

# DRUMS ACROSS ONEIDA

Oneida Elderly Service  
2907 South Overland Rd.  
Oneida, WI 54155  
Ph: 920-869-2448  
Fax: 920-869-1824



Senior Center-Meal Site  
134 Riverdale Dr.  
Oneida, WI 54155  
Ph: 920-869-1551  
Fax: 920-869-1526

Kahsakayu-t#-se> W<hn\$tae>

Thunder Moon

April 2009



## ELDER'S MEDITATION of the Day

"In our traditional ways, the woman is the foundation of the family."

*Haída Gwaíi, Traditional Circle of Elders*

We must pay attention to the role of the woman in the family. She is the heartbeat of the family. She should be respected and treated in a sacred manner.

We should listen to her guidance. We should help make her role easier by helping with chores or just telling her how much we appreciate her.

Great Spirit, I ask you to bless all the Moms.

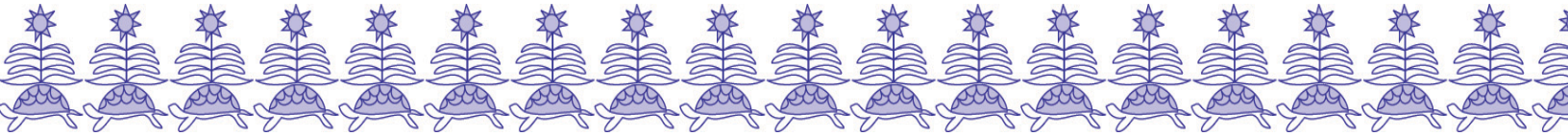
Submitted by: Lois Strong, Oneida Nation Commission on Aging Coordinator

## **ELDERS AND EVERYONE – DRUMS CONTACT**



From the desk of: Linda F. Douglas

I am with Elderly Services and will be the main contact for the DRUMS Across Oneida newsletter. Please contact me with any comments, suggestions, concerns, complaints, etc. Thank you for your attention.  
My phone number: 920-869-2448 email [ldouglas@oneidanation.org](mailto:ldouglas@oneidanation.org)



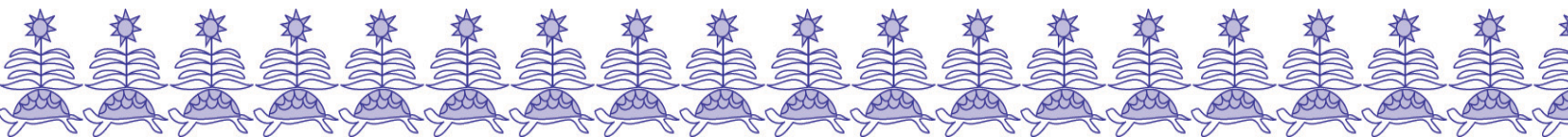
### **Elder's Meditation**

But each of us must find out for himself or herself what their gift is, so that they can use it in their life."

--Jimmy Jackson, OJIBWAY

The old people say, everyone has a song to sing. This song is the reason we are on this earth. When we are doing what we came on this earth to do, we know true happiness. How will we know our song? Pray. Ask the Great Mystery, "What is it you want me to do during my stay on earth?" Ask. He will tell you. He will even help you develop yourself to accomplish His mission.

Great Spirit, help me find my song and let me sing it.



# MENU

APRIL

2009

ONEIDA SENIOR CENTER, 134 RIVERDALE DRIVE, ONEIDA, WI., 54155 PHONE : 1-920-869-1551

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Garlic & Herb Chicken Pasta Mixed Vegetables W/W Bread Pineapple Tidbits	2 Liver & Onions Potatoes Beets W/W Bread Sherbet	3 Tuna Salad Croissants Tomatoes, Cucumbers, & Cottage Cheese Fruit
6 Goulash W/W Bread  Cookies	7 Pea Soup Fresh Bread Juice  Jell-o W/Bananas	8 Country Gravy & Biscuits Carrots Juice  Mixed Berries	9 Pork Steak Red Potatoes Brussels Sprouts W/W Bread  Ice Cream	10 <b>GOOD FRIDAY</b> Bacon & Eggs Cornmeal Toast Juice Applesauce <b>BREAKFAST</b>
13 Green Bean Casserole W/W Bread Juice  Peaches	14 Potato Soup Fresh Bread Juice  Berries	15 Chicken Breast Wild Rice Mixed Vegetables W/W Bread  Custard	16 Beef Tips & Gravy Potatoes Green Beans W/W Bread  Mandarin Oranges	17 Hamburgers Seasoned Potatoes Beans Pickles Buns Pudding
20 Polish Sausage Macaroni & Tomatoes Green Beans W/W Bread Pears	21 Hamburger Soup Fresh Bread Juice  Cookies	22 Beef Pasties Gravy California Blend W/W Bread Ice Cream	23 Spaghetti & Meat Balls Salad Garlic Bread  Yogurt	24 Fish Potatoes Coleslaw Cornbread Applesauce
27 Ham Scalloped Potatoes Peas W/W Bread Jell-o W/Fruit	28 Tomato Soup Ground Bologna & Egg Salad Sandwiches  Sherbet	29 Sub Sandwiches Fresh Vegetables Rolls Juice Fresh Fruit	30 <b>BIRTHDAY DAY</b> <b>Beef Roast</b> <b>Potatoes      Carrots</b> <b>W/W Bread</b> <b>Jell-o Cake</b>	
All meals are served with coffee, milk or tea.	Menu is subject to change.	<b>BIRTH STONE:</b> <b>Diamond</b> <b>FLOWER:</b> <b>Sweet Pea</b>	<b>HOURS:</b> <b>8:00A.M.-4:30P.M.</b> <b>Lunch Is Served</b> <b>Monday-Friday</b> <b>12:00P.M.-1: 00P.M.</b>	

	Tuesday	Wednesday	Thursday	Friday
<b>April 2009 ACTIVITIES</b>				<b>*Activities due to change without notice.</b>
<p><b>*Please sign up for trips at Senior Center Main Office.</b></p> <p><b>*All trips leave from Senior Center.</b></p>	<p><b><u>*Is this your Birthday month?</u></b></p> <p><b>* You must <u>sign up</u> in the Birthday Book at Senior Center, Main Office, Must be <u>present</u> at the Birthday lunch to receive your gift card.</b></p>	<p><b>1</b></p> <p><b>Oneida Language Elderly Services 9:30</b></p> <p><b>Bingo</b> Hwy H 1:30</p>	<p><b>2</b></p> <p><b>Salvation Army Green Bay 9:30</b></p> <p><b>Cooking</b> Elderly Services 1:00</p>	<p><b>3</b></p> <p><b>Banks Shopping Lunch Out (on your own) 10:00 – 3:00</b></p>
<p><b>6</b></p> <p><b>Egg Coloring</b> Elderly Services 9:30</p> <p><b>Bingo</b> Site II 1:00</p>	<p><b>7</b></p> <p><b>Easter Bingo</b> Three Sisters Building 9:30 – 11:15</p>	<p><b>8</b></p> <p><b>Easter Party</b> Elderly Services 9:30</p> <p><b>Bingo</b> Hwy H 1:30</p>	<p><b>9</b></p> <p><b>Banks, Shopping 9:00</b> Lunch at meal site <b>Bowling</b> Ashw. Lanes 1:30</p>	<p><b>10</b></p> <p><b>Breakfast Only ½ day</b></p>
<p><b>13</b></p> <p><b>Scrabble Game</b> Elderly Services 9:30</p> <p><b>U-Bake Store</b> Green Bay 1:30</p>	<p><b>14</b></p> <p><b>Crafts</b> Elderly Services 9:30 – 11:30</p>	<p><b>15</b></p> <p><b>Yahtzee Game</b> Elderly Services 9:30</p> <p><b>Bingo</b> Hwy H 1:30</p>	<p><b>16</b></p> <p><b>Shopping at Fox River Mall</b> Appleton Lunch Out (on your own) 10:00</p>	<p><b>17</b></p> <p><b>Banks Shopping Lunch Out (on your own) 10:00 – 3:00</b></p>
<p><b>20</b></p> <p><b>Price Is Right</b> Elderly Services 9:30</p> <p><b>Bingo</b> Site II 1:00</p>	<p><b>21</b></p> <p><b>Crafts</b> Elderly Services 9:30 – 11:30</p>	<p><b>22</b></p> <p><b>Oneida Language</b> Elderly Services 9:30</p> <p><b>Bingo</b> Hwy H 1:30</p>	<p><b>23</b></p> <p><b>Volunteer Appreciation</b> Parish Hall 10:00</p> <p><b>Bowling</b> Ashw. Lanes 1:30</p>	<p><b>24</b></p> <p><b>Banks Shopping Lunch Out (on your own) 10:00 – 3:00</b></p>
<p><b>27</b></p> <p><b>Puzzles</b> Elderly Services 9:30</p> <p><b>Movie</b> Elderly Services 1:00</p>	<p><b>28</b></p> <p><b>Bingo</b> Methodist Church 9:30 – 11:30</p>	<p><b>29</b></p> <p><b>Rummikub Game</b> Elderly Services 9:30</p> <p><b>Bingo</b> Hwy H 1:30</p>	<p><b>30</b></p> <p><b>UNO Game</b> Elderly Services 9:30 <b>Birthday Lunch 12:00</b> <b>Latter Ball</b> Hwy H 1:30</p>	

\* If you have any questions or concerns Please call Michelle at 869 -2448.



# Great Lakes Native American Elders Association GLNAEA

Sponsored by Oneida  
April 2 & 3, 2009

**Radisson Hotel & Conference Center Green Bay**  
2040 Airport Drive, Green Bay, Wisconsin 54313  
**Reservations:** 920-494-7300  
**Toll Free:** 1-800-201-1718  
**Fax:** 920-494-9599

Continental Breakfast

Entertainment: Thursday evening from 7:00 P.M.-10:00 P.M.

Raffles, Door prizes, Vendors, Other Activities

*Please remember to bring you tribal enrollment card!!!*

*Do not forget to update your membership with GLNAEA!!!*

# MATT HOUSTON

B	S	G	J	B	J	G	O	Z	R	G	O	R	G	E	O	U	S	B	U	May
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A	P	R	I	V	A	T	E	V	K	Y	A	L	L	O	T	F	H	F	O	
L	V	I	S	D	R	A	W	E	R	J	Z	Q	I	R	R	S	T	C	L	
X	U	K	D	T	S	I	W	T	V	D	I	G	B	O	A	H	C	T	I	
E	B	M	I	C	H	A	E	L	K	Z	B	G	U	U	P	O	P	N	P	
C	O	W	B	O	Y	S	R	G	M	L	I	A	R	S	E	R	P	M	I	
K	P	A	D	V	E	N	T	U	R	E	S	I	R	P	R	E	T	N	E	

Action	Drilling	Italian	Partner
Adventure	Enterprise	Lamar	Pilot
Beautiful	Excalibur	Mama Novelli	Private
Bizarre	Famous	Matlock	Quarrel
C.J. Parsons	Freewheeling	Michael	Ranch
California	Glamorous	Millionaire	Rewards
Chris	Gorgeous	Murray	Stylish
Cooking	Handsome	Off-Shore	Texas
Cooperate	Helicopter	Oil Business	Twist
Cowboys	Houston	Operations	Vince

If you find yourself in a hole, the first thing to do is stop digging.

The quickest way to double your money is to fold it over and put it back in your pocket.

Never kick a cow chip on a hot day!







**ELDER OF THE YEAR 2008  
16<sup>th</sup> ANNUAL AWARDS  
2008 COMMUNITY AWARDS BANQUET  
JANUARY 22, 2009**

Dellora Cornelius Kahnekahāwi “Carrier of Water”

When you look at Dellora’s Oneida name it contains the word “water” which is a good medicine and is also one of the basic essentials needed to survive.

Dellora Cornelius is being recognized for her devotion, dedication and commitment to her family and to her community. She is an inspiration to all for the many goals she has accomplished throughout her life by being an active participant in the life of her family and the Oneida Community.

Education has always been a priority of Dellora’s which was passed on from her mother and father. Both her mother and father graduated from high school and attended Haskell Indian College. This was in the days when children were removed from their homes on the reservation and put in boarding schools. She is so proud of her children and grandchildren for continuing their education and they are equally proud of her achievements---raising a family of ten children, obtaining her Bachelors Degree, years of teaching at the Oneida Turtle School, years of service on numerous Oneida Community Boards, Committees and Commissions, and devotion to her many grandchildren.

We start with her family --- ten children and she is proud of every one of them. They have all inherited their mother’s love of learning. Her children and their children continue to support education throughout one’s lifespan. What a strong legacy of loving to learn Dellora has instilled within her family!

Dellora started her college career when she worked as a Head Start Teacher for six years. She took Early Education college classes at the University of Oshkosh and the University of Milwaukee. She didn’t work for a while after she had her 10<sup>th</sup> child; but, when the baby started Kindergarten, Dellora went back to work at the Language Training Project to learn the Oneida Language and to teach in the Public Schools where our Oneida Children attended. It was about this time that she enrolled in college full time. Her goal was to earn her Bachelor’s Degree in Education so that she could teach at the Oneida Tribal School, which was in the early stages of planning. At that time Dellora was part of the first Oneida Education Board that was planning the Oneida Tribal School.

Dellora graduated from the University of Green Bay-Wisconsin in the Spring of 1979. With a Teaching Degree and the Oneida Tribal School opened in the fall of 1979. She earned a license to teach K-8 Elementary School and a License to teach Other Foreign Languages K-12. Dellora taught Kindergarten for 5 years and she started the first all day Kindergarten with 25 students. When she started teaching the first full day program she didn’t have an aide but proved to be a dedicated and hard worker and had some of her students reading before they left kindergarten!

Dellora Cornelius took a few years break from teaching and then went to work at the Oneida Health Center as a Community Health Representative and progressed to CHR Supervisor before returning to continue her Teaching Career. Dellora returned to the Oneida Tribal School to teach the Oneida Language to Kindergarten until she retired. Dellora may take a break but always remains actively involved in the community. Today she continues to teach as a Substitute Teacher for the Oneida Turtle School.

**ELDER OF THE YEAR 2008**  
**16<sup>th</sup> ANNUAL AWARDS**  
**2008 COMMUNITY AWARDS BANQUET**  
**JANUARY 22, 2009**

Dellora Cornelius, Chairwoman, is serving her third three-year term on ONCOA. She was instrumental in establishing the Office of ONCOA at Elderly Services. She saw the importance of organizing the internal structure of ONCOA in order for the commission to be able to establish and effectively implement goals and objectives. She is a full time participant and actively involved in supervising ONCOA program activities. Dellora Cornelius keeps updated on current elder issues on local, state and national levels by attending seminars, workshops, and meetings relating to elders. Like a strong leaders she encourages all ONCOA members to be involved in learning about elder concerns and to advocate for services.

<b>PAST BOARD ACTIVITIES</b>	
Head Start ~ Chairwoman Day Care Board ~ Member Oneida Education Board ~ Member National Head Start Board ~ Member	Oneida Health Center Board ~ Chairwoman Personnel Selection Committee ~ Chairwoman Tower Food Board of Directors ~ Vice President Oneida Library Board ~ Vice President
<b>CURRENT BOARD ACTIVITIES</b>	
Oneida Nation Commission on Aging ~ Chairwoman Oneida Resident Centered Care Facility ~ Planning & Implementation Team Oneida Aging & Disability Resource Center Planning Committee Oneida Housing Task Force	Oneida Nutrition Board ~ Chairwoman Oneida Faith In Action ~ Chairwoman Bay Area Agency on Aging ~ Board of Directors Great Lakes Native American Elders Assoc. Coalition of Wisconsin Aging Groups National Indian Council on Aging





**ELDER OF THE YEAR 2008  
16<sup>th</sup> ANNUAL AWARDS  
2008 COMMUNITY AWARDS BANQUET  
JANUARY 22, 2009**

**WARREN SKENADORE  
Date of Birth: October 31, 1923**

Warren Skenadore has lived most of his 85 years in Wisconsin except for the time he served in World War II. As a Warren Skenadore Paratroop Medic with the 82<sup>nd</sup> Airborne, he received Honors from Belgium and France for his valor and self-sacrificing commitment to protect and save lives. Warren Skenadore was also awarded the Silver Star for quick thinking, confidence, and gallant conduct under the most arduous conditions during the “Battle of the Bulge”.

As with many honored veterans, Warren Skenadore felt that he was just doing what was expected of him. He has carried this attitude with him to the present day. Just as he knew his platoon was a tight knit group looking out for one another, he has a responsibility to serve the Oneida Community he lives in today. After returning home from the war, he spent many years raising his family but when he retired, rather than sitting back, he began his community involvement in earnest. Since his retirement, Warren Skenadore has served three terms on the Oneida Housing Authority Board. During his nine years with the Oneida Housing Authority Board, Warren supported plans to provide new, affordable housing for families and to renovate existing housing including Rent-To-Own Housing, scattered site housing and home improvements at existing housing sites.

Warren Skenadore was also elected to the Oneida Nation Commission on Aging and is currently serving his fourth term. As a member, and as an officer of ONCOA, he was recognized for his dedication and commitment toward completing Phase I of the Elderly Services complex. Phase I consisted of the new offices for the Elderly Services staff and the four connecting elderly apartment buildings. Today, Warren Skenadore serves on the Resident Centered Care Facility Steering Committee to support completion of this project. All of ONCOA champions these goals of completing the Resident Certified Care Community. Warren Skenadore is one of the individuals who is unique in his determination to attain these goals.

Warren Skenadore’s desire to improve the welfare of people was also reflected in his appointment by the Mayor of Green Bay to an Ad-Hoc Committee for improving working conditions for minorities in the Green Bay area. Warren has received numerous awards for his community involvement including acknowledgments for the Bay Area Agency on Aging, Oneida Nation Veterans, and the Great Lakes Inter-Tribal Council for outstanding services and dedicated commitment to the Indian Communities of Wisconsin.

Warren Skenadore has been receiving accolades since high school. As an extraordinary high school athlete, he received varsity letters four year in a row for track, basketball and three years for football. Warren scored numerous track records that a generation later is still standing... Warren Skenadore proves an old adage wrong. Nice guys don’t come in last, they come in first---not only on the track field but in the hearts of those who have benefited from his continuing dedication, commitment to outstanding service, and belief that he is only doing what is expected of him.



## Maple Ceremony

When the warm winds once again begin to circulate we will hear the return of our Grandfather's the Thunderer's from their long winter absence. That's the natural sign or occurrence that has to happen before we can go out and tap the maple trees. The lightning stimulates the root system of the maple trees which purifies the sap as it once again begins to flow up the tree to its extremities. Before we can go out and tap, we are to do a tobacco burning to extend our greetings, thankfulness and love to the maple trees that they are still fulfilling their responsibilities. As indigenous people, this is the way that we express our highest regard to the maple tree and honoring them. This tobacco burning ceremony is usually done around the first part of March and each camp in the community will do their own. It all depends on the weather as to when it will be done. We have to wait until we hear the Thunderer's!

We look to the maple tree as the leader of all of the trees. They are the first trees to wake up from the long winter. Historically this is where we've always gotten our sugar. From the sap we can also make candy, syrup and taffy. In our creation story the Creator said that "Maple Sapling" will be the name that the all of creation will call him. The reason has to do with the characteristic of a maple sapling. When they are real young you can bend it all over the place and it won't break. And the way this is how the Creator's mind is, that he is very insightful and will bend over backwards to help us. Whatever we do or say that may be harmful to ourselves or others the Creator will understand why we did it.

For the tobacco burning, a small fire is built near a maple tree where you camp is going to be. Everyone is to contribute a pinch of the sacred tobacco and a person is asked to speak on behalf of all of the people who have gathered. Our indigenous language is the means in which we communicate to

creation. The tobacco that we use is the old sacred tobacco, the kind that you can't buy in stores. You have to grow it yourself or barter with someone that grows it. In our creation story they say that this particular plant came from the Creator's world. Because of that we are to show our utmost respect to this plant for the sacred gift that it has. When we burn the tobacco, whatever the message is that we want to convey to creation or to the Creator, the smoke will pierce the sky and is the conduit on a spiritual level to deliver the message we are asking of. Our spiritual elders from long ago say that when we use our sacred tobacco all of creation listens up right away and pays extra attention to what is being said.

The words in the tobacco burning ask all of creation for a safe time while the people are in the woods working. The children are instructed not to wander too far away from camp lest someone will get hurt. The animals are asked for permission to allow us to come into their home so we may harvest the sap and not to be afraid of us while we're there. From the winds, moon, sun and stars are all asked for their cooperation so that we will have beautiful days during the harvesting of the sap. The four sacred beings who are our protectors are asked to watch over the people so nobody gets hurt. Lastly, the Creator is asked to assure that no great harm comes to those harvesting the sap. Thus all of creation is acknowledged.

Then the people can go out and set up their sugar camps and tap the maple trees. Once the camps are all done harvesting the sap and everything is cleaned up, a day is picked by the Faithkeepers to give thanks for what the people have been able to harvest. The Faithkeepers are responsible of insuring that all of our ceremonies are being conducted throughout the year. For the maple ceremony, the sap is used as medicine for everyone to drink and to give our personal thanks to the maple tree. Two Great Feather dances are done. The Great

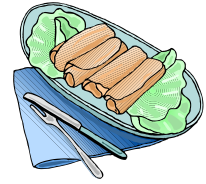
Feather dance is one of the four sacred ceremonies that the Creator had sent here via a messenger as a way through dance and song to honor elements of the natural world as well as the Creator. The first Great Feather dance is to honor the maple tree and the second is to honor the Creator for providing us with all of the sustenance of life.

So you see in doing these ceremonies we are fulfilling our responsibility to creation by honoring the many different life forces throughout the year that we depend upon in order for us to live. This is what our ancestors have been doing since the beginning of time when they were instructed how to give back to creation. It's the same thing as when we extend a helping hand to someone in need. It not only makes that person feel appreciative of what we did, we also feel gratified for our act of kindness; it's reciprocal. Creation senses this same care giving. The Creator wanted us to always have a respectful relationship with everything in creation. This is a lifelong commitment and challenge that we have to make everyday while were here on our mother the earth. If we listen to our spirit that's telling us all the time what we need to do, we will be fulfilling our responsibility to ourselves and creation. These acts lead us to inner peace.

By: Randy Cornelius,  
Language, Culture and Archivist



## Breakfast Burrito



- 1 Tablespoon light margarine
- 2 Cup frozen O'Brien potatoes thawed
- $\frac{3}{4}$  Teaspoon chili powder
- 1 Cup egg substitute
- $\frac{1}{4}$  Cup salsa
- $\frac{1}{4}$  Cup green onions, chopped
- 4 (7 inch) corn or flour tortillas
- $\frac{1}{4}$  Cup light or fat free sour cream (optional)

Melt margarine in large nonstick skillet over medium heat. Add potatoes and chili powder, cook until potatoes are tender, about 8 minutes, stirring occasionally. Mix together egg substitute, salsa, and green onions, add to skillet and cook until eggs are set. Heat tortillas according to package directions. Spoon egg mixture down center of tortilla, roll to close. Top with sour cream optional.



“Growing older is not upsetting; being perceived as old is.”

Kenny Rogers

“Be like a duck. Calm on the surface, but paddling like the dickens underneath.”

Michael Cain



## NATIVE AMERICAN PRACTICE OF SMUDGING

Prepared by Thomas R. Porter  
(Sakokwenionkwes), Native American Chaplain

Before smudging, you should repent or ask forgiveness from the Creator for anything you may have done to offend the Creator. Once you have done this, then you can touch the sage or sweet grass.

Smudging is done with sage or sweet grass. A small amount is burnt in a smudge bowl or disposable ashtray. It is lit and then the flame is allowed to go out, or fanned out until the flame is allowed to go out, or fanned out until only the embers are producing a small amount of smoke similar to a cigarette burning. A lot of smoke is not necessary, especially because of the facility setting.

When the smoke of the sage or sweet grass is rising, cup both hands and grab the smoke and put it on your head. Then, pull the smoke with cupped hands to your face as though smelling the smoke. Pull the smoke again and put it on your heart and chest area, then to your legs.

Then, go clockwise, as is done in the ceremonial dances in the Longhouse. This of course, represents acknowledgement to the Four Directions: East, North, West, and South, and to all the spiritual things of the world. When the smoke of the sage or sweet grass rises, it is said that the Creator stops all his activities and pays attention to you until you have completed your smudging. When the smudging is being done, the positive energy is abundant. The negative energy is pushed away from you. You must strive to maintain a good mind. To do otherwise can backfire on you. It calls for sincerity and truthfulness.

When you finish smudging, you simply face or direct yourself to the Creator and say, "Nia:wen," which means "Thank You."

I hope this explanation is helpful to you. One can smudge everyday, or even twice a day.

Usually, I do not. I smudge only if I have to burn paper tobacco for someone, or I am going to be conducting a ceremony for someone. Sometimes, I smudge as much as six to ten times per month, depending on my activities.



## Article 11 Pow Wow Series April, 2009 Men's Traditional Dance

- A warrior's dance that tells a story of great battle
- Categories: Traditional and Contemporary
- The men wear many items which tell of their valor and courage
- The eagle feathers they wear represent family honor and also achievements earned by that dancer
- Men's northern dancer will wear a single or double circular bustle of eagle feathers on the back
- Men's southern straight traditional is called the gentlemen's dance and is performed without a bustle
- Instead they wear a long trailer down their back usually made of otter fur or Conchos, wool trade cloth, leggings and breechcloths
- The straight dancer never makes a complete circle as to never turn your back on the enemy
- Regalia include an eagle feather bustle and hair roach made of porcupine quills
- Men's Traditional dance remains tribe specific in terms of style and dress
- Teardrop usually beaded
- Cow bell each leg
- Talismen sign of spirit helper and Clan

## A WOMEN REMBERED

I just returned from Florida as my stepmother passed away recently. She succumbed to cancer that she had been fighting for almost ten years. Elaine Porter is the mother of Bobby Porter, Sharon; Shelly predeceased by Ernie and of course my father Robert K. Porter. Elaine had many grandchildren and some great grandchildren. Everyone who was the children's age and lived in their neighborhood considered Elaine to be their mother. This became very clear when the people spoke of their memories of

Elaine. Most of the neighborhood kids, who are now adults with children of their own, said they spent more time at Elaine's house than they did at their own home. Elaine never told any child to go home to eat, she just put an extra plate on the table and all the kids ate together.

On November 13, 2008, we gathered at the home of Elaine Porter with everyone. We ate so much, we cried so much, and then we said goodbye to a wonderful mother, a great friend, and a woman we will never forget.

With Love,  
Tom Porter  
Stepson of Elaine Porter

UP CLOSE AND PERSONAL WITH: Cecil Rennells

When you were a child, what did you think you would like to be?  
A Carpenter or Architect

Who or what has had the biggest influence in your Life?  
My wife Barbara

What do you consider to be your greatest accomplishment?  
When I became sober 15+ years ago

Is there something you have always wished you were great at doing?  
Being a little handier around the house

What is the best advice anyone ever gave you?  
Be Honest, and trust in your gut feeling. Treat others as you would want to be treated.

What advice would you give to someone who is about to retire?  
Stay active and find something to do everyday, a hobby or what ever it is that they enjoy doing

What is your ideal vacation? Sitting in a boat fishing on a calm summer day

Favorite Meal: *Chicken*

Favorite Music: Oldies 50's and 60's

Favorite Book: None

Favorite Movie/Movies: Ten Commandments and Texas Chain Saw Massacre

Favorite Hobby/Hobbies: Riding my motor scooter, fishing and I just started collecting old clocks.





# **ONEIDA ELDERLY SERVICES**

## **GIFT SHOP**

**2907 Overland Road**  
**Just West Of The Health Center**

*Elders showcase their talents  
With beautiful floral centerpieces,  
quilts, pillows, dolls, handmade and  
beaded jewelry, Native American  
greeting cards. Oneida Singers Tapes*

**Open Monday-Friday**  
**8:00AM to 12:00 PM**  
**12:30 P.M. to 4:30 P.M.**

**Come visit with us. We have  
fresh popcorn every day.  
Also Diet Soda and water**

*Elders: Come display your art and  
crafts at no cost or commission.*



# A SPRING SING@

## 2009

- WHAT:**
- \* Spring Sing B (We will be attending the Spring Sing to watch several Choir Groups performY including our Oneida Singers, have fun and fellowship.)
  - \* Lunch will be provided (nice – homemade)
  - \* Ice cream social

.

**WHERE:** Two Rivers, Senior Center

**WHEN:** Thursday, May 14<sup>th</sup>, 2009

**TIME:** Singing will start at 10:00 A.M.

**COST:        None**

**\*\* Please sign up at the Senior Center main office if you are interested in attending. Deadline to sign up is May 1<sup>st</sup>, 2009.**

**\*\* Only 15 seats available; Bus will be leaving the Senior Center at 8:45 and returning at 4:30.**

## Quality of the Reservation's Surface Waters

By: Stacey Gilmore,  
Water Resources Specialist for the Oneida  
Environmental Health & Safety Division

**Thursday April 2, 2009  
12:00 pm**

**Elderly Meal Site  
134 Riverdale Dr.  
Oneida, WI 54155**

**In the recent Oneida Quality of Life Survey conducted by St. Norbert College, a majority of survey participants gave only a fair or poor rating to the water quality of the Reservation's surface waters. Stacey will join us to talk about the quality of Oneida's surface waters, and discuss simple things we can all do to preserve the health of this valuable resource. Any questions please call Angela Ortiz, Benefit Specialist at (920) 869-2448 or (800) 867-1551.**

## ALZHEIMER'S DISCOVERY GROUP

When was the last time you played Chess?  
Come join us!

We meet Monday and Wednesday 9:30 A. M. to 11:30A.M.  
If you have any questions or concerns call Elderly Services  
920-869-2448 ask for Linda Douglas



*MILWAUKEE*

*BREWERS*

*VS*

*ST. LOUIS CARDINALS*

WHAT: BASEBALL GAME  
WHERE: MILLER PARK, MILWAUKEE WI.  
WHEN: JULY 9<sup>TH</sup>, 2009  
WHO: Elders 55 and older  
GAME TIME: 1:00 - 4:00

\*\*\*\*CO-SPONSORED BY ONCOA\*\*\*\*

COST: \$20.00 - INCLUDES TRANSPORTATION AND GAME TICKET  
(Due at the time of sign up) No exceptions.

Bag lunch/water will be provided by Elderly Services.

\*BRING SPENDING MONEY FOR FOOD AT THE GAME,  
IT WILL BE A LONG DAY.

\* Bus will leave the Senior Center at 9:00 am and return home around 6:30 p.m.

\*Only 29 tickets available, first come B first serve.

\*Dead line to sign up is June 1st, 2009 at 4:30.

**\*CANCELLATIONS\*** - ARE NOT REFUNDABLE AFTER June 15<sup>th</sup>, 2009.

Only Elders 55 and over in good physical health are eligible to travel on this trip. Elders must be able to walk without help, board the bus, and use the restroom on their own. Those who are oxygen dependent, on medication that causes dizziness, disorientation or those with high risk of heart attack or heart problems are ineligible for travel.

Contact Michelle, Activity Coordinator with any questions or concerns at 869-2448.