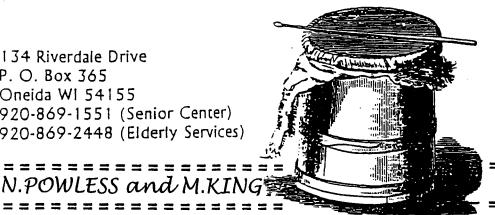
# ONEIDA RUMS ACROSS

134 Riverdale Drive P. O. Box 365 Oneida WI 54155 920-869-1551 (Senior Center) 920-869-2448 (Elderly Services)



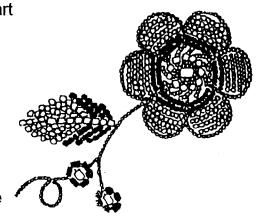
SENIOR CENTER

# Tuscarora Artist Helps Assemble "Iroquois Cape"

aised beadwork is a very beautiful art and therapeutic for the soul says Rosemary Hill, a Tuscarora artist and recovering cancer patient.

It wasn't until a few months back Hill was ready to go back to work. Work that is, beading.

After being diagnosed with a rare cancer over a year ago, Rosemary took a break from beading to seek treatment. After recovery, she decided to return to "work". It was soon after she found a notice on the internet seeking an artist to teach in Oneida, Wisconsin.



Hill applied for the Oneida Wisconsin grant and was accepted for the work. Hill then came to Wisconsin, with plans for a community art piece. The idea of an Iroquois Cape was born. It's creativity developed with Oneida hands and the groundwork of Rosemary Hill's ideas would see it's fate to be displayed in Oneida, Wisconsin.

Beaders from throughout Oneida came to the Elderly Services Complex to detail and create raised beadwork of butterflies, flowers and birds in this wonderful community project.

Elders Lorraine Red Hail, Nadine Escamea, Pat Benson and Judy Jourdan enjoyed giving a part of themselves to the project.

"It's not just about laying beads down...it's about thinking creatively," said Hill, "we don't use pencils and paper on our projects, we use spontaneous creativity."

"It's relaxing and fun," she added, "it's fun 'cause some of the things you

### **ELDERLY SERVICES COMPLEX:**

**Program Director** 

Assistant Program Director Benefits Specialist Supervisor

Benefits Specialist

Elder Abuse Coordinator Elderly Services Coordinator Administrative Assistant

Office Manager

Transportation Coordinator

Activity Coordinator Outreach Worker Outreach Worker

In-Home Chore Worker In-Home Chore Worker Respite Care Worker Respite Care Worker Administrative Assistant

Title V Title V

### **ONEIDA SENIOR CENTER:**

Head Cook Supervisor

Assistant Cook Relief Cook Relief Cook

Home-Delivered Meals Driver

Maintenance Supervisor Home Repairs Coordinator

Home-Chore Worker Home-Chore Worker Home-Chore Worker Home-Chore Worker Home-Chore Worker Outreach Worker

Title V
Title V
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### 2907 S. Overland Rd. (P.O. Box 365)

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Oneida WI 54155 1-920-869-2448 Roberta Kinzhuma Florence Petri Lori Metoxen Julia Hill Amber Henke Lisa Mittag Noreen Powless Connie Danforth Lorna Christjohn

Terry Reed Cindy Brabbs

Margaret King-Francour

Joanne Close
Lorleen John
Amy Sumner
Debbie Ninham
Marty Braeger
Heleema Jordan
Alice Schuyler

134 Riverdale Drive (P.O. Box 365) Oneida WI 54155 1-920-869-1551

Brenda Jorgenson
Loretta Mencheski
Betty Jorgenson
Althea Schuyler
Cathy Schuyler
Robert LaGest

Richard Summers Lee Domencich Lloyd Davis Lisa Huff Denise Johnson

Jared Skenandore
Harold Dostalek
Warren House
Winona Mencheski
Richard Dodge
Elda Swamp
Marie Scott
Nancy Woodke
Grover Smith

### STORY CON'TD FROM COVER PAGE

come up with. Every person who looks at your art sees something different. That's artwork, that's what it's all about."

Raised beadwork is thriving in the Tuscarora Nation. "We've kept it alive, it is not a lost art," said Hill, "it's good other tribes are willing to re-learn it."

Hill began learning beadwork from her mother Margaret Rickard, Grandmother Hattie Williams and her great-aunt when she was eight years old. Now, an established artist, Hill has traveled and demonstrated her talent and skills throughout New York, Denver and Connecticut. ❖



# Woodland Home Center

W1138 Ranch Road Oneida, Wisconsin

> 54155 Phone (920) 833-9935

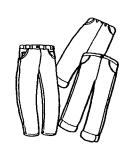
# Open to Tribal Members & Employees PAYROLL DEDUCTION

Monday - Friday 7:30 a.m. to 4:30 p.m. Expanded Inventory for Residential & Business Building & Repair

# Events, Announcements, Reminders

### Elderly Services Annual Rummage Sale and Car Wash

Friday, August 11
10 am- 3pm
Brats, Hot Dogs, Chips, Soda, Strawberry Shortcake
Donations appreciated-Call 869-1551 for pick up and drop off information
All proceeds to benefit Elderly Services special events.
134 Riverdale Drive. Oneida



### Holy Apostles Church Picnic

Saturday, August 19 11 am- 5 pm Join the fun...Auction, Dunk Tank, Games, Bake Sale, Food 2937 Freedom Road, Oneida



### For Sale

Gas Powered 2 Cycle New RYOB 29 lb Cultivator Still in the box Paid \$260 Sell for \$200 Walter Skenandore 2925 S. Overland Rd Oneida 869-3085

### Letter of Thanks to Elderly Services

Please accept my donation for all the help you have given me. I appreciate it all. Thank you so much. Sincerely, Leone E. House

Unity Hospice

&

The Brown County Senior Center 300 S. Adams St. Green Bay present an

, ....

## "Afternoon for Caregivers"

Thursday, August 17, 2000 1:00-4:30 P.M.

Caring for Your Loved One at Home Lead By: Sherri Onesti, R.N.

Caring for Caregivers and Communication Lead By: Kaye Boettcher, MSW

Please RSVP at 448-4314

by August 15, 2000



# MENU

# **AUGUST**

2000

| FRIDAY    | 4 Bacon Eggs<br>Oatmeal Toast<br>Bananas   | II S O S Eggs<br>Grapefruit Juice<br>Toast<br>Peaches                                  | 18 Ham Cheese Slice<br>Eggs<br>Orange Juice<br>Muffins<br>Mixed Fresh Fruit            | 25Scramble Eggs<br>Ham<br>Pineapple Juice<br>Toast & Pears                            |   |
|-----------|--|--|--|---|---|
| THURSDAY  | 3 Liver & Onions<br>Potatos & Beets<br>W/W B Bread<br>Sherbert   | 10 B.B.Q.Ribs<br>Scalloped Potatos, Asparagus<br>W/W Bread<br>Apple Sauce              | 17 Lasagna<br>Lettuce Salad W/G Peppers<br>Garlic Bread<br>Blue Berries                | 24 Chicken & Rice<br>Mix Vegetables<br>Grape Juice<br>W/W Bread<br>Ice Cream          | 31 BIRTHDAY<br>Pork Roast Potatoes<br>Broccoli WW Bread<br>Spice Cake/PB Frosting |
| WEDNESDAY | 2 Pork Steak<br>Carrots<br>Mac Noodles & Tomatos<br>W/W Bread<br>Mandarin Oranges                          | 9 Tator Tot Cass.<br>Green Beans<br>W/W Bread<br>Cantalope                             | 16 Meatloaf<br>Red Potatos, Cauliflower<br>Grape Juice W/W Bread<br>Diet Jello W/Pears | 23 Beef Roast<br>Mashed Potatos<br>Brusel Sprouts W/W Bread<br>Sugar Free Cheese Cake | 30<br>Goulash<br>Whole Wheat Bread<br>Orange Juice<br>Diet Jello                  |
| TUESDAY   | l<br>Chop Suey Rice<br>Whole Wheat Bread<br>Raspberries  | 8 Corn Soup<br>Fresh Bread<br>Cranberry Juice<br>Breadpudding or Fruit                 | IS Chili<br>Cucumber Salad<br>Apple Juice W/W Bread<br>Cantalope                       | 22 Beef Stew<br>Orange Juice<br>Fresh Rolls<br>Diet Jello W/Strawberries              | 29 Potato Soup<br>Cranberry Juice<br>Fresh Bread<br>Orange Slices                 |
| Monday    | Meals are subject to change. Chop Suey Whole Wh All meals are served with Raspberrie coffee, tea and milk. | 7 Cube Steak<br>Zuchini, Red & Green<br>Peppers<br>Pasta Salad W/W Bread<br>Watermelon | 14 Chicken Ala King<br>Broccoli<br>Rice/Biscuits<br>Mandaarin Oranges                  | 21 Spagetti<br>Lettuce Salad<br>Green Peppers<br>French Bread<br>Blackberries         | 28 Chicken Salad Tomato Slices, Lettuce Leaf Croissants Raspberries               |

# "Just Eat"

# Workshops with Jane and Aimee

"Quick and Easy Low-Fat Cooking"

August 15 Career Center 12:10 - 12:50 pm

"Healthy Eating for a Healthy Weight"

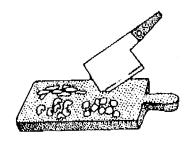
August 30 Norbert Hill Center 12:10 - 12:50 pm

"Exercise and Nutrition"
September 12 \*Healthworks OLC 5:00 - 6:00 pm

"Eating on the Run"
September 28 \*Career Center 5:00 - 6:00 pm

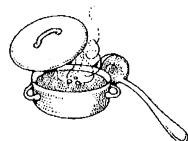
"Meatless Cooking"
October 11 Little Bear 12:10 - 12:50 pm

"Supermarket Nutrition"
October 26 \*Festival Foods 5:00 - 6:00 pm



a healthy snack will be provided

\* child care available



RSVP requested 869-4829
Oneida Community Health Center Nutrition Services

# Recipe Corner

# Strawberry-Rhubarb Muffins



2/3 cup nonfat dry milk powder
1 cup water
1 tablespoon white distilled vinegar
1 ½ cups all-purpose flour

Granular sugar substitute suitable for baking to equal ½ cup of sugar 1 egg or equivalent in egg substitute

1 teaspoon baking soda

1/4 cup chopped walnuts

1 cup minced rhubarb

1 cup diced fresh strawberries

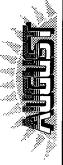
2 tablespoons raisins

1 teaspoon baking powder

Preheat oven to 400 degrees. Spray 16 wells in muffin pans with butter-flavored cooking spray or line with paper liners. In a small bowl, combine dry milk powder, water and vinegar. Set aside. In a large bowl, combine flour, sugar substitute, baking powder, baking soda and walnuts.

Gently stir in rhubarb, strawberries and raisins. Stir egg into milk mixture. Add milk mixture to flour mixture. Mix gently just to combing. Fill prepared muffin wells ½ ful. Bake for 20-25 minutes or until a toothpick inserted in center comes out clean. Place muffin pans on a wire rack and let set for 5 minutes. Remove muffins for pans and continue cooling on wire rack. Freeze well.

# Activities



2000

|   |  | <del></del>  | 1   | Т  |
|---|--|--|---|--|
| 4<br>Shopping<br>Banks<br>Lunch<br>IOam-3pm   | II<br>Shopping<br>Banks<br>Lunch<br>IOam-3pm   | 18 Leave 8am for NICOA<br>Shopping<br>Banks<br>Lunch<br>10am- 3pm  | 25<br>Shopping<br>Banks<br>Lunch<br>10am-3pm  |  |
| 3<br>Shawano<br>Amish Store<br>Dollar Store<br>IOam to 3:30pm                           | l0<br>Rummage Sales 9:30-II:30am   | 17<br>Diabetic Lunch 10am-11:30am<br>Neville Museum 12:30-3:30pm<br>Mummy Display<br>Donation  | 24<br>Anna John Nursing Home<br>I0am to II:30am<br>Thrift Store on University<br>Ipm to 3:30pm  | 31 BIRTHDAY<br>Gifts 12:15-12:30<br>Rummage Sales<br>9:30am to 11:30am   |
| 2<br>Fitness 9:30am to 10:30am<br>Farmers Market<br>Ipm to 3pm                          | 9<br>Fitness 9:30am to 10:30am<br>Bingo Casino<br>9:30am-1:30pm<br>Lunch out   | 16<br>Fitness 9:30am to 10:30am<br>Therapy by Margaret<br>Elderly Service Building<br>Ipm-3pm  | 23<br>Fitness 9:30am to 10:30am<br>Farmers Market Ipm-3pm   | 31 BIRTHDAY Farmers Market lpm to 3pm Gifts 12:15-12:30 Rummage Sales 9:30am to 11:30  |
| I<br>Ep Worth Hall 9:30-Il:30am<br>Crafts<br>Cards<br>Beads                             | 8<br>EP Worth Hall 9:30-Il:30am<br>Crafts<br>Cards<br>Beads  | IS<br>EP Worth Hall 9:30-11:30am<br>Crafts<br>Cards<br>Beads   | 22 Return from NICOA<br>EP Worth Hall 9:30-11:30am<br>Crafts<br>Cards<br>Beads  | 29<br>EP Worth Hall 9:30-11:30am<br>Bingo  |
| Activities subject to change.<br>Bus leaves from the Oneida<br>Senior Center for trips. | 7 Fitness 9:30am to 10:30am Bingo Site II I pm to 3 pm   | 14<br>Fitness 9:30am to 10:30am  | 21<br>Fitness 9:30 am to 10:30 am<br>Bingo Site 11<br>I pm to 3 pm  | 28<br>Fitness 9:30am to 10:30am  |
|   | lnge. Ep Worth Hall 9:30-II:30am Fitness 9:30am to I0:30am Shawano Crafts Farmers Market Amish Store eida Cards Ipm to 3pm Dollar Store Beads Ioam to 3:30pm | Ep Worth Hall 9:30-II:30am Fitness 9:30am to I0:30am Shawano Crafts Farmers Market Amish Store I pm to 3pm Dollar Store Beads Beads 10 | Fitness 9:30am to 10:30am   Shawano   Crafts   Farmers Market   Amish Store   Ipm to 3pm   Dollar Store   Ipm to 3pm   Donation   Ipm to 3pm   Ipm Service Building   Ipm | I23Ep Worth Hall 9:30-II:30amFitness 9:30am to 10:30amShawanoCraftsFarmers MarketDollar StoreBeads910EP Worth Hall 9:30-II:30amFitness 9:30am to 10:30amRummage Sales 9:30-II:30amBeads9:30am-I:30pmInch outIS16EP Worth Hall 9:30-II:30amFitness 9:30am to 10:30amInch outIS16I7EP Worth Hall 9:30-II:30amFitness 9:30am to 10:30amMummy DisplayCardsInm-3pmDonation22 Return from NICOA2324EP Worth Hall 9:30-II:30amFitness 9:30am to 10:30amAnna John Nursing HomeCraftsFarmers Market Ipm-3pmAnna John Nursing HomeCraftsFarmers Market Ipm-3pmThrift Store on UniversityBeadsIpm to 3:30pm |



# Pottery Project Featuring: Rose Kerstetter

Made possible through a generous grant from The Oneida Nation Arts Program and the Wisconsin Arts Board.

# Iroquois Pottery

Where: Oneida Senior Center

When: August 15, 2000

Time: 1:30

Cost: Supplies and Materials provided



# The Living Room

SUCEHGLASSESEHETJQJYM PVSCLPOWEPI LLOWAD CTQCYWRLAHNMQ TAAPLKDTUCRAF RLRSKOOBPLAN YGPLJNMAGAZ TSAOCSC UAPOUAEVNH YRRSDOSSLPLOC IHOQEOHSAT AURCTKT LRT UPP SDOCR MTESRWCBVE ROOSR PCWCAGHAVETONBWQVAT JPOWYDATSBLSPCKEQE IDORNIQHLONM LKARNASKYQYYIGAME TNALPTNEMANROKQVVCRLT

F 106

| ASHTRAY |
|---------|
| BOOKS   |
| CARD    |
| CARPET  |
| CHAIR   |
| COASTER |
| COUCH   |
| CRAFTS  |
| CRYSTAL |
| CUSHION |

END TABLES
FIREPLACE
FLOWERS
GAMES
GLASSES
LAMP
LIGHT
MAGAZINES
MAT
MIRROR

NEWSPAPER
ORNAMENT
OTTOMAN
PAINTINGS
PHOTOS
PICTURES
PILLOW
PLANT
PLANT RACK
RUG

SOFA STEREO TABLE TELEVISION THROW RUG TROPHY VASE VCR WET BAR

# GLITC/ONEIDA SENIOR COMPANION PROGRAM

If you can answer YES to these four questions, please read on!

- \* Are you 60 years of age or older?
- \* Are you within low-income guidelines?
- \* Are you in good health?
- **★** Do you enjoy working with other elders who are in need of some company?

The Elderly Services Program is in the process of recruiting additional Senior Companions. Senior Companions can serve clients who are frail, isolated, living alone, or suffer from a terminal illness.

# Goals Of The Senior Companion Program

- To enable low-income persons age 60 and over to remain physically and mentally active and to enhance their self-esteem through continued participation in needed community services.
- \* To assist seniors in achieving and maintaining an independent lifestyle which allows clients to remain living in their own homes..

If you are interested or know of someone who might benefit from the program, please contact: GLITC 1-715-588-3324 or 1-800-472-7207. Locally, please call 869-2448.



# When I Am An Old Woman

I shall wear purple with a red hat which doesn't go and doesn't suit me

And I shall spend my pension on brandy and summer gloves.

And satin sandals and say we've no money for butter.

I shall sit down on the pavement when I'm tired

And gobble up samples in shops and press alarm bells

And run my stick along public railings

And make up for the sobriety of my youth.

I shall go out in my slippers in the rain

And pick flowers in other people's gardens and learn to spit.

You can wear terrible shirts and grow more fat

And eat three pounds of sausages at a go

Or only bread and a pickle for a week

And hoard pens and pencils and beermats and things in boxes.

But now we must have clothes that keep us dry

And pay our rent and not swear in the street

And set a good example for the children.

We will have friends to dinner and read papers.

But maybe I ought to practice a little now?

So people who know me are not too shocked and surprised

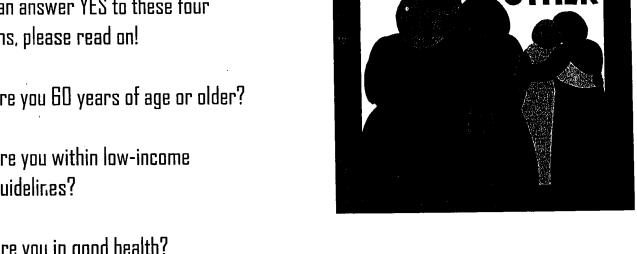
When suddenly I am an old woman and start to wear purple.

From Warning by Jenny Joseph Written out by Elizabeth Lucas

# GLITC/ONEIDA FOSTER GRANDPARENT **PROGRAM**

If you can answer YES to these four questions, please read on!

- Are you 60 years of age or older? \*
- \* Are you within low-income quidelines?
- Are you in good health? Ж
- Do you enjoy working with young people? \*



CARE FOR EA

The Elderly Services Program is in the process of recruiting additional Foster Grandparents.

Our elders and youth are our most important resources for the future. The Foster Grandparent carries out activities designed to provide social, emotional, and cultural needs of our community children.

# Goals Of The Foster Grandparent Program

- To enable low-income persons age 60 and over to remain physically and mentally active and \* to enhance their self-esteem through continued participation in needed community services.
- To enable children with either exceptional or special needs to achieve improved physical, \* mental, emotional, and social development with positive interaction with elders.

If you are interested or know of someone who might benefit from the program, please contact: GLITC 1-715-588-3324 or 1-800-472-7207. Locally contact the Elderly Services at 869-2448.

# Favorite Verse: When I Quit

When I quit this mortal shore, and Mosey 'round this earth no more, don't weep----don't sob; I may have struck a better job! Don't go and buy a large bouquet, for which you'll find it hard to pay; Don't mope around and feel all blue----I may be better off than you! Don't tell the folks I was a saint, or any old thing that I ain't; If you have jam like that to spread, please hand it out before I'm dead! If you have roses, bless your soul, just pin one in my buttonhole While I'm alive and well today; don't wait until I've gone away!

~Author Unknown

### Vacuum Cleaners

When the trusty vacuum cleaner just can't keep up with the dust bunnies hopping around your home's floors, it may be time to shop for a new one.

Deciding what vacuum to buy depends on your cleaning needs and personal preferences. Upright vacuums are often easy to handle and store. The typical vacuum cleaner should clean bare surfaces and carpeting at different heights. A 20 to 30 foot power cord that can be stored in the machine will give you roaming flexibility in a large room. Dark areas under furniture can be rediscovered if a headlamp is on the appliance.

Some companies offer to provide in-home demonstrations or "free" carpet cleaning to potential customers. Take time to review all offers. Don't be pressured into making an immediate decision or signing on-the-spot to purchase an expensive vacuum.

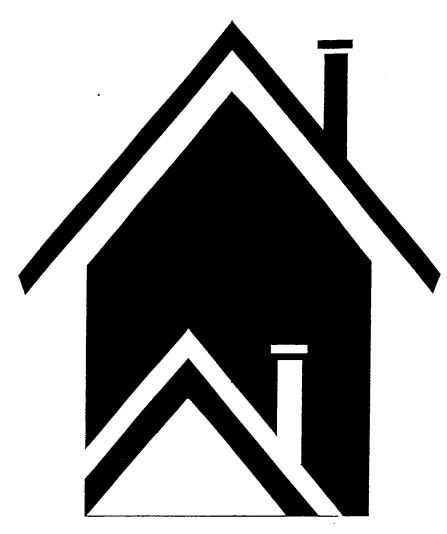
It's always best to spend some time trying out several different styles and models before making a decision about which type of vacuum to by. Here are some other suggestions:

- Pay attention to how wide the area cleaned is in each pass of the machine.
- Run the vacuum cleaner along walls and into corners to how it performs.
- Are the controls conveniently located and easy to operate?
- Is the dust bag easy to replace or clean? Is it big enough so you don't have to change it too frequently?
- The vacuum cleaner's weight should be manageable. Does it have a handle for transport?
- Adjustable motor power will allow you to increase or reduce speed and suction to suit your cleaning chores.
- Vacuums can be loud, so make sure the noise level is acceptable.

This information is brought to you by the Attorney General's Office.

### THE PROTECTION CONNECTION

# **1** Income Limit Changes **1**



Rural Development's Repair Loan and Grant Program (504) has seen an increase in the maximum income limits for household sizes. This increase generally happens once a year in the spring.

Are you looking to replace that leaky roof, install a new furnace, upgrade your electrical system or just warm up the house for next winter? Consider our loan/grant program.

Your income limit must be at or below the following levels:

| Brown | County |  |
|-------|--------|--|
|-------|--------|--|

|          |               |          |          |            | ,        |          |          |          |
|----------|---------------|----------|----------|------------|----------|----------|----------|----------|
|          | 1 Person      | 2 Person | 3 Person | 4 Person   | 5 Person | 6 Person | 7 Person | 8 Person |
| Very Low | 18 <b>050</b> | 20650    | 23200    | 25800      | 27850    | 29950    | 32000    | 34050    |
|          |               |          | 0        | utagamie ( | County   |          |          |          |
|          | 1 Person      | 2 Person | 3 Person | 4 Person   | 5 Person | 6 Person | 7 Person | 8 Person |
| Very Low | 16 <b>850</b> | 19300    | 21700    | 24100      | 26050    | 27950    | 29900    | 31800    |

Questions?? Give us a call at 1-715-524-8522, (Rural Development 603B

Lakeland Road, Shawano, WI 54166).

Better yet... Stop in and see Jolane or Dave, Rural Development

representatives.

When.. Thursdays August 3 and 17

9:30 a.m. to 12:30 p.m.

Where Oneida Senior Center, Riverdale Drive

### PREVENTING HEAT-RELATED ILLNESS

- Keep air circulating and use air conditioning when possible. Being in an air-conditioned environment, even if only for a few hours each day will reduce the risk of heat-related illness.
- Protect individual and environment from direct sunlight by drawing shades, blinds, and curtains.
- Keep outdoor activities to a minimum, especially between the hours of 10:00 a.m. and 2:00 p.m. Outings should be re-evaluated based on circumstances presented.
- Dress appropriately. Use lightweight clothing that easily absorbs perspiration (e.g., cotton or other natural fibers) or single sheet if a person must be in bed.
- Give baths, use cool cloths to the head or feet, and/or cool compresses to cool the body. Placing hands and wrists in cool water can help prevent body temperature from accelerating. Care must be taken, however, for those with circulatory impairments; and chilling must always be avoided as that is the body's way of increasing its internal temperature.
- Provide and encourage the consumption of extra fluids, including fruit juices. Frequent reassessment is required for persons being tube fed or who use special beds such as a Clinitron-bed.
- Evaluate the effects of each person's medications: give special attention to the side effects of dehydration and decreased ability to perspire. Call your pharmacist or prescribing practitioner with any questions.
- Advise avoidance of alcohol consumption. During heat waves, extra monitoring may be needed for those who are prone to excess alcohol consumption.



In 1965, a great piece of Federal legislation was enacted. This legislation, known as the Older Americans Act, set forth guidelines for the development of a comprehensive, coordinated service system for older people. The Act has been the force for igniting state and local governments into action.

The Act provides a structure and some funding for congregate and home delivered meals, in-home services, access to legal assistance, transportation, health promotion and disease prevention activities. The Act provides for advocacy on behalf of older people as well as Elder Rights issues such as the Ombudsman Program.

The Older Americans Act is for older people, their families and their care givers. The Older Americans Act has not been re-authorized since Bill Clinton has been in office. Your help is needed in getting the Older Americans Act re-authorized. Contact your federal representatives and senators. Let them know that you want them to support the reauthorization of the Act in September.

<u>Don't under estimate</u> the power of your phone call or letter.

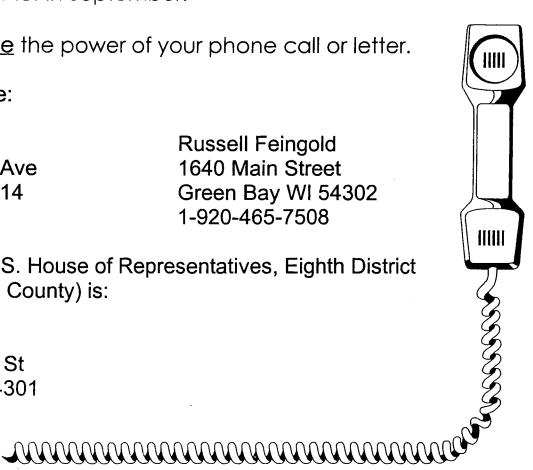
The U.S. Senators are:

Herbert Kohl 4321 W College Ave Appleton WI 54914 1-920-738-1640

Russell Feingold 1640 Main Street Green Bay WI 54302 1-920-465-7508

The member of the U.S. House of Representatives, Eighth District (Brown and Outgamie County) is:

Mark Green 700 East Walnut St Green Bay Wi 54301 1-920-437-1954



### Dear Oneida Elders,

I would like to once again remind everyone that when the per capita payment comes out this year many will have to spend the money within the month in order to maintain certain public benefits that you are presently receiving.

The Elderly Services Program has made a commitment to prepare and assist you in the event that you need to purchase large items. Whenever possible, staff will be assigned to accompany you to select a purchase or perhaps gather quotes for you so you can select the best quality or price. We will also arrange to have delivery of the item for you to save delivery charges.

Take time now to take stock of your household needs and try to determine beforehand what you might need to purchase. The lifetime expectancy of some items is 10-12 years so if something hasn't been replaced for 15-20 years perhaps now is the time to do so.

## Some suggested large items that you may need to purchase:

stove

water heater
furnace
home improvement needs (flooring, carpeting)
water saving toilet
security lighting for the home/yard
riding lawn mower
lightweight vacuum cleaner
mattress and bedsprings
auto repairs
furniture

air conditioner/central air water softener refrigerator food freezer washing machine dryer dressers

auto purchase

### Some suggested smaller items that you may need to purchase:

clothing (winter, summer, night wear)
slippers
storage bins/containers
telephone with large print numbers
medical aid (grab bars, toilet riser seat, shower
chair, canes, walkers)

blanket, sheets, towels, kitchen ware lighting fixtures, lamps coats boots special shoes

# ONEIDA NATION COMMISSION ON AGING BOARD MEMBERS

Clifford Doxtator (Chairman) 2610 Forestville Dr. Green Bay, WI 54304 490-8865

Dellora Cornelius (Secretary) N6319 Onondaga Drive Oneida, WI 54155

Warren Skenadore 850 Ninth St Green Bay, WI 54304 432-7122

869-1171

Alfreda Green P.O. Box 12 Oneida, WI 54155 869-2818

Nadine Escamea W1428 Ray Road DePere, WI 54115 833-1791 Hugh Danforth (Vice-Chair) 874 Silver Creek Drive Oneida, WI 54155 869-1762

Mary Edna Greendeer W103 Service Rd Oneida, WI 54155 869-2907

Joycelyn Ninham P.O. Box 182 Oneida, WI 54155 869-1272

Lois Strong N6407County U DePere, WI 54115 869-1126

Meetings are held on the second Tuesday of each month at 1:00 p.m. in the Elderly Services Conference room located at 2907 S. Overland Rd. Your participation is welcome.

FOR AGENDA PLANNING, PLEASE SUBMIT THIS FORM TO: ONCOA Chairperson and ONCOA Secretary at the Elder Services Complex Ten (10) Days before the ONCOA Regular Meeting -Second Tuesday of the Month

# **ONCOA AGENDA REQUEST FORM**

| REGULAR MON   | THLY ONCOA AGENDA                                |                     |                |
|---|--|---------------------|----------------|
|   |  | (SCHEDULED D        | ATE)           |
| SPECIAL MEET (By Request and  |  | (SCHEDULED DA       | ΓE)            |
| EXECUTIVE SESSION REQ (Must comply with State Statutes 1)   |  | □ YES               | □NO            |
| PURPOSE OR ITEM FOR D   | ISCUSSION:   Information                         | on Only   Action Re | quested        |
| ADDDOV TIME DECLIECTE   | TO DISCUSS ITEM.                                 | M                   | INUTES         |
| prompt, prepared and respect the  | e time limits.                                   |                     | ved. Please be |
| APPROX. TIME REQUESTE *NOTE: There is a fifteen (15) to prompt, prepared and respect the LIST ATTACHMENTS AND | PROVIDE ONCOA WITH                               | COPIES:             | ved. Please be |
| prompt, prepared and respect the  LIST ATTACHMENTS AND  1)  | PROVIDE ONCOA WITH                               | COPIES:             | ved. Please be |
| prompt, prepared and respect the  LIST ATTACHMENTS AND  | PROVIDE ONCOA WITH                               | COPIES:             |                |
| prompt, prepared and respect the  LIST ATTACHMENTS AND  1)  2)  | PROVIDE ONCOA WITH                               | COPIES:             |                |
| Prompt, prepared and respect the  LIST ATTACHMENTS AND  1)  2)  REQUESTED BY:  Name                           | PROVIDE ONCOA WITH O                             | COPIES:  DAT  Phone |                |
| Prompt, prepared and respect the  LIST ATTACHMENTS AND  1)  2)  REQUESTED BY:  Name                           | Title  to complete. Please do not write  Meeting | COPIES:  DAT  Phone |                |

### ONEIDA SENIOR CENTER ENROLLMENT FORM

NOTE: The state and federal government have requested that we collect the following information on individuals who receive our services. The information may be used to justify continued funding of our programs. This information may also be shared with other programs of the Oneida Tribe of Indians of Wisconsin for statistical or funding purposes or to provide a basis for policy decisions.

| Name                        |                      | Phone Number ( )                       |                                       |
|-----------------------------|----------------------|--|---------------------------------------|
| Address                     |                      | Social Security Number                 | 1 1                                   |
| City State                  | Zip Code             | County                                 |                                       |
| Pease check the appropriate | resnonses:           |  |                                       |
|                             | <del>-</del>         | eWidowedDivorced                       |                                       |
| Race:Native                 | AmericanCaı          | ucasianLatinoAsian                     | African American                      |
| Tribal Affiliation:         |                      | Enrollment Number                      |                                       |
| Living Arrangement:         | Lives Alone          | Lives with SpouseLives                 | s with Others                         |
| Do You:Rent                 | Own                  |  |                                       |
| General Health status:      | Excellent _          | GoodFairPoor                           |                                       |
| Monthly Household Incor     | <b>ne:</b> 0-to-\$77 | 78.00\$779.00-to-\$1045.00             | _\$1046.00 + up                       |
| Do you currently have an    | y of the following:  | GuardianPower of AttyFin               | ancesHealth                           |
|                             |                      | MedicareMedicaidRe                     | epresentative Payee                   |
|                             |                      | None of the Ab                         | ove                                   |
| In case of an emergency     | please contact       | Name                                   |                                       |
|                             |                      | Phone Number ( )                       | · · · · · · · · · · · · · · · · · · · |
|                             |                      | Relationship                           |                                       |
|                             | 1                    | ************************************** |                                       |
|                             |                      | ***********                            |                                       |
|                             | N                    | Date<br>No. 99                         |                                       |

Please return to
Oneida Elderly Services Complex
Service Coordinator
2907 S Overland Rd
Oneida WI 54155