

DRUMS

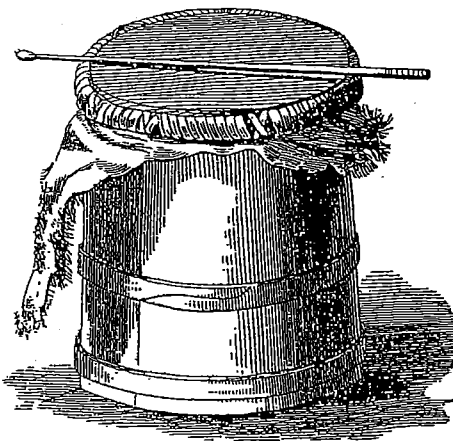
ACROSS

ONEIDA

ELDERLY SERVICES
2907 S. Overland Rd.



P.O. Box 365



SENIOR CENTER
134 Riverdale Dr.



Oneida, WI 54155

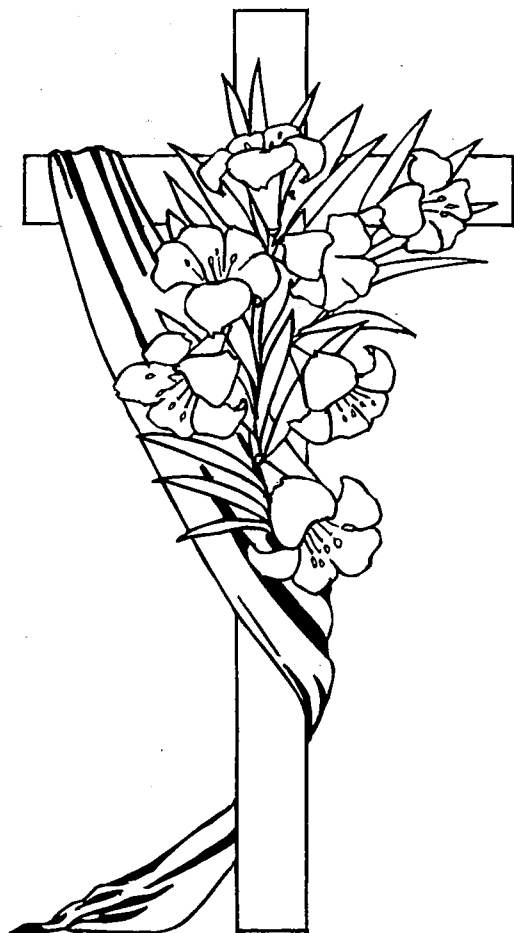
Elderly Services: 1-920-869-2448

Senior Center: 1-920-869-1551

Toll Free: 1-800-867-1551

Kahskiyu-te-se? Weh-hni-tahl Thunder Moon

April 2004



*Happy Easter From
The Elderly Services Staff
and
The Oneida Nation
Commission On Aging*

ELDERLY SERVICES COMPLEX:

Program Director
Assistant Program Director
Benefits Specialist
Elder Abuse Coordinator
Elderly Services Coordinator
Office Manager
Transportation Coordinator
Transportation Driver
Transportation Aide
Activity Coordinator
Outreach Worker
Outreach Worker
In-Home Chore Worker
In-Home Chore Worker
Respite Care Worker
Respite Care Worker
Administrative Assistant
Elder Helper
Elder Helper
Alzheimers/Respite Activities Specialist
Title V

2907 S. Overland Rd. (P.O. Box 365)
Oneida WI 54155 1-920-869-2448

Florence Petri
Tina Pospychala
Julia Hill
Vacant
Cheryl Ault
Noreen Powless
Lorna Christjohn
Connie Van Gheem
Dale Webster
Margaret King-Francour
Cindy Brabbs
Amy Sumner
Joanne Close
Lorleen John
Regina Vande Hei
Debbie Ninham
Marty Braeger
Marie Scott
Barbara Skenandore
Leigh Campshure
Arleen Elm

ONEIDA SENIOR CENTER:

134 Riverdale Drive (P.O. Box 365)
Oneida WI 54155 1-920-869-1551

Head Cook Supervisor
Assistant Cook
Relief Cook
Relief Cook
Home-Delivered Meals Driver
Maintenance Supervisor
Home Repairs Coordinator
Home-Chore Worker
Home-Chore Worker
Home-Chore Worker
Home-Chore Worker
Home-Chore Worker
Home-Chore Worker
Outreach Worker
Elder Helper
Elder Helper
Elder Helper
Title V
Title V

Brenda Jorgenson
Loretta Mencheski
Betty Jorgenson
Vacant
Catherine Granquist
Robert LaGest
Richard Summers
Lee Domencich
Lloyd Davis
Lisa Huff
Don Bogda
Jared Skenadore
Harold Dostalek
Warren House
Richard Dodge
Cornelius Hill
Grover Smith
Jeannine LaRock
Marena Pamanet

**OPEN DAILY 9AM TO 1PM
THE ELDERLY SERVICES STORE**

Located at 2907 S. OVERLAND RD.
BEHIND THE DAYCARE AND
ACROSS FROM THE HEALTH
CENTER

**COME BROWSE AND FIND
YOUR EASTER BASKET HERE**

ITEMS ALSO FOR SALE



**JEWELRY * POSTCARDS * HAND
MADE NATIVE AMERICAN JEWELRY
* WINDOW WREATHS * NATIVE
AMERICAN ART * BABY BLANKETS
* NATIVE AMERICAN DOLLS *
KNICKKNACKS * FLOWER
BASKETS * ONEIDA SINGERS
TAPES * LOTS OF HANDCRAFTED
ITEMS MADE BY OUR ELDERS**

**COME CHECK OUT THE FREE
BASKET**



**As a special treat we have
FRESH BUTTERED POPCORN
SOLD EVERY MORNING
FROM 9AM -1PM for .50cents a
bag.**

REMINDER

If you are planning on going on the
Niagara Falls & Toronto trip June 6 to
June 12, 2004:

FINAL PAYMENT IS DUE APRIL 23,
2004.

There is still room for a few more.

Questions, please give me a call at
920-869-2448

Watch for more details to follow in the
May DRUMS.

Elderly Services
Program Director
Florence Petri

Reminder



Nutrition Advisory Council Meeting
When: Tuesday April 20, 2004
Time: 9:00am
Where: Oneida Elderly Services
Complex Conference Room

2907 South Overland Road

Rural Development
at the Elderly Mealsite
139 Riverdale Dr., Oneida, WI

First Thursday of Every Month

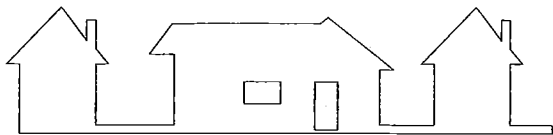
504 Home Repair Loans and Loan/Grant Combinations.

502 Home Purchase to build or buy.

Programs available to low and very-low income households.

Stop in for details or call the mealsite at 1-920-869-1551.

Shawano Rural Development Office
1-715-524-2148.



Benefits of Growing Older

- *Kidnappers are likely to release you first.
- *No one expects you to run into a burning building.
- *People call at 9pm and ask "Did I wake you?"
- *There is nothing left to learn the hard way.
- *Things you buy now won't wear out.
- *You can live without sex, but not without your glasses.
- *You can't remember the last time you laid on the floor to watch TV.

(Continued at the top of second column)

*Your secrets are safe with your friends because they can't remember them either...

*You got cable for the weather channel.

*You have a party and the neighbors don't even realize it.

*You sing along with the elevator music.

*You talk about "Good Grass" and you are referring to someone's lawn.

*Your arms are almost too short to read the newspaper.

*Your ears are hairier than your head.

*Your joints are more accurate than the National Weather Service.

Elderly Services
Beats the Winter Blues
by Margaret Francour
Elderly Activities

Our beach party held in early March finally came to fruition! After two months of rescheduling due to nasty inclement weather, we finally brought out the sun, donned our shades and sipped our drinks!

The only thing we were missing was a sunburn! We sack back in our artificial light, drank tropical drinks (the ones with the little umbrellas), wore our sun hats and sun glasses.

We also made Hawaiian leis and created our own sand art in glass bottles. We topped off event with fresh fruit and beach party music! A blast was fun by all. We even played a round of miniature golf.

We invite ALL to our elderly activities. Please checkout the monthly calendar for events so you can join us. We have so much fun and look forward to meeting you! See you on the next wave!

HAPPY BIRTHDAY TO ALL APRIL BABIES

Mike Antone	4-12
Bernice Beechtree	4-27
Jean Behnke	4-01
Arthur Charles	4-11
Leona Charles	4-26
Lorna Christjohn	4-28
Elizabeth Cornelius	4-21
Leonard Cornelius	4-10
John Dennison	4-04
Clara Denny	4-25
Jean Denny	4-10
Mary Dobratz	4-29
Ruben Erickson	4-08
Alfreida Grigon	4-01
Richard Haywood	4-27
Nancy Hill	4-01
Floyd Hill	3-18
Thelma Kaiser	4-04
Karen Kennedy	4-13
Doug Kindness	4-05
Rosaline LeMere	4-25
Gary Metoxen	4-13
John Metoxen	4-08

Cletus Ninham	4-18
Margaret Otto	4-23
Jane Salzman	4-18
Delores Skenandore	4-04
Gwem Skenandore	4-04
Patrick Skenandore	4-23
Zelda Skenandore	4-05
Carole Smith	4-10
Minnie Smith	4-02
James Sorenson	4-02
Roger Summers	4-13
Wesley Summers	4-08
Dorthy Tabor	4-08
Grace VanDeHei	4-19
Omer VanDeHei	4-08
Winnie Thomas	4-30
Donald M Webster	4-10
Orville Webster	4-17
Margaret Zuelsdorf	4-28
Josephine Kindness	4-18

Elders, if you have a birthday in May please join us at the Senior Center, 134 Riverdale Dr. (Hwy J) on April 29 2004. Have lunch with us and sign the birthday book.

Birthdays for our Elders are celebrated on the last Thursday of every month.

Happy Belated Birthday to Valdor John on 3-13

**Happy
Birthday!**



HO-CHUNK NATION INVITES YOU
(Share the Care) Conference
Fostering Cancer Awareness, Hope, Compassion & Support Among Tribal Members

WHEN: April 27, 8 am – 8 pm
April 28, 8 am – 1 pm

WHERE: Ho-Chunk Convention Center, Baraboo, WI

TOPICS: Cancer in Indian Country
Cancer Survivors Tell Their Stories
Share the Care of the Patient
Healing Power of Human Spirit
Rujisjane Nicotine Prevention
Eating for Wellness
Talking Circle

SPEAKERS: Judith Kaur, MD, Mayo Clinic Oncologist
Tom Walker, MD, Ho-Chunk Medical Director
Gene Thin Elk, Spiritual Leader
Cancer Survivors

REGISTRATION: Conference is free, meals included. Register online at ho-chunknation.com by April 16, or contact Linda Severson, lseverson@ho-chunk.com, (715) 284-9851 ext. 5053. Accommodations: 1-800-446-5550 (mention conference name)

MORE INFO: Conference Agenda on ho-chunknation.com
Questions: Contact Linda Severson.

SPONSOR: Ho-Chunk Nation
CO-SPONSORS: Spirit of EAGLES (NIH Grant U01 CA86098)
American Cancer Society
Great Lakes Inter-Tribal Council
Mayo Clinic Cancer Center
North Central Cancer Information Service
UW Comprehensive Cancer Center

Keeping Your Food Safe

What You Can Do

Bacteria grow in food left at room temperature. Some bacteria can make you sick.

When Buying Food:

- Buy only the amount you'll use or freeze for later use.
- Look at the freshness date
- Don't buy badly dented or rusty cans.
- Immediately refrigerate perishable foods or wrap and freeze to use later.



When Preparing Food:

- Wear glasses if you have them and turn up the lights
- Clean everything that comes in contact with food in warm, soapy water:
 - Your hands*
 - Utensils & dishes*
 - Cutting boards*
 - Counters*
- Thaw food in the refrigerator or by microwaving on the defrost setting for a few minutes.

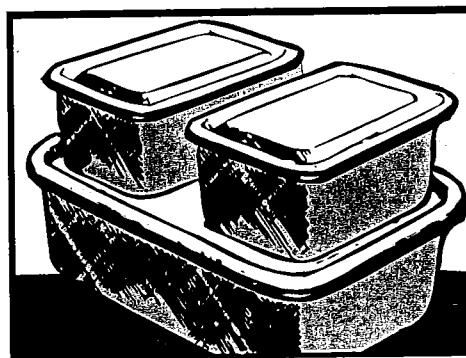
- Keep raw meat, poultry, fish and their juices away from other foods.
- Keep hot foods hot; cold foods cold.

When Handling Leftovers at Home:

- Refrigerate everything as soon as possible.
- Divide large quantities into small containers, then put in the refrigerator or freezer.

When Handling Leftovers from Eating Out or Delivered Meals:

- Take leftovers only if you're going straight home.
- Put leftovers in the refrigerator as soon as you get home.
- Don't eat restaurant leftovers that have been left at room temperature for more than 2 hours.



Food Poisoning Facts

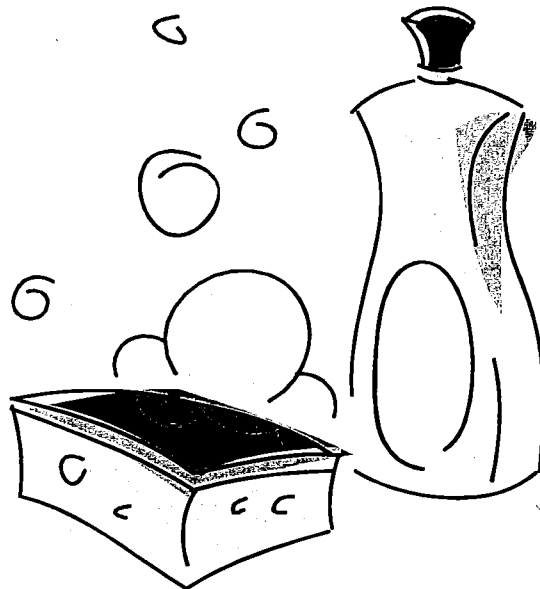
- Each year, two million people get sick from food poisoning.
- Food poisoning happens because food isn't handled properly
- Bacteria that cause food poisoning are everywhere.
- You can't always tell when food turns bad.
- Cooking or freezing doesn't make food safe.

When in Doubt, Throw it Out!

Keeping food safe is important for Older adults because;

- You might have a harder time fighting off effects of food poisoning.
- You may have poor vision and might not notice kitchen spills or spots, places where bacteria thrive.
- You may not want to throw questionable food out because it may seem wasteful.

Source: Cooperative Extensions, Universities of Wisconsin and Maine



A NEW SCAM, BEWARE!!

The Atlanta Regional Office of the Centers for Medicare and Medicaid Services (CMS) received inquiries from Medicare beneficiaries asking if representatives from Medicare were going door-to-door to explain the new Medicare Discount Drug Program.

The answer is obvious and simple
ABSOLUTELY NOT.

Beware of people who impersonate and/or misrepresent themselves as legitimate employees to obtain access into beneficiaries homes to obtain personal information by saying they will discuss the Medicare Discount Drug Program with them.

REMEMBER:

1. BEWARE of providers who represent themselves as being part of, or indorsed by, the federal or state government, Medicare or Medicaid.

None of these entities endorse products or services of any provider

2. AVOID a provider who tells you that the item or service isn't usually covered, but they know how to bill Medicare/Medicaid to get it paid

3. NEVER allow anyone to convince you to contact your physician requesting a service you don't need.

4. NEVER provide your Medicare/Medicaid number (or any part of it) unless you know who you are dealing with.

5. NEVER provide your Medicare/Medicaid number in exchange of FREE services.

6. NEVER allow anyone, except appropriate medical professionals, to review your medical records or to recommend services.

7. NEVER sign a blank contract from a solicitor (i.e. door to door sales) rep).

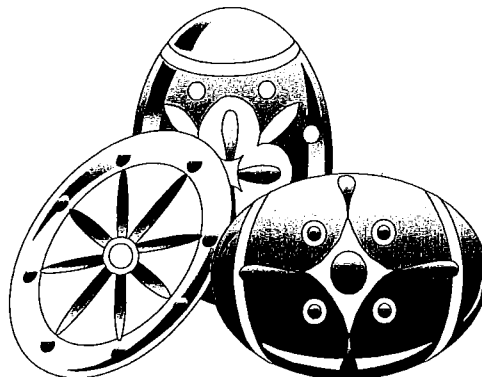
8. NEVER accept medical services, supplies or equipment from a telephone solicitor, door to door sales rep, or from a TV or magazine ad. Only your doctor can order services, supplies, and equipment for you.

9. NEVER accept an offer for FREE medical equipment. Only your doctor can order medical equipment for you

10. RECORD-use a calendar or notebook, for instance, medical appoints, tests and supplies.

11. REVIEW every Medicare Summary Notice or Medicaid Explanation of Benefits to determine that only services and supplies that were ordered, received, and medically necessary were billed, AND

12. REPORT ANY SUSPICIOUS ACTIVITIES.



JEREMIAH JOHNSON

A	I	Z	Z	H	P	S	N	A	I	D	N	I	E	L	U	B	E	I	R	S	B
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ADOPT
ADVENTURE
AFFECTION
BALD
BASIC
BEAR
BURIAL
CALVARY
CAMP
CHIEF

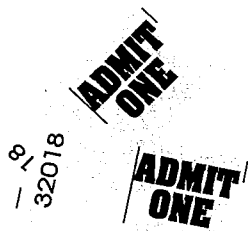
CIVILIZATION
CLAW
DERANGED
DISLIKE
FERRY
FLATHEAD
GEER
GROUNDS
INDIANS
JEREMIAH

JOHNSON
LONE
MARAUDING
MOUNTAINS
RAID
REDFORD
ROBERT
ROCKY
RUGGED
SACRED

SCALP
SETTLEMENT
SKILLS
SURVIVAL
SWAN
TRANQUIL
TRAPPER
VICTIMS
WARRIOR
WESTERN

We'rrrrrrre going to the Movies...

We'll check out the latest flick at
the Budget Cinema in Green Bay!



We'll be movie going on
Tuesday April 27
for an Afternoon Matinee.

FREE ADMISSION

Oneida Recreation will pick up Admission Costs while you can
bring your own spending money for snacks.

Sign up for our Movie Outing
at the Senior Center Front Desk.

Sponsored by Oneida Recreation and Oneida Elderly Services
(920) 869-2448 or (920) 833-0010

Wild Rice Chicken Supreme

1 pkg. Uncle Bens long grain wild rice
¼ c. butter or margarine
⅓ c. chopped onions
⅓ c. flour
1 tsp salt
dash of black pepper
1c. half and half
1c. chicken broth
2 c. cubed chicken
⅓ c. diced pimento
⅓ c. chopped fresh parsley
¼ c. chopped slivered almonds

Cook contents of rice & seasoning packets according to pkg direction
While rice is cooking, melt butter in large saucepan, add onion and cook over low heat until tender. Stir in flour salt, pepper, gradually stir in half & half & chicken broth. Cook, stirring constantly until thickened. Stir in chicken, pimento, parsley, almonds and cooked rice. Pour into a greased 2qt casserole. Bake uncovered in a 400° oven for 30 minutes.

From the kitchen of Chris Doxtator



Household Hints

Did you know that a tight fitting lid on sauce pans and skillets can save you money? With well covered utensils, less heat escapes into the air, so you can use lower heat settings and shorter cooking times.

Check the bottom of your pans. If they are flat, they make firmer contact with surface elements, distributing the heat more evenly and efficiently. □

There are many tasty uses for the syrup that you drain from canned or frozen fruits. Here are four:

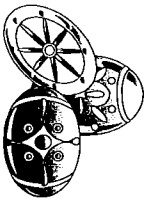
- * When making gelatin salads or desserts, replace part of water with the syrup.
- * Combine syrup with mayonnaise and presto- the perfect dressing for fruit salad.
- * Thicken syrup with cornstarch
For meat glazes or dessert sauces.
- * Flavor milk or fruit drinks with syrup.

Ripen tomatoes, avocados, melons, peaches, pears and plums at room temperature, out of direct sunlight. Then refrigerate until ready to use.

Menu

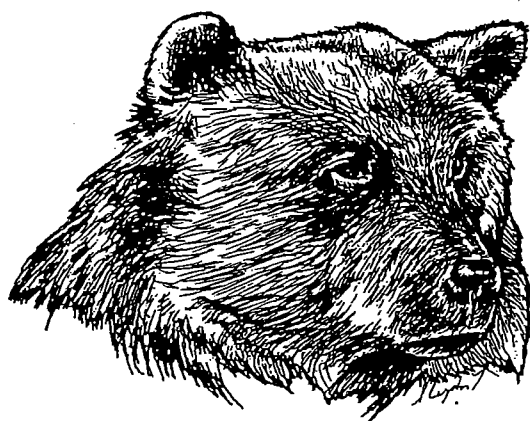
April

2004

Monday	Tuesday	Wednesday	Thursday	Friday
	All meals are served with coffee, tea and milk. Birth stone: Diamond	Meals are subject to change. Flower: Sweet Pea	1 BBQ Ribs Scalloped Potatoes Peas W/W Bread Apples	2 Ham Scramble Eggs Toast Juice Pears
	6 Potato Soup Fresh Bread Juice Raspberry Jelly	7 Cube Steak Mac & Tomatoes Green Beans W/W Bread Peaches	8 Fish Red Potatoes Cole Slaw W/W Bread Mandarin Oranges	9 Ham & Eggs Fruit Cheese Muffins Juice
	5 Chili Cucumber Salad W/W Bread Ice Cream	14 Hamburger Pasta Salad Beans Buns & Chips Ice Cream	15 Beef Roast Potatoes Corn W/W Bread Bread Pudding	16 Cornmeal Eggs & Toast Bacon Juice Banana
	12 Chicken Salad Croissants Cakes Orange Slices	21 Chicken Breast Wild Rice Green Beans W/W Bread Peaches	22 Lasagna Lettuce Salad Garlic Bread Melons	23 Bacon Poached Eggs Grits & Toast Juice Grapefruit Sections
	19 Ham Sweet Potatoes Peas W/W Bread Sherbert	20 Corn Soup Fresh Bread Juice Berries	29 Birthday's Pork Roast Mashed Potatoes Brussel Sprouts W/W Bread Strawberry Short Ck.	30 Oatmeal Eggs & Sausage Toast Juice Pears
26 Brats Potatoes Sauerkraut W/W Bread Pudding	27 Split Pea Soup Fresh Bread Juice Jell	28 Hot Turkey Sand. Mashed Potatoes Carrots W/W Bread Pears		

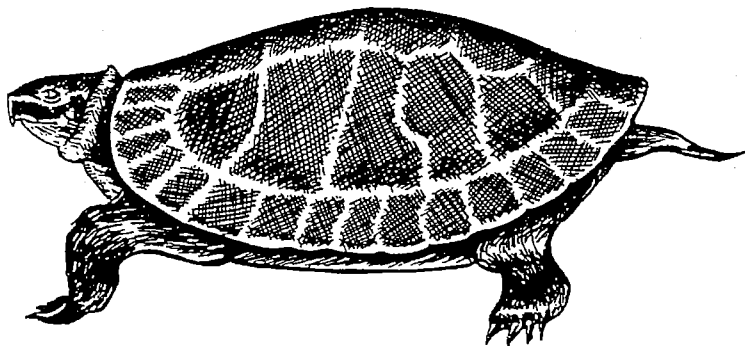
BEAR CLAN

The Bear Clan people are somewhat on the bashful side and quiet. They tend to be very sensitive to others. They are diplomatic by nature. The people of the Bear Clan usually will walk away from trouble. They can usually take a lot of ridicule, kidding and abuse, more than normal, but they do have their limit, and when you go beyond that limit you have to get out of their way. They can get very fierce. Once you get them mad or angry they will never forget. They may forgive, but they will not forget. They can and usually will hold a grudge for many, many years. It has even been said that their offspring will carry the grudge to the next generation. The Bear Clan people usually are sensitive. The Bear Clan people will know the kind of medicine needed, or if they don't know, they will probably know someone who does know what can heal a sick person. The Bear Clan people are healers. I guess it is best to say they are people of medicine. The Bear Clan people are extremely fond of small children and especially new born babies.



TURTLE CLAN

The turtle is the *symbol* of the entire earth. We walk upon the turtle's back. The people of the Turtle Clan are the *foundation* of our Nation. Because of this fact the Turtle Clan people are very *consistent, determined and humbly stubborn*. The Turtle Clan people are in most cases very shy. They tend to be somewhat middle of the road between the Wolf and Bear Clan characteristics. Whenever anything occurs that is surprising or startling, the turtles immediately go back into their shells until they see things have calmed down, and so it is with the people of the Turtle Clan. The Turtle Clan people react best in calm, ordinary and very normal day to day activities. They do not appreciate surprises or sensationalism. It takes a bit of an effort to personally know a Turtle Clan person. They will acknowledge you with proper greetings, but to really become a trusted friend takes much more effort than it would with people of the other clans. The Turtle Clan people are somewhat moody. They will usually shy away at first from anything new.



WOLF CLAN

The people of the Wolf Clan are usually aggressive. They tend to respond almost instantly to things in their life. They are a very honest and straight forward people. In this regard most Wolf Clan people are not generally thought to possess diplomatic characteristics. The Wolf Clan will say what is on their mind without much hesitation or regard to the feelings of anyone. If you would like to have an argument just for the sake of arguing, no matter what subject, just go see the people of the Wolf Clan and you will instantly have your wish fulfilled.

The Wolf Clan people seem not to believe what is told to them at first. They always cross examine, but once satisfied they are workers and believers. They will finish the job with great determination. It is hard to be humble if you are of the Wolf Clan. This generally seems to be true. The Wolf Clan people are workers and doers. Wolf Clan people are not particularly close to one another. They seem to not really get along, but mess with one of them and they all instantly unite.



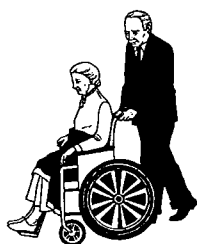
ELDER HUMOR

On with the elder humor!

I took these two elders (husband & wife) to Seymour almost every week. Sometimes the husband would stay at home as he couldn't get in the van if his legs were bothering him. It was one of those days so I asked him if he needed anything from the store. He said, "Oh yes, but she knows what I need for my teeth." So away his wife and I went to Seymour. I always helped her find things, so I told her I would find the tooth paste that her husband wanted and all I got from her was that it was a red and white tube. So I brought back her a tube of Colgate tooth paste. She said, "Yes, that looks like it." So we bought it and went home.

The next day someone said they got a call from them and he sure sounds mad, so you better get over there and see what's wrong. So I went over and asked the husband what was wrong. He said, "Take that stuff (Colgate) back!!" I asked what was wrong with it. He said, "I put some on my dentures and it didn't hold them worth a darn, it's slippery as sh-t!!" Then, I knew he wanted the Polident and not the tooth paste. His wife and I laughed every time we were reminded of the toothpaste. I miss those two, but I will always have good memories.

Source: Lorna



WHAT EXACTLY IS MARRIAGE?

Some interesting responses from those of a younger generation.

What is marriage?

"Marriage is when you get to keep the girl and don't have to give her back to her parents."

Eric- age 6

Concerning the proper age to get married.

"Eighty-four because at that age you don't have to work anymore, and you can spend all your time loving each other in your bedroom."

Carolyn age 8

How did your mom and dad meet?

"They were at a dance party at a friends house. Then they went for a drive, but their car broke down, it was a good thing, because it gave them a chance to find out about their values."

Lottie-age 9

"My father was doing some strange chores for my mother. They won't tell me what kind."

Jeremy age 8

What do most people do on a date?

"On the first date they tell each other lies, and that usually gets them interested enough to go for a second date."

Martin age 10

When is it ok to kiss someone?

"You should never kiss a girl unless you have enough bucks to buy her a ring and her own VCR, cause she will want to have videos of the wedding."

Allan AGE 10

Yes, I'm a Senior Citizen

I'm the life of the party—even if I last until 8 pm.

I'm very good at opening child/proof caps with a hammer.

I'm usually interested in going home before I get to where I'm going.

I'm awake many hours before my body allows me to get up.

I'm smiling all the time because I can't hear a thing you are saying.

I'm very good at telling stories, over and over and over and over.

I'm aware that other people's grand babies are not as cute as mine.

I'm so cared for, long term care, eye care, private care, dental care.

I'm not really grouchy, I just don't like traffic, waiting, crowds, lawyers, loud music, unruly kids, Jenny Craig, Toyota commercials, barking dogs, politicians and a few other things I can't remember right now.

I'm sure everything I can't find is in a safe, secure place...somewhere!

I'm wrinkle, saggy, lumpy and that's just the left leg.

I'm having trouble remembering simple words like.....?

I'm beginning to believe that aging is not for wimps.

I'm sure they are making adults much younger these days, and when did they let young kids become policemen?

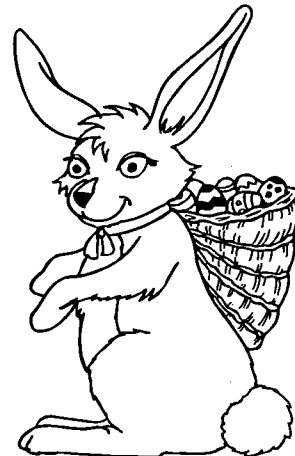
I'm wondering, if you are as old as you feel, how could I be alive at 150? Yet, how can my kids be older than I feel sometimes.

I'm a walking storeroom of facts....I just lost the keys to the storeroom door.

YES, I'M A SENIOR CITIZEN AND I THINK I AM HAVING THE TIME OF MY LIFE!!

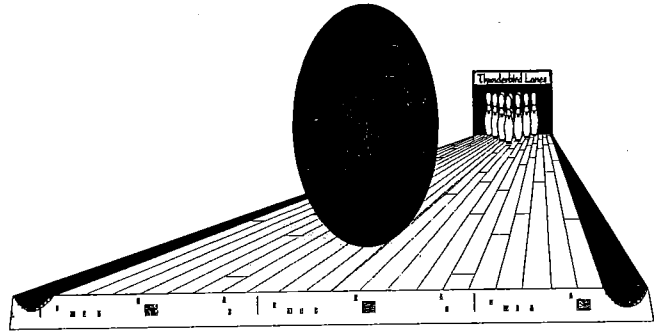
Source: E. Ewert

Hi



Bowling's Back!

But, this time we're bowling with
the kids from
West DePere
Elementary
School



Sign up for Intergenerational Event
at the Senior Center Front Desk.

We'll be bowling on **Tuesday April 13**
at no cost to you.

Have fun, bowl and chat with the students!
We'll be bowling at Ashwaubenon Lanes at 1:30pm.

Racks, Ramps and light weight balls available.
Sponsored by Oneida Recreation and Oneida Elderly Services
(920) 869-2448 or (920) 833-0010



Oneida Elders Sign up for **SPRING SING 2004**

Thursday, May 6 Starts 10 am
in Two Rivers, Wisconsin

Oneida will showcase their own singing talent! The Oneida Singers will perform at this event with other groups from Appleton, Marinette, Sheboygan and Shawano! Each chorus will be given 20 minutes to sing the songs of their choice...lunch included

SIGN UP AT ONEIDA SENIOR CENTER
Limited bus space available

You must be in good health to sign up for this trip.
(Those who are oxygen dependant, on medication that causes dizziness, disorientation, or those with with high risk of heart attacks are ineligible for travel)

ACTIVITIES

APRIL

2003

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>All trips leave from Sr. Ctr</p> <p>All activities subject to change.</p>			<p>1 Cooking 9:30 am @ Hwy H Visit McCormick Home 1:30pm</p>	<p>2 Shopping Banks Lunch Out 10-3 pm</p>
<p>5 Easter Craft 10am @ Elderly Svs Bldg Bingo @ Site 2 1pm</p>	<p>6 Crafts @ Epworth Hall 9:30-11:30</p>	<p>7 Fitness Center 9:30am Bingo Hwy H 1:30-3pm (Easter Egg excitement)</p>	<p>8 Shopping Banks Lunch Out 10-3 pm</p>	<p>9 GOOD FRIDAY Tribal Offices Open 1/2 day</p>
<p>12 Goodwill in Appleton @ 10 am (with lunch stop) Pottery @ Hwy H 1:30pm</p>	<p>13 Crafts @ Epworth Hall 9:30-11:30 Bowling @ Ashwaub. Lanes 1:30pm</p>	<p>14 Fitness Center 9:30am Bingo Hwy H 1:30-3pm</p>	<p>15 Shopping, Banks Lunch Out from 10-3 pm Diabetic Luncheon Parish Hall 10am</p>	<p>16 Elderly Services Closed 11 am All Staff Mtg</p>
<p>19 Cards, Games @ Eld Svs Bldg 10 am Bingo @ Site 2 1pm</p>	<p>20 Crafts @ Epworth Hall 9:30-11:30am</p>	<p>21 Fitness Center 9:30am Bingo Hwy H 1:30-3pm</p>	<p>22 Cooking 9:30 am @ Hwy H Movie and Popcorn 1pm @ Elderly Svs Bldg</p>	<p>23 Shopping Banks Lunch Out 10-3 pm</p>
<p>26 Bible Study 10 am @ AJNH Pottery @ Hwy H 1:30pm</p>	<p>27 Bingo @ Epworth Hall 9:30-11:30am Movie @ Budget Cinema 1pm</p>	<p>28 Fitness Center 9:30am Bingo Hwy H 1:30-3pm</p>	<p>29 AJNH visit 10 am Birthdays Gifts & Music @ Sr. Ctr 12:15pm</p>	<p>30 Shopping Banks Lunch Out 10-3 pm</p>

Senior Medicare Patrol

“NEWS ALERT”

New Benefits for Medicare Beneficiaries: The Basics

The new prescription drug benefit will help Medicare beneficiaries in several ways.

- ✦ As early as **May 2004** a **prescription drug discount card** program will be implemented. This program will provide **immediate assistance of \$600** for those individuals **with low-incomes** who do not have other coverage. The discount card will provide savings until the full drug benefit goes into effect.
- ✦ In **2006**, seniors without **prescription drug coverage** would be able to join a Medicare-approved plan that will provide significant savings (nearly 50% on average, much greater for low-income seniors). The basic benefit includes a monthly premium of about \$35 and an annual deductible of \$250. There will be a co-payment of 25% of the cost of medications up to an initial limit of \$2250 per year.
- ✦ The 2006 benefit provides additional coverage for Medicare beneficiaries with limited savings and incomes below 150% of poverty (\$13,470 for individuals and \$18,180 for couples). Those with limited savings and incomes below 135% of poverty (\$12,123 for individuals and \$16,362 for couples) will pay no monthly premium, no deductible and only \$1 to \$5 out-of-pocket per prescription, while those with limited savings and incomes between 135 percent and 150 percent of poverty, will pay reduced premiums, a deductible of \$50, and reduced cost-sharing.
- ✦ Seniors will receive new coverage for preventive care under the modernized Medicare program. A "welcome to Medicare" physical for new beneficiaries will include screening for cancer, diabetes, and heart disease, as well as immunizations against pneumonia and the flu.
- ✦ Beginning in 2006, those eligible for both Medicare and full Medicaid benefits will receive prescription drug benefits under the new Medicare benefit. Certain classes of drugs will still be covered for these individuals under Medicaid.

Josefina G. Carbonell, Assistant Secretary for Aging, Administration on Aging:

GLITC SMP is committed to provide accurate and easy to understand information regarding new benefits available as a result of the Medicare Modernization Act.

Senior Medicare Patrol

“NEWS ALERT”

The New York Times

Fraud Kicks in Months Ahead of Medicare Drug Discount Card

By ROBERT PEAR

Published: February 17, 2004

WASHINGTON, Feb. 16 — Federal officials said Monday that they had detected evidence of fraud in the marketing of drug discount cards under the Medicare law signed 10 weeks ago by President Bush.

In some parts of the country, people have gone door to door offering "Medicare approved" cards, though none have been approved and enrollment does not begin until May, federal health officials said.

Mr. Bush has said that the cards, to be issued by private entities and endorsed by the government, will deliver "savings of 10 to 25 percent off the retail price of most medicines," though the amount will vary drug by drug and card by card. In addition, as he noted in signing the legislation on Dec. 8, low-income elderly people will be eligible for "a \$600 credit on their cards, to help them pay for the medications they need."

Beneficiaries can sign up for the cards in May and start using them in June. But already, federal officials said, some people are promoting the cards as if they had received a federal seal of approval.

Valeria Allen, an insurance specialist at the federal Centers for Medicare and Medicaid Services, said, "Someone is fraudulently impersonating or misrepresenting Medicare by telephone and by door-to-door visits to beneficiaries' homes, to discuss the Medicare discount drug program and to obtain personal identifying information from beneficiaries."

In some cases, Ms. Allen said, the caller seems to have obtained personal information about beneficiaries before visiting their homes.

Federal officials said the scheme was discovered by the Atlanta regional office of the Medicare agency, which covers eight Southern states. Medicare contractors in the West and the Midwest said they were looking into reports of similar activity.

Mrs. Allen said that a Medicare beneficiary in Georgia had called the government and its local contractor wanting to know if Medicare representatives were going door to door, discussing the discount program.

Senior Medicare Patrol

“NEWS ALERT”

Always remember to
“PROTECT YOURSELF”

(Save our resources of Medicare, Medical Assistance & Indian Health Services)

- ✦ Don't buy products or services from people claiming they are from Medicare or Medicaid (Medical Assistance). The Federal government or state programs **NEVER** endorse the products or services of any individual or company
 - ✦ Don't give out your Medicare or Medicaid number to strangers
 - ✦ Don't let someone review your medical or prescription records without your physician's or pharmacist's approval.
 - ✦ If you suspect your identity has been stolen, place a fraud alert on your name and Social Security Number.
The telephone numbers are:
 - Equifax: 1-800-525-6285
 - Experian: 1-888-397-3742
 - Trans Union: 1-800-680-7289
- (Don't forget Social Security fraud line 1-800-269-0271 or call us Toll Free at: 800- 472-7207 ext. 219 or ext. 110)***
- ✦ Let your personal physician recommend all medical services and equipment for you.
 - ✦ Never accept medical supplies or equipment from a door-to-door salesperson.
 - ✦ Never allow anyone to convince you to contact your physician requesting a service you do not need.
 - ✦ Never let someone use pressure or scare tactics to sell you medical equipment, supplies, or health insurance.
 - ✦ Your Medicare number is usually your Social Security number. Take your Social Security number off of your driver's license and your checks

**ONEIDA NATION COMMISSION ON AGING
REGULAR MEETING - FEBRUARY 10, 2004
ELDERLY SERVICES COMPLEX
CONFERENCE ROOM
1:00 P.M.**

MINUTES

MISSION STATEMENT: We support and "speak out" for all services, including legislation, that places priority on our Elders. We work with national, tribal, state, county and local agencies focusing on all services that address the physical, mental, spiritual and emotional well-being of our elders. (Approved 9/12/00).

I. CALL TO ORDER: The meeting was called to order at 1:03 p.m. by Chairwoman Dellora Cornelius.

II. WELCOME AND PRAYER: Arlie Doxtator delivered the opening prayer.

III. ROLL CALL: Commissioners present: Dellora Cornelius, Arlie Doxtator, Lois Strong, Valder John, Josephine Oudenhoven, Mary Edna Greendeer, Dorothy J. Skenandore, Alfreda Green. Excused: Charlene Cornelius. Others signed in: Frank A. Schersing, Bay Area Agency on Aging, Sue Daniels. Others noted present: Dave Heugel, Florence Petri, Lori Lynn Metoxen, Tom Nelson, Jeff Mears, Lou Williams.

IV. APPROVAL OF AGENDA: Addition of Rick Cornelius, OPD, under VI Reports. Addition of Jeff Mears, Land Commission-DOLM, under VI Reports. Motion by Dorothy J. to approve agenda with additions, 2nd by Arlie, motion carried.

V. APPROVAL OF MINUTES

A. January 20, 2004 - Regular Meeting. Motion by Josephine to approve minutes, 2nd by Mary Edna Greendeer, motion carried.

VI. REPORTS

A. Rick Cornelius, OPD - Rick is looking for ideas from the elders. He will be

assigning Bobby Jo Delabreau as a liaison officer to the elderly services. Rick would like to encourage activities between his officers and the elders. He would like to know where they congregate in order to have his officers interact with them. Alfreda suggested his officers go to the multi-purpose center during the lunch hour. Another suggestion was to visit the Epworth Hall on Tuesdays. Arlie wanted to know if OPD could help the elderly better understand the newly proposed driving law. Everyone thanked Rick for coming to the meeting.

B. Jeff Mears, Land Commission - Jeff passed out information about Naming a Building. Jeff indicated they had put several advertisements in the KaliWisaks to have people help name the new recreation building. They received only one response, therefore, he was asking if ONCOA would be willing to help in forwarding a name. He would like their input by March 1. The next Land Commission meeting is March 8. Motion by Josephine to allow ONCOA to think about a name for the building and bring the information back during orientation next week, 2nd by Arlie, motion carried.

C. OBC Liaison - Brian Doxtator

1. Facilitator for one-day meeting re: Assisted Living Facility
2. Update on ONCOA concerns 2, 4, 5, 7 and 8.

Brian's office was not represented at the meeting today.

D. Elderly Services Program/January - Florence Petri - Motion by Dorothy J. to approve the report, 2nd by Josephine. Discussion: The question was asked that when staff attends various meetings how that information gets back to ONCOA or into the community. The meeting in particular was the recent Steering Committee Meeting. Lori Metoxen attended this meeting and the minutes

were published in the KaliWisaks. Motion carried.

E. Dave Larson Report/January - Motion by Arlie to table, 2nd by Lois Strong, motion carried.

F. Financial Report/December - Motion by Lois Strong to approve, 2nd by Arlie. Discussion: Lois would like to see the spending pattern of our budget. Motion carried.

G. ONCOA Reports

1. Steering Committee Meeting - Mary Edna Greendeer, Lois Strong, Arlie Doxtator. Dave Heugel was present to represent Deanna Bauman. Mary Edna wanted to know if the steering committee replaced the need for David Larson to report to ONCOA. Wants clarification of Dave's role, wants to know if OHA can be included in the steering committee. Motion by Mary Edna that Sue organize the one-day meeting with Brian to facilitate regarding the assisted living; 2nd by Dorothy J., motion carried.

2. GLNAEA - Dellora Cornelius, Arlie Doxtator. Motion by Dorothy J. to table, 2nd by Lois Strong, motion carried.

3. Meeting with Pat Pelky - January 23, 2004 - Dellora Cornelius. Pat Pelky did not attend last month's ONCOA meeting. He met with commissioners and staff that same week on Friday, January 23. Pat wanted to give an update on the concerns he was to address. To date, all of the issues have not been addressed, however, Pat was to report at today's meeting. Pat will not be attending today's

meeting due to illness, but will have a complete report by March's ONCOA meeting. Motion by Lois Strong to meeting with Pat Pelky and Deanna Bauman on Wednesday 2/18/04 at noon after ONCOA's orientation to discuss concerns and the Comprehensive Health Area, 2nd by Josephine, motion carried.

4. How to Handle People with Tact and Skill - Motion by Arlie to approve Dellora's report, 2nd by Lois Strong. Discussion: Several commissioners signed up for the training and did not attend. This training is a shared cost between Elderly Services, the Nutrition Board and ONCOA. ONCOA's share will be about \$800. Two people from ONCOA attended the training, Dellora and Arlie. They are also on the Nutrition Board. Had they not attended, there would have been no representation from ONCOA. If people commit to attending an event, they need to carry through. Motion carried.

F. Bay Area Agency on Aging - Frank Scheursing - Frank indicated there are eight scholarships available through BAAA for \$300.00. There is also a need to expand advocacy. Dave Hansen, Senate Bill 418 regarding Senior Care is proposing to deduct elderly property taxes before calculating eligibility for Senior Care. That may allow 44,000 more people to be eligible for this benefit. The Senior Driving Testing was passed 15 to 1. The testing age will be 75. The Medicare Prescription, Part D, which will go into effect 2006 does not benefit seniors. The state Senior Care program is much better than the proposed federal program. Through this proposal, people will pay prescription drug costs out of their

pockets. We need state senators, assembly people to find alternative funding sources. The federal monies will not replace state dollars. Frank encouraged all to go online to www.firstadvocate.org/baaa which is a state wide web site to contact senators. There are form letters, etc. to send in regarding various issues. Frank also announced that he will be here on February 16, 2004 to conduct the first day of orientation for ONCOA. He will cover the topics of the Older Americans Act, history, Wisconsin Elders Act, the role of Bay Area Agency on Aging and the role and importance of advocacy.

VII. TABLED BUSINESS

- A. Dave Larson Reports/November, December - leave tabled.
- B. Senior Statesmanship Graduate Training - Lois Strong - leave tabled.
- C. Board Training - Volunteer Center of Brown County - Dorothy J. Skenandore - leave tabled.
- D. Separate meeting re: Monthly Reports from Director of Long Term Care, results of Time Warner Cable attorney review; Update on testing sprinkler system by Certified Company; tenant's concerns for elderly apartments; fire security in elderly apartments - Pat Pelky - leave tabled.
- E. Update on ONCOA concerns 3, 9, 10 and 11 - Pat Pelky - leave tabled.
- F. Update on concerns 1, 6 and 9 - Fred Muscavitch - leave tabled.

VIII. OLD BUSINESS

- A. Community Meeting with Tom Nelson re: Lake Project - Tom was available to explain the delay in scheduling this meeting. There was a "bureaucratic

glitch", but now the information is flowing. Tom gave background history as to how this project came about. ONCOA suggested the date of March 25, 2004 at 11:00 a.m. at the multi-purpose center to hold the public meeting regarding the lake. Tom Nelson will provide posters and publicity at least two weeks prior to the meeting. Tom also asked for the January 2003 minutes from the last community meeting to make sure comments were incorporated into the plan.

- B. Meeting between ONCOA and OHA Board - Sue Daniels. Sue read email correspondence between herself and Linda Torres trying to establish a date for this meeting and ultimately determining that someone from OHA should be attending the Steering Committee meetings. ONCOA will discuss this issue with Deanna Bauman next week Wednesday at their meeting.

IX. NEW BUSINESS

- A. Travel Concerns - Dellora Cornelius. When commissioners make a commitment to attend training, conference, meetings, etc., they need to follow through. If ONCOA is going to spend money out of their budget, people need to follow through in a timely manner.

X. ANNOUNCEMENTS

- A. Steering Committee Meeting - February 19, 2004 - 1:30 p.m. - OCHC
- B. ONCOA Orientation - February 16, 17 and 18, 2004 - Lunch to be provided all three days.

- XI. ADJOURNMENT: Motion by Dorothy J. to adjourn the meeting at 2:55 p.m., 2nd by Arlie, motion carried.

**ONEIDA NATION COMMISSION ON AGING
FEBRUARY 16, 2004 - ORIENTATION
ELDERLY SERVICES COMPLEX
CONFERENCE ROOM
9:00 - 1:00 P.M.**

PRESENTER: Frank Schersing, Executive Director - Bay Area Agency on Aging

In 1935 the Social Security Act was passed. Retirement age was 65. The population was smaller, life expectancy was shorter. Today, we need to look at alternatives. The population is bigger (baby boomers), and people are living longer. **OPTION:** Reducing benefits to people that are already on social security. **OPTION:** Looking to phase out social security, privatize it.

In 1965 there was an incorporation of Title 18 and 19 of the Social Security Act or Medicare and Medicaid. Also, the passage of the Older Americans Act. **EXAMPLE:** Older adult is working, has employer's insurance, reaches the age of eligibility to sign up for Part B. If not signed up at the time of eligibility, there's a 15% penalty.

HOW DID IT ALL START?

1950 - National Conference on Aging
Committee on Aging and Geriatrics was formed
Eisenhower Administration did not favor aging legislation.
Purpose: Bring public awareness to issues regarding aging problems.
Grass roots advocacy intervened.

1958 - Momentum kept building for "Focal Point"
Congressman John Fogerty (D-RI) introduced bill calling for White House Conference on Aging.

1961 - Conference
Health Care
Resolutions drafted

1962 - 160 bills affecting elderly were introduced
8 were actually enacted.

1965 - Passage of OAA and Medicare and Medicaid legislation.

Great activism in the country at this time.
Many public debates and forums around this issue.

Both parties were equally involved.

**Older Americans Act
See Article I of this Act**

July 14, 1965 - Signed into law. Budgeted in 5 year increments.

GOALS:

1. Adequate Income in Retirement
2. Best Possible Physical and Mental Health
3. Suitable Housing
4. Full Restorative Services
5. Opportunity for Employment
6. Retirement in Health, Honor and Dignity
7. Pursuit of Meaningful Activity
8. Efficient Community Services
9. Immediate Benefit from Proven Research
10. Freedom, Independence and the Free Exercise of Individual Initiative in Planning and Managing One's Own Life.

Major titles to Original Act

- Title I - Ten Objectives
Title II - AoA within Department of Health and Human Services
Title III - Grants for planning or training
Title IV - Research and development
Title V - Employment
Title VI - General Title - Advisory Committee, etc.

Act has been amended 14 times since 1965.

1967 - Extended two years, Age Discrimination Act signed into law.

1969 - Grants for Demonstration Projects

1972 - Title VII - Elderly Nutrition Program (President Nixon) Home delivered meals.

1970 - 80's - Growth of nursing homes.

Wisconsin had largest number of homes in the country. Not enough federal dollars to help nursing homes going.

Waiting list for home health care. 2 to 3 years. In interim, put them in nursing home in order to get immediate assistance.

Nursing Home - \$5,000 month/avg.

Assisted Living - \$2,500 - \$3,000 month/avg.

Home Health Care - Based on type of care needed. Majority of elderly would like to stay at home.

Family Care - Pilot Program in six regions. State gave enough money so there was no waiting list. Replace COP program with this. A lot of political propaganda.

COP - State funded. Waiver program - Federal. Local board 40% match. Most agencies don't want to apply for this.

Funding Formula: population, age, disability, urban/rural, minority. Tribes take back seat. Counties don't want to share. % was taken off the top and given to tribes.

Elder Abuse Funding - Menominee receives money because they are also a county. No tribes in Wisconsin receive money. Many people do not want to go to county. They feel more comfortable going to their own. Need to get money to tribes. Confidentiality issues at county and tribal levels.

BAAA to advocate for funds for tribes/Oneida.

All triple A's meet quarterly. Next meeting is in March in Madison.

Title III E - Family Care giver Support Program. Helps the care giver.

1995 - 2000 - Operated on a continuing resolution. Frozen budget level.

Wisconsin Elders Act
Defines "aging unit"
How it is created
Requirements for board and staff
Duties and scope

County agency got money from the state.
Area Agency on Aging goes to County.

Older Americans Act

|
|

Wisconsin Elders Act

TERMS: No more than 6 years on a board/commission on aging.

Up to local interpretation on terms. Rural: sometimes difficult to find replacement. Original intent: new people bring new ideas.

Congregate meal numbers are going down. Home Delivered meal numbers are going up. Are we marketing our programs correctly? Cheaper for congregate than home-delivered. Why are people not coming in?

Focus is shifting at federal level on those who are taking care of the elderly. The local level needs to get up to speed on this.

NOTE: All programs within the tribe should have a means by which the elderly interact with every.

8.4% 60+ living in poverty
5 - 8% are at 120 - 125% of poverty level.

Students-Community Service. What do other schools do? What does our school do? Maybe volunteer for Meals on Wheels?

www.firstadvacoate.org/baaa

Driving test for elderly after 75 years of age. \$15/8 years license for a young person. \$15/every other year for elderly. Age discrimination.

Statistically, younger people have more accidents than older people.

**ONEIDA NATION COMMISSION ON AGING
FEBRUARY 17, 2004 - ORIENTATION
ELDERLY SERVICES COMPLEX
CONFERENCE ROOM
9:00 - 1:00**

PRESENTER: Florence Petri, Director - Oneida Elderly Services Department

Florence introduced those of her staff that were present: Cheryl Ault, Richard Summers, Lorna Christjohn, Lori Lynn Metoxen,

There was discussion around youth and elderly interacting. There should be student/youth/elderly involvement. Oneida students- do they have a community involvement program. Lois Strong is a board member. ONCOA should have one of their meetings at the school so students can attend. Youth/Elder conferences are held in Canada once a year. Learn more about it. Are there insurance issues? Mentoring program - Oneida Nation Schools has received a federal grant. There is also court ordered community services. There is a youth CCR program out of social services. Alexi Naiko is the Juvenile Diversion Coordinator. Also George Skenandore and Mark Ninham are good contacts.

Fred Muscavitch is conducting an assessment through social services to give input into what elderly need.

Maybe we can offer the students a reward such as a scholarship for their involvement. There is also a parenting program in Oneida. Rhonda Carlson is the director. They teach values in that program.

We could look at JTPA, schools and the mentoring program for sources of kids.

Lorna Christjohn is the Transportation Supervisor. Elderly Services receives only \$3,100 from the state. There is a need for a van with a wheelchair lift to transport elderly to doctor's appointments. To use Medi-Van is \$80 per trip. Medicaid has set prices and some of

the companies that use this payment schedule includes Lamers, Red Cross, etc.

Lori Metoxen and Lorna Christjohn worked on a request to CIP for a wheelchair van in both the FY 2002 and the FY 2003 budget years. Both years were denied. Rick Fuss is the Fleet Manager.

It was suggested that people attend the CIP meetings on Monday beginning at 8:00 at Little Bear to better understand the process.

Five or more need to sign up to get transportation on the bus. If we want a weekend transportation program we need a marketing plan and to let it run for a while for people to get accustomed to the service.

March 16, 2004 - Next ONCOA Meeting. Lori Metoxen would like to be on the agenda. We should also invite Rick Fuss, Cliff Webster, and Jeff Prevost to discuss transportation needs.

C.J. Doxtator - Elder Abuse Prevention Coordinator
Elderly Justice Act
Non-Mandatory Reporting State (Wisconsin) for elderly.

Other Elderly Services Department Programs:

Congregate Meals/Home Delivered Meals

Lifeline - 90 clients @ \$35 per month

CNA Training program six weeks through Red Cross

Lori will check on training for dementia

TRAINING:

Powerful Tools for Care Giving
Lori, Cindy, Cheryl and Debbie
6 weeks - 4 hours/week
36 tools on Care giving

Dementia and Alzheimer Training - Alzheimer

Organization

Family Care Giver Program that Oneida is conducting.

End of Life Issues/Grieving Issues - Unity Hospice

Oneida Elderly Services is now on SAMS, a computerized reporting system to the state. We must be able to account for all services provided. This determines budget appropriations.

March 4, 2004 - 1:15 p.m., Lori will make a presentation to ONCOA regarding the National

**ONEIDA NATION COMMISSION ON AGING
FEBRUARY 18, 2004 - ORIENTATION
ELDERLY SERVICES COMPLEX
CONFERENCE ROOM
9:00 - 3:00**

PRESENTER: Susan G. Daniels, Administrative Assistant - ONCOA

Orientation booklets were handed out which contained:

1. Oneida Nation Commission on Aging Commissioners' Phone Numbers and Address List.

2. Oneida Nation Commission on Aging By-Laws

Correction: Under 2-3. Chair duties, c. Change the word "monthly" to "quarterly"
Question: How do we deal with excessive absences? Look at Blue Book, comprehensive policy.

3. Oneida Nation Commission on Aging Mission Statement

4. Oneida Nation Commission on Aging Position Descriptions for Commissioners

5. Oneida Nation Commission on Aging FY 2004 Budget

6. Oneida Nation Commission on Aging FY 2004 Operation Plan

7. Oneida Nation Commission on Aging Checklist of Behaviors

8. Oneida Nation Commission on Aging Motions Index

Follow up to be conducted on the following motion (s):

September 18, 2000 - SERVICES: Motion by Joy that Florence or delegate and the ONCOA be allowed and informed to attend any meetings that deal with restructuring programs servicing the elderly, 2nd by Dellora. Discussion:

ONCOA can make a recommendation to Florence's supervisor, ONCOA cannot direct Florence to go. Cliff suggests Florence approach Fred, and ONCOA will act after his response. Tina suggested we get clarification for input from the board or a delegate to attend. Motion carried.

October 10, 2000 - SERVICES: Motion by Mary Edna to appoint two people to gather this information and bring back to the next ONCOA meeting; 2nd by Lois. Discussion: Hugh wanted to know what we were going to do with this information once we received it. It was explained that if ONCOA is to advocate for the needs of the elderly in this community, we need to have a way to determine what those needs are. A needs assessment is a good instrument to use as a guide in determining those needs. Motion carried. (See Fred Muscavitch's survey).

9. Oneida Nation Commission on Aging Administrative Assistant's Job Description.

10. Oneida Nation Commission on Aging Internal Standard Operating Procedures

11. Comprehensive Policy Governing Boards, Committees and Commissions

12. Code of Ethics

13. Oneida Travel and Expense Policy

14. Robert's Rules of Order

15. Oneida Nation Commission on Aging Membership in Organizations and Suggested Training. Add training in: Alzheimer/Dementia; Robert's Rules of Order; Powerful Tools for Care Givers; Grief/Death and Dying. Also consider membership in CWAG and NICOA.

16. Travel Authorization Request Form

17. Travel Expense Voucher Form

AFTERNOON SESSION

Meeting with ONCOA, Deanna Bauman and Pat Pelky. Meeting called at the request of Deanna Bauman regarding Comprehensive Health Issues. Other issues presented by ONCOA included representation by OHA on the newly formed Steering Committee. ONCOA is requesting a representative be invited. The second issue presented by ONCOA is to determine Dave Larsen's job duties and their relationship to ONCOA, if any.

Pat Pelky suggested that reports regarding Dave Larson's programs be channeled through the Assistant General Manager via her monthly reports. Currently, Dave's job title is still Long Term Care Director. Programs for which he is responsible include COP, HIPPA Compliance Officer, Long Term Care and a relationship with Anna John Nursing Home. In terms of COP, ONCOA is looking for the guidelines, budget, numbers on the waiting list, numbers served, and other resources that may be available to those waiting to get on COP. What we might need is a community education presentation to include all of this information.

Deanna indicated the OCHC is currently trying to work on breaking the reservation into services areas for the CHN/CHR staff. They are also working on billing for these services.

In terms of the Steering Committee, the next meeting which is Thursday, February 19, 2004 will include information on HGA, the Keefe presentation of September 4 and the CIP

process. The Steering Committee is looking to complete the process for a Home Health Care agency to be completed by May. ONCOA indicated that Brian Doxtator is to find a facilitator to present information to all parties (former ad hoc, ONCOA and Steering Committee on the work that has been done thus far and where we are today.)

On May 12-13 there will be DHHS hearings in Washington, D.C. to look at the FY 2006 budget. Kathy Hughes is the representative for the Bemidji area and is on the Centers for Medicare Advisory Group. This deals with the Medicare bill and IHS Reauthorization Act. There are 86 tribes that are received a waiver for Medicare Part B penalty fees for late application due to late notification to them on the requirements.

In summation, the following actions were taken:

1. There will be a community meeting on April 20, 2004 to present information on the Community Options Program. Deanna Bauman will be the presenter.
2. Pat will research the existence of funds available in this year's budget to continue the work on the development of the assisted living/long term care facility.
3. A separate meeting will be held with Pat Pelky and ONCOA regarding his "concerns" list. The date of the meeting will be March 31, 2004 at 9:00 a.m.

FOR AGENDA PLANNING, PLEASE SUBMIT THIS FORM TO: **ONCOA**
Chairperson and ONCOA Secretary at the Elder Services Complex
Ten (10) Days before the ONCOA Regular Meeting - Second
Tuesday of the Month

ONCOA AGENDA REQUEST FORM

_____ REGULAR MONTHLY ONCOA AGENDA

_____ (SCHEDULED DATE)

_____ SPECIAL MEETING AGENDA

(By Request and Notice - ONLY)

_____ (SCHEDULED DATE)

EXECUTIVE SESSION REQUIRED FOR DISCUSSION?

(Must comply with State Statutes 19.85 and Open Meetings Law)

☐ YES

☐ NO

PURPOSE OR ITEM FOR DISCUSSION: ☐ Information Only ☐ Action Requested

APPROX. TIME REQUESTED TO DISCUSS ITEM: _____ MINUTES

***NOTE:** There is a fifteen (15) minute time limit for presentations, unless otherwise approved. Please be prompt, prepared and respect the time limits.

LIST ATTACHMENTS AND PROVIDE ONCOA WITH COPIES:

1) _____

2) _____

REQUESTED BY: _____ DATE: _____

Name

Title

Phone

This box is for ONCOA Officers to complete. Please do not write in this box.

APPROVED FOR:

☐ Next Regular ONCOA Meeting

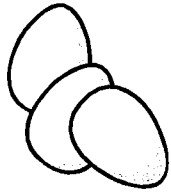
☐ Executive Session

☐ Referred to: _____

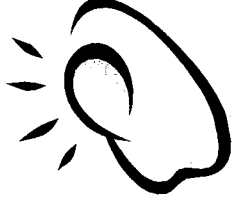
☐ Special ONCOA Meeting

☐ Not ONCOA Business

RECEIVED BY: _____ DATE: _____



Egg Safety Tips



- Use only clean eggs with unbroken shells. Avoid washing eggshells before use.
- Store eggs away from any meats that might drip juices or any produce that might come into contact with eggs. Cover or wrap well any egg mixtures or cooked egg dishes before refrigerating.
- Avoid mixing the yolks and whites with the shells when separating eggs. Use an inexpensive egg separator or a funnel for separating and a clean utensil to remove any bits of eggshell that might fall into an egg mixture.
- Store raw whole eggs in their cartons in the coldest part of the refrigerator, a middle or lower shelf, not the door. Refrigerate leftover raw whites for up to 4 days and unbroken raw yolks covered, covered with water, for up to 2 days in a tightly sealed container. Be sure to label with the date.
- Freeze eggs for longer storage.
- Use only cooked egg recipes or use pasteurized eggs or egg products in recipes calling for raw or lightly cooked eggs. Always use a cooked custard base when making an egg-based ice cream.
- It's best to cook eggs over gentle heat for a high-quality finished dish and to help ensure even penetration.
- Cook egg dishes according to the following guidelines and then serve them promptly.

DATE: / /

Name			Phone Number ()		
Address			Social Security Number / /		
City	State	Zip Code	County	DOB	/ /

Please check the appropriate responses:

Martial Status: Married Single Widowed Divorced

Living Arrangement: ___Lives Alone ___Lives with Spouse ___*Lives with Others**

Living Arrangement. _____ Lives Alone _____ Lives with Spouse _____
Do You: _____ Rent _____ Own _____ How many Others* _____

Race: ☐ Native American ☐ Caucasian ☐ Latino ☐ Asian ☐ African American

Tribal Affiliation:_____ **Enrollment Number**_____

General Health status: Excellent Good Fair Poor*

*If poor please list health condition _____

Do you currently have any of the following:

	<input type="checkbox"/> Guardian	<input type="checkbox"/> Power of Atty--Finances	<input type="checkbox"/> Health
	<input type="checkbox"/> Medicare	<input type="checkbox"/> Medicaid	<input type="checkbox"/> Representative Payee
	<input type="checkbox"/> None of the Above		

In case of an emergency--please contact

Name _____

Phone Number () _____

Relationship _____

The above information is correct to the best of my knowledge. Any false statements on any part of the enrollment form, are grounds for denial of services. All of the information on the enrollment form is confidential and will not be released to any persons unless I have signed an authorization form for release of information. This enrollment form becomes the property of the Oneida Elderly Services.

_____/_____/_____
Signature Date

Please return to
Oneida Elderly Services Complex
Service Coordinator
P.O.Box 365
Oneida WI 54155

