Addition

₩ %

developed. Community Mtgs: To be determined. Communication plan will be included in CIP Package when

Project Status: Project Team is assembling CIP Package. 07-008 5/16/07 Central Oneida Trails

central Oneida area and accommodate future trail connections to other areas o CIP- I JBAUMAN1@ONEIDANATION.ORG John Bauman 920-869-4585 The project will coordinate the development of pedestrian trails in the f the reservation. Description:

Community Mtgs: Some meetings have been held, additional meeting will be planned.

Project Status: Project Team assembling CIP Package.

07-009 6/07/07 Building Demolitions

building and prepare the site for future development. developed. Community Mtgs: To be determined. Communication plan will be included in CIP Package when The project will coordinate the demolition of the former health center Description:

TPARR@ONEIDANATION.ORG

920-869-4529

Troy Parr

%

Project Status: Project Team is assembling the CIP Package.

07-011 5/14/07 DOLM Maintenance Building

John Bauman 920-869-4585 JBAUMANI@ONEIDANATION.ORG

CIP- I

/24/07	:26:4
7	13
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Oneida Tribe of Indians of Wisconsin ACTIVE CIP PROJECTS - COMMUNICATION PLANS Submitted by: Engineer ing Department

Project Manager

CIP Project Title

Project CIP No. Request Date

Page: 7 EGGCIPCOMR EGICIPCOMR Current % of Total Project Scheduled Project Project Budget Completion Phase completed

The state of the s
Description: The project will develop a maintenance building to service the needs of the Division of Land Management.
Community Mtgs: No meetings are planned.
Project Status: Project Team assembling the CIP Package.
07-012 6/07/07 Airport Road Child Care Center - HVAC Upgrade Paul Witek 920-869-4543 PWITEK@ONEIDANATION.ORG
Description: The project will evaluate the existing heating and cooling systems and determine appropriate changes or replacements that are to be made, and then implement those changes.
Community Mtgs: No meetings are planned.
Project Status: Project Team finalizing a request for proposals (RFP) for design services and will be issuing within the next few weeks.
21-009 1/01/04 Wastewater Treatment Facility 920-869-4556 WASTOXENGONEIDANATION.ORG
Description: The project will create a wastewater treatment facility in central Oneida which will allow us to determine our own sewer service area boundaries (sovereignt y), assist in reducing land acquisition costs, maintain affordable sewer utility rates, and will recharge water resources of the reservation.
Community Mcgs: No meetings are planned.
Project Status: Project is complete, closing out.
23-005 9/08/03 Residential Home Sites 51,300,000 * 920-869-4585 UBAUWANI@ONBIDANATION.ORG
Description: The project is proposed to develop home building sites on Tribal owned parcels for Tribal members to build homes on. The proposed project would be for mult iple sites and be phased over a number of years. Sites will be offered to individuals on the DOLM waiting list.
Community Mtgs: No meetings are planned.
Project Status: Waiting for Comprehensive Housing Plan to be developed and approved.
23-404 1/17/04 Main Casino Master Plan
Description: The current project will define the scope and cost of expanding the overall casino/hotel site into a destination resort facility. The scope will be used in creating a CIP Package for project approval. The project will consolidate the gaming operations onto this site and maximize efficiencies.

Project CIP No. Requ Date

Oneida Tribe of Indians of Wisconsin ACTIVE CIP PROJECTS - COMMUNICATION PLANS Submitted by: Engineer ing Department

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No. Requi	est		roject Manager	Current % of Project Project Phase completed	Total Project Scheduled Budget Completion
Communi	ity Mtgs	Community Mtgs: To be determined. Communication plan will be included in	rill be included in CIP Package when developed.		
Project	t Status	Project Status: Project Team waiting for OBC review of business plan. On	business plan. Once approved Project Team will assemble CIP Package.		
94-005 0/	00/00/	94-005 0/00/00 Oneida Cultural Center	Wayne Netoxen 920-869-4556 WMETOXEN@ONEIDANATION.ORG	CIP- I 20\$	*
Description:	ption:	The facility will provide cultural and history services la non-institutionalized atmosphere, for the use of the On ational, and international public.	history services by establishing a centralized, holistic, research, exhibition, learning, and teaching facility with the use of the Oneida Nation and will become a major tourism attraction for Northeast Wisconsin serving the local, n	ibition, learning, an n for Northeast Wisco	d teaching facility with nsin serving the local, n
Communi	ity Mtgs	Community Mtgs: The project has had four community meetings and will have additional when in the design phase.	additional when in the design phase.		
Project	Status	Project Status: Feasibility study scheduled to be completed in August, results will determine revisions to scope of project and re-approval	sults will determine revisions to scope of project a	nd re-approval.	
98-005 6/	09/04	98-005 6/09/04 Assisted Living/New Anna John Nursing Home	Dan Skenandore 920-869-4550 DSKENAN1@ONEIDANATION.ORG	CIP- III 40\$	\$29,992,000 10/12/2009
Description:	otion:	The facility will provide another option in the continuum of care for tribal members. Assisted Living facilities offer a homelike atmosphere with trained p rofessionals who are available to help residents with their daily routines. Nursing homes offer 24-hour a day care for those who can no longer live indepen dently and/or may need specialized care for severe illness or injuries. The proposed facility will also include the congregate meals program which will shape to the congregate meals program which will shape to the congregate meals program which will shape the congregate meals program in the building.	of care for tribal members. Assisted Living facilition of daily routines. Nursing homes offer 24-hour a day is or injuries. The proposed facility will also include building.	ies offer a homelike a care for those who ca de the congregate mea	atmosphere with trained p an no longer live indepen 1s program which will sha
Communi	ty Mtgs:	Community Mtgs: Community meetings were held on Dec. 15, 2005 and July 6,	2005 and July 6, 2007. Additional meetings to be determined.		
Project	Status	Project Status: Schematic Design documents submitted for review. Will be starting next phase	starting next phase of design.		

ж'					·	
Friday		3 BANKS SHOPPING LUNCH OUT 10:00 - 3:00	10 BANKS SHOPPING LUNCH OUT 10:00 - 3:00	4 NATIONS PICNIC Pamperin Park 10:00 - 2:00	24 BANKS SHOPPING 10:00 - 11:30 LUNCH AND RUMMAGE SALE Senior Center 12:00	31 ALL STAFF TRAINING NO ACTIVITIES
Thursday	ACTIVITIES	2 MILWAUKEE BREWER GAME Milwaukee 9:00 - 6:30	9 TARGET TOSS Elderly Services 9:30 MINIATURE GOLF Green Bay 1:30	16 BANKS SHOPPING LUNCH OUT 10:00 - 3:00	CONCERT IN THE PARK (New Orleans Jazz) Bag lunch on own 10:00 - 3:00	30 BANKS SHOPPING 10:00 - 11:30 BIRTHDAY LUNCH Senior Center 12:00
Wednesday	ACTI	1 ICE BREAKER GAME Elderly Services 9:30 BINGO Senior Center 1:00	8 ONEIDA LANGUAGE Elderly Services 9:30 BINGO Senior Center 1:00	15 BOARD GAMES Elderly Services 9:30 BINGO Senior Center 1:00	22 ONEIDA LANGUAGE Elderly Services 9:30 BINGO Senior Center 1:00	29 PRICE IS RIGHT Elderly Services 9:30 BINGO Senior Center 1:00
Tuesday	AUGUST 2007		7 CRAFTS Methodist Church 9:30 - 11:30	14 FARMER'S MARKET Festival Foods, DePere 10:00 - 11:00	CRAFTS Methodist Church 9:30 - 11:30	28 BINGO Methodist Church 9:30 - 11:30
Monday	AUGUS		6 SALVATION ARMY Green Bay 9:30 INDOOR TENNIS Elderly Services 1:00	COOKING Elderly Services 9:30 ICE CREAM SOCIAL Elderly Services 1:00	20 VISIT AIRPORT DAYCARE 9:30 BOWLING Ashwaubenon Lanes 1:30	27 PLASTIC CANVAS Elderly Service 9:30 MOVIE Elderly Services 1:00

Oneida Senior Center, 134 Riverdale Drive Oneida, WI 54155 (920) 869-1551 or 1 (800) 867-1551



August 2007

Fri	3 French Toast, Sausage, Berries & Juice	10 Cornmeal, Eggs, Ba- con, Toast, Pear, Juice	17 CLOSED	24 SOS, Toast, Eggs, Orange Slices, Juice	31 CLOSED
Thu	2 Fish, Red Potatoes, Cole Slaw, Rye Bread & Jello	9 Pork Roast, Pota- toes, Peas, Whole Wheat Bread, Baked Apples	16 Beef Tips & Gravy, Potatoes, Brussel Sprouts, Whole Wheat Bread, Manda-	23 Turkey &Gravy, Potatoes, Brussel Sprouts, Whole Wheat Bread, Mandarin Org.	30 Beef Roast, Pota- toes, Corn, Whole Wheat Bread, Cake
Wed	1 Turkey & Ham Wrap, Fresh Vegeta- bles, Potato Chips, Cookies & Juice	8 Ham, Sweet Potatoes, Peas, Cranberries, Whole Wheat Bread, Pudding	15 Chicken Patties, Red Potatoes, Mixed Vegs., Whole Wheat Bread, sherbet	22 Chef Salad (Ham- Turkey-Eggs-Lettuce- Tomato) cukes, Cottage Cheese, Rolls, Rasp &	29 Hamburger Patties-Buns, Beans, Potato wedges, Ice Cream, Juice
Tue	Breakfast on Fri Served from 9am-10am	7 Chicken Noodle, Fresh Bread, Spiced Ap. & Org. Rings, Juice	14 Beef Stew, Biscuits, Yogurt, Juice	21 Boiled Dinner, Fresh Bread, Pears, Juice	28 Corn Soup, Fresh Bread, Berries, Juice
Mon	Open 8am-4:30pm Lunch Served MonThurs. Noon-1pm	6 Chili, Cucumber Salad, Whole Wheat Bread & Ice Cream	13 Tuna Salad, Croissants, Tomatoes-cukes Cottage Cheese, Melons	20 Hot Dogs, Mac & To- matoes, Green Beans, Whole Wh. Bread, Apple Sauce	27 Ring Bologna, Red Potatoes, Boiled Cab- bage, Whole Wheat Bread, Jello

ONEIDA ELDERLY SERVICES DATABASE FORM DATE: __/__/_

Name			Phone Num	iber (· - · ·	
Address	<u>.</u>		Social Secu	rity Nu	mber		/_	
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City	State	Zip Code	Cou	nty			OOB /	/
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*If Poor Please	List Health Co	ondition:				•		
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			Phone Num Relationship	•)			
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						//	_	
Signature						Date		

Please Return to
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Service Coordinator
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Oneida, WI. 54155

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