DRUMS

ACROSS

ONEIDA

Oneida Elderly Service 2907 South Overland Rd. Oneida, WI 54155 Ph: 920-869-2448

Fax: 920-869-1824



Senior Center-Meal Site 134 Riverdale Drive Oneida, WI 54155 Ph: 920-869-1551

Fax: 920-869-1526

1-800-867-1551

Kahsakayu té se? Wahni tale?

Thunder moon

April 2008

We are back and happy to be back! "DRUMS ACROSS ONEIDA" will be distributed monthly as of this printing.

We made some changes and worked with Oneida Printing to make this happen.

You, the Elders, were the driving force behind this decision. Please keep submitting those requests, comments and responses. Feel free to call either of the phone numbers listed above, or check out the Oneida Elderly Services website at http://elderly.oneidanation.org/ to send us an email through the contact page.

FUTURE NEWS: We will be updating our website soon. Let us know your ideas about this. You are appreciated.

ELDERS AND EVERYONE – DRUMS CONTACT

From the desk of: Linda Douglas

I am with Elderly Services and contact for the DRUMS Across newsletter. Please contact me comments, suggestions, concerns,

will be the main
Oneida
with any
complaints, etc. Thank you

for your attention. My phone number: 920-869-2448 email

ldouglas@oneidanation.org

Elder's Meditation

"We have got to learn what is going on in the world today and we have got to get an education so we can survive."

Jimmy Jackson, OJIBWA

Indian people have the ability to adapt. In these modern times, we Native people must walk two roads. We must get educated so our people do not lose. We need lawyers, doctors, nurses, forest rangers, scientists, educators, carpenters; welders just to name a few. These skills are needed to help our people. While we are learning we need to remember to maintain our culture for further generations, learn our dances, sing our songs, and learn to speak our language.

Great Spirit let my education never lack the meaning and value of Indian spirituality.

We would like to express our gratitude to Edwin D. and Lillian King for their donation.

Thank you, Elderly Services



A frail old man went to live with his son, daughter-in-law and four year old grandson. The old man's hands trembled, his eyesight was blurred and his step faltered.

The family ate together at the family table. But the elderly grandfather's shaky hands and failing sight made eating difficult. Peas rolled off his spoon on to the floor. When he grasped the glass of milk it spilled on the tablecloth. The son and daughter-in-law became irritated with the mess. "We must do something about father" said the son. I have had enough of his spilled beverages, noisy eating and food on the floor.

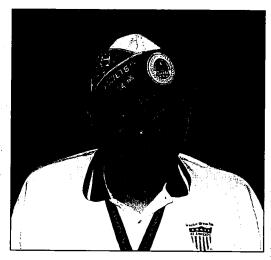
So the son and his wife set a table in the corner, there his dad ate alone while the rest of the family enjoyed their meals. Since his father had broken a dish or two, his food was served in a wooden bowl. When the family glanced in his direction, sometimes they would see tears in his eyes as he sat alone.

Still, the only words the couple had for him were sharp admonitions when he dropped a fork, spoon and knife or spilled a beverage. The four year old watched it all in silence.

One evening before supper, the father noticed his four year old son playing with wood scrapes on the floor. He asked the child sweetly, "What are you making?" Just as sweetly the boy responded, "Oh, I am making a little bowl for you and Mama to eat your food in when I grow up. The four year old smiled and went back to work. Those words struck both parents so much so that they were speechless. Then tears started down their cheeks. Though no words were spoken, both knew what must be done. That evening the son took his father's hand and gently led him back to the family table.

For the remainder of his days he ate every meal with his son, daughter-in-law and four year old grandson. And for some reason, neither his son, daughter-in-law seemed to care any longer when a fork, spoon or knife was dropped, neither a spilled beverage or if the tablecloth was soiled.

	Tuesday	Wednesday	Thursday	Friday
APRIL 20		ACTIVITIES	S=	*Activities due to change without notice.
	Crafts Elderly Services 9:30 – 11:30	2 Targot Toss Elderly Services 9:30 Bingo Hwy H 1:30	3 Scrabble Elderly Services 9:30 Shuffle Board Elderly Services 1:00	4 Banks Shopping Lunch Out 10:00 – 3:00
7 Uno Game Elderly Services 9:30 Bingo Site II 1:00	Crafts Elderly Services 9:30 – 11:30	9 Oneida Language Elderly Services 9:30 Bingo Hwy H 1:30	10 Shop at Goodwill and Fox River Mall, Appleton Lunch in Food Court (On your own) 10:00 – 3:00	11 Banks Shopping Lunch Out 10:00 – 3:00
Yatzee Game Elderly Services 9:30 Movie Elderly Services 1:00	Crafts Elderly Services 9:30 – 11:30	16 Shop at U – Bake Bakery Green Bay 9:30 Bingo Hwy H 1:30	Cooking Elderly Services 9:30 Wii Base Ball League Elderly Services 1:00	Banks Shopping Lunch Out 10:00 – 3:00
21 Rummmi-kub Game Elderly Services 9:30 Bingo	Crafts Elderly Services 9:30 – 11:30	23 Oneida Language Elderly Services 9:30 Bingo	24 Price is Right Elderly Services 9:30 Birthday Lunch 12:00 Bowling Ashw. Lanes 1:30	25 Banks Shopping Lunch Out 10:00 – 3:00
Puzzles Elderly Services 9:30 Volunteer Recognition Parish Hall 1:00	Bingo Methodist Church 9:30 – 11:30	Rubber Stamping Elderly Services 9:30 Bingo Hwy H 1:30	*Please sign up for trips at Senior Center Main Office. *All trips leave from Senior Center.	*Is this your Birthday month? * You must sign up in the Birthday Book at Senior Center, Main Office, Must be present at the Birthday lunch.



Clifford Doxtator assumed the role of Chairman of the National Indian Council on Aging (NICOA) during the Board of Directors meeting in Albuquerque, New Mexico on Saturday, June 2, 2007. Mr. Doxtator was first elected to the NICOA Board in September 2006 by members of the Minneapolis Area, which includes Tribes in Iowa, Michigan, Minnesota and Wisconsin and will serve a four-year term through 2010. As Chairman, Mr. Doxtator now also serves on the organization's Executive Board through September 2008. The Chairman's seat became available upon the retirement of the previous NICOA Chairman, Steve Wilson of the Muscogee (Creek) Nation, in the Spring of 2007.

Mr. Doxtator has been an active Board member since 2006, already visited several Tribes in his Area with a vehicle provided by the Oneida Nation of Wisconsin last summer. The Oneida Tribe also supported Mr. Doxtator as he traveled to Washington, DC to present testimony on the Fiscal Year 2009 Administration on Aging budget at the 9th Annual U.S. Department of Health and Human Services – Tribal Budget Consultation in March 2007. The Tribe also helped support NICOA's 2nd Annual Charity Golf Tournament in April 2007.

Since NICOA has a large membership from the Great Lakes Area, Mr. Doxtator works with Tribal leaders, Title VI Directors and NICOA staff to ensure all Elders are aware of the work the organization is doing nationally to advocate for more support and increased programs to improve the health and social welfare of American Indian and Alaska Native Elders. He looks forward to presiding over the next biennial conference in Tacoma, Washington, from September 5-9, 2008 and to working with Chairman Ernie Stevens, Jr. of the National Indian Gaming Association to raise additional advocacy dollars to support NICOA's work on behalf of Indian Elders.

For more information on the National Indian Council on Aging, please visit http://www.nicoa.org and to contact Mr. Doxtator, please call him at the Oneida Nation Elderly Services Center.

STATES for the NFL FOORTBALL TEAMS

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Baltimore

Cincinnati

Buffalo

Cleveland

Chicago

Indianapolis

Detroit

Jacksonville

Green Bay

New England

Miami

NY Jets

Minnesota

Philadelphia

NY Giants

Pittsburg

Washington

Tennessee

By Wayne Mc Reynolds Title V Receptionist



Oneida ELDERLY SERVICES GIFTSHOP



2907 Overland Road Just West of the Health Center

Elders showcase their talents with beautiful centerpieces, quilts, pillowcases, dolls, ceramic pieces, jewelry, Native American greeting cards and much more.



Stop in/Browse Open Mon.-Fri. 8:00AM to 12 noon Cash Only!





With Chronic Conditions A Self-Management Workshop

Six Consecutive Mondays beginning

April 7, 2008 through

May 12, 2008

9:30 am-Noon

Attendance at every session is highly encouraged.

Oneida Nation Elderly Services Conference Room 2907 S. Overland Road Oneida, WI 54155

T N M M

Funded by Administration on Aging Grant

Living Well with Chronic Conditions is a six-week workshop for people living with any on-going conditions such as:

Asthma Diabetes

Heart or Respiratory Disease Arthritis

Fibromyalgia

Back Pain Cancer And other chronic health concerns

It teaches practical skills for living a healthy life with an ongoing health condition.

Classes are fun and interactive.
Participants share their successes and build a common source of support.

The workshop builds confidence for managing health, staying active and enjoying life.

Living Well with Chronic Conditions is the Chronic Disease Self-Management Program developed and tested by Stanford University. It is designed to complement and enhance medical

Research has shown that participants are able to manage their symptoms better and communicate more easily with their doctors and loved ones.

reatment and disease management.

People who take the program feel better, are less limited by their illness, and may spend less time at the doctor or in the hospital.

Topics Covered

- Techniques to deal with frustration, fatigue, pain, and isolation
- Appropriate exercise
- Medication management
- Communicating effectively with family, friends and health professionals
 - Nutrition
- Making informed treatment decisions
 - Relaxation techniques
- Problem-solving techniques Much More

Facilitators

Carol Gilbert, Program Specialist
Bay Area Agency on Aging
and
Florence Petri, Director
Oneida Nation Elderly Services

To Register

Call Tina Pospychala at 920-869-2448 or mail registration form to: Oneida Nation Elderly Services, 2907 S. Overland Road Oneida, WI 54155 by March 31, 2008

Address_____Z

Phone______Engl

Seymour Area Parkinson Support Group

Good Shepherd Services, 607 East Bronson Road, Seymour, WI Meet in the Community Center

April 1st, 1:30 p m

Our speaker will be Carrie Venderaa, with Westhill Home Medical who will be doing a presentation of Adaptive Equipment

Everyone is welcome to attend!

Please RSVP to Mary Beth at 920-833-6856, ext 117

Please Join Us!

Individuals with Parkinson disease, caregivers, and everyone interested in learning more is welcome to attend the free meeting. For more information about Parkinson disease, please contact the Wisconsin Parkinson's Association at 1-800-972-5455

Presentation on Parkinson's Disease

Wednesday April 16, 2008 12:00 noon

Senior Center / Meal Site 134 Riverdale Dr. Oneida, WI 54155

WHO: Jessica Hahn, American Parkinson

Disease Association (APDA)

WHAT: Discussing disease

Side effects

Screenings

Treatments

Answering Questions

Any questions pertaining to the presentation please contact Angela Ortiz, Elderly Benefit Specialist at (920) 869-2448.

TIMBER RATTLERS BASEBALL GAME

WHEN: MONDAY JUNE 2nd, 2008

WHERE: TIMBER RATTLERS STADIUM,

APPLETON

WHAT: GAME – STARTS AT 12:00

FOOD - PICNIC STYLE

Hamburgers, Brats and Hot Dogs

Potato Salad

Beans, Chips and Soda

COST: \$15.00 – No refunds once tickets are purchased.

Only 16 seats available if riding the bus, if driving please state that on the sign up sheet.

***Sign up and money due at the Senior Center Main Office by March 31st at 4:30.

Only Elders 55 years and older and in good health are eligible to travel on this trip.

(Those who are oxygen dependant, on medication that causes dizziness, disorientation, or those with high risk of heart attacks are ineligible to travel.)



Great Lakes Native American Elders Association GLNAEA

April 3 & 4, 2008 Oneida Radisson Hotel - Wolf Room

Agenda items:

Continental Breakfast

Speakers and presentations on Elderly issues

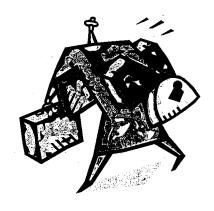
Entertainment: Thursday evening from 7-10 pm

Raffles, Door prizes, Vendors, Other Activities

Please remember to bring you tribal enrollment card

Next 2008 Meetings:

June 5 & 6 - Forest County Potowatomi August 7 & 8 - Stockbridge-Munsee October 2 & 3 - Lac Vieux Desert December 4 & 5 - Mole Lake Ojibwe



Please join us!

2008 National Indian Council on Aging Biennial conference September 5-9, 2008

Location

Greater Tacoma Convention &
Trade Center
1500 Broadway Plaza
Tacoma, Washington 98402
www.tacomaconventioncenter.co
Early bird registration:
June 30, 2008

Host Hotel

Sheraton Tacoma Hotel
(soon to be Hotel Murano)
1320 Broadway Plaza
Tacoma, Washington 98402
www.sheratoncoma.com
(.37 miles about 2 minute walking distance from convention center)

For Conference details visit <u>www.nicoa.org</u> or contact Sharon Hodge at 505-292-2001 or <u>shodge@nicoa.org</u>

Elders please sign up at the Senior Center Meal Site. <u>Deadline for signing up and for payment of \$793.00 is Monday, May 16, 2008 (no acceptation to deadline)</u>. Attendance is limited to 6 Elders. Arrangements for hotel, event registration and air fair are included in the cost and will be coordinated by Oneida Elderly Services. Meal costs are on your own. Any questions please feel free to call at 920-869-2448 or 920-869-1551. <u>No refunds for cancelations.</u> There is only space for 2400 participants at the conference & there will be NO onsite registration!



"Oneida Elderly Services" ONEIDA TRIBE OF INDIANS OF WISCONSIN



P.O. BOX 365, 2907 S Overland Road ONEIDA, WI 54155

PHONE: (920) 869-2448 FAX: (920) 869-1824

Oneidas bringing several hundred bags of corn to Washington's stafving army at Valley Forge, after the colonists had consistently refused to aid them.



UGWA DEMOLUM YATEHE Because of the help of this Oneida Chief in cementing a friendship between the six nations and the colony of Pennsylvania, a new nation, the United States was made possible.

HOW ARE WE DOING???

Please take the time to let us know "How we're doing?" So we can serve you better. Place a number from one (1) to five (5) in front of each service you received in the past six (6) months with one (1) being poor and five (5) being excellent. Thank you for time and consideration.

[] Congregate Meals	[] Home Delivered Meals
[] Transportation	[] Benefits Assistance
[] Faith in Action Services	[] Outreach
[] Native Family Care-giver	[] Respite Care
[] In-home Chore	[] 24 Hour Emergency Service
[] Lifeline	[] Special Events
[] Activities & Crafts	[] Alzheimer's Support Group
[] Home Chore	[] Elder Abuse Prevention
[] Information & Referral	[] Loan Closet
[] Foster Grandparent & Senior Companion	[] Emergency Home Repairs
[] Senior Employment Training Program	[] Other Services

Have services been completed within three (3) of [] Yes [] No	lays or a reasonable time frame?
Have employees been kind and courteous? []	Yes [] No
Are you satisfied with the services you received	from us? [] Yes [] No
Comments:	
Signature optional:	Date:
Submit all surveys to before April 30, 2008:	Tina R Pospychala, Assistant Director 2907 S Overland Rd Oneida WI 54155

ONEIDA ELDERLY SERVICES DATABASE FORM

DATE:	/	/

NOTE: The state federal government has requested that we collect the following information on individuals who receive our services. The information may be used to justify continued funding of our programs. Phone Number (___) Social Security Number Last four digits / Address State Zip Code County City OUR PROGRAM POLICY FOR SERVICES is as follows: 1) Elder aged 70 years and older. 2) Elders aged 55-69 years of age that are disabled/handicapped, living alone. 3) Elders aged 55-69 years of age, with health/safety issues. The elders that are listed are our priority. Please check the appropriate responses: Martial Status: Married Single Widowed Divorced Maiden Name: Yes Veteran: Lives with Spouse Lives with Others* Lives Alone Living Arrangement: How Many Others* Do You: ____Rent ___Own ___Native American ___Caucasian Asian African American Latino Race: Enrollment Number: _____ Tribal Affiliation: General Health Status: ___Excellent ___Good ___Fair Poor* *If Poor Please List Health Condition: ____Power of Atty-Finances ___ Health Do you currently have any of the Following: ____Guardian Medicaid Representative Payee Medicare

The above information is correct to the best of my knowledge. Any false statements on any part of the enrollment form are grounds for denial of services. All of the information on the enrollment form is confidential and will not be released to any persons unless I have signed an authorization form for release of information. This enrollment form becomes the property of the Oneida Elderly Services.

Phone Number:(
Relationship:

Name:

None of The Above

Signature Date

In Case of an Emergency - Please Contact

Please Return to Oneida Elderly Services Complex Service Coordinator, P.O. Box 365 Oneida, WI. 54155

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