## DRUMS ACROSS ONEIDA

134 Riverdale Drive
P. O. Box 365
Oneida WI 54155
920-869-1551 (Senior Center)
920-869-2448 (Elderly Services)



SENIOR CENTER

May 2001

#### **Jackie Wacek**

April Elder of the Month

submitted by Margaret Francour, Elderly Services compiled from a video produced by Jill and Joy Ninham

Born May 15, 1927, on the Oneida Reservation, Jackie Wacek shared her memories of a simple childhood growing up in Oneida, Wisconsin. Stepping back in time, Jackie showed us her collection of old time wares such as a cherry separator, butter churn, old clock, a cane collection and a large woven basket.

Adopted as a child by Loomis and Celisha (Archiquette) King, Jackie was an only child and learned many tasks from her parents growing up on a farm.

Her first job was driving a horse at 6 years old. She drove horse to the cheese factory to take the milk in. "I was kinda small at the time but the horse knew what to do," she chuckled.

Work was always welcome, said Wacek. "We didn't have to be told what to do everyday, we already knew." she said. Chores included gardening for the home and working the contract garden for Seymour Cannery.

Beets, carrots, potatoes and green beans were the main staples planted.

Jackie favorite food was green beans and is still today. As a child other favorites included her mom's fresh bread and butter after it was churned. "We had potatoes three times a day and Dad's favorite was johnny cake. We ate chicken and pork and once in a while for a treat we'd have bologna," she said.

"My mother also canned anything she could get in a jar, raspberries, pickles, peaches, apples, green beans, " she said.

Wild medicines her mother Celisha picked included milkweed, wormwood, peppermint, pigweed, buttercups and leeks. Jackie said if they needed to go to the doctor they went and seen Dr. Rosa Hill and later on Dr. Hittner in Seymour.

Wild nuts they picked included hazelnuts, chestnuts and hickory nuts were stored and eaten at Christmas.

Contd. on Page 3

#### **ELDERLY SERVICES COMPLEX:**

2907 S. Overland Rd. (P.O. Box 365) Oneida WI 54155 1-920-869-2448

**Program Director** 

**Assistant Program Director** Benefits Specialist Supervisor

**Benefits Specialist** 

**Elder Abuse Coordinator** 

**Elderly Services Coordinator** 

**Administrative Assistant** 

Office Manager

**Transportation Coordinator** 

**Elderly Transit Driver Activity Coordinator** Outreach Worker Outreach Worker

In-Home Chore Worker In-Home Chore Worker Respite Care Worker Respite Care Worker Administrative Assistant

Title V

Roberta Kinzhuma Florence Petri Lori Metoxen Julia Hill Cleveland Doxtator (CJ)

Cheryl Ault **Noreen Powless VACANT** 

Lorna Christjohn

**VACANT** 

Margaret King-Francour

Cindy Brabbs **VACANT** Joanne Close Lorleen John **Amy Sumner** Debbie Ninham Marty Braeger VACANT

#### **ONEIDA SENIOR CENTER:**

**Head Cook Supervisor** 

**Assistant Cook** Relief Cook Relief Cook

Home-Delivered Meals Driver

Maintenance Supervisor Home Repairs Coordinator

Home-Chore Worker Home-Chore Worker Home-Chore Worker Home-Chore Worker Home-Chore Worker Home-Chore Worker Outreach Worker

Title V Title V Title V Title V Title V Title V

134 Riverdale Drive (P.O. Box 365) Oneida WI 54155 1-920-869-1551

Brenda Jorgenson Loretta Mencheski **Betty Jorgenson** Althea Schuyler Cathy Granquist Robert LaGest **Richard Summers** Lee Domencich **Lloyd Davis** Lisa Huff Denise Johnson Jared Skenandore Harold Dostalek Warren House Winona Mencheski Richard Dodge VACANT Marie Scott Nancy Woodke Grover Smith

Some favorite childhood games included playing cards, making snow angels, skating, sliding, fox and geese, kick the can, hopscotch, marbles, hoop and wheel and rolling tires. "My aunt came over and she would make these paper dolls that held hands and we could stretch it out, it was so neat," she recalled. Odd occurrences such as owls screeching, dogs howling and pictures falling off the wall she put to as those that are carriers of bad news. When Jackie grew up she married at age24 and she and husband Francis Wacek had three children, Punkin, Emma and Robert. Only eight years after marriage, her husband passed away and Jackie picked up the pieces and went to work. She spent 31 years as a cook in the West DePere School District. Over the years, Jackie took care of her Uncle Harvey Metoxen for 10 years. She recently found a cousin, Eddie Metoxen, who was given up for adoption early on. 72 years later they found each other and now visit regularly. Jackie says her close relationship with her parents, being able to talk to them, having a good home and working chores and jobs have contributed to her longevity. Her message to the young people of today is to be more conscious of our mother earth. "I'd like them not to be so wasteful, recycle items and not throw things in our roads or neighborhoods. Keep our earth clean," she emphasized.

#### \*\*\*\*\* **NOTICE** \*\*\*\*\*

## EFFECTIVE TUESDAY, MAY 15<sup>TH</sup>, OUR ACTIVITIES COORDINATOR, MARGARET-KING FRANCOUR WILL BEGIN MATERNITY LEAVE.

WE EXTEND A WARM WELCOME TO LISA HUFF WHO WILL BE THE ACTING ACTIVITIES COORDINATOR UNTIL MARGARET'S RETURN.

WE WISH MARGARET AND BABY THE BEST OF LUCK AND WE WILL MISS HER!!

#### ☐ Social Security

## Beneficiaries to get one-time reimbursement

By LEIGH STROPE Associated Press

WASHINGTON-Social Security recipients will be getting and extra check in July to adjust for a \$1 billion shortfall in payments caused by a computer glitch. Most checks will only be \$19.

About 45 million retirement beneficiaries and about 6 million recipients of supplemental security-the cash assistance program for the needy- will get the one-time checks in mid-July, Social Security Administration officials said Friday.

Beneficiaries automatically will get the payments without taking any action and will receive a written explanation.

The error, made by another government agency, is costing the Social Security Administration about \$50 million to correct, said spokesman Phil Gambino.

A software glitch last fall caused the Bureau of Labor Statistics to incorrectly measure consumer inflation, understating it by 0.1 percentage point. The Social Security Administration and other agencies use the Consumer Price Index published by the Bureau of Labor Statistics to calculate annual increases in benefits.

The error caused Social Security to pay the cost-of-living increase starting in January 2000 at 2.4 percent instead of 2.5 percent.

Most beneficiaries have received lower payments since January 2000-about \$1 per month. Starting in August, correct adjustments will appear in monthly checks.

The one-time payment in mid-July for most beneficiaries will be \$19.

"But for people living on a fixed

income, every dollar counts," Gamb

People should contact their local Security office with any questions.

Other recipients of federal benuprograms, such as veterans, civil service retirement and railroad retirement, also will receive checks.

Separately, thousand of Social Security retirement beneficiaries who owe money to the federal government will get smaller checks starting May 9.

The new Treasury Department initiative is an effort to collect more than \$28 billion that people owe government agencies, said Dean Balamaci, a Debt Management Services director.

It is the first time Social Security payments have been targeted for federal debt collection.

About 55,000 Social Security retirement recipients will be affected on the program is fully implemented in the fall. Disability and supplemental beneficiaries are not included. Retirement debtors receive notices 60 days and 30 days before checks are garnished.

Fifteen percent of the monthly Social Security payment can be deducted until the debt is paid off. However, the deduction cannot put a beneficiary's check below \$750.

Debts that will be collected include student loans, agriculture farm loans, smallbusiness loans and overpayments from food stamp and Social Security benefits.

Social Security beneficiaries who owe federal income taxes will be part of a separate garnishment program later this year. Child support payments are not deducted from Social Security.

For questions about the debt collection, call the national debt center at 1-800-304-3107.



#### Rural Development at the Elderly Meal Site





June 7, 2001 9:30 a.m. – 12:30 p.m.



504 Home Repair Loans and Loan/Grant Combinations.

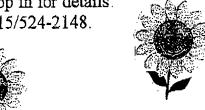


502 Home Purchase to build or buy.

Programs available to low and very-low income households.



Call the Meal Site at 920/869-1551 or stop in for details. Shawano Rural Development Office – 715/524-2148.









## HAPPY BIRTHDAY TO ALL THE MAY BIRTHDAY PEOPLE!



MARK YOUR CALENDARS FOR
TUESDAY, MAY 29<sup>TH</sup> THERE WILL BE AN "HONOR THE ELDER
LUNCHEON" HELD AT THE EDGEWOOD
SUPPER CLUB
FROM 12 TO 3:00 p.m.



ALSO ON MAY  $29^{TH}$  EPWORTH HALL WILL BE CLOSED, NO MEAL OR CRAFTS.



## Let's Celebrate, May Is Older Americans Month!



## MEMORIAL DAY IS IS MAY 28TH.



#### **Attention Clients:**

In Observance of *Oneida Day & Memorial Day*, The Elderly Services will be closed Friday, May 25<sup>th</sup> through Monday, May 28th,2001. Normal Hours of Operation will resume Tuesday, May 29<sup>th</sup>, 8:00 a.m.-4:30 p.m. Thank you and have a Happy Holiday.

#### Blueberries

Blueberries are the second most popular berry in the United States. Everyone loves these delicious sapphire-colored berries and summertime, mid-June through mid-August, is when they are in season.

Blueberries have been around for thousands of years and were once called "star berries" because of the star-shaped calyx on the top of each berry. Lewis & Clark found that Indians in the Northwest Territory smoked wild blueberries to preserve them for the winter.

Blueberries have more to offer that just good looks and good taste. Besides being a good source of Vitamin C and fiber, they have an exciting nutrition story to tell too! Let's check out the facts and look at the nutrition label for blueberries.

One cup of blueberries equals one serving. And this amount of blueberries has 15% of the Vitamin C and 14% of the dietary fiber our bodies need every day. Just like all other fruits, blueberries contain no cholesterol or fat and are also low in calories. Blueberries are a great choice when choosing berries this summer!

# MENU

# MAY

MENU		MAY		2001
Monday	TUESDAY	WEDNESDAY	THURSDAY	FRI
All meals served with coffee tea and milk	1 Potato Soup Fresh Rolls Cranberry Juice Pears	2 Goulash W/W Bread Orange Juice Raspberries	3 Pork Roast, Potatoes Broccoli W/W Bread Bread Pudding	4 Bacon French Toast Apple Juice Mix Fruit
7 Chicken Salad Tomato Slices, Crossants Leaf Lettuce Mandarin Oranges	8 15 Bean Soup Fresh Bread Pineapple Juice Blackberries	9 Hamburgers Potato Salad Pork <del>y</del> Beans Jello	10 Lasagna Lettuce Salad Garlic Bread Blue Berries	Eggs & Bacon Toast & Corn meal Orange Juice Bananas
14 Cube Steak Pasta Salad W/W Bread Pears	15 Split Pea Soup Fresh Rolls Apple Juice Pineapple Tidbits	Tacos Rice & Beans Watermelon	17 Ham Carrots Scalloped Potatoes W/W Bread Sherbert	18 Poached Eggs, Sausage Cream of Wheat, Toast Cranberry Juice Grapefruit
21 Hot Dogs Mac & Cheese Green Beans W/WBread Peaches	Calif. Blend Veg Soup Fresh Rolls Orange Juice Jello	23 BBQ Ribs, Peas Oven Brown Potatoes W/W Bread Ice Cream	24 BIRTHDAYS Stuff Pork Chops Green Bean Mix Cranberries W/W Bread Jello Cake	CLOSED Oneida Day
CLOSED Memorial Day	Chili W/W Bread Cucumber Salad Cranberry Juice Whip & Chill	30 Beef Roast Potatoes Brussel Sprouts W/W Bread Apple Sauce	31 Fish Potatoes Cole Slaw Corn Bread Melons	

#### FRY BREAD

6 cups of flour
2 packages of yeast
3 tsp. Of salt
3 tsp. Of baking powder
41/2 cups of very warm water

Mix everything in a very large bowl with a fork, then use margarine on your hands to form the dough into a ball. Put a clean dish towel on top of the bowl and put the bowl in a warm place to rise for at least an hour.

Get a large deep frying pan and put it on medium high to melt cooking oil until hot and ready to fry. After the dough is done rising, take small pieces of bread dough make a shape almost like a doughnut and put a small piece in the middle. Then put it in the hot frying pan until one side is between golden and light brown. Then flip the other side over until the same color.

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ACTIVITIES	1 Epworth Hall 9:30-11:30am Crafts	Fitness 9:30-10:30am Therapy w/Margaret 1:30pm	3 Shopping Banks Lunch Out 10am-3pm	2001 4 Nifty After Fifty Expo Shopko Hall, GB 10am-3pm
Fitness 9:30-11:30am Game Day Elderly Services Bldg 1:30pm-3pm Nurturing Plants 11:30am 14 Fitness 9:30-10:30am Nurture Plants 11:30am Bingo Sit II	Epworth Hall Bingo Hosting Menominees 9:30-11:30am 15 Epworth Hall 9:30-11:30am Crafts/Arlene	9 Fitness 9:30-10:30 Movie Day Elderly Service Bldg 1:30pm-3pm 16 Fitness 9:30-10:30 Stockbridge Visits (US) Lunch & Activities Noon-3pm	Tour Animal Hospital Shopping 9:30am-11am Lunch Ou In Howard 10 am-3p 8:30am B Craft Sale 17  Diabetic LunchParish Hall Shopping 10am-11:30 am Banks Schroeder's Flowerland Lunch Ou 1pm 10am-3pn	11 Shopping-Banks Lunch Out 10 am-3pm 8:30am BP/BS Screening Craft Sale 9am-3pm 18 Shopping Banks Lunch Out 10am-3pm
Fitness 9:30-10:30am Bingo Site II 1pm-3pm	22 Epworth Hall 9:30-11:30am Crafts	53 Fitness 9:30-10:30am Land Management Open House 9am-3pm	24 BIRTHDAY Gifts 12:00-12:15 Shopping Banks Lunch Out	CLOSED FOR ONEIDA DAY
CLOSED FOR MEMORIAL DAY	Epworth Hall Closed Honor the Elder Luncheon at Edgewood 12pm-3pm	3 0 Fitness 9:30-10:30am Nurture Plants 11:30am Thrift or Dollar Store 1pm	31 Anna John Nursing Home 10am-11am	Activities are subject to change.  Bus leaves from the Oneida Senior Center for all trips.

### puzzle 3 Batter Up!

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ANTHEM
AUTOGRAPH
BALLS
BASES
BAT BOY
BLEACHERS
BOX
BUNT
CATCHER
CHEER

COACH COVERED DIAMOND ERRORS FAIR FASTBALL FLAG GLOVE

**HELMET** 

HITS

HOMEPLATE
HOME TEAM
INFIELD
KNUCKLEBALL
LEFT
LINEUP
MISS
ODDS
OUTFIELD
PITCHER

PLAYERS
PRO
RELIEF
RIGHT FIELD
ROYALS
RUNS
SCOREBOARD
SECOND BASE
SLIDE
SOCKS

#### The Senility Prayer

God grant me the Senility to forget the people I never liked anyway, the good fortune to run into the ones that I do, and the eyesight to tell the difference....

Now that I'm older, here's what I discovered:

- 1. I started out with nothing, and I still have most of it.
- 2. My wild oats have turned into Shredded Wheat.
- 3. I finally got my head together; now my body is falling apart.
- 4. Funny, I don't remember being absent minded....
- 5. All reports are in; Life is now officially unfair.
- 6. If all is not lost, where is it?
- 7. It is easier to get older than it is to get wiser.
- 8. Some days you're the dog; some day's you're the hydrant.
- 9. I wish the buck stopped here; I sure could use a few....
- 10. Kids in the backseat cause accidents.
- 11. Accidents in the backseat cause....kids.
- 12. It's hard to make a comeback when you haven't been anywhere.
- 13. The only time the world beats a path to your door is when you're in the bathroom.
- 14. If God wanted me to touch my toes, he would have put them on my knees.
- 15. When I'm finally holding all the cards, why does everyone decide to play chess?
- 16. It's not hard to meet expenses....they're everywhere.
- 17. The only difference between a rut and a grave is the depth.
- 18. These days, I spend a lot of time thinking about the here-after.... I go somewhere to get something, and then wonder what I'm here after....





## "Honor the Elder Luncheon"

When: Tuesday, May 29

Where EdgeWood Supper Club N6744 County Rd C, Seymour

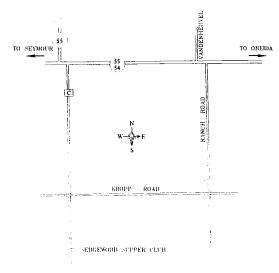
#### Schedule of Events:

10:00-11:30 Bingo

11:30-12:00 Music courtesy of Woody Webster

12:00 Lunch/Honor out going ONCOA Members

1:00-3:00 Music courtesy of Councilman DelaRosa



Lunch will be provided for Elders age 55 and over

Sponsored by the Oneida Business Committee Any Questions please call (920) 869-4364 or 1-800-236-2214 ext. 4364

Raffle- Tickets 3 for \$1.00

FOR AGENDA PLANNING, PLEASE SUBMIT THIS FORM TO: ONCOA Chairperson and ONCOA Secretary at the Elder Services Complex Ten (10) Days before the ONCOA Regular Meeting - Second Tuesday of the Month

#### **ONCOA AGENDA REQUEST FORM**

	(SCHEDULED DATE)
SPECIAL MEETING AGENDA (By Request and Notice - ONLY)	(SCHEDULED DATE)
EXECUTIVE SESSION REQUIRED FOR DISCUSSION? (Must comply with State Statutes 19.85 and Open Meetings Law)	□ YES □ NO
PURPOSE OR ITEM FOR DISCUSSION:   Information	n Only   Action Requested
NOTE: There is a fifteen (15) minute time limit for presentation rompt, prepared and respect the time limits.	
IST ATTACHMENTS AND PROVIDE ONCOA WITH C	OPIES:
)	
2)	DATE:
2)	DATE:
REQUESTED BY:  Name  Title  This box is for ONCOA Officers to complete. Please do not write in APPROVED FOR:  Next Regular ONCOA Meeting	DATE:

#### ONEIDA ELDERLY SERVICES ENROLLMENT FORM

**DATE:** \_\_/\_/\_\_

Name			Phone Nu	mber (	)			
Address				urity Numb				
City	State Zip C	ode						
OUR PROGRAM I age, that are disabled that are listed are our	POLICY FOR SERVICE Alhandicapped & living a priority.	S is as follone. 3'	ollows: <u>1) Elders aged</u> ) Elders aged <b>55-69 ye</b>	70 years and ears of age, v	l older. 2) I vith health/s	Elders age afety issi	ed 55-69 ues. The	vears of elders
Please check the ap	propriate responses:							
Marital Status: _	MarriedS	ingle	Widowed	Divorc	ed			
Living Arrangem Do You:	e <b>nt:</b> Lives Alor RentOw	ne _ /n		ise				
Verified monthly	Household Income:	0-t	o-\$686.00\$6	87.00-to-\$9	24.00	\$925.0	00 + up	
Race:	Native Americ	an _	CaucasianL	atino	_Asian	Africa	n Amer	ican
Cribal Affiliation:			E	arollment N	Number			
	atus:Excellent							
*If poor, please l	ist health condition							
	have any of the followi							
			MedicareN					
				None of	•		_	
In case of an eme	ergencyplease contac	·t•						
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			)					
	Relationship							
grounds for deniar (	ion is correct to the best of of services. All of the info re signed an Authorization	rmation :	on the Enrollment For	m is confide	atial and will	I not have	Assessed to	

Please return to
Oneida Elderly Services Complex
Service Coordinator
2907 South Overland Road
Oneida WI 54155