

# DRUMS

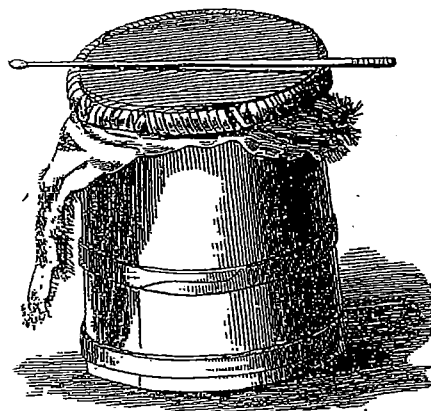
ELDERLY SERVICES  
2907 S. Overland Rd.

# ACROSS

# ONEIDA

SENIOR CENTER  
134 Riverdale Dr.

P.O. Box 365



Oneida, Wi 54155

Elderly Services: 1-920-869-2448

Senior Center: 1-920-869-1551

**Toll Free: 1-800-867-1551**

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**Aw\hite Weh-hni-Tahl**

**Strawberry Moon**

**June 2005**

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## What Makes A Dad

God took the strength of a mountain, The majesty of a Tree  
The warmth of a summer sun, The calm of a quiet sea,  
The generous soul of nature, The comforting arm of night,  
The wisdom of ages, The power of a Eagle's flight,  
The faith of a mustard seed, The patience of eternity,  
The depth of a family need. Then God combine these qualities,  
When there was nothing to add,  
He knew his masterpiece was complete,  
And so He called it DAD.

Happy Father's Day  
Sunday June 19<sup>th</sup>, 2005  
From the Elderly Service Staff  
And the Oneida Commission on Aging

**ELDERLY SERVICES COMPLEX:**

Program Director  
Assistant Program Director  
Benefits Specialist  
Elder Abuse Coordinator  
Elderly Services Coordinator  
Office Manager  
Transportation Coordinator  
Transportation Driver  
Transportation Aide  
Activity Coordinator  
Outreach Worker  
Outreach Worker  
In-Home Chore Worker  
In-Home Chore Worker  
Respite Care Worker  
Respite Care Worker  
Administrative Assistant  
Elder Helper  
Elder Helper  
Alzheimers/Respite Activities Specialist  
Title V  
Title V  
Title V

**ONEIDA SENIOR CENTER:**

Head Cook Supervisor  
Assistant Cook  
Relief Cook  
Relief Cook  
Home-Delivered Meals Driver  
Maintenance Supervisor  
Home Repairs Coordinator  
Home-Chore Worker  
Home-Chore Worker  
Home-Chore Worker  
Home-Chore Worker  
Home-Chore Worker  
Home-Chore Worker  
Elder Helper  
Elder Helper  
Elder Helper  
Title V  
Title V  
Title V

2907 S. Overland Rd. (P.O. Box 365)  
Oneida WI 54155 1-920-869-2448

Florence Petri  
Tina Pospychala  
Julia McLester  
Joyce Johnson  
Cheryl Ault  
Vacant  
Lorna Christjohn  
Connie Van Gheem  
Dale Webster  
Michele Cottrell  
Cindy Brabbs  
Amy Sumner  
Joanne Close  
Lorleen John  
Vacant  
Debbie Ninham  
Marty Braeger  
Marie Scott  
Barbara Skenandore  
Rita Summers  
Mildred Figueroa  
Nicolasa Jackson  
Leland Danforth

134 Riverdale Drive (P.O. Box 365)  
Oneida WI 54155 1-920-869-1551

Brenda Jorgenson  
Loretta Mencheski  
Betty Jorgenson  
Pat Beilke  
Alfrieda Grignon  
Robert LaGest  
Richard Summers  
Lee Domencich  
Lloyd Davis  
Lisa Huff  
Don Bogda  
Jared Skenadore  
Harold Dostalek  
Richard Dodge  
Cornelius Hill  
Grover Smith  
Jeannine LaRock  
Marena Pamanet  
Herb Powless

## Celebrate our June Birthdays

Shirley Barber	6-10	Irene Hill	6-13
Joanne Barnette	6-25	Maria Hinton	6-05
June Begay	6-25	Carole Lopaz	6-09
Gerald Benson	6-28	Betty McLester	6-01
Joanne Biddle	6-22	Lois Metoxen	6-03
Pat Blochoiwak	6-10	Loretta Metoxen	6-08
Milly Butler	6-24	Edmund Powless	6-14
Angeline Cayenberg	6-24	Ella Sauer	6-05
Leona Collar	6-09	Althea Schuyler	6-20
<del>Bertha Cornelius</del> <i>See</i>	6-22	Helen Skenadore	6-17
Clifton Cornelius	6-12	Betty Skenandore	6-03
Frances Cornelius	6-11	Dona Skenandore	6-02
Nona Cottrell	6-11	<del>Phillip Skenandore</del> <i>See</i>	6-13
Susan Crotty	6-05	Wanda Skenandore	6-10
Betty Daus	6-01	<del>Grover Smith</del> <i>See</i>	6-06
Edith Davids	6-19	Marjorie Stevens	6-07
Delia Denny	6-29	Arlene Summers	6-06
Donald Denny	6-11	Betty Tonnon	6-10
Florine Dessart	6-27	Pat Thompson	6-10
M.C. Doxtator	6-15	Kenneth Webster	6-20
Olga Doxtator	5-12	Stanley Webster	6-01
Robert Doxtator	6-14	Lambert Williams	6-29
Mildred Elm	6-06		
Regina Funk	6-06		
Alfreda Green	6-29		

Elder's if you have a birthday in July.  
 please join us at the Senior Center 134  
 Riverdale Drive, (Hwy J) Oneida, on  
 June 30, 2005.  
 Have lunch with us and sign the  
 birthday book.



Birthdays are celebrated on the last  
 Thursday of the month.

Happy Belated Birthday to  
 Barbara King, 5-8

MENU				June		2005
Monday	Tuesday	Wednesday	Thursday	Friday		
All meals are served with coffee, tea, or milk.	All trips leave from the Oneida Senior Center.	1. Meat Loaf Potatoes Mixed Sherber Veggies W/W Bread	2. Fish Red Potatoes Cole S;aw W/W Bread Pineapple	3. SOS Eggs Toast Juice Peaches		
6. Chicken & Broccoli Alfredo W/W Bread Berries	7. Beef Stew Biscuits Applesauce	8. Ham Sweet Potatoes Peas W/W Bread Ice Cream	9. Pork Roast Potatoes Carrots W/W Bread Berries	10. Eggs & Sausage Toastums Juice Pearl		
13, Hot Dogs Mac & Tomatoes Green Beans W/W Bread	14. Chili Cucumber Salad Sherbert	15. Chicken Pasta Salad W/W Bread Jell-o	16. Cube Steak Buttered Noodles Broccoli W/W Bread Pears	17. French Toast Sausage Berries Juice		
20. Chopped Suey Rice W/W Bread Melons	21. Beef Barley Fresh Bread Peaars	22. Chicken Breast Wild Rice Green Beans W/W Bread Applesauce	23. Ring Bologna Potatoes Sauerkraut W/W Bread Peaches	24. Ham Scramble Eggs Toast Juice Berries		
27 Spaghetti Salad Garlic Bread Pudding	28 Chicken Noodle Fresh Bread Manderin Oranges	29. Brats Mac Salad Beans Buns Cookies	30. Birthday's Chicken-Potatoes Calif. Blend Veggies W/W Bread Strawberry Short Cake	Birthstone: Pearl  Flower: Rose		

**UP CLOSE AND PERSONAL**  
**With Harold Dostalek,**  
**Home Chore Worker**

Harold Dostalek was born in Waukegan , Illinois on December 22, 1942. His parents are Vivian and Harold Dostalek whom are deceased. He lived in Waukegan most of his life. He graduated from Waukegan High School. He played football, basketball and baseball. Harold played golf every week-end.

Harold has two children, Dennis and Dawn. Harold has a grand son named , Dominic who was four years old in April. He has a brother named Del He did a lot of things as a family They went to a lot of baseball games.

He moved to Oneida , mainly to take care of his mother, Vivian. Harold got a job with the tribe and has been with the tribe for six years.

He really enjoys working for Elderly Services . He enjoys going on the trips with the elders. The elders are a lot of fun especially at the CWAG Conference.

**When you were a child, what did you think you'd like to be when you grew up?**

A professional football player

**Who or what has had the biggest influence in your life?**

My mom and dad

**What do you consider to be your greatest accomplishment?**

I worked 36 years for Johns Manville Cooperation .

**Is there something you wish you were great at doing?**

Bowling

**What is the best advice anyone ever gave you ?**

Get your education

**What advice would you give to someone who is about to retire?**

Enjoy life.... Keep active and don't sit around

**What is your ideal vacation?**

Fishing in Canada

**Favorite Meal:** Beef, mashed potatoes and gravy

**Favorite Music:** Country

**Favorite Books:** Sports illustrated and Golf magazines

**Favorite Movies:** Clint Eastwood

**Favorite Hobbies:** Golf and fishing



Especially for You



The Oneida Pantry would like to take this opportunity to thank all community members who supported our recent booyah and bake sale.

Also a big Thank-You to the Oneida VFW for the use of their facility for our sale.

Oneida Pantry and Staff

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### Attention

Due to lack of interest the trip to New Mexico has been canceled. The trip was scheduled for October 2<sup>nd</sup>, 2005

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### Wisconsin Heat Awareness Day June 16<sup>th</sup>

Since 1982 heat waves have been more responsible for more deaths in Wisconsin than any other natural disasters combined.

#### Wisconsin Facts:

Although mostly known for its cold and snowy winters, Wisconsin is not immune from the tragedies caused by heat waves. For the period of 1982-2003, at least 112 people have died in Wisconsin....in which heat was the direct or primary cause. This comes out to an average of about 5 per year. For at the same period of time at least 95 people have died in Wisconsin when heat was indirect ...or secondary cause.

In the summer of 1995, several heat waves affected most of Wisconsin, and resulted in 154 fatalities. (82 direct and 72 indirect) The heat waves occurred from late June to mid August. In addition, approximately 400 people received medical treatment due to heat related causes.

The 1995 summer heat waves hold the record as the number one weather related killer in Wisconsin since it became a state in 1848. Most deaths occurred in major urban cities of southeast Wisconsin. As in every state hit the heat wave that year. The elderly and the young age groups were hit the hardest.

#### Heat Related illness and what to do.

- Heat cramps; Cramps or muscle spasms in abdomen, arms or legs.  
Solutions; Stop activity, cool down, drink Plain water, clear juice, or a sports drink
- Heat exhaustion; Heavy sweating, paleness, muscle cramps, weakness, dizziness, headache, nausea, or fainting.  
Solution; Cool down, seek medical attention if person has heart problems or high blood pressure.
- Heat Stroke; Extremely high body temperature ...red hot dry skin...rapid pulse...nausea.. throbbing headache... Dizziness...confusion... Unconsciousness.  
Solution: Call 911 and cool victim with a shower or hose until help arrives.
- How to stay cool: If possible spend time in a air conditioned environment. If not basements are often several degrees cooler. Cover windows to prevent direct sunlight from entering. Use fans to blow hot air outside if over 95 degrees in the room.

## BRAIN FOOD, EAT YOUR BEANS, BROCCOLI, AND BERRIES.

For keeping your memory strong the "B's" have it. Healthful fruits and vegetables abound, but consider the benefits of beans, blueberries, and broccoli.

Antioxidants are nutrients that protect your cells from harmful molecules called free radicals. Diets high in antioxidants may help many diseases. Two recent studies in the Journal of the American Medical Association, specifically link eating foods high in antioxidants with a lower risk for Alzheimer disease.

On a new government list of the foods highest in antioxidants, small red beans take first place. Close behind are blueberries and kidney bean and pinto beans.

Green veggies-rich in B vitamins as well as antioxidants boost brain power too.

Beans: While beans cook sprinkle them with cumin, and serve them with rice and a salad for a tasty, inexpensive, meatless meal. Serving vitamin C-rich vegetables, such as peppers, helps you better absorb their iron.

Broccoli: Try raw florets for a snack. Add a low fat dip, or toss them in your favorite salad.

Blueberries: Add fresh or frozen blueberries to your meal. Or mix them in your blender with vanilla yogurt to make a smoothie.

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**REMEMBER FATHER'S DAY  
SUNDAY, JUNE 19<sup>TH</sup>**

## GAIN CONTROL OVER ARTHRITIS PAIN

Achy knees? Stiff fingers? Painful hips? Unfortunately, there's still no cure for arthritis.

But there are plenty of steps sufferers can take to manage the pain.

### Over the counter relief.

Doctors recommend several nonprescription pain relievers for arthritis including acetaminophen, aspirin, and ibuprofen. Heat or cold packs also may offer relief.

### Exercise control

Doctors recommend range of motion, strengthening, and aerobic exercises for arthritis sufferers.

- + Work out when your pain is less severe and your joints are more flexible.
  - + Take frequent breaks, and change position regularly. Stretch muscles before and after working them.
- You can exercise too much, which can add to further pain or injury. **Don't over do it.**

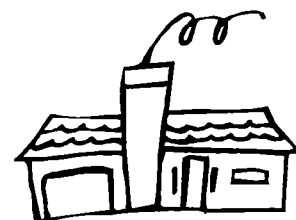
### Other therapies that may help.

- + Soaking and exercising in a pool or whirlpool-cuts pain or stiffness.
- + Relaxation therapy-release tension in muscles.
- + Massage therapy-increases joint motion and muscle tension flexibility

Ask your doctor what measures might help you. Your treatment plan should be tailored to your own particular symptoms.


Source: Bellin Health

## Reminder for those on senior care





# JUNE ACTIVITIES 2005

Monday	Tuesday	Wednesday	Thursday	Friday
<b>ALL ACTIVITIES SUBJECT TO CHANGE WITHOUT NOTICE</b>	<b>All trips leave from the Senior Center</b>	<b>1. EXERCISE</b> Elderly Services 10:00-11:30 <b>BINGO 1:30</b>	<b>2. VISIT WITH DAYCARE</b> 10:00-11:30 <b>FALL CRAFT 1:30</b>	<b>3. BANKS, SHOPPING, LUNCH OUT</b> 10:00-3:00
<b>6. POTTERY</b> 10:15-11:30 Civic Center <b>COOKING 1:30</b> Elderly Services	<b>7. CRAFT @</b> Epworth Hall 9:30-11:30	<b>8. EXERCISE</b> Elderly Services 10:00-11:30 <b>MOVIE (Elvis Theme)</b> Elderly Services 1:30	<b>9. SUMMER CONCERT IN PARK</b> 11:00-2:00 <b>BRING BAG LUNCH</b>	<b>10. BANKS, SHOPPING, LUNCH OUT</b> 10:00-3:00
<b>13. POTTERY</b> 10:15-11:30 Civic Center <b>BOARD GAMES</b> Elderly Services 1:30	<b>14. CRAFT @</b> Epworth Hall 9:30-11:30	<b>15. EXERCISE</b> Elderly Services 10:00-11:30 <b>BINGO 1:30</b> Senior Center	<b>16. FAMILY DOLLAR BIGLOTS</b> 9:30-11:30 <b>MOVIE 1:30</b> Elderly Services	<b>17. BANKS, SHOPPING, LUNCH OUT</b> 10:00-3:00
<b>20. POTTERY</b> 10:15-11:30 Civic Center <b>SCRAP BOOKING</b> Elderly Services 1:30	<b>21. CRAFT @</b> Epworth Hall 9:30-11:30	<b>22. EXERCISE</b> Elderly Services 10:00-11:30 <b>MOVIE</b> Elderly Services 1:30	<b>23. BANKS, SHOPPING, LUNCH OUT</b> 10:00-3:00	<b>24. STAFF TRAINING</b>
<b>27. POTTERY</b> 10:15-11:30 Civic Center <b>CARD GAMES</b> Elderly Services 1:30	<b>28. CRAFT @</b> Epworth Hall 9:30-11:30	<b>29. EXERCISE</b> Elderly Services 10:00-11:30 <b>BINGO 1:30</b> Senior Center	<b>30. AJNH VISIT</b> 10:00-11:00 <b>FALL CRAFT 1:30</b> Elderly Services	

## ISigns of a Stroke

Sometimes symptoms of a stroke are difficult to identify. Unfortunately, the lack of awareness spells disaster. The stroke victim may suffer brain damage when people nearby fail to recognize the symptoms of a stroke.

Now doctors say a bystander can recognize a stroke by asking three questions;

- + Ask the individual to smile.
- + Ask him or her to raise both arms.
- + Ask the person to speak a simple sentence.

If he or she has trouble with any of the task, call 911 immediately and describe the symptoms to the dispatcher.

After discovering that a group of non-medical volunteers could identify facial weakness, arm weakness and speech problems, researches urge the general public to learn the three questions. They presented their conclusions at the American Stroke Association's annual meeting.

Wide spread use of this test could result in prompt and treatment of the stroke and prevent brain damage. ■

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## Test Of People

A test of people is how it behaves toward the old.

It is easy to love children.

Even tyrants and dictators make a point of being fond of children.

But the affection and care for the old, the incurable, the helpless are the true gold mines of a culture.

## How Did We Ever Learn English?

We'll begin with a box, and the plural is boxes; but the plural for ox is oxen not oxes. One fowl is a goose but two are called geese, yet the plural moose should never be meese. You may find a lone mouse or a nest full of mice; yet the plural of house is houses not hice.

Then one may be that, and three would be those, yet hat in the plural would never be hose, and the plural for cat is cats not cose. We speak of a brother and also of brethren, but though we say mother we never say methren. Then the masculine pronouns are he his and him, but imagine the feminine, she, shis and shim.

Other reasons to be grateful if you grew up speaking english.

- + The bandage was wound around the wound.
- + The farm was used to produce produce.
- + We must polish the Polish furniture.
- + He could lead if he got the lead out.
- + The soldier decided to desert his dessert in the desert.
- + The insurance was invalid for the invalid.
- + When shot at, the dove dove into the bushes.
- + The buck does funny things when the does are present.
- + Upon seeing the tear in the painting I shed a tear
- + I had to subject the subject to a series of test.
- + At the army base, a bass was painted on the head of a bass drum.



## Lorna's Corner Elder Humor

There used to be a lot of people from the Oneida area that went sucker fishing, but it was more like netting. If they caught more than needed they would give them to the elders or sell them for a quarter a piece or sell them for fifty cents to a dollar a dozen, eventually this stopped. Being a sports person myself, I started inquiring to see if anyone wanted some suckers. What a response, from the elders who would get suckers every year. I made a list of elders who were interested in the fish. I went fishing and caught quite a few, so with a little help we cleaned them and started taking them to the elders on my list. (Free, of course.) Then a few elders asked if I had any fish heads, I had some so I delivered them to this elder. She asked me if I cleaned the heads; I replied I washed his face as best as I could. She laughed so hard because I didn't know what you clean on a fish head!! She took them and they were all so thankful for those clean little faces !!

They always made my day!

Lorna



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### Spring clean your medicine cabinet.

With the beginning of spring comes the end of winter's flu, cold, and cough medicines. This means it is also time to unclutter your medicine cabinet and get rid of dangerous and outdated items. What to throw away.

1. Check dates carefully.
2. Expired meds lose their effectiveness and can become dangerous in some instances.
3. Check with your physician about saving partially used perscriptions.
4. Nearly empty bottles create clutter and not enough for a full dose.

## Strawberry Mush

2 cups of Oneida white corn  
½ cup to 1 cup of syrup  
1 cup of strawberries

Using 2 cups of Oneida white corn, parched on a cookie sheet in the oven. Have the corn only one layer at 350° for about 10-15 minutes. You may hear the corns start to pop. The corn will turn a dark brown, and smell delicious, but be careful not to dark brown! Let the corn cool and then grind it up either in a blender or you can use a hand grinder. Add the parched corn flour to about double the water. Water should be boiling. Cook until all lumps have been stirred out, about 10-15 minutes. Add strawberries or any other berry and maple syrup.

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## Strawberry Festival

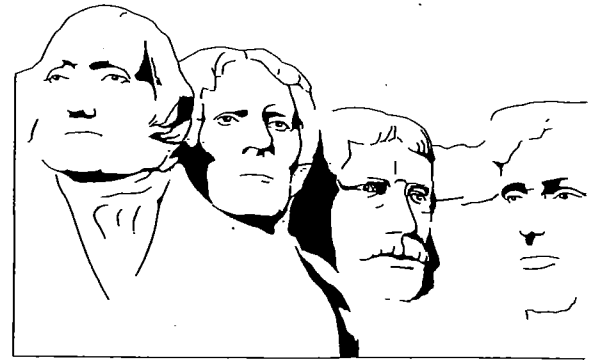
The yellow center of the strawberry blossom's is part of the "achene" which develops into the fruit of the strawberry. The strawberry is the traditional fruit of the people. It is the first fruit acknowledged in the Oneida Opening Prayer. Strawberries are good medicine that helps all the people; let's put our minds together. So be it in our minds, to give thanks to the Creator. The annual Strawberry Festival Ceremony is held when the strawberries ripen in June.

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## A Penny 's Worth

Mr. Smith climbs to the top of Mt. Sinai to get close enough to God. Looking up, he asks, "God, what does a million years mean to you?" God replies, "a minute." Smith asks, "And what does a million dollars mean to you?" "God replies, "A penny." Smith asks, "Can I have a penny?" To which God replies, "In a minute."

# Are You Looking for a Rewarding Group Experience?



MOUNT RUSHMORE

&

THE BLACK HILLS OF SOUTH DAKOTA

6 Days/5 Nights

June 6 through June 11, 2005

INCLUDES-Deluxe motor-coach transportation,  
5 nights lodging, 5 breakfast

TRIP HIGHLIGHTS-Badlands, Tour, Walls Drugs, MT  
Rushmore, Custer National Park, Corn Palace, Crazy  
Horse, & Passion Play

COST: \$439.00

Or

WASHINGTON DC

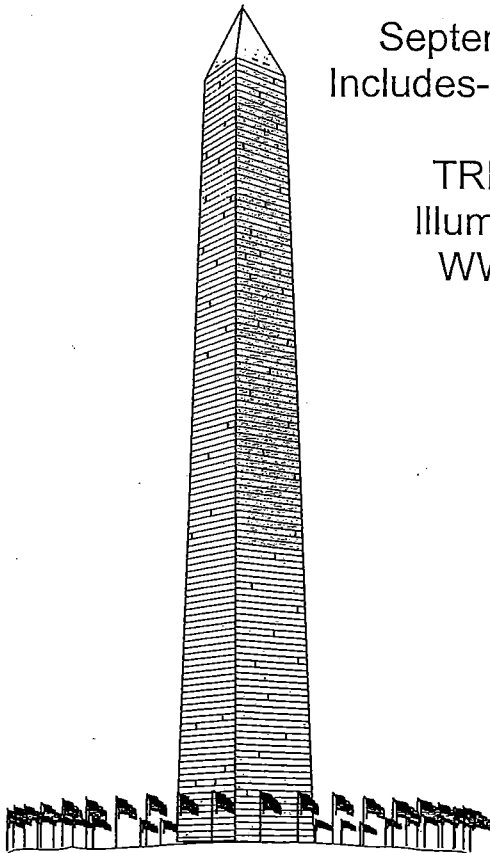
6Days/5 Nights

September 29 through October 4, 2005

Includes-Deluxe motor-coach transportation,  
5 Nights lodging, 8 meals

TRIP HIGHLIGHTS- Tour of DC,  
Illuminated monuments night tour,  
WWII Memorial, White House &  
Smithsonians & More.

COST: \$639.00



For more information call:  
Elderly Services at 920-869-2448  
Ask for Florence

## Elderly Services Store and Gift Shop

This is an invitation for you to come and visit our Elderly Services Store and Gift Shop. Our store hours are from 8:00 am - 12:00 noon, Monday through Friday. We also feature delicious fresh popcorn daily.

The following is a list of items for sale:

- Bird Houses
- Crosses, all types (plastic canvas)
- Dressers Scarfs
- Wreathes
- Floral Arrangements
- Green Bay Packer Dolls
- Greeting Cards, Native American, etc.
- Hats and Booties
- Kleenex Box Sets (plastic canvas)
- Native American Dolls (all sizes)
- Necklaces
- Key Chains
- Pictures Frames
- Pillows
- Quilts (crib)
- Seasonal Items
- Memories of Oneida Elders tapes
- Oneida Singers Tapes

And many other assorted items.  
Check out our FREE rummage box!

Our store is located at the Elderly Services Complex, on Overland Road, right next to the Airport Road, Daycare Center and directly across from the Oneida Community Health Center.

## Attention Elders

If you want to participate in activities offered by the Oneida Elderly Services, you must sign up **in PERSON** at the Oneida Senior Center, 134 Riverdale Dr. Oneida. **(This also includes signing up for bingo passes.)** We will **no longer** accept phone calls and you **may not** sign up for someone else. There has been too many call in's and the same names on the sign up list more than once.

The dead line for signing up for activities will be 4:30 PM one day before the scheduled event. **(THE ONLY EXCEPTION BEING WAKES AND FUNERALS.)**

Transportation will be provided by the Elderly Service Department to attend after hours or weekend activities providing there is a **minimum of 5 elders signed up to go.**

The following restrictions apply for out of town activities:

- a. Elders must be physically able to keep up with others and must be physically able to board the bus or van on their own.
- b. Elders with high risk of heart attacks (open heart surgery- or pace makers) may not attend.
- c. Elders with lung disease (dependent on oxygen) or Emphysema.
- d. Elders on medication that causes disorientation -dizziness or nauseousness.

Thank-you  
Oneida Elderly Service Department

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Don't let the horse be the first  
to take you to church!

## Honor The Elder Luncheon

The Business Committee has been working to find a better way to use the funds budgeted for the annual Honor the Elder Luncheon, that elders can enjoy. In this process, I have met with the Oneida Commission on Aging and Oneida Elderly Services to gain input and strive toward our goal. As a result of this communication, we have decided to hold the Honor the Elder Luncheon for fiscal year 2005 (October 1, 2004 - Sept. 30<sup>th</sup> 2005) in late July. Since this is an election year, it would be an ideal time for the outgoing Business Committee members to thank the elders for their support, as well as provide an environment to introduce and welcome the newly elected Business Committee members.

The elder Christmas party was another issue that arose throughout our discussions on honoring our elders. Starting in FY-2006 (Oct. 1, 2005-Sept. 30, 2005) we will start budgeting the funds that are normally used for the spring Honor the Elder Luncheon for a bigger and better Elder Christmas Party. It is important to all of us to honor our elders, and provide more funds for the Christmas Party will enable Elderly Services to provide more at the function. If anyone has any questions or comments about the change, please feel free to contact my office at 920-869-4354 or my assistant LeeAnn Skenandore at 920-869-4360. We encourage your comments and input to this change. ■



Happy Father's Day



***Milwaukee Brewers***  
***Vs***  
***Ariz Diamondbacks***

**When: July 27<sup>th</sup>, 2005**  
**Leave the Senior Center at 8:30am**  
**Stop for Lunch at 11:30 (On Your Own)**

**Cost: \$15.00 Includes Transportation and Ticket**

**Game Time: 1:00PM to 4:00PM**

**Arrive home around 6:30 PM**

**Sign up at the meal site. Deadline for signup is July 7<sup>th</sup>.**

***Must have 25 signed up or the trip must be cancelled***

# County/Tribe Word Search

~~F O N D D U L A C F B F~~  
~~S H A W A N O W E G L A~~  
~~A O E R O O D I T R R S~~  
~~C U E O S R N N T E A M~~  
~~O T N O C O B N E E D N~~  
~~W A U P A C A E U N I A~~  
~~O G A T L F N B Q L E G~~  
~~T A W A U S H A R A N Y~~  
~~I M E R M N S G A K O O~~  
~~N I K G E P C O M E B B~~

<del>Brown</del>	<del>Kewaunee</del>	<del>Oconto</del>	Stockbridge
<del>Calumet</del>	Manitowoc	<del>Oneida</del>	<del>Waupaca</del>
<del>Door</del>	<del>Marinette</del>	<del>Outagamie</del>	<del>Waushara</del>
<del>Fond du Lac</del>	<del>Marquette</del>	<del>Shawano</del>	<del>Winnebago</del>
<del>Green Lake</del>	Menominee	Sheboygan	<del>PSA</del>