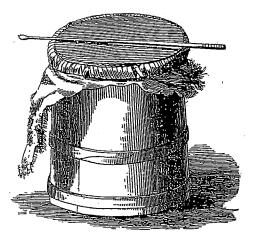
DRUMS

ELDERLY SERVICES 2907 S. Overland Rd.

ACROSS

SENIOR CENTER
134 Riverdale Dr.

ONEIDA



Elderly Services: 1-920-869-2448

Senior Center: 1-920-869-1551

Toll Free: 1-800-867-1551

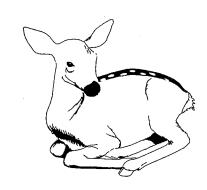
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Green Corn Moon

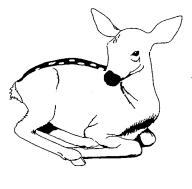
August 2004

# Stockbridge-Munsee Elderly Services

Invites you to:



The 4-Nation Picnic On Wednesday, August 18, 2004 10:00 A. M.



The event will be held at the **MANY TRAILS BANQUET HALL** at the Pine Hills Golf Course in Gresham, Wi.

#### **ELDERLY SERVICES COMPLEX:**

2907 S. Overland Rd. (P.O. Box 365) Oneida WI 54155 1-920-869-2448

**Program Director** 

**Assistant Program Director** 

**Benefits Specialist** 

Elder Abuse Coordinator Elderly Services Coordinator

Office Manager

**Transportation Coordinator** 

Transportation Driver Transportation Aide Activity Coordinator Outreach Worker Outreach Worker Outreach Worker

In-Home Chore Worker In-Home Chore Worker Respite Care Worker Respite Care Worker Administrative Assistant

Elder Helper Elder Helper

Title V

Florence Petri Tina Pospychala

Julia Hill

Joyce Johnson Cheryl Ault Noreen Powless Lorna Christjohn Connie Van Gheem

**Dale Webster** 

Margaret King-Francour

Cindy Brabbs
Amy Sumner
Michelle Cottrell
Joanne Close
Lorleen John
Regina Vande Hei
Debbie Ninham
Marty Braeger
Marie Scott

Barbara Skenandore

Arleen Elm

#### **ONEIDA SENIOR CENTER:**

134 Riverdale Drive (P.O. Box 365) Oneida WI 54155 1-920-869-1551

Head Cook Supervisor Assistant Cook Relief Cook Relief Cook

**Home-Delivered Meals Driver** 

Maintenance Supervisor Home Repairs Coordinator

Home-Chore Worker Home-Chore Worker Home-Chore Worker Home-Chore Worker Home-Chore Worker Home-Chore Worker

Elder Helper Elder Helper Elder Helper

Title V Title V Brenda Jorgenson Loretta Mencheski Betty Jorgenson

Vacant

Alfrieda Grignon Robert LaGest Richard Summers Lee Domencich Lloyd Davis Lisa Huff Don Bogda Jared Skenadore Harold Dostalek Richard Dodge Cornelius Hill Grover Smith Jeannine LaRock Marena Pamanet













Rural Development at the Elderly Mealsite 139 Riverdale Dr., Oneida, WI

#### First Thursday of Every Month

504 Home Repair Loans and Loan/Grant Combinations. 502 Home Purchase to build or buy.

Programs available to low and very-low income households.

Stop in for details or call the mealsite at 1-920-869-1551. Shawano Rural Development Office 1-715-524-2148.













#### **FAMOUS QUOTES**

When written in Chinese, the word "Crisis" is composed of two characters. One represents, "Danger" and the other represents, "Opportunity."

John F. Kennedy

You can gain strength ...courage and confidence, by every experience in which you really stop to look fear in the face. You must do the thing, you think you cannot do.

Eleanor Roosevelt.

Be bold! If you are going to make an error, make it a doozy, and don't be afraid to hit the ball.

Billy Jean King

Even if you are on the right track, you'll get run over if you just sit there.

Will Rodgers

#### Lorna's Corner Elder Humor

I have been with the elders to probably every event that was offered to them. They were always very gracious for the gifts they received—except this one elder!! She won at bingo and the gift was a five dollar match play, plus a ticket if you matched pictures on it. You could win cash and a Oneida cup. When they gave it to her she asked, "Is this supposed to make me happy?" I looked at her, and the attendant didn't know what to say. I burst out laughing then she said, "Just kidding, thanks for the gifts.

We went to a seminar where they offered you information just about everything. There was a cosmetic specialist there and she told the elders, "You go in a ugly duckling and you will come out a beautiful swan, do you want to try it? An elder asked, "Do you want to try it on my feet? They are pretty ugly." You just can't win!

Blood Pressure/Blood Sugar Screening.

August 13, 2004 8:30-10:00 am

Oneida Senior Center 134 Riverdale Dr. Oneida, Wi. 54155

#### Invitation To All Elders

Summer isn't summer, but it will get better.

Some sun, some fog, then it got wetter.

But regardless of the gloom of days Have fun with us and get out of the haze.

There's rummaging, games, crafts and more

Farmer's markets, trips and food galore.

So come on down and come inside, Where it's bright and cheery, even the ride.

Your welcome as welcome can be, So get up, get out and come and see. Who knows what you'll find, maybe a MATE!!

Hurry and call <u>869-1551 or 869-2448.</u>

# Your Friendly Oneida Sr. Center Join Us For Free!



#### **ATTENTION**

All Oneida Elderly

You Are Invited to participate in an Elderly General Interest Open Group Meeting.

Date:

Tuesday, August 17,2004

Time:

1:00 Pm

Place:

**Elderly Services Complex** 

Conference Room 2907 S. Overland Rd. Oneida, Wisconsin

All the Elders Are Welcome. We Look Forward to Seeing You There.



# A Word about Alcoholic Beverages

Drinking to much alcohol has been identified as a risk factor for several cancers, including breast cancer. reduce your cancer risk, AICR advises that men limit themselves to two alcoholic beverages a day, women should limit themselves to one. If you drink, try to do it moderately. Have a glass of water handy to sip and drink it slowly. Try light or nonalcoholic beer, sparkling cider instead of wine or juice with seltzer instead of a cocktail. Keep in mind that the alcoholic content in one 12 oz. beer (159 calories) equals the alcohol in a 5 oz. glass of wine (100 calories) or the amount in 1.5 oz. shot of 80 proof liquor (100 calories.) □

#### **Diabetes and Eye Health**

Complications with diabetes , particularly retinal damage, can be avoided if you make good lifestyle and nutrition choices with your physician. "Preventing diabetic retinopathy and eye damage is possible if you take control of your diabetes.

Here are some suggestions to help:

#### Control your blood sugar.

Check you blood sugar level frequently and make sure your diabetic plan is working for your lifestyle.

# Have a comprehensive, dilated eye examination once a year.

Regular checkups will reveal any changes that may be taking place without you even noticing.

#### Don't smoke.

It's not healthy for anyone, especially people with diabetes with a propensity toward diabetic eye disease; it might make conditions worse.

#### **Check Blood Pressure Frequently.**

High blood pressure can add stress to already fragile blood vessels in the eye.

Source American Diabetes Assn.

#### It's Cherry Picking Time!

Join us for a trip to: *Uecker Acres*7398 Mile Rd

Forestville Wi 54213



#### **Monday August 2**

Leave at 8:30 am from Senior Center 134 Riverdale Drive, Oneida, Wi.

We'll be picking Cherries in the Morning and eating lunch at a local restaurant. (PLEASE EAT YOUR OWN BREAKFAST)

Sign up at the Mealsite.

You must be in good health to sign up for this trip. (Those who are oxygen dependant, on medication that causes dizziness, disorientation, or those with with high risk of heart attack...pacemaker, angina, etc. are ineligible for travel) Elders 55 and older, in good health are eligible to travel on trip.

Call Margaret with question (920) 869-2448

#### Announcing

Annual Fundraising Rummage Sale/Car Wash and 50/50 Also

Where: Senior Center (Multi-purpose), 134 Riverdale Drive Friday August 13, 2004 10 Am to 2 Pm

There Will Be Lots of Goodies for Sale: Clothing, Bedding, Furniture, Dishes, Knickknacks, Jewelry, and Many More Items, Too Many to List. So Please Come Check Us Out!!!!

#### Food Menu:

Hot Dogs, Brats, Burgers, Chips, Ice Cream with Strawberries, Soda and Bottled Water

#### **Attention Elders**

The Four Nation Picnics will take place on Wednesday, August 18. 2004 10:00 a.m.

At the Many Trails Banquet Hall located on the Pine Hills Golf Course in Gresham, Wi.

If you are interested please sign up at the Mealsite/Oneida Senior Center-134 Riverdale Dr.

#### Lemon Fresh Joy vs. Mosquitoes

don't like those pesky So you mosquitoes, especially now that they have the potential West Nile Virus? Here's a tip that was given at a recent gardening forum. Put some water in a white dinner plate and add a couple of drops of Lemon Fresh Joy dish detergent. Set your dish on a porch, patio, or other outdoor area. Not sure what attracts them, the lemon smell, the white plate color, or what, but mosquitoes flock to it and drop dead shortly after drinking the Lemon Fresh Joy/water mixture and usually about 10 feet of the plate! May seem trivial, but it may help with mosquitoes around your home, especially where the West Nile Virus is epidemic proportions in reaching mosquitoes, birds and humans.

#### Farmer's Market'

#### DePere:

Tuesdays-W. Festival Foods July 13-Oct. Time 7am-12

Thursdays-Seroogy's July 8-Oct. Time 7am-12

#### Green Bay:

Wednesdays-W. Festival Foods July 14-Oct. Time 8am-12

Saturday Market-Downtown June 5-Oct. Time: 8am-12

#### Pulaski:

Open daily, weather permitting Mid July-Oct Time 10am-6pm Across from Vern's Hardware

#### No Butts About It

Give a word that begins with the letters B-U-T for each of the following definitions:

- 1. A spread for bread.
- 2. A type of turkey.
- 3. An edible oily nut of an American tree.
- 4. A support of prop in a building.
- 5. One who fumbles and drops things.
- 6. A type of squash.

Answer Key: Butterball, Butter fingers, Butter, Butternut, Buttress, Butternut

# VOLUNTEER TRAINING

#### "HOW TO PREVENT MEDICARE & MEDICAID FRAUD"

Ever wonder what the Medicare Summary Notice tells you? Do you have question on Medicare or Medicaid?

★ You have been invited to attend volunteer training session that will include.

★The basics of Medicare & Medicaid.

★How to read a Medicare Summary Notice.

★What FRAUD & WASTE are and how to stop them.

★How to make referrals if fraud.

★On-going support provided by the GLITC (Great Lakes Inter Tribal Council) STAR Program.

★Education & outreach ideas.

★Opportunities to help others and your self on how to combat fraud, waste, error & abuse.

Come & join us, we plan on having a good time!!!

WHERE: Oneida Elderly Meal Site

**DATE:** August 20, 2004

TIME: 9:00am

#### **SPORTS**

# MATCH THE SPORT DESCRIBED BY THESE CLUES:

- 1. Putters, five iron, hole-in-one, bogey.
- 2. Triple somersault, jackknife, all wet.
- 3. Tight end, safety zone, punt, first and ten.
- 4. Racket, love, match point, service.
- 5. Rink, blades, figure eights.
- 7. Spring training, seventh inning stretch, strike three, steal.
- 8. Bull's eye, bow, feathers.
- 9. Skating, goalie, knee pads, penalty box.
- 10. Down hill, slalom, cross-country.
- 11. Start your engines, Daytona 500, crash bar.
- 12. 26 miles, tired feet," hitting the wall."
- 13. Butterfly, free style, backstroke.
- 14. Round 1, on the ropes, KO, count to ten.
- 15.. Cue, chalk, eight ball, rack 'em up.
- 16. Silks, saddle harness, jockey.
- A. Archery
- B. Horse Racing
- C. Bowling
- D. Pool
- E. Baseball
- F. Boxing
- G. Ice skating
- H. Swimming
- I. Tennis
- J. Marathon racing
- K. Football-
- L. Auto-racing
- M. Diving
- N. Skiing
- O. Golf
- P. Ice hockey

# Can you get a body transplant? B.Killacky

They operated last month, Arthritis in my knee, My bladder isn't working right, And I can hardly see.

My shoulder's always hurting, My elbow's just the same, And when it turns a little cold, I'm really, really lame.

A kitten's stronger than my back. Both feet are always sore, Don't have the strength it takes, To drive down to the store.

If I could double-up my fist,
Without it bringing tears,
I'd punch that healthy nut who said,
These are the golden years.

#### **GRANNY**

A little old lady goes to the doctor and says,"Doctor I have this problem with gas, but it really doesn't bother me to much. My farts never smell and are silent. As a matter of fact, I farted at least 20 times since I've been here in your office. You didn't know I was farting because they don't smell and are silent."

The doctor says, "Take these pills and come back and see me next week." The next week the lady goes back, "Doctor" she says, "I don't know what the heck you gave me, but now although still silent ,stink terrible." Doc says, "Good!!! Now that we've cleared up your sinuses, let's work on your hearing."

# My Mother Taught Me...Sound Advice

My mother taught me there is a time and a place for everything: "If you are going to kill one another, do it outside. I just finished cleaning the house."

My mother taught me religion: "You had better pray that the stuff you spilled will come out of the carpet!"

My mother taught me logic: "Because I said so, that's why."

My mother taught me foresight: "Always wear clean underwear because you never know when you might be in an accident and have to go to the hospital."

My mother taught me about the silence of osmosis: "Shut your mouth and eat your supper."

My mother taught me control: "Keep laughing and I will give you something to cry about."

**My mother taught me** about being a contortionist: "Look at the back of your neck. It's filthy."

My mother taught me about stamina: "You will sit there until all your spinach is finished."

**My mother taught me** about weather: "Your room looks like it was hit by a tornado."

My mother taught me about straight talk: "If I told you once, I told you a million times, don't exaggerate."

My mother taught me about selfcontrol: "Don't go near the cake, I made it for my bridge club."

**My mother taught me** about behavior modification: "Please stop acting like your father."

**My mother taught me** it is more impressive when others discover your good qualities without your help.

My mother taught me the quickest way to double your money is to fold it in half and put it back in your pocket.

My mother taught me a closed mouth gathers no foot.

**My mother taught me** that some days you are the bug and other days you are the windshield.

My mother taught me never to test the depth of the water with both feet.

My mother taught me if you always tell the truth, you wouldn't have to remember what you said and to whom.

#### An Apple a Day

# Harvesting Season Aug-Oct.

Some of the most common varieties of Wisconsin apples include Cortland, Golden Delicious, Jonathon, Mcintosh, Red Delicious, Rome Beauty amd Wealthy.

#### **Choosing Tips**

- Apples should be firm and have skins that are smooth and bruise-free.
- Smaller apples are often available in bulk. A 2½" diameter apple is adequate for most uses.
- Do not pick apples that are soft or mealy fleshed or that have tan or brown areas.

#### **Storage**

Apples should be stored in a solid plastic bag in the refrigerator to slow the loss of crispness and flavor. Apple slices or sauce can be frozen-contact your county extension office for information.

#### **Preparation**

Wash apples carefully in cold water. Core or quarter and remove seeds. Slice into desired size. To prevent browning, sprinkle cut apples with lemon juice.

#### **Key Nutrients**

- Fiber to avoid constipation.
- Carbohydrates for energy.

#### Uses for some apple varieties

Cortland- eating, sauce
Golden Delicious- eating, baking, salad.
Johnaton-eating
McIntosh-eating.
Red Delicious-eating, salad
Rome Beauty-baking
Wealthy-sauce

#### **Recipes**

#### Apple Bake

2 large apples cut into pieces

1/4 c. apple juice

1/4 c. water

1/4 t. ground cinnamon

Dash of ground nutmeg

1/4 t. vanilla extract

Combine juice, water, and spices. Put apples in a loaf pan, pour liquid over apples. Bake at 359°F for 35-45 minutes or microwave on high for 6-8 minutes. If microwaving stir every 3 minutes. Serves 2. 140 Cal. 1 g. fat.

#### **Baked Cinnamon Apples**

Cut out stem and remove core and seeds from baking apples and cut a 1 inch strip of peel around the middle of each apple. to prevent splitting. Place apples upright in ungreased baking dish. Place 1 T. spoon brown sugar and ½ t. cinnamon in center of each apple. Pour water (¼ inch deep) into baking dish. Bake uncovered in 375° F oven until tender, about 30 min. To Microwave: Microwave about 6-8 min. for 4 apples. 120 Cal. each.

#### HAPPY BIRTHDAY TO ALL AUGUST BABIES

Ed Baumgart	8-30	Gordon McLester	8-02
William Bennett	8-18	Barbara Mendolla	8-09
Angie Brocker	8-16	Donald Metoxen	8-02
David Cannon	8-28	Lida Metoxen	
Angie Cayenberg	8-24		8-19
• •		Lois Metoxen	8-03
Arlene Danforth	8-12	Evadna Muscavitch	8-08
Sandra Dennett	8-25	Josie Oudenhoven	8-13
Louis Denny	8-06	Theresa Powless	8-20
Lydia Denny	8-04	Allen Reed	8-08
Marilyn Elm	8-28	Harriet Reiter	8-04
Shirley Evison	8-07	Helen Skenadore	8-17
Alfreda Green	8-29	Delores Skenandore	8-29
Grace Griffy	8-06	Zack Skkenandore	8-29
Irene Hill	8-18	Robert Smith	8-11
James House	8-05	Ronald Summers	8-15
Rose Howard	8-06	Gordon Swamp	8-12
Arthur Johnson	8-09	Pat Thompson	8-12
Karen Jourdan	8-20	Arthur Webster *	8-03
Janice Kedrowski	8-12	Ronald Webster	8-30
Gerald Kerman	8-29	Ted White	8-28
Jean King	8-15		
Wayne King	9-30		
Delores Lemon	8-06		

Elders, if you have a birthday in September, please join us at the Senior Center, 134 Riverdale Dr. (Hwy J) on August 26, 2004. Have lunch with us and sign the birthday book.

Birthdays for our elders are celebrated on the last Thursday of every month.

Happy Belated Birthday to Arlye Doxtator 7-15.



# ACTIVITIES

# **AUGUST**

# JST

				1	
30 Bible Study 10am AJNH Crafts at 1:30pm Eld Svs Bldg	23 Senior Bowling @ Ashwaubenon Lanes 1pm	16 Build your own Sundae 1pm @ Elderly Svs Bldg Please bring a topping to share! and Board Games	9 PACE Arthritis Exercise 11am @ Sr.Ctr	2 Cherry Picking Trip Leave 8:30 am Lunch Check Sr. Ctr for prices	MONDAY
31 Bingo @ Epworth Hall 9:30- 11:30am	24 Crafts @ Epworth Hall 9:30- 11:30am	17 Crafts @ Epworth Hall 9:30- 11:30am 1:30pm General Interest Open Mtg @ Eld Svs Bldg Conf. Room  18 4 Tribe Stockb Stockb Stockb No bing	10 Crafts @ Epworth Hall 9:30-11:30am	3 Crafts @ Epworth Hall 9:30-11:30am	TUESDAY
All trips leave from Sr. Ctr on Riverdale Drive. Activity schedule to change without notice.	25 Farmer's Market 10 am Festival Foods (W.Mason) Bingo at Elderly Svs 1:30pm	18 4 Tribe Picnic Stockbridge Munsee -sign up at Sr. Center for trip No bingo today	11 Bingo at Elderly Svs 1:30pm	4 Rummage Sale in Stiles 9am Bingo at Elderly Svs 1:30pm	WEDNESDAY
	26 Juicing Demo 1:30pm Birthdays Gifts and Music @ Sr. Ctr 12:15pm -1PM	19 Visit Good Shepard Nursing Home 10-11am	12 Farmer's Market 10:30 am Seroogys (E.Depere) Summer in the Park Concert 11:30am Dwntwn GB, Bring Bag Lunch	5 PACEArthritis Exercise 11am @ Sr.Ctr Movie and Popcorn 1pm @ Eld Svs Bldg	THURSDAY
Buy fresh fruits and veggies on July 25 and bring them for juicing on July 26!  Eat Healthy, Feel Healthy!	27 Nat'l Indian Council on Aging Conf in Milw. Shopping Banks Lunch Out 10-3 pm	20 Shopping Banks Lunch Out 10-3 pm	13 Elderly Services Annual Rummage Sale 10 am @ Sr. Ctr Shopping Banks 12-3 pm	6 Shopping, Banks Lunch Out 10-3 pm	FRIDAY

2004

### The Great Outdoors

YOBCCNEGORDYHD H E A GLEANANA NXGOQHRHXMRF B TRXGCCX G ZOBG OMEKU S SE ΑР CEHMHKPVEYE CXARO ANONDMZ FCZEWA ZHUMI DOLNREVACM

ALLIGATOR
APPLE
ARMADILLO
ATMOSPHERE
AUTUMN
AVALANCHE
BANANA
BEAR
BIRCH
CANTALOUPE

CARROT
CAVERN
CHERRY
CHICKEN
CLAY
COAL
COLT
CORN
CYCLONE
DAFFODIL

DESERT
DOLPHIN
EAGLE
EGGS
ELEPHANT
ELK
EMERALD
FISH
FRUITS
GEESE

GIRAFFE
GOLD
GRAPE
GRAVITY
GUAVA
HORSE
HUMIDITY
HYDROGEN
KOALA
LAKE

	All trips leave the Oneida Senior Center	All meals are served with coffee, tea, or milk.  All meals are subject to change.	31 Beef Vegetable Soup Fresh Bread Peaches	Chili WW Bread Cucumber Salad Ice Cream
Sausage Sausage Eggs Cold Cereal Toast Juice/Orange slices	26 Birthday Day Chicken Potatoes & Gravy Brussel Sprouts WW Bread Chocolate Cake	25 Chop Suey Rice WW Bread Ice Cream	24 Corn Soup Fresh Soup Berries	Tuna Salad Cottage Cheese Tomatoes Croissants Pudding/Bananas
20 Sausage Scrambled Eggs Toastums Juice/Pears	Fish Coleslaw Potatoes WW Bread	18 4-Tribe Picnic CLOSED	17 Calif Blend Cheese Soup Fresh Bread Strawberry Whip Pie	16 Spaghetti Salad Garlic Bread Sherbert
Ham/Eggs Muffins/Cheese Juices Fresh Fruit	12 Meatloaf Potatoes WW Bread Applesauce	11 Goulash WW Bread Pears	10 Potato Soup Fresh Bread Jello/Fruit	9 Subsandwich Assorted Veggies Chips Fresh Fruit
6 Bacon Eggs Commeal Toast/Juice Peaches	Cube Steak Buttered Noodles Broccoli WW Bread Pudding	Beef Roast Mashed Potatoes Mixed vegetables WW Bread Mandarin Oranges	3 Tomato Soup Egg Salad Sandwich & Ground Bologna WW Bread Melons	Hotdogs Mac & Tomatos Green Beans Ww Bread Jello
Friday	Thursday	Wednesday	Tuesday	Monday
2004		AUGUST		MENU

#### Elderly Services Store and Gift Shop

This is an invitation for you to come and visit our Elderly Services Store and Gift Shop. Our hours are from 9:00 a.m. to 1:00 p.m., Monday through Friday. We also feature fresh popcorn daily.

The following is a list of items for sale:

**Bird Houses** 

Crosses, all types (plastic canvas)

**Dresser Scarfs** 

Door Hangers (plastic canvas)

Wreaths

Floral Arrangements

Green Bay Packer Dolls

Greeting Cards, Native American, etc.

Hats and Booties

Kleenex Box Sets (plastic canvas)

Native American Dolls, all sizes

**Necklaces** 

Key chains

Picture Frames

**Pillows** 

Quilts, (full and crib size)

**Book Covers** 

Seasonal Items

Memories of Oneida Elders Tape

**Oneida Singers Tapes** 

And Many Other Assorted Items

Our store is located in the Elderly Services Complex, on Overland Drive, right next to the Airport Rd. Daycare Center.

#### 2003 Elder Survey Report

#### Personal Problems

The highest ranked concerns are: Loneliness 14 yes Incontinence 14 yes Smoking 12 yes Elder Abuse 11 yes Dizziness 10 yes Isolation 8 yes Stop driving 7 yes

#### **Survey Satisfaction**

66% thought we should do the survey yearly.

14% said the survey was too long.

9% said the questions were too hard.

6% said it was hard to fill out

3% said the survey was too long Withing Was to Small

#### My Satisfaction With Community Services

Overall there was a broad range of responses. All programs received high praise and at the same time great dissatisfaction. No program averaged in the good. The Oneida Elder program scored the highest with 5.24 (a score of 1 is perfect), Oneida Transit is second at 5.26, Oneida Social Services is third at 5.32, and the OHC is fourth at 5.36. There is really no significance in these small differences.

OHC comes in first with 39 people rating it a "1." Second is OHC eye care with 38 people rating it a "1."

#### **Subsequent Actions**

Each of the initiators of this census must now determine its uses. The GM, Governmental Services, ONCOA, OCHC, Social Services, and Elderly Services need to, each, use this information for its own purposes.

One major action is the development of the elderly data base and mailing list. The Elderly Services is developing this now.

Another major action is to immediately reply to the surveys which asked for further information. In regard to those responders who asked for information about suicide, depression, and isolation; these people were sent information packages already. They were also asked to contact the Elderly Services Department for follow up. These names have been kept confidential as we promised.

OCHC and Elderly Services should meet to develop a collaborative plan to advertise their services to the elders. These agencies may want to target key areas.

ONCOA and the GM should review the housing needs and per capita issues for further action.

Elderly Services should plan on distributing this survey every one or two years to assure that satisfaction improves and elders are secure in our community.

#### SURVEY PROCESS

The (Initial) Survey Process

#### Distribution:

Distribution will have two phases.

The first phase will be a mail-out. The Elderly Services Department will print and number the 588 surveys to be sent out. Surveys will initially be sent out to those Oneida elders in Brown and Outagamie Counties. Each survey will include a stamped, return envelope. Each survey will be numbered on page 1 and 2.

There will be a two week initial deadline for receipt of the mail-out.

At the end of three weeks the Elderly Services staff will call those people who did not return their surveys. They will ask if they need help with the survey and, if so, will set up a time to meet to complete the survey.

#### Receipt:

The surveys will be received by the Elderly Services Department Director. She will personally open the envelopes and separate the first page from the rest of the survey.

The first page will be given to the area manager of Social Services for safe keeping and follow-up.

The rest of the survey will be given to the Office Manager for compilation of the responses.

#### Compilation:

The numbers will be compiled by the Elderly Services Department staff. The statistics will be derived by the Director, Area Manager, and a consultant.

The requests for further information will be compiled by the respondent's number for follow-up.

Sharing the results:

The results will be shared with the ONCOA Commissioners, the Oneida Health Center Health Board, and the Oneida Health Center Area Manager. ONCOA and the Elderly Services Department will determine any future uses as appropriate.

#### Follow-up:

There will be two types of follow-up:

- 1. Specific questions by respondents need to be answered. For example: if a respondent says they want more information on the Alzheimer programs, we need to respond. The list of numbers will be given to the Area Manager, who will create a list of respondents to be contacted. The list will be given to the appropriate party, who will answer the question.
- 2. We will do a second, more general survey of other Oneida elders in Wisconsin. This survey will cover the same topics, but will not ask what needs to be added. It will just be an attempt to see if the needs of the elders in the reservation area match/compare to the needs of a wider population. There is a new grant to assist with this.

#### (Modified) Survey Process

#### Narrative:

A consultant was hired by the Area Manager of Oneida Social Services to conduct the survey in conjunction with the Oneida Elderly Services Department staff. The survey instrument was reformatted and prepared for distribution via United States Postal Service. The following criteria was established for target respondents:

- 1. Enrolled tribal member
- 2. Age 55 and older
- 3. Male and/or Female Head of Household
- 4. Residing in Brown and Outagamie Counties

In order to track tribal elders requiring additional information as indicated on survey, page one and page 2 are numbered. Page one has tribal elder identifiers. As originally planned for follow-up services to tribal elders, the area manager of Social Services maintains this information separately.

An incentive program was developed to encourage early participation of target population. Donations of gift items from various Tribal programs were solicited with considerable success (see Acknowledgements). A random drawing of survey respondents received items collected.

#### Distribution:

Originally scheduled for two phases; 1) mail-out, and 2) follow-up telephone contact to assist those recipients not returning survey by mail. Due to policy restrictions on the release of specific identifying information of targeted tribal member population, the

distribution phase required modification. The modified distribution phase consisted primarily of the direct mail-out process.

The Oneida Elderly Services Department does not house a database of all Oneida enrolled tribal elders, therefore, for the purposes of this survey, utilization of the Oneida Tribe's membership roll as administered by the Oneida Enrollment Department was necessary.

It was intended to compare any returned surveys to a list of tribal elders receiving services by the Oneida Elderly Services Department. This list is not inclusive of all targeted tribal elders. As vital information on the target population cannot be released by the Oneida Enrollment Department, disparities between the returned surveys and the list maintained by Oneida Elderly Services exist. Therefore follow-up contact to all identified recipients is not possible.

The numbered survey instrument went directly from Oneida Printing Enterprise to the Oneida Enrollment Department for processing and distribution. Five hundred and ninety eight (598) surveys were mailed on November 25, 2003. Responses are voluntary, however, a stamped return envelope was included with every survey for ease and convenience in participation.

#### Receipt:

The Elderly Services Department Director received two hundred forty one (241) completed surveys. The Consultant opened the envelopes and separated the first page from the rest of the survey. The first page was given to the Area Manager of Social Services along with a list of tracking numbers with corresponding names (if provided by respondent) for safe keeping and follow-up.

#### Compilation:

All information provided by respondent was entered into a database by the consultant. Statistics were derived by Consultant and provided to the Area Manager of Social Services in a report for distribution to appropriate parties. The consultant surrendered all computer files and original surveys to the Area Manager of Social Services.

#### Results:

As originally planned, the results will be shared with the ONCOA Commissioners, the Oneida Health Center Health Board, and the Oneida Health Center Area Manager.

# COALITION OF WISCONSIN AGING GROUPS (CWAG) 27<sup>TH</sup> ANNUAL CONVENTION & EXPO RADISSON HOTEL AND CONFERENCE CENTER GREEN BAY, WISCONSIN

WEDNESDAY, JUNE 2, 2004 - FRIDAY, JUNE 4, 2004

Conference/Training Summary Report Submitted by: <u>Charlene E. Cornelius. ONCOA Board Member</u>

Wednesday, June 2, 2004

8:30 A.M. I arrived at the Iroquois Complex Lobby and registered: then went to the next desk as directed to notify them of the payment process. With my name tag and Program Folder in hand I went in search of some free refreshments. There was none visible any where

9 A.M. A little before 9 A.M. I went to the Oneida Room for the new attendee orientation. No one was there yet and the room temperature was extremely cold, so I left to retrieve my Jacket from my car which was parked near the door on the second floor parking ramp of the Casino. Later I was in the Iroquois Complex Lobby visiting with four other ONCOA Board Members. (Dellora, Dorothy, Josephine, Lois, and I chatted while we waited for the Exhibits to open.) No workshop sessions were scheduled this a.m.

9:30 AM. At 9:30 the Exhibit Hall opened in the Three Clans Complex. Inside we found free coffee laid out and later got free cookies from the exhibitors. We made our rounds of the exhibits, talked to some interesting people, then settled at the tables provided, and visited until the "Grand Opening Welcome Ceremony" started. We were welcomed by several organizational dignitaries and/or their representatives: CWAG President, CWAG Executive Director, Brown County Executive and Oneida Business Committee. After the Ceremony I finished my rounds of the exhibits and took my bags of exhibit materials to my car, and then went to lunch.

11:30 A.M. Lunch - Iroquois Complex Room

12:30 - 1:30 P.M. Lunch Program - Iroquois Complex Room

The lunch program started out with awards for the "2004 Essay Contest Winners". This was a writing contest for Wisconsin 6<sup>th</sup> Graders sponsored by the Wisconsin Association of Senior Centers & Wisconsin Intergenrational Network. The theme of the contest was "My Best Older Friend or My Grandparent. Awards were given to two top winners and others selected from the 40 entries that were published. Frank's Dinner Theatre was scheduled They started late due to audio and visual problems.

1 - 5

#### 1:45 - 2:30 P.M. Family Care Workshop

After the break, I attended the Family Care Workshop scheduled in the Onondaga Room. This session described how many advocates worked together to get a successful Family Care Program implemented and how it's currently working to end the waiting list. The presenters, State Senator Carol Roessler and Milwaukee County Department on Aging Director, Sue Stein, described how they structured a new Program, that provided one place for Services for Aging and Disability Benefits. It took a lot of work when they started, because the system that existed was broken and not serving the people. They started in 1995 by having small group gatherings to find a better way for services. They decided on a slogan "Keep The Community Promise" and conferred with the Governor. The first decision they made was how to structure the program and how it would work. They had a lot political pull and got legislation to pass a "Family Care Act". They had little funding in the beginning but later got funding for Resource Centers. The Resource Centers are the first part of the program. They evaluate what is needed. They also review individual needs and develop plans of care for them. This whole project was a new concept and the first Project in the USA. They have pilot programs in eight counties in Wisconsin and are now into the ninth. The information I got out of this session is that if someone is starting a Family Care Project they will need a lot of community support, political support, a lot of funding, and be prepared to do a lot of work.

3:00 P.M. - 3:45 P M. Medicare Reform and Wisconsin Seniors Workshop - Seneca Rm. This workshop described some of the key features of the Medicare Modernization Act of 2003. The focus was on coverage of prescription drugs. They described how the act will affect Wisconsin's Senior Care prescription drug program as well as the impact it will have on Seniors who are on medicare and medicaid. It will also affect low income seniors. The Medicare Prescription Drug, Improvement, and Modernization Act of 2003 -H.R. 1 was passed by the U.S. House November 22, 2003 and by the U.S. Senate November 25, 2003. It will go into effect January 2006. It is the biggest change in Medicare since 1965 and is not a good act, but people especially seniors, still have time to change this Part D thru the Senate, House Representatives, and the President. I got a lot out of this session as before I didn't quite understand it, AARP supported this legislation and I thought at the time if they approved it, it must be good for the Seniors. Later I learned that it wasn't a good act. After this session I found it is very detrimental to Seniors and is only useful for people who have big bucks!

## 4:00 P.M. - 5:30 P.M. Listening Session with Senator Russ Feingold - Grand Council

Conference participants had an opportunity to talk on the telephone with Senator Feingold, who was in Washington D.C. The phone system wasn't working properly. We could hear the questions at times, but not the answers. We were informed that the questions and answers were going to be printed up and available in the exhibition hall some time later. I searched the next day for this, but didn't find any handouts. This session ran way overtime.

There was no other workshops scheduled. The entertainment at 8:00 P.M. was optional. I left the Radisson around 6:30 P.M.

#### Thursday, June 3, 2004

#### 7:00 A.M. - Noon

No Workshops Scheduled. I had a A.M. Medical Appointment. I missed nothing of importance to me. The A.M. schedule included a free continental breakfast for paid conference participants, a special breakfast for volunteers, health screenings, voter delegate credentialing, opening business session, district caucuses, exhibits, silent auction and lunch.

#### 12:00 P.M.

I arrived and couldn't find a lunch ticket in my packet. I presumed that we needed one, because the day before we had to have a ticket for lunch. So I had lunch on my own.

#### 1:45 P.M. - 2:45 P.M. The Medicare Road Show - Grand Council Ballroom

This was an optional program presented during lunch. It was a presentation on the New Medicare Prescription Drug Benefit Plan. The presentation was a call for action to prevent the new Medicare Rx law before it goes into effect January 1, 2006. My understanding of this presentation was very informative. In 2006, when this program will be enacted, the New Medicare Prescription Drug Benefit premiums will cost \$35.00 a month or about \$420.00 a year. After you pay the premium and a \$250.00 deductible, the plan will pay 75% of your drug costs. You will have to pay 25% until your total expenses reach \$2,250.00. After you meet that amount in drug expenses in a year, your coverage stops and you have to pay for the next \$2,850.00 in drug expenses entirely by your self. This is referred to as the "doughnut hole". When dropped into the "doughnut hole", insurance coverage doesn't start again until you have spent \$3,600.00 of your own money for prescription drugs and have paid the premium dues mentioned above. If you can afford the out of pocket drug costs you can work your way out of the "doughnut hole". If you can't get out you will have to pay 100% coverage. (A video narrated by Walter Cronkite was shown.)

# 3:00 - 3:45 P.M. Social Security and Medicare 101: Meeting The Challenges Of The Baby Boom Retirement - Tuscarora Room

The focus of this workshop session was on a number of women issues. Because women generally live longer than men and earn less than men, achieving financial security in retirement can present many challenges. The presenter pointed out a number of issues women should consider and be aware of as they plan for their financial future and retirement. This information included social security, other retirement income and ways to pay for health care expenses beyond Medicare. Most women do not receive private pensions and are more dependent on social security than men. For most women social security is the only asset that they have at their retirement age. The impact of care giving on female social security benefits was discussed. The social security benefits formula is based on work history, and three out of four care givers are women. Most women average eleven years out of the workforce as care givers. Women need guaranteed social security benefits they can count on. Poverty rates for elderly women goes from

13% to 52% without social security benefits. Older minority women are the poorest group in retirement. Ways to strengthen retirement security for women, and proper medicare needs, was also discussed. The Medicare reform issue should be especially important to women, who are the majority of Medicare beneficiaries. Women should take leadership in preserving medicare by advocacy action. This session was very interesting and informative, but seemed to be focused on preparation for future retirees which is too late for me as I am already retired. However the ways and means of getting active to preserve medicare is very timely, and was very important to me. This session ran over time and lasted past 4:00 P.M.

#### 4:00 P.M. - 6:00 P.M. No Workshop Sessions Scheduled

US Senate Candidates Forum and CWAG Officer Elections were scheduled. During this time I walked around and visited. I talked with ONCOA Board Members, Vendors, and other conference attendees and was able to pick up a few handouts. Today the exhibits were closed at 1:00 P.M.

#### 5:00 P.M. - 6:00 P.M. Cocktail Hour - Iroquois Ballroom

Another ONCOA Board Member and I arrived at 5:00 P.M. The cost for drinks, including juice and soda, was too expensive. We retrieved free drinks (juice) from the casino and picked out a good seating arrangement, where we were joined by other Board Members, and visited at the table until the Banquet started.

#### 6:00 P.M. - 8:00 P. M. Ageless Heroes Awards Banquet - Iroquois Ballroom

This was a Senior Achievement Award Banquet sponsored by the Coalition of Wisconsin Aging Groups & Blue Cross Blue shield of Wisconsin. Oneida Tribal member, Clifford Doxtator, was one of the ten receiving the award. All of us Oneida's present were very proud to see him receive the District 4 Senior Achievement Award for 2004.

#### Friday, June 4, 2004

#### 7:30 A.M. - 9:00 A.M. Breakfast Buffet - Bear Room

I arrived around eight o'clock and had the free breakfast. I sat at a table with some women from Lac Du Flambeau. The other ONCOA Board Members attended the Senior Statemanship Reunion Breakfast which was for Senior Statemanship members only.

## 9:15 - 10:00 A. M. From Assisted Living Facilities To Nursing Homes: How To Be a Wise Consumer - Oneida Room

This session presented ways to understand the difference between assisted living and nursing homes. The presenters included a discussion on what to consider when thinking about long term care facilities, such as what is our expectations, choices, and rights. The highest level of care is a

Nursing Home, which is a licensed facility to provide skilled nursing care. A Community Based Residential Facility (CBRF) is a licensed facility where five or more unrelated adults can reside. Beside room and board provisions, other necessary care, treatment, and services need to be provided. Adult Family Home (AFH) is licensed for 3 or 4 adults, not related to the operator, they receive room and board, and also receive personal care, treatment and other needed services. Residential Care Apartment Complex (RCAC) is an apartment that includes a kitchen, living area, bedroom, and private bathroom. Required services are meals, housekeeping, laundry, arranging medical appointment and transportation. Not licensed, but "Registered" or "Certified" by Department of Health and Family Services. This session refreshed my memory and updated me on regulatory issues, as I once coordinated group homes for nine years before working for the tribe; some regulations have changed. I felt I didn't get enough information out of this session such as resources for funding, staffing, etc. This session ran overtime.

#### 10:30 - 11:30 A.M. Closing Business Session - Iroquois Complex

Delegates voted on platform amendments and officer installations. Not relevant to me. I did not attend. Took a break.

#### 11:45 - 1:00 P.M. Lunch And Closing Ceremonies - Bear Room

U.S. Senator Russ Feingold was the featured speaker and spoke out on the importance of getting involved to change the Medicare Act. This session ran longer than 1 P.M.

#### SUMMARY:

This was my first CWAG Conference. I learned what CWAG was all about. I found that some of our ONCOA Board Members are listed in District 3 and 4, because of residing in Brown and Outagamie Counties. Within the Exhibits I was introduced to many programs for elders and women that I wasn't aware of before. Also, the issues and information presented and discussed, was very interesting and informative to me as a Wisconsin resident. Some of my handouts will be available in the Senior Center Library area.

#### **CWAG CONFERENCE REPORT**

Wednesday, June 2, 2004. Visited the exhibits and got together as a group and talked about respite programs, COP funding. The next convention for CWAG will be in Madison next year in May. Lunch was served at 11:30 a.m. followed by a half hour of entertainment before the afternoon session. Had lunch with the President of CWAG and his wife. There was a welcome by CWAG's Executive Director, Tom Frazier, CWAG President, Ken Mosentine, Oneida Secretary, Jule Barton and Brown County Executive, Carol Kelso.

1:45 - 3:00 - FAMILY CARE - Presenters Carol Roesslee, State Senator; Stephanie Sue Stein, Director of Milwaukee County Department on aging. Learned how many advocates walked together to get the Family Care program implemented and why it's working to end waiting lists.

Stephanie Stein: Reform of Family Care is being done in every state. Wisconsin has a long history of good home care. Twenty years ago, the COP program was formed and did really well. It was successful but underfunded. In 1995, many groups got together and discussed long term care and funding. They wrote a document called "Keep the Community Promise." Meetings, task forces and advocacy was worked on to get funding. Several years later, Governor Thompson passed the Family Care Giver program. People in the community need to know about this program. Resulted in five county allocation in Milwaukee. There are 2400 people on the waiting list to get Family Care.

State Senator: Carol Roesslee: Been in politics since 1982 and later elected as a senator in 1987. She has been re-elected since that time. Carol has led in crafting legislative solutions in the areas of education, older adults, health care, long term care, economic development, transportation, juvenile justice and fighting alcohol, tobacco and other drug abuse. She

sits on seven different committees. Her strengths are her problem solving skills and her ability to work and listen to many numerous groups of people on various issues. She has received numerous awards and wrote a book called, "Politicians Say the Dumbest Things." \$80,000 was given to the state from the federal government for more pilot programs for home care. She was instrumental in getting the first funding. She does not support eh Canada prescription drug buying.

3:00 - 3:45 - HEALTH COMMUNITIES, BE A PART OF THE ACTION. May Ann Lippert, Manger of Health Lifestyles at Marshfield Clinic Center for Community Outreach. Twenty years experience. Change environment and policy to change people. A. Review unhealthy trends; b. look at what one community is doing; c. Consider what you can do, using common sense, political savvy. Overweight/obesity: 1985 - 10% - 14%. Largest states are North Dakota, Wisconsin, plus six other states. Now in 2001, 24%. 1/4 of adults are obese which causes diabetes. 1990 - 4.9%; 1998 - 2000 -6.5% - 7.0%; 2050 - estimate 9%. 6% of people in US are diabetic as of 2000. A medical procedure of cardiac catheterization that used to be done in people over 60 years of age, now being done ages 30 - 39. Fast foods have contributed to the child's obesity today. Lack of activity, currently children are: 1. 25% of obese children have impaired glucose tolerance; 2. 4% of obese adolescents are diabetic and undiagnosed. If we do nothing differently, the future will be: a. 35% of children born in 2003 will develop diabetes; b. Those with diabetes will lose an average of 13 years of life. People got together, started talking about the problem and decided to make a difference by these healthy lifestyle principles: Energy In - Energy Out; 2. physically active 30 - 60 minutes most days of the week; 3. Eat appropriate portion sizes; 4. Make healthier food choices. What is needed to produce community change: 1. Education; 2. Simple message - easy to act on; 3. Cultural shift at school, work, home; 4. Include

all community areas. A. City planning and design; b. Recreational program planning; c. Business/workplace; d. School environment and curricula; e. Restaurants and grocery store. School changes: 1. 40 new menus; 2. Wednesday and Friday city wide meal (all schools eat something); 3. Ala carte changes; 4. Walking program; 5. Physical education School policy curriculum change; 6. committee; 7. Teach in service education. So, what can I do? A. Consider role model; b. Reconsider food as a "reward"; c. Think about "treats" when the grandchildren come; d. Modify eating out; e. If you are an active, mature adult, go for a walk or bike ride; f. If you're chair bound, ask grandchildren to push. People tend to think of overweight and obesity as a strictly personal matter, but there is much that communities can and should do to address these problems. Don't hesitate to speak out for healthy choices in a restaurant. Seniors have much power. "Never doubt that a small group of dedicated people can change the world. Indeed, it is the only thing that ever has." (Margaret Mead).

7:00 - 8:30 - Breakfast 8:00 - 1:00 - Internet Training 9:00 - 10:30 - Opening Business Session. Presentation of colors. Pledge of Allegiance. Roll Call. Opening prayer in Oneida by Dellora Cornelius, translated by Michelle Mackey. Presentation of the State Officers. Welcome by Ken Mosentine, CWAG President; John S(?), Secretary, Department of Veterans Affairs; Tom Frazier, CWAG Executive Director. Keynote Address: Josefina Carbonell. Talked about the dedication in Washington, D.C. of the Veterans' Memorial. Dedication of the ones who fought all the wars we engaged in. 4,000 gold stars were given out so far from these wars. She spoke on many of the veterans from Wisconsin that fought in these wars. Vice President of CWAG gave a short welcome, Pat Finder-Stone. A taped video by Senator Kohl who spoke on the new bills for Medicare that were just recently passed.

Thursday, June 3, 2004

Governor Doyle was the next speaker. \$3.2 billion deficit when he took office. "You don't spend more money than you take in". You don't mortgage your children's future. Took a \$6 billion from tobacco settlement instead of continuing payments. Were able to protect the public education. Need to get the economy of our jobs growing in Wisconsin. Support moving the minimum wage up which hasn't been raised in seven years. Also the jobs that help our educated people raises comparable to other states so they don't have to leave our state to get better pay. He vetoed an increase in copayments in senior (?). He created (an) internet website to prescriptions from Canada. We have gone to Canada to have the drugs okayed. They are safe and reputable. Visit our website and compare prices with a savings of 30-50% costs from Canada. 119,000 people have been using the website. \$70-100 million a year could be saved by getting the drugs from Canada. He is always fighting with the federal government on these issues. We must reform the long term care givers. We need to reform the nursing home beds and get something at a price they can afford, family home choice and quality. In Milwaukee, there is no waiting list. 2/3 cost of nursing homes to use the family care program. A plan called life lease where the nursing home patient stays a few weeks or months, can return home and have held, will save \$1 million a year. He is waiting to get the bill passed so he can sign it. We need the talents of the seniors of the state to help.

A video of Senator Feingold was shown after the Governor spoke.

12:30 - 1:30 - Lunch

1:45 - 2:45 - THE MEDICARE ROAD SHOW - Bill Vaughn. Medicare to go up next year 17%. Drugs rose three times the cost of living last year. Causing elders to split the pills in half or not taking any at all. Others go to Canada at a savings of \$20,000 a year. Veterans get medicine at a 48% savings. Law prohibits the federal government to bargain with

pharmaceutical (companies). In 2006, seniors will pay much/year for their drugs. This is a volunteer program, you don't have to join. The new Medicare RX Law doesn't go into effect until January 1, 2006. Congress members from Wisconsin want the elder input by joining organizations and individuals across the country to demand change and improvements in the law. Don't delay, act today by writing your representatives to urge them to fix Medicare RX. Our representative is Mark Green (R-8 Oneida). 700 East Walnut Street, Green Bay, WI 54301.

3:00 - 3:45 - Whose Voice Speaks the Loudest? (Oneself). You're not cable of making a decision and you don't have a power of attorney. Doctors usually always turn to family members, or someone can go to court to be given guardian and a possibility the court will assign whomever they choose. It could be someone that others will be upset about who is chosen. She went through the documents on how to fill out the forms for planning for future health care decision making. Do it yourself packet to fill out. If you have any problems filling it our, call her at 1-800-488-2596.

Friday, June 4, 2004

7:00 - 8:30 - Senior Statesmanship Reunion Breakfast. Speaker: Tom Frazier, Executive Director of CWAG. "Together we can make a difference." Introduction of Gary Kuhnen, announcement of Medicare Integrity Volunteer award. Latest Update on CWAG. Showed a video on "Aging Difference". Co-sponsor of program by W4A, Bob Kellerman. Update on graduate program and county Senior Statesmanship Program by Glenna Schuman. Film: 2 million a year turns 65. By 2030 will double. In 1935, Social Security started. Wrap up by Ken Mosentine.

Graduate Program is September 21, 22 and

23. Meet in CWAG office and set up a hotel nearby. We are a model for other states and have sent materials out to other states so they can start a program there.

Gary Kuhnen introduced the last group that went to the Senior Statesmanship program. Postcards are important to send to your legislators. He needs the documents to back him. Make it clear and persistent as to what you want. He passed out six cards and we filled them and handed them in to be sent. It is the 25<sup>th</sup> anniversary of the Senior Statesmanship program.

9:15 - 10:30 - From Assisted Living Facilities to Nursing Homes: How to be a Wise Consumer with Laura Gillis, Board on Aging and Long Term Care. This workshop was a discussion about our expectations, choices and rights when thinking about long term care facilities, how to understand the difference between assisted living and nursing homes and where to seek our resources to advocate and empower ourselves, family members and friends.

10:30 - 11:30 - This was the closing session when the delegates voted on platform amendments and officers installations. One of the things they voted on is the new requirement for elders over a certain age to renew their driving license every 8 years. It was agreed that it should be kept at four years renewal as it is now. This was agreed on by all the people by vote.

11:45 - 1:00 - Lunch and closing ceremony. Lt. Governor did the closing speech, campaigned for John Kerry. We left after the CWAG drawing.

Submitted by,

Dellora Cornelius, Chairwoman Oneida Nation Commission on Aging

#### CWAG CONVENTION June 2-4, 2004

Day One: Voice of the People, the CWAG Platform, issues; Medicare Reform, Home Health Care benefits. CWAG is working on legislation to reform the bad Medicare Modernization Act which was passed in 2003. They are working with other grass root organizations in other states to improve the law.

Day Two: Visits by Governor Doyle, Bill Welch, Bill Lorge. Welch and Lorge are running for a senate seat. We sat in on a workshop on how future generations will be affected by changes in social security and Medicare. A panel of young people ages 20-30 gave their views.

Ageless Heroes Awards Banquet: Our own Cliff Doxtator was an award winner along with ten to fifteen other special people who gave their time and knowledge to help other people, not only local but all over the state.

Day Three: Senior Statesmanship Reunion Breakfast was held in the Great Lakes Complex room. Good to see new faces and greet old friends. Food was great. There was a great workshop on how to understand the difference between assisted living and nursing homes and where to seek out resources.

Russ Feingold gave a very good reelection speech at the closing dinner. The overall theme was we have to change the Medicare Modernization Act of 2003. This act does not go into effect until 2006.

Submitted by,

Arlie Doxtator, Vice-Chairman ONCOA

Coalition of Wisconsin Aging Groups The 27<sup>th</sup> Annual CWAG Convention/Expo

The convention theme was "Securing the Present, Protecting the Future." Exploring how we can secure current programs and services for older adults and protect quality of life for Wisconsin seniors in years to come, looking specifically at the Medicare Rx drug benefit, the proposals for privatizing Social Security and progress of long-term care reform in Wisconsin.

CWAG and senior advocates are concerned that the government continues to chip away at our vital programs that provide essential services to our seniors.

Some nationally recognized leaders in the field of aging presented these issues such as Governor Doyle, Pat Lautenslager, Barbara Lawton, Senator Feingold.

Attorney General Pat Lautenslager gave a speech on high prices. The State of

Wisconsin is the 14<sup>th</sup> state in the union to sue on the inflation of prices, asking pharmacies to "make public" the prices reflecting actual price and asking for restitution for paying too much. There are 20 pharmacies being sued.

Bill Vaughn also gave a speech on Medicare Modernization Act. He has been 36 years in the House of Representatives and in the overseer on medicare programs. Viewed a clip on Walter Cronkite of Drug prices. Let "Senior Care" go away. "Senior Care" is a medicare waiver.

I attended four workshops and found them all very enlightening only too short of a session, it was never finished or covered all items of information needed.

Submitted by,

Josephine Oudenhoven

# COALITION OF WISCONSIN AGING GROUPS

(CWAG) June 2 - 4, 2004

WEDNESDAY: Executive Director, Tom Frazier; CWAG President, Ken Mosentine; Oneida Secretary and Brown County Executive, Carol Kelson.

FAMILY CARE: Stephanie Sue Stein, Director of the Milwaukee County Department on Aging. Learn how many advocates worked together to get the family care program implemented and why it's working to end waiting lists.

Marine Honor Guards placed colors. Open prayer in Oneida by Chair of ONCOA, Dellora Cornelius and spoken in English by Finderson staff of CWAG. Video by Congressman/Senator Kohl from Milwaukee on the cost of meds. Also brought up the Older Americans Act.

9:40 a.m. - Governor Doyle and Secretary Helen Nelson of Health came with the Governor. He said Wisconsin is \$3.2 billion in debt. Governor Doyle said don't spend more money than you take in. The state will have to cut 2500 jobs. 1. No increase in taxes; 2. Protect basic values, (a) education; (b) protest basic health care. Medi wage hasn't been raised in seven (7) years. Also keep the jobs in Wisconsin. Governor Doyle approves buying drugs from Canada. The federal government is doing everything it can to block the drug Attorney General spoke on program. Health Wisconsin health programs. communities, be a part of the action. Marshfield Clinic Center for community outreach, poor food choices of chronic disease today. Those two habits will likely kill many of our children and grandchildren in the near future. Learn what a community can do to tackle this problem and how you can use your common sense. Remember eat the right way and don't be a couch potato.

Video by Senators Feingold and Kohl on meds

and Medicate. We are paying \$66. And next year we will be paying \$78.10 for 2004.

Whose Voice Speaks the Loudest? Admissions and Decision-Making in Long Term Care Facilities. How do you ensure that your voice will be heard if you are unable to make your own health care decisions? Learn who under Wisconsin law can make health care decisions for you when you're not able to learn who has the authority to consent to admission on a long-term care facility. Learn why it's important that you complete a Power of Attorney for Health Care, what requirements are for a valid Power of Attorney and what are common errors.

#### Senior Statesmanship:

Welcome - legislative updates - Tom Frazier. Introduction of Gary Kuhnen. Announcement of Medicare Integrity Volunteer Award (National).

Co-sponsorship of program by W4A - Bob Kellerman. Aging difference video.

Update of graduate program and county Senior Statesmanship program - Glenna Schuman.

Introduction of Class of 2004 and impressions of Senior Statesmanship.

Our own statesman, Clifford Cornelius, received an award for Ageless Heroes for all of his volunteering and good work.

Assisted living facilities to nursing homes. How to be a wise consumer, expectations and residents' rights. Nursing homes, around the clock care.

GOALS: all long term care there are different types of care. Home health training, records for medical charts, three meals a day plus snacks.

Submitted by:

Dorothy J. Skenandore

#### TRAINING SUMMARY REPORT FORM

NAME: Lois Strong

Name of Training/Conference: Coalition of Wisconsin Aging Groups (CWAG) 27<sup>th</sup> Annual Convention and Expo

"Securing the Present. Protecting the Future"

Dates: June 2,3, & 4, 2004

Radisson Hotel & Conference Center

Green Bay, WI

June 2, 2004

## Subjects/Topics and Ideas received from the training:

- During the morning time was spent visiting the various exhibits which related to elderly issues.
   Information collected from the exhibits is contained in the package of conference handouts submitted
- Of special interest was the exhibit pertaining to respite care programs and funding for these programs. Perhaps ONCOA could contact the representative to learn more about the funding effort being made by this agency to determine if we could tap into their resources. (refer to Respite Care Association of Wisconsin pamphlet)
- At an informal discussion among ONCOA members we talked about special interests areas specific to Oneida such as those identified by CWAG for the state elderly population. ONCOA needs to discuss further whether or not we need to identify an ONCOA platform. What will be our platform development process? Consider this for discussion at an ONCOA meeting.

#### • Family Care Workshop

Family Care is a pilot program in Wisconsin which provides for Aging and Disabilities Resource Centers to assist these populations to lead an independent, quality of life for as long as possible. Carol Roessler, State Senator, states that family Care case management programs may be the answer to fix the current system to serve the needs of elderly effectively. There are nine pilot

programs in Wisconsin but the state budget deficit impacts growth of more Family Care programs in Wisconsin.

# • Home Health Care Benefits Under Medicare Workshop

Medicare and You 2004 resource manual explains the following:

- 1. Your Medicare benefits
- 2. Choosing a health plan that's right for you.
- 3. Your Medicare privacy rights.
- 4. 24 hour hotline 1-800-MEDICARE (1-800-633-4227)

Medicare and Home Health Care Resource Manual explains the following:

- 1. How to find and compare home health agencies
- 2. The Medicare home health benefit and who is eligible
- 3. What is covered by the Original Medicare plan
- 4. Where you can get more help with questions.

June 3, 2004

## Subjects/Topics and ideas received from the training:

Address by Governor Doyle

Gov. Doyle expressed support for programs that ensure a better quality of life for Wisconsin Senior citizens. \$70-100 million per year could be saved if Wisconsin could purchase state drugs from Canada for state hospitals, prisons, etc. He supports prescription drug importation from Canada for all. There is a need for long-term care reform. Home and community based care options that are affordable and offer choice and quality are needed. The COPS program could be offered at 2/3 less cost of care in a nursing home. He stated that the Federal Medicare program choices are confusing and choosing the right benefit is not easy; therefore we need a change. He supports the Life Lease Bill which supports using medicare dollars to provide home care services

#### Video Address by Russ Feingold

He talked about the new Medicare Law and senior

prescription issues. He said he did not support the final Medicare Bill because the bill takes medicare in the wrong direction. We need a new medicare program that seniors can rely on. The new Medicare Law is flawed and needs to be fixed. He supports the re-importation of drugs from Canada. Overall he promises to work to stand up for Wisconsin seniors.

## • Address by U.S. Administration on Aging Representative (John Ritt)

The top priority of AoA in the Federal Five-Year Plan stresses the importance of home and community based services. There is a need for more options for community-based care and education on how to address services. Home based community services need to be available for older people of all income levels. The Aging and Disability Resource Center model of Wisconsin will be going national by partnering with medicare and Medicaid, which has money. The Wisconsin Family Care plan will be used as a model program in several other states wanting to implement Aging and Disability Resource Centers with the purpose of creating a system of easy access to services.

#### • Address by Attorney General, Peg Lautenschlager

It was announced that the state of Wisconsin is suing 20 drug companies regarding their pricing list and price charges.

#### • The Medicare Roadshow

(Refer to red folder) The Wisconsin Seniorcare program is so much better than the new Medicare Law. We need to get is a law in Wisconsin that Seniorcare will continue. The new Medicare Law prohibits the government from negotiating lower prices. There will be no bargaining on behalf of seniors or disabled. The low income people coverage asses test of \$6000 pretty much eliminates everyone There is not much gain from discount prescription drug cards. It is recommended that efforts take place to let the government know that

the Medicare Law needs to be fixed.

#### • CWAG Platform Development

(See Radisson/CWAG gold folder) Every two years CWAG writes a new platform. Grassroots input of ideas is utilized to develop planks The districts come up with the planks and at the last governing board meeting a package encompassing the ideas is formulated.

#### • Ageless Heroes Awards

Clifford Doxtator was recognized as a representative from District 4.

June 4, 2004

Subjects/Topics and ideas received from the training

### • From Assisted Living Facilities to Nursing Homes

(refer to blue handout with above title) The handout identifies services of the different types of services (Nursing home, CBRF, & RCAC)

#### • General Session

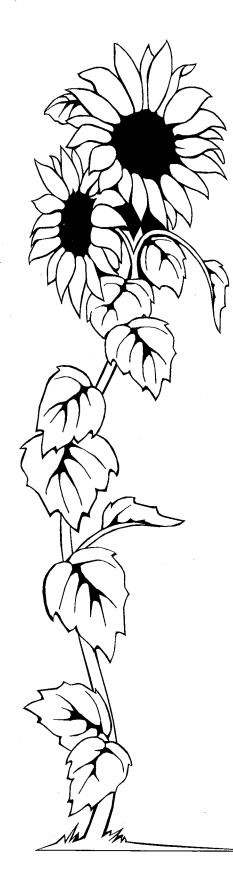
New officers were sworn in and the CWAG platform was approved. The platform includes Medicare issues, Social Security issues and Building of Hospitals (limit to two)

#### Address by Russ Feingold

Feingold expresses strong support for senior citizen issues.

# • Address by Wisconsin Attorney General as representative for Senator Kerry

This representative conveyed that Kerry would work for all older Americans if elected President.



#### **ONCOA REPORTS**

As with any information regarding ONCOA, if you are interested in learning more about a particular issue, feel free to contact any of the ONCOA commissioners.

Dellora Cornelius, Chairwoman 869-1171

Arlie Doxtator, Vice-Chairman 788-5474

Lois Strong, Secretary 869-1126

Valder John, Commissioner 869-3558

Mary Edna Greendeer, Commissioner 869-2907

Alfreda Green, Commissioner 869-2818

Josephine Oudenhoven, Commissioner 869-2448 (message number)

Dorothy J. Skenandore, Commissioner 869-2620

Charlene Cornelius, Commissioner 869-2370

The administrative office for ONCOA is located at the Elderly Services Complex, 2907 South Overland Road, Oneida. Our office phone number is 920-869-2448.

#### ONEIDA NATION COMMISSION ON AGING JUNE 8, 2004 ELDERLY SERVICES COMPLEX CONFERENCE ROOM 1:00 P.M.

#### **MINUTES**

- I. CALL TO ORDER: The meeting was called to order by Chairwoman, Dellora Cornelius at 1:05 p.m.
- II. WELCOME AND PRAYER: Arlie delivered the opening prayer. Chairwoman Cornelius welcomed all who came and asked each individual to introduce themselves.
- III. ROLL CALL: Commissioners present: Dellora Cornelius, Arlie Doxtator, Mary Edna Greendeer, Alfreda Green, Dorothy J. Skenandore, Charlene Cornelius and Josephine Oudenhoven. Excused: Lois Strong and Valder John. Others signed in: Carol Gilbert, Bay Area Agency on Aging; Tina Pospychala, Patrick Pelky, Marena Pamanet, Patti Archiquette, Lorna Christjohn, Julia Hill, Ron Hill, Susan Daniels.
- IV. APPROVAL OF AGENDA: Motion by Dorothy J. Skenandore to approve the agenda with corrections and additions, 2<sup>nd</sup> by Josephine. Addition of Executive Session with Item A. Board member attendance and confidentiality. Addition of Item A under New Business. Proposal for ONCOA. Move Item A, under VII Tabled Business to Item D, VI Reports-Update on Concerns, Pat Pelky.

#### V. APPROVAL OF MINUTES

A. May 11, 2004 - Regular Meeting - Motion by Dorothy J. to approve the minutes, 2<sup>nd</sup> by Charlene.

B. May 25, 2004 - Special Meeting - Elderly Community Meeting. Dellora indicated she had reviewed previous minutes and this meeting was not

scheduled as a special meeting. Motion by Josephine to change meeting to a Working Session, 2<sup>nd</sup> by Arlie.

PRESENTATION RE: Unity Ride and Run 2004 - Ron Hill. The Unity Ride and Run will be in Oneida on August 4. Ron was suggesting ONCOA consider sending representatives to the Elders Summit the end of August in Six Nations. There will be teachings about the Great Law and Handsome Lake's Code. There will be prophecies shared from other nations represented at the summit. People should consider staying in hotels when there. Transportation is on your own. Ron is trying to get a tribal van and anyone who would like to go could ride with him. Josephine Oudenhoven asked Ron for more information. MOTION by Mary Edna Greendeer to leave this issue open for discussion, and for Ron to bring more information back as it becomes available, 2nd by Charlene, motion carried.

1:15 p.m. Josephine Oudenhoven was excused from the meeting.

#### VI. REPORTS

A. Bay Area Agency on Aging - Carol Gilbert represented BAAA today. She announced there will be a board training on August 30 at the Woods. It was announced by Mary Edna that Jim Smittlekoffer would be willing to come to ONCOA at any time to speak. MOTION by Mary Edna to accept report, 2<sup>nd</sup> by Dorothy J., motion carried.

- B. OBC Liaison Brian Doxtator. No representation.
  - 1. One-day facilitated meeting -The meeting will be held June 14, 2004 at the Decaster Garage beginning at 9:00 a.m.
  - 2. Update on Draft Election Ordinance This item stays on the agenda until the ordinance is available for review.
- C. Elderly Services Director/May -

Motion by Charlene Cornelius to accept the report, 2<sup>nd</sup> by Mary Edna, motion carried.

D. Monthly Report on Comprehensive Health Services-Deanna Bauman. Update on Concerns - Pat Pelky.

SENIOR CARE: Pat presented information regarding the current status of enrollees in the Senior Care program. He indicated numbers have gone up. In 2003, there were 14 people enrolled in Senior Care. As of today, there are 102. QUESTION: How do we get information out to the community? Pat indicated that there had been a Quality of Life survey conducted. GSD is planning a public relations process to inform people. Word-of-mouth ultimately is a great source. A new directory of all the services under GSD is in its final stages and will become available to the community.

TRANSPORTATION: There have been wheelchair pick ups which represents 98% of our elders with that need. There has been an increase of 30 more elderly wheelchair clients per There is an application submitted for a 20 passenger bus. The feds will pay for 80% of the bus. This will be for replacement. Cliff will put in for two wheelchair vans that will hold two wheelchairs each. The feds will pay for 90% of the vans (next year). Transportation will make vans available to elderly services. Cliff has been meeting with Florence. Tina requested that Lorna Christjohn be included in these meetings.

QUESTION: Who will continue reporting on these issues? Do we want to continue to see updates until the programs are stabilized? Pat indicated that Florence will be asked to include in her report information re: Senior Care, transportation and the elderly apartments. Pat will ask Bruce Danforth to come to the next ONCOA meeting to

update on Concern #3 Update on Testing Sprinkler System by Certified Company. There has been another fire inspection recently with great emphasis placed on replacing the sprinkler heads. Pat also stated he wanted to know if ONCOA would be interested in touring the various areas in GSD. MOTION by Dorothy J. to accept Pat's report, 2<sup>nd</sup> by Charlene. Motion carried. Motion by Charlene that Sue works with Pat to coordinate the ONCOA tour of GSD programs, 2<sup>nd</sup> by Mary Edna, motion carried.

Monthly Report on Comprehensive Health Services - Deanna Bauman. MOTION by Arlie Doxtator to accept report, 2<sup>nd</sup> by Dorothy J. Skenandore.

E. Financial Report/April. Motion by Dorothy J. to accept report, 2<sup>nd</sup> by Alfreda.

#### F. ONCOA Reports

- 1. Steering Committee Report Dorothy J. Skenandore and Dellora Cornelius. Motion by Arlie to accept report, 2<sup>nd</sup> by Charlene Cornelius.
- 2. Bay Area Agency on Aging Arlie Doxtator. Marena Pamanet's term on the Advisory Council of BAAA will expire in December. ONCOA needs to begin to consider a replacement. Roberta had appointed Marena six years ago. MOTION by Dorothy J. to accept report, 2<sup>nd</sup> by Mary Edna Greendeer, motion carried.
- 3. Working Session on NICOA Booth Mary Edna Greendeer. There will be a mockup exhibit made available to ONCOA on July 13. It will be available for comments and suggestions. At that time, all who will be attending will be expected to sign

up for a time slot to attend the booth. MOTION by Dorothy J to accept the report, 2<sup>nd</sup> by Arlie, motion carried.

Great Lakes Inter-tribal Council - Mary Edna/Sue ONCOA has an Daniels. opportunity to present its position on the Older Americans Act at the GLITC meeting in September which might be held in Oneida. Does Oneida want to utilize this organization to promote its position? MOTION by Charlene to accept the report, 2<sup>nd</sup> by Arlie. 5. Operational Redesign - Arlie Doxtator/Sue Daniels. MOTION to table by Charlene Cornelius, 2<sup>nd</sup> by Dorothy J., motion carried. 6. "Share the Care Conference" -Mary Edna Greendeer. MOTION by Dorothy J to accept the report,

2<sup>nd</sup> by Alfreda Green.
7. CWAG June 2-4, 2004 - Dellora Cornelius, Lois Strong, Dorothy J. Skenandore, Charlene E. Cornelius, Arlie Doxtator, Mary Edna Greendeer, Josephine Oudenhoven. MOTION by Charlene to table, 2<sup>nd</sup> by Arlie, motion carried.

#### VII. TABLED BUSINESS

A. Financial Report/February - Contesting Expenditures - Lois Strong. No report, leave tabled.

B. ONCOA Sign - Sue Daniels. MOTION by Dorothy J. to take from table, 2<sup>nd</sup> by Charlene, motion carried. A work order has been submitted, Al King has come to Elderly Services about three times, Diggers Hotline will mark electrical lines on Friday. The work continues.

C. Transportation Update - Clifford Webster - This was addressed under VI Reports, Item D.

#### VIII. OLD BUSINESS

A. Meeting with tribe's legislative group. SUGGESTION: ONCOA could request a person in LRO to work on just elderly affairs. Kevin doesn't have time to work directly with ONCOA. MOTION by Arlie to ask Frank Schersing and Kevin Cornelius to help us with legislative affairs, 2<sup>nd</sup> by Charlene Cornelius, motion carried.

#### IX. EXECUTIVE SESSION

A. Board Meeting Attendance and Confidentiality. MOTION to go into executive session: 2<sup>nd</sup>, , motion carried? MOTION to come out of executive session: 2<sup>nd</sup>, , motion carried?

#### X. NEW BUSINESS

A. Proposal for ONCOA: Sue presented a proposal to change the second meeting of the month (4<sup>th</sup> Tuesday) from elderly community meetings to that of commission improvement training sessions. MOTION by Dorothy J. to have the second meeting of the month as commission improvement sessions, 2<sup>nd</sup> by Charlene Cornelius. Discussion: Have these meetings at 10:00 a.m., the first to be on June 29, 2004 (due to a conflict in scheduling), motion carried.

#### XI. ANNOUNCEMENTS

June 17, 2004 - Elderly Survey Review with Fred Muscavitch - 10:00 a.m. Everyone is asked to read, review and be prepared to discuss the survey at this meeting.

XII. ADJOURNMENT: Motion by Arlie to adjourn, 2<sup>nd</sup> by Charlene Cornelius, motion carried. The meeting adjourned at 3:15 p.m.

#### Oneida Nation Commission on Aging Working Session - June 17, 2004 Elderly Survey Review - Fred Muscavitch 10:00 a.m.

#### **NOTES**

IN ATTENDANCE: Dorothy J. Skenandore, Dellora Cornelius, Florence Petri, Charlene E. Cornelius, Fred Muscavitch, Josephine Oudenhoven, Arlie Doxtator, Lois Strong, Mary Greendeer, Alfreda Green, Susan G. Daniels

Fred has distributed results of the survey to all departments that would be affected or involved. The Elderly Services Department has addressed those concerns regarding depression, loneliness, suicide. Information will be in DRUMS Across Oneida ad will have an article in each issue addresses these concerns.

Fred wants to repeat the survey again next year. If we have done our work, knowledge in the community should increase which will be reflected in the answers in the next survey. Janice Hirth has been appraised of the housing needs, driveways and plumbing issues. Deanna Bauman has been appraised of the issues regarding dental services, insurance, and other health related concerns.

QUESTION: Alzheimer patients: AJNH does not take them. Need more information on how nursing home with deal with Alzheimer patients.

QUESTION: Can ONCOA take each of these concerns listed as ONCOA concerns, identify who can report on these issues, review reports and see if ONCOA is satisfied with information being provided?

QUESTION: Were Oneidas in other nursing

homes surveyed? No, they were not.

QUESTION: What are the problems causing people to stay in or come out of the AJNH?

QUESTION: Does the survey cover a larger population than Brown and Outagamie Counties? No. We are in need of developing information to project need for assisted living. Where can we accomplish this task? The Universities have those services available.

QUESTION: What is the status of the OBC action taken regarding abandoned wells?

NEED: Our programs need better follow and maintenance.

HOUSING NEEDS: Let's research what Alan King has available.

COMMUNICATION: Need a better/improved communication system which may include, but not be limited to:

Telephone Networking: Staff and ONCOA call people to let them know what is going on in the community, in addition to finding out how they are doing. Use the personal touch.

Database: Send letters to elders. Ask them to respond if they want to be on the database to be able to be contacted for various events, etc. 1-800-toll free: Have a number elders can call at elderly services to see what is going on for them.

DRUMS KALIWISAKS

Rita Summers is conducting a Listening Session where elders can come and talk about whatever they want. It started on June 15 at 1:00 p.m. The next session will be June 29 at 1:30 p.m.

#### ONEIDA NATION COMMISSION ON AGING SPECIAL MEETING - JUNE 18, 2004 ELDERLY SERVICES COMPLEX CONFERENCE ROOM 10:00 A.M.

#### **MINUTES**

- I. CALL TO ORDER: The meeting was called to order at 10:10 a.m. by Chairwoman, Dellora Cornelius.
- II. WELCOME AND PRAYER: Arlie Doxtator delivered the opening prayer.
- III. ROLL CALL: Dellora Cornelius, Dorothy J. Skenandore, Alfreda Green, Mary Edna Greendeer, Lois Strong, Arlie Doxtator, Charlene Cornelius, Sue Daniels, Florence Petri. Excused: Valder John, Josephine Oudenhoven.
- IV. APPROVAL OF AGENDA: Motion by Lois Strong to approve agenda, 2<sup>nd</sup> by Arlie Doxtator, motion carried.
- V. APPROVAL OF MINUTES
  June 14, 2004 ONCOA Retreat on Assisted
  Living Facility Decaster Garage. Motion by
  Dorothy J. Skenandore to approve minutes, 2<sup>nd</sup>
  by Charlene Cornelius, motion carried.
- VI. RECOMMENDATIONS FOR ASSISTED LIVING FACILITY:

ONEIDA NATION COMMISSION ON AGING (ONCOA)-RECOMMENDATIONS TO THE ONEIDA BUSINESS COMMITTEE (OBC) RE: ASSISTED LIVING FACILITY SPECIAL MEETING - JUNE 18, 2004 10:00 A.M.

Mission Statement: The Oneida Nation Commission on Aging advocates for all services that place a priority on the wellbeing of our elders. **April 8, 2003**-Oneida Business Committee Planning/Caucus agenda item

1. New Items, C. Assisted Living Facility Update Elderly services/ONCOA.

**ACTION** 

Request a written report to be provided at the next Facility update on how these (DOLM, Planning and Housing/Housing Task Force) entities worked together on this project (B. Doxtator).

ACTION

Request ONCOA, AD-HOC Cmte, GM's office to each proved (sic) the BC with recommendations for project and analysis for their recommendation (K. Hughes).

June 14, 2004-As per request of ONCOA, Brian Doxtator, OBC Liaison, along with Lisa Summers, OBC assistant, scheduled and planned a one-day retreat to include members of ONCOA, ONCOA Steering Committee and the project team to discuss the Assisted Living facility and to prepare recommendations for the OBC.

A presentation was made by John Keefe about the proposed development. ONCOA chose to caucus to develop their recommendations. The entire group reconvened to review ONCOA's recommendations and to provide input and suggestions. (A copy of the meetings draft minutes are attached for convenience in referencing).

The Oneida Nation Commission on Aging recommends the following to the Oneida Business Committee

1. The official client for the assisted living project will be the Oneida Community Health Center.

ONCOA understands that it represents primarily the interests of the elderly, and the proposed development of an "Assisted Living" Complex will involve other populations of tribal members. Ultimately, the effort will be closely related to health services. For that reason, ONCOA feels the better "client" would be the Oneida Community Health Center, and recommends it (ONCOA) be replaced as the client in this project, naming the Oneida community Health Center as such.

- 2. A campus concept for an "assisted living" complex and health integration system including an assisted living facility, adult day care, a Medicare certified nursing home near the Health Center, independent living and completion and centralization of the Elderly Services program (formerly known as "Phase II) to address health, housing and long term care options.
- 3. Equal and simultaneous planning for, development, construction and implementation of an assisted living facility, adult day care, a Medicare certified nursing home, independent living complex, and completion and centralization of the Elderly Services program (formerly known as "Phase II).
- 4. Continued involvement in the CIP project planning process including but not limited to:
  - a. At least two (2) positions, (to be appointed by the ONCOA Chairperson), be maintained on the designated body (currently known as the "Steering Committee), responsible for the planning, development and implementation of the "Assisted Living" Complex (campus). ONCOA wants to be actively involved in the process for the purpose of representing the

- needs of the elderly.
- b. Open involvement for ALL ONCOA members in addition to the two appointed positions, to actively participate in the projects planning, development and implementation of the "Assisted Living" Complex (campus) for the purpose of contribution of ideas as it regards the elderly.
- c. Full privilege to review the final CIP design/proposal to determine if the needs of the elderly are being addressed.
- d. Appropriations to be made for sufficient staff including administrators and support staff ro all areas that will be developed within the "assisted living" facility complex.
- e. Maintain compliance with all requirements for planning, designing, constructing, implementing and maintaining facilities and programs within the "assisted living" complex.
- f. A request for additional research in the following areas
  - i. To determine if the current McLester elderly apartments would be suitable as an assisted living facility, and if so, what level of assisted living care could be administered.
  - ii. Τо determine the feasibility of building additional housing units for elderly tribal members including but not limited to the resources available through the Oneida Housing Authority and Division o f Land Management.
  - iii. To determine if building additional housing units

and converting existing apartments into assisted living units would be more expeditious and efficient, that a process be developed to transition these concepts into a viable project.

iv. To determine if dual licensing (prior to groundbreaking) is a cost effective, efficient possibility in conjunction with the new nursing home and assisted living complex for the purpose of maximizing use of the facilities and service providers.

v. Medicare certification of the nursing home for the purpose of expanding potential services including, but not limited to rehabilitative care for tribal members, and transferring of Oneida patients currently living in other nursing home facilities desirous of "coming home" to Oneida.

Additional research on the νi. Oneida client base including, but not limited to, elderly currently being served, returning elderly from other parts of the country, waiting lists for not only COP, McLester housing, but other housing potential programs, Oneida clients currently residing in other nursing homes, veterans and disabled.

ONCOA strongly recommends precise, accurate research be conducted on projected

clientele to more accurately define population to be served. Keefe studies for 2001 and 2004 had limited information which skews projections planning, design, building and If necessary, ONCOA implementation. recommends securing a statistician to conduct accurate research. Populations should include but not be limited to elderly currently being served, returning elderly from other parts of the country, waiting lists for not only COP, and McLester housing, but other housing programs, potential clients residing in other nursing homes, disabled people, diabetes patient needs. Alzheimer patient needs (at all stages), dialysis patient needs and physical therapy.

vii. Identifying external funding sources for construction, planing and all phases of the project.

viii. The hiring of a Long Term Care Manager with proven successful background, education, experience and sensitivity working in the field of long term care. The position is to be filled with an enrolled tribal member.

MOTION by Lois Strong to accept amended recommendations, 2<sup>nd</sup> by Charlene, motion carried.

VII. CANCELLATION OF ONCOA'S SPECIAL MEETING SCHEDULED FOR JUNE 29, 2004. Motion by Dorothy J. Skenandore to cancel the June 29, 2004 Special Meeting for Commission Improvement, 2<sup>nd</sup> by Mary Edna Greendeer, motion carried. Motion by Lois Strong the next Special Meeting for Commission Improvement be held on July 20, 2004 at 1:00 p.m., 2<sup>nd</sup> by Charlene Cornelius, motion carried.

VIII. ADJOURNMENT: Motion by Dorothy J. Skenandore that we adjourn the meeting at 11:40 a.m., 2<sup>nd</sup> by Arlie Doxtator, motion carried.

#### \*Special Meeting - Friday, June 25, 2004

- I. Call to Order Meeting called to order at 3:40 by Chairperson, Dellora Cornelius, in the Conference Room of Elderly Services.
- II. Roll Call Board Members: Dellora Cornelius, Charlene Cornelius, Dorothy Skenandore, Arlie Doxtator, Josephine Oudenhoven. Others: Florence Petri, Director.
  - A. Prayer Arlie Doxtator
  - B. Dellora Cornelius appointed Charlene Cornelius as temporary acting secretary.

#### III. Agenda Approval

Josephine Oudenhoven motioned to approve the appointment of Secretary

and to approve the agenda. Dorothy Skenandore second the motion. Motion carried.

#### IV. FY 05 Budget Modification

Charlene Cornelius motioned to keep the budget as is and have the Board notify Terri (sic) Cornelius's office of our decisions. Josephine Oudenhoven seconded. Motion carried.

#### V. Adjournment

Charlene Cornelius motioned that the meeting be adjourned at 4:40. Dorothy Skenandore second. Motion carried.

Note: Special meeting called for today because no quorum is available on Monday 6/28.

### ONEIDA NATION COMMISSION ON AGING

#### JULY 13, 2004 - REGULAR MEETING ELDERLY SERVICES COMPLEX CONFERENCE ROOM 1:00 P.M.

#### **MINUTES**

- I. CALL TO ORDER: The meeting was called to order at 1:05 p.m. by Chairwoman Cornelius.
- II. WELCOME AND PRAYER: Arlie Doxtator delivered the opening prayer. Dellora welcomed all who came and asked them to introduce themselves.
- III. ROLL CALL: Present: Dellora Cornelius, Arlie Doxtator, Lois Strong, Valder John, Charlene Cornelius, Dorothy J. Skenandore, Mary Edna Greendeer, Alfreda Green, Josephine Oudenhoven. Others signed in: Susan G. Daniels, Florence Petri, Carol Gilbert, BAAA; Scott Wilson, LOC; Bruce Danforth, DPW; Alice Denny, Pearl McLester, Marena Pamanet.
- IV. APPROVAL OF AGENDA: Motion by Charlene Cornelius to add her CWAG report under VII. Tabled Business, Item B, 2<sup>nd</sup> by Arlie, motion carried. Motion by Charlene to approve agenda with additions and corrections, 2<sup>nd</sup> by Lois Strong, motion carried.

#### V. APPROVAL OF MINUTES

June 8, 2004 - Regular ONCOA Meeting Minutes: Motion by Dorothy J. Skenandore to approve the minutes, 2<sup>nd</sup> by Valder, motion carried.

June 17, 2004 - Working Session with Fred Muscavitch - FYI Only - Motion by Lois Strong to accept, 2<sup>nd</sup> by Charlene, motion carried.

June 18, 2004 - Special ONCOA Meeting Minutes: Motion by Dorothy J. to approve the minutes, 2<sup>nd</sup> by Arlie, motion carried.

June 25, 2004 - Special ONCOA Meeting Minutes: Motion by Dorothy J. to approve the

minutes, 2<sup>nd</sup> by Charlene, motion carried.

#### VI. REPORTS

A. Bay Area Agency on Aging: Carol Gilbert was present to represent BAAA. She indicated there were several items BAAA would have available for the NICOA exhibit. Alice, Annette and Frank will be going to NICOA and can sign up for the exhibit booth. Frank Schersing will be receiving the Roberta Kinzhuma award for his involvement in nutrition. Motion by Dorothy J. to accept the report, 2<sup>nd</sup> by Valder, motion carried.

#### B. OBC Liaison - Brian Doxtator

1. Update on Draft Election Ordinance. This item stays on the agenda until ordinance is available for review. Scott Wilson, attorney for LOC, was present to explain about the Election Ordinance. Monday, the amendments to the Election Law will be prepared for a public hearing. Changes include:

Primary Election for OBC - there was a referendum held at GTC asking for a primary. The top 15 candidates would advance for general positions. The top 2 candidates would advance for the executive positions.

Election Board - Reduce from 12 members to 6 members.

Caucus: 90 days before the elections versus 45 days.

Polling Sites: Only on reservation.

There are two sets of a mendments: primary amendments and general. This will go to GTC hopefully late fall or early winter. If approved, it will affect the 2005 elections. VOTING IN ONEIDA ONLY: Comments: We still have families and members who should be

involved from other areas. PROCESS FOR COMMENTS: Drafts will be available in August. It will go to public hearing in September. Written comments are accepted up to ten (10) days after the public hearing. LOC looks at comments. The may comments have an influence changes. on QUESTION: (Lois Strong) In the current ordinance, regarding the caucus and submission of packets, what is the policy for submitting packets? Two potential ONCOA candidates were turned away because they were told by Leyne Orosco their packets were incomplete. Two potential Gaming Commission candidates were given another 24 hours to complete their packets. ANSWER: There is an appeal process in the law. Packets are turned in to the tribal secretary's office. Applicants can file an appeal with the election board. QUESTION: (Charlene): Primary - how does this fit into our traditional ways? It moves away from equality for everyone. We need more information on individual candidates rather than a primary. COMMENT: (Mary Edna): At one time elections for everything was held at one time. QUESTION: (Alfreda): What about an absentee ballot? ANSWER: The constitution says you have to present yourself in person at the polls. There was discussion about terms in the constitution which qualify people for enrollment and eligibility to vote which are not beina followed. The current constitution indicates you must be born on the reservation to be

eligible for enrollment. CHARLENE: There was a resolution in 1966-1968 that includes everyone to be eligible with blood quantum to vote and enrolled. MOTION bv Josephine Oudenhoven to accept the report, 2<sup>nd</sup> by Valder. motion carried.

- C. Elderly Services Director/June: Motion by Dorothy J. to accept the report, 2<sup>nd</sup> by Josephine. Discussion: (Mary Edna) What do we do to get this report in the Kaliwisaks? Florence stated she would be willing to share information on the activities, but not the budget. She is willing to put it in the DRUMS, not the Kaliwisaks, motion carried.
- D. Monthly Report on Comprehensive Health Services Deanna Bauman. Motion by Dorothy J. to accept the report, 2<sup>nd</sup> by Arlie, motion carried.
- E. Financial Report/May Motion by Valder to accept the report, 2<sup>nd</sup> by Josephine, motion carried.

#### F. ONCOA Reports

- 1. Steering Committee Report Dorothy J. Skenandore and Dellora Cornelius: Motion by Charlene to accept report, 2<sup>nd</sup> by Alfreda, motion carried.
- 2. Bay Area Agency on Aging Arlie Doxtator: There was a PSI meeting last week where there was discussion about the Brown County agency possibly cutting hours. They may consider closing two weeks out of the year versus cutting services. There are no definite plans as of yet. The concern is that money is allocated for a full year. Motion

by Lois Strong to accept report, 2<sup>nd</sup> by Charlene. DISCUSSION (Mary Edna): Should ONCOA write a letter of support? FLORENCE: This is only a suggestion at this time. There is a concern because of the allocation of funds. Motion carried.

- 3. Working Session on NICOA Booth - Mary Edna Greendeer. Florence indicated that there is a sign up at the multi-purpose center. They need 30 people in order to use the big bus. If less than that signs up, then they will use vans. ONCOA who will be attending should sign up for the The sign up sheet for manning the exhibit booth will be available at the August meeting, after we receive the NICOA agenda. People can then see what workshops they want to attend. Motion by Dorothy J. to accept the report, Charlene, motion carried.
- 4. Quarterly Report to OBC: Motion by Lois Strong to approve the quarterly report to OBC with inclusion of personal comments by ONCOA, 2<sup>nd</sup> by Arlie, motion carried.

#### VII. TABLED BUSINESS

Motion by Charlene to take all items from table, 2<sup>nd</sup> by Dorothy J., motion carried.

- A. Operational Redesign Arlie Doxtator/Sue Daniels: Motion by Lois Strong to approve report, 2<sup>nd</sup> by Mary Edna. DISCUSSION: Sue will follow-up with more information, motion carried.
- B. CWAG Dellora Cornelius, Lois Strong, Dorothy J. Skenandore, Charlene Cornelius, Arlie Doxtator,

Josephine Oudenhoven. Motion by Dorothy J. to accept reports, 2<sup>nd</sup> by Alfreda, motion carried.

- C. Financial Reports/February Contesting Expenditures Lois Strong. Kevin Sturm and Lee Thomas asked to have their report tabled until the August meeting. Motion by Lois Strong to table, 2<sup>nd</sup> by Mary Edna, motion carried.
- D. Resignation of ONCOA Commissioner, Alfreda Green. Motion by Lois Strong to table, 2<sup>nd</sup> by Charlene, motion carried.

#### VIII. OLD BUSINESS

A. Update on Testing Sprinkler System by Certified Company - Bruce Danforth. There was an inspection in March. Everything is fine except the recall of the sprinkler heads. July 12-bids to have all sprinkler heads replaced. Within 100 days they should be replaced. should be put on a schedule to have this done. ARLIE: The fire inspector has been here and is upset. He has come many times before and addressed the sprinkler heads. BRUCE: Has spoken to the fire inspector and worked it all out. VALDER: Could the fire inspector instruct the maintenance person how to inspect the sprinkler heads? BRUCE: Must be certified to inspect. Bruce receives a PACE report which he will share with Florence each time he gets one. Florence will share with ONCOA. VALDER: Air conditioning. Who takes care of air conditioning in the building? Can someone be trained on how to maintain? BRUCE: Leroy King takes care of air conditioning. FLORENCE: Would like to receive a report when the project is done. (Sprinkler heads?). DOROTHY J.: Why do we have to wait What about our new so long? If we run into these buildings? problems, are we going to have to wait?

VALDER: Maintenance set up. Can we have a schedule of maintenance and who will perform them? Post them in the buildings. BRUCE: They are working on one for each building. Not complete yet. Brian is working on it. Brian can come to the next meeting and show how far he is. Dan Skenandore is the project manager for this area. VALDER: Apartments C and D have no cold water. Was there a problem with the blue prints? BRUCE: The Engineering department and planning department approves blue prints, sends them to the state. The tribe's inspector is Mike Casey, who is to be on site during all construction. Zelmar is the builder. Our tribal architect is Paul Wittek who approves plans for building. MOTION by Dorothy J. to accept report. 2<sup>nd</sup> by Josephine, motion carried.

B. Meeting re: Legislative Affairs: Motion by Lois Strong to have the Legislative Issues meeting with Frank Schersing and Kevin Cornelius on August 24, 2004 at 1:00 p.m., 2<sup>nd</sup> by Dorothy J., motion carried.

#### IX. EXECUTIVE SESSION: No items

#### X. NEW BUSINESS

Request for Working Session re: ONCOA's Performance Evaluation. Motion by Lois Strong to have Working Session at 1:00 on July 19, 2004, 2<sup>nd</sup> by Charlene. DISCUSSION: Sue wanted to know if this position is in a probationary status because of the Title Reassignment? Can a non-employee evaluate an employee? Is ONCOA subject to HRD policies? How do you protect employee's rights if ONCOA is not subject to HRD policies? What are the various types of evaluations? Would ONCOA consider a 360 evaluation? When will ONCOA meet with Sue to discuss the evaluation? ONCOA will meet with Sue at 2:00 p.m. on July 19, 2004 to present/discuss evaluation, motion carried.

- B. July 20, 2004 Second Meeting of the Month Commission Improvement: Motion by Lois Strong to approve the date of July 20, 2004 at 1:00 p.m. to have the Commission Improvement meeting with Jessica Oudenhoven and Regina Robinson, 2<sup>nd</sup> by Mary Edna, motion carried.
- C. Compliance with Comprehensive Policy Governing Boards, Committees and Commissions, Article XI Stipends, Section 11.5. Sue presented a position memorandum to her supervisor, Dellora Cornelius, indicating her concerns over action taken by ONCOA and compliance issues with the policy. In part, Sue's memo was written for the following reason: "The purpose of this memorandum then, is to protect my position while performing assigned job duties and directives that I feel may be in direct conflict or non-compliance of existing tribal policies." Upon submitting the memo to her supervisor, Dellora requested it be put on the ONCOA agenda. That is the reason it appears here today. It is only a position, Sue is not requesting action on anyone's part.
- D. Cancellation of Attendance at Workshops, Conferences, Training -Financial Considerations. Sue asked to have this item on the agenda to have ONCOA address how to deal with commissioners cancelling at the last minute after a training or registration has been paid for. MOTION by Mary Edna that we include development of sop's in one of our commission improvement  $2^{nd}$ sessions. bγ Charlene. DISCUSSION: (Alfreda): What do other boards do if people cancel?, motion

carried.

#### XI. ANNOUNCEMENTS

A. Great Lakes Inter Tribal Council training for Medicare Abuse: Training will be available for ONCOA on August 12, 2004 from 10:00 - 2:00 at the Elderly Services Complex Conference Room.

B. Social Security Administration Training: Fred Muscavitch is coordinating this training. Watch for announcements if you are interested in attending.

C. July 21, 2004 - Essentials of Funding Participants in Substitute Care Training: Those registered include: Dorothy J. Skenandore, Dellora Cornelius, Charlene E. Cornelius, Lois Strong, Josephine Oudenhoven and Susan Daniels. Arlie wanted to go. The workshop is filled. Sue relinquished her registration to Arlie and will notify the

hosting organization of the change. Florence will arrange transportation.

#### XII. ADJOURNMENT

Motion by Josephine to adjourn at 2:55 p.m., 2<sup>nd</sup> by Arlie, motion carried.

Post Script: Valder would like ONCOA to consider a resolution to see classes made available to the children about the Great Law. Can ONCOA sponsor such a training to get the Great Law rewritten in contemporary language for our youth? We need of Code of Behavior in our community. Our generation is lost, it's too late, but we need to help our children. COMMENT: (Josephine): This was presented before by John Thomas, many people went, but no one applied it after he left. It is the parent's responsibility to train their children how to behave. VALDER: We need to help each other, especially our children.

#### ONEIDA ELDERLY SERVICES ENROLLMENT FORM

**DATE:** \_\_/\_\_/\_\_

Name			Phone Number ( )					
Address			Social Security Number		umber	/		
City	State	Zip Code	Count		DOB	/	1	
	d/handicapped,		follows: 1) Elders a Elders aged 55-69					
Please check the ap	propriate resp	onses:			•			
Martial Status: _	Married	Single	Widowed	Di	vorced			
Living Arrangem Do You:	e <b>nt:</b> I Rent	Lives AloneOwn	Lives with Spouse		Lives wi How ma			
Race:	Nativ	ve American	Caucasian	Latino	Asian	Africa	n Amer	ican
[ribal Affiliation:			Enrollment Number					
General Health st	tatus:I	Excellent	Good	Fair _	Poor*			
If poor please li	st health cond	lition						
Oo you currently have any of the following:			GuardianPower of AttyFinancesHealth					
			Medicare	Medicai	dRep	resentative	Payee	
				None	e of the Abov	e		
In case of an em	iergencyplea	se contact	Name					
			Phone Number_(	)				
			Relationship					
for denial of service	es. All of the inf	formation on the e	nowledge. Any fals nrollment form is con on. This enrollment	nfidential an	d will not be rel nes the propert	leased to any	y persons	unless I
					Date			

Please return to
Oneida Elderly Services Complex
Service Coordinator
P.O.Box 365
Oneida WI 54155

#### SUMMER IS STILL HERE!

#### JOIN US FOR AN AUGUST ACTIVITY

Rummage Sale in Stiles:

Join us for a short ride to Stiles (near Abrams) to sift through items and find your treasure. We leave approximately 9 am from the Senior Center on Wed. August 4.

#### Concert in the Park:

Watch, listen and enjoy the Reverend Raven and the Chain Smoking' Alter Boys-blues, in a free outdoor concert in Downtown Green Bay. Bring a bag lunch or concessions are available for a fee, restroom on grounds. Thurs. August 12.

#### **PACE Arthritis Exercise Class:**

Join Ryan Engel, Oneida Fitness Specialist, with many other friends on Monday and Thursdays and the Senior Center for a half-hour of gentle exercises for those sore, achy joints. Fees covered by Oneida Elderly Services.

Classes begin at 11am and continue through beginning August.

#### **Annual Cherry Picking Outing:**

Pending weather conditions and availability, we will be going north of Algoma in Forestville to pick up our cherries. Approximate cost \$5.50 a pail. Monday August 2. Leaving at 8:30 a.m.

#### Farmer's Market:

Purchase fresh fruits and veggie by pulling out those farmer's market coupons you received in June. We'll be headed to town on two separate dates: Thursday Aug 12 and Wed. Aug 25. Check activity calendar.

#### Bible Study:

Feed your spiritual needs and join Linda Tryba from the AJNH as she leads us in a continuing Bible Study for an hour at the AJNH. All faiths welcome. Last Monday of the month. (Aug. 30 at 10 am)

#### Senior Bowling:

Join us on Monday Aug 23 at 1pm at Ashwaubenon Bowling Lanes! Gear up for the sights, sounds and tastes of the old bowling alley. Just like old times.

#### 4 Tribe Picnic

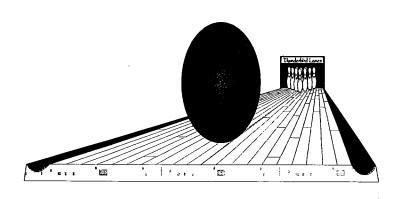
On Wednesday, Aug. 18, we will be traveling to the 4 Tribe picnic as Stockbridge-Munsee will host us at this day long event. Lots of food, fun and reminiscing!

#### **Juicing Demo**

Learn more about healthy living in this juicing demo held Thurs Aug 26. Bring your fresh fruits and veggie from the farmer's market (Aug 25) and make your own combo of fresh juices!

## Bowling's Back!

# Let's have fun and get the ball rolling...



Sign up for Senior
Bowling
at the Senior Ctr
Front Desk.

## We'll be bowling on Mon. Aug 23 at no cost to you.

Have fun, talk to your friends, compare scores!

Just like old times...

We'll be bowling at Ashwaubenon Lanes at 1:00pm.

Racks, Ramps and light weight balls available. More info call 869-2448, Oneida Elderly Activities