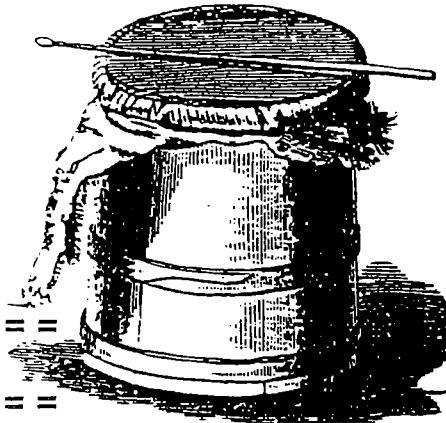


# DRUMS ACROSS ONEIDA

134 Riverdale Drive  
P. O. Box 365  
Oneida WI 54155  
920-869-1551 (Senior Center)  
920-869-2448 (Elderly Services)



## SENIOR CENTER

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**N.POWLESS/M.KING**

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**APRIL 2001**

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## MEMORIES OF OUR ELDERS

Some of the most interesting and intriguing stories come from our Oneida elders. They really enjoy talking about their youth. The following excerpts were taken through home visits with them:

**WOODY WEBSTER:** Woody is extremely talented and educated in music. He could play nine instruments. He is also known for his days in the 1930's walk-a-thons. He won many contests. He still entertains at the age of 88, loyally providing entertainment to our elderly mealsite for the past seven years. We appreciate his dedication and contribution to our activities.

**ROSE KERSTETTER:** is an accomplished Oneida potter. Her work is beautiful. She recalls that as a youth she played in Duck Creek. The water was so clear and blue she could pick out stones while she was swimming. Rose is in the proces of writing a book about Iroquois Pottery.

**LYDIA DENNY:** Lydia has very happy memories of going to West DePere to the grocery shop. She told how her dad would prepare the horse and sleigh for the all day trip. It would be extremely cold and there was a lot of snow. Her father would take along enough feed and water for the horse to last all day. The best part of the trip was when her father would line the boards with warm bricks and cover their feet with several layers of blankets. The bricks would stay warm until they arrived home at night. She also told of her mother and grandmother walking through the woods late at night with pillows covering their heads. This prevented bob or wild cats from jumping on their heads.

**KEN HILL:** Ken gave some very vivid stories of his grandfather, Jones Hill. One story was about Jones and his family going to Door County to pick cherries. Minnie Kellogg followed him and demanded so much money from his family in order to stay on the Oneida Tribal Rolls. He told her to take his family off the rolls because he did not have the money. This money was to help defray expenses for Minnie and others to travel to New York in regard to the Oneida's Land Claim. Jones went with her because he was quite an influential person among the Oneida leaders. After he got there he told them this story. The Oneida land claims is like a box adrift in the ocean. Many people used poles to retrieve it, however, it would get away. It would go farther and farther into the ocean until it was completely out of sight. Jones Hill predicted this would happen to our Oneida land claims. Sound familiar?

*These stories are being documented at the request of the Oneida Nation Commission on Aging and is jointly coordinated by Jill Martus Ninham and Joy Ninham.*

**ELDERLY SERVICES COMPLEX:**

2907 S. Overland Rd. (P.O. Box 365)  
Oneida WI 54155 1-920-869-2448

Program Director  
Assistant Program Director  
Benefits Specialist Supervisor  
Benefits Specialist  
Elder Abuse Coordinator  
Elderly Services Coordinator  
Administrative Assistant  
Office Manager  
Transportation Coordinator  
Elderly Transit Driver  
Activity Coordinator  
Outreach Worker  
Outreach Worker  
In-Home Chore Worker  
In-Home Chore Worker  
Respite Care Worker  
Respite Care Worker  
Administrative Assistant  
Title V

Roberta Kinzhuma  
Florence Petri  
Lori Metoxen  
Julia Hill  
Cleveland Doxtator (CJ)  
Cheryl Ault  
Noreen Powless  
VACANT  
Lorna Christjohn  
VACANT  
Margaret King-Francour  
Cindy Brabbs  
VACANT  
Joanne Close  
Lorleen John  
Amy Sumner  
Debbie Ninham  
Marty Braeger  
VACANT

**ONEIDA SENIOR CENTER:**

134 Riverdale Drive (P.O. Box 365)  
Oneida WI 54155 1-920-869-1551

Head Cook Supervisor  
Assistant Cook  
Relief Cook  
Relief Cook  
Home-Delivered Meals Driver  
Maintenance Supervisor  
Home Repairs Coordinator  
Home-Chore Worker  
Home-Chore Worker  
Home-Chore Worker  
Home-Chore Worker  
Home-Chore Worker  
Home-Chore Worker  
Home-Chore Worker  
Outreach Worker  
Title V  
Title V  
Title V  
Title V  
Title V  
Title V

Brenda Jorgenson  
Loretta Mencheski  
Betty Jorgenson  
Althea Schuyler  
Cathy Granquist  
Robert LaGest  
Richard Summers  
Lee Domencich  
Lloyd Davis  
Lisa Huff  
Denise Johnson  
Jared Skenandore  
Harold Dostalek  
Warren House  
Winona Mencheski  
Richard Dodge  
VACANT  
Marie Scott  
Nancy Woodke  
Grover Smith

# ANNOUNCEMENTS

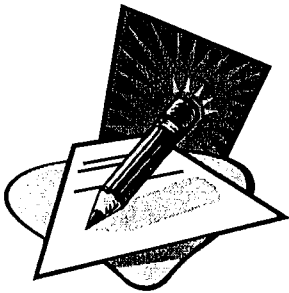
## *Closings*

Oneida Elderly Services and Sr. Center Mealsite will be closed ½ day on Friday, April 13 for Good Friday.

We will also be closed ½ day on Friday, April 27 for a staff meeting.  
Please note these dates and plan accordingly in your daily routines.

## *Trips and Activities*

Just a reminder- When you see an activity or trip in the Activity Calendar in the *Drums Across Oneida newsletter*, and would like to attend or participate, you need to sign up at the Senior Center on Riverdale Drive.



It is necessary for us to have a count of how many people are participating as from time to time we have limited space. You may also call the Senior Center at 869-1551.

## *Recognition*

Julia Hill was Honored at the GLITC State Legislative Recognition Banquet held at the Monona Terrace in Madison, WI on March 14, 2001 with the **2000 Annual Outstanding Service Award** for her work with the Native American Elders. "Julia never puts forth a half hearted effort when it comes to working with the elders" stated Elizabeth Martin Director of the Elders Program with GLITC. Julia was instrumental in getting the Senior Companion Program off the ground and was the first Director of the Senior Companion Program while working for GLITC. Upon returning to Oneida Julia was able to continue being involved by volunteering to be a Site Supervisor and advisor to the Foster Grandparents which she managed to do for the last 10 years moving the program with her when changing jobs within Oneida. Currently, **Julia is the Benefit Specialist at Oneida Nation Elderly Services.**

**ACHIEVEMENT AWARD**

Be Sure To Watch  
Senior Showcase

A weekly cable TV show of interesting topics produced by local Senior  
Volunteers.

Time Warner Cable Television  
Channel 4  
Thursday 8:30 p.m.

For Further Information, call 832-5145

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Attention:

The Oneida Community Health Center will be **Closed** on April 19<sup>th</sup>, 2001.

Due to an all staff meeting.

Thank You.

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*Happy Easter*  
*From*



*The Elderly Services Staff*

*& ONCOA Board!*

Welcome To Elderly Services!

Cheryl Ault  
Elderly Services Coordinator

C.J. Doxtater  
Elder Abuse Coordinator

Margaret King-Francour  
New Activities Coordinator

We Congratulate These Employees and Wish Them Well in their New Assignment. Welcome Aboard!

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&



BROWN COUNTY  
TRIAD COMMITTEE

are sponsoring a  
Free Senior Car Care Clinic  
at  
Gandrud Chevrolet  
919 Auto Plaza Dr.  
Green Bay, WI 54305  
on  
April 28, 2001

Please call 448-4309 to make an appointment by April 23, 2001.

The Car Care Clinic starts at 12:00 noon and ends at 4:00 p.m. Each appointment will take 15 minutes to a half hour. We can only check 96 vehicles, and appointments will be taken on a first call first serve basis. This is the information that we will need from you when you make an appointment: Name, address, phone number, yr/make/model of your car. Here are a few of the things we will be checking: oil, power steering fluid, brake fluid, head lamps, tail lights, turn signals, and much more. Due to parking issues, please do not arrive more than 5 minutes early for your appointment. This car care clinic is for Senior Only and you must have an appointment to participate in the clinic.

Coffee and cookies will be provided.

# Outagamie County Aging Services

## CHAIN Reaction Day

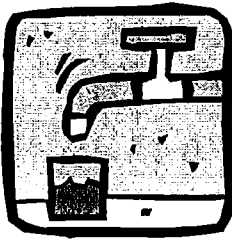
Outagamie County homeowners 60 years and older may request CHAIN Reaction Day chore assistance.

On Saturday, April 28<sup>th</sup> from 8:00am to 12:00 noon, CHAIN volunteers will go out to eligible homeowners to wash "first floor" windows, remove storm windows and replace with screens, install window air conditioner(s) and rake lawns.

If interested in CHAIN Reaction Day chore assistance, please call Laurie at (920) 832-5156 no later than Monday, April 9<sup>th</sup>.

If interested in becoming a CHAIN Reaction Day volunteer, please call Leslie at (920) 832-5515.

## HOME HANDY PERSON PROGRAM SERVES HOMEOWNERS



Are you an Outagamie County homeowner 60 years and older and have a leaky faucet, running toilet, a light switch that doesn't work or a grab bar that needs installing, etc.? Call the Home Handy Person Program (920)832-1699 for your minor home repairs. There is no charge for labor. However, you are responsible for the payment of supplies and materials. Donations are encouraged.

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PLEASE NOTE THAT WE HAVE A RESOURCE LIBRARY AVAILABLE FOR YOUR USE, LOCATED IN THE LEE McLESTER COMPLEX, 2907 SOUTH OVERLAND.

OTHER THAN BOOKS, THE LIBRARY HAS GAMES, JIGSAW PUZZLES, MAGAZINES, AND A TYPEWRITER. THE HOURS ARE 8:00 A.M. TO 4:30 P.M. PLEASE CALL 869-2448 FOR ADDITIONAL INFORMATION.



## Elderly Foot Care Clinics

You're invited to make an appointment for the  
Foot Care Clinic sponsored by the Bellin College of Nursing  
and Oneida Community Health Nursing

### When:

Tuesday, April 10 from 8:30 to 11:00 am

Tuesday, April 24 from 8:30 to 11:00 am

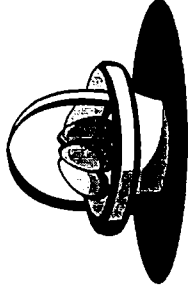
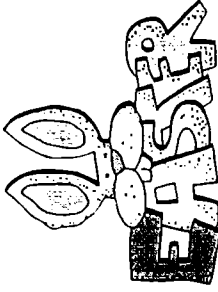
### Location:

Elderly Services Apartments  
2907 S. Overland Road  
Lounge Area of Building A

Call 869-2711, extension 4892 to schedule an appointment



# ACTIVITIES APRIL 2001

2 Fitness 9:30-10:30am	3 Epworth Hall 9:30-11:30am Crafts Voting at Polls 1:30	4 Fitness 9:30-10:30am Bethesda Thrift Shop 1-3pm	5 Legend of Corn Husk Doll NHC Center 1pm (Play) \$1.00 per ticket	6 Shopping Banks Lunch Out 10am-3pm
9 Fitness 9:30-11:30am Seed & Plants 10am-11:30am Elderly Services Bldg.	10 Epworth Hall 9:30-11:30am Crafts W/Jane	11 Fitness 9:30-10:30am Tour Stockbridge Clinic 12noon Leaving 9:30-?	12 Shopping Banks Lunch Out 10am-3pm Leave for WIEA	13 Good Friday Breakfast Served Closed at Noon
16 Fitness 9:30-10:30am Bingo Site II 1-3pm	17 Epworth Hall 9:30-11:30am Crafts Nurture Plants 1-2pm Senior Center	18 Fitness 9:30-10:30am 10:30am Menominee Meal Site We travel to Keshena Bingo & Lunch 8:30-?	19 Anna John Nursing Home 10am-11am	20 Shopping Banks Lunch Out 10am-3pm
23 Fitness 9:30-10:30am Game Day 1pm to 2:30pm Nat. Volunteer Week April 22-28	24 Epworth Hall 9:30-11:30am Bingo Nurture Plants 1-2pm Senior Center	25 Fitness 9:30-10:30am Volunteer Recognition Day 12:00 noon	26 BIRTHDAY Gifts 12:00-12:15 Honor the Elder Day Shopping & Banks	27 Breakfast served Close at noon for staff meeting
30 Fitness 9:30-10:30am Bingo Site II 1-3pm	Activities are subject to change.	Bus leaves from Oncida Senior Center for trips.		



# AGING BRIEFS

Bay Area Agency on Aging

April 2001



## Mark Your Calendars!

***April is Cancer, Alcohol, & Stress  
Awareness Month***

**Public Health Week**  
April 1-7, 2001

**World Health Day**  
April 7, 2001

**Tax Deadline**  
April 16, 2001

**Earth Day**  
April 22, 2001

**Volunteer Week**  
April 22-28, 2001

**"People Can't Wait" Rally**  
Disability Awareness Day  
April 25, 2001  
Madison WI

**People Can't Wait Rally**  
April 25, 2001  
Noon-1:00 p.m.

**State Capitol Rotunda, Madison**  
Join the Survival Coalition of Wisconsin  
Disability groups as they rally on behalf of  
all people with disabilities and the elderly.  
For more information:  
<http://www.wcdd.org>, then click on  
DAWN or contact Aaron Bishop  
(Waisman Center, Madison) at (608) 263-  
0271 or [abishop@students.wisc.edu](mailto:abishop@students.wisc.edu).

## Cancer Information

Cancer strikes people of all ages, but you are more likely to get cancer as you get older, even if no one in your family has had it. The good news is that the chances of surviving cancer are better today than ever before. When cancer is found early, it is more likely to be treated successfully.

### Symptoms to watch for:

- Changes in bowel or bladder habits
- A sore that does not heal
- Unusual bleeding or discharge
- Thickening or lump in the breast or any other part of the body
- Indigestion or difficulty swallowing
- Obvious change in wart or mole
- Nagging cough or hoarseness
- Unexplained changes in weight

### Risk factors that can be avoided:

- Do not use tobacco products
- Avoid the harmful rays of the sun
- Choose foods with less fat and more fiber
- If you drink alcohol, do so in moderation

### For more information:

The cancer Information Service (CIS), a program of the National Cancer Institute, can provide accurate, up-to-date information about cancer. Call 1-800-4-CANCER or visit the Web at <http://www.nci.nih.gov>.

## \*Calumet Trivia\*

At the beginning of Calumet's specialized transportation services, the first van in 1975 was purchased with Betty Crocker coupons. (That had to be a pretty big box in the mail for that mega quantity of coupons!)

## Peanut Butter Pancakes

1 cup plus 1 Tbsp.  
skim milk  
1 egg  
1 tsp. baking powder  
1/4 tsp. salt

1/4 cup honey  
1/4 cup peanut butter  
3/4 cup whole wheat  
1/4 cup wheat germ

Blend together milk, egg, baking powder, salt, honey and peanut butter. Mix well. Add flour and wheat germ, beating only until large lumps disappear. Preheat non-stick skillet over medium heat. If necessary, spray pan with no stick cooking spray. Pour small amount of batter onto hot skillet. Cook until edges are dry. Turn; cook until golden. Makes 8 pancakes.

1 pancake = 150 calories, 6 gm protein, 5 gm fat, 167 mg sodium

To serve, top with low-fat vanilla yogurt and banana slices.



Happy Birthday to All the April Elders!

From the Elderly Services Staff and the Oneida  
Commission on Aging. Visit the Mealsite for Lunch  
and Sign Your Name in the Birthday Book!

# Let's Travel To France



F11022

ALBI  
ALENCON  
ANTONY  
ARRAS  
AURILLAC  
AUTUN  
BARENTIN  
BONDY  
BLOIS  
CAHORS

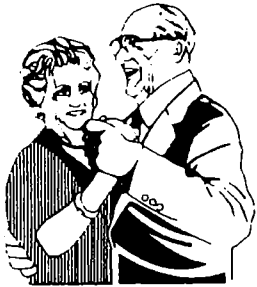
CANNES  
CASTRES  
CHANTILLY  
CHAUMONT  
CHAUNY  
CHINON  
DAX  
DEAUVILLE  
DINARD  
DOLE

DREUX  
EPERNAY  
EVREUX  
GAP  
GIVORS  
GRANVILLE  
LIMOGES  
MEAUX  
MENDE  
NARBONNE

ORANGE  
ORLEANS  
PARIS  
POISSY  
ROCHEFORT  
RODEZ  
SAINTES  
SENS  
TOUL  
TARBES

## American Stroke Association

A Division of American Heart Association 



### **WHAT OLDER PEOPLE SHOULD KNOW ABOUT STROKE**

#### **Stroke risk increases with age.**

- Risk more than doubles in each decade after age 55.
- 72% of people who have a stroke are age 65 or older.
- High blood pressure (a major risk factor for stroke) generally increases with age.
- Stroke risk for someone who's already had a stroke is many times higher.
- Transient ischemic attacks (TIAs) are "mini-strokes" that produce stroke-like symptoms but no lasting damage. A person who's had one or more TIAs is almost 10 times more likely to have a stroke.

**Family and friends  
of people at risk for stroke  
should learn the warning signs  
and be ready  
to take emergency action.**

- Stroke victims may not recognize the warning signs in themselves or they may be too incapacitated to call 911.

## American Stroke Association

A Division of American Heart Association 



**One in Four  
U.S. Adults Has  
High  
Blood Pressure...**

**...a Major Risk Factor  
for *Stroke*.**

**Check Your  
Blood Pressure  
Regularly  
...and Control It  
if It's 140/90 or Higher.**



- Maintain a healthy weight.
- Be physically active.
- Eat low-fat foods.
- Don't smoke.
- Take medicine as prescribed.
- Make sure family members check their blood pressure regularly.

Stroke is our nation's #3 killer  
and a leading cause of  
serious, long-term disability,  
but it's not a hopeless matter.

**Call toll-free 1-888-4STROKE  
or visit [www.StrokeAssociation.org](http://www.StrokeAssociation.org)  
for information  
on prevention and warning signs.**

## 20 Ways To Manage Stress

1. Think positively and surround yourself by others who think the same.
2. Avoid the trap of demanding too much of yourself. Get help if tasks are too big for you.
3. Accept that you can't control every situation and learn to be flexible.
4. At the start of each day, write down your list of things to do, then set reasonable priorities.
5. Divide big tasks into smaller, more manageable ones.
6. Eat a well-balanced diet, full of whole grains, fruits and vegetables. Limit sugar.
7. Get plenty of sleep each night.
8. Include moderate exercise into each day to boost your energy level and improve your mood.
9. Make time for relaxation. Try listening to soothing music, meditating.
10. Avoid tobacco, alcohol, and drugs. They only make matters worse.
11. Use mistakes and setbacks as opportunities to learn.
12. If possible, say "NO" to tasks that you know will be stressful for you.
13. Confide in at least one friend, and share your disappointments, as well as achievements' with him or her. Talk things out so that minor frustrations don't build up.
14. Be ready to admit when you are wrong.
15. Eliminate everyday sources of stress such as loud music playing or clutter in your surroundings.
16. Laugh! Look for the humor in life and take time to have fun.
17. Remember, it's okay to cry.
18. Practice deep breathing. Get in a comfortable position. Take in a slow, deep breath through your nose to the count 5. Hold your breath for another 5

count. Then exhale through you mouth to the count of 5.

19. Prolonged sitting contributes to stress, so add activity to your everyday life by doing such simple things as taking the stairs instead of the elevator, standing or walking while on the telephone, etc.
20. Make anti-stress stretches a part of your day.

## Fall Prevention

For millions of older Americans, falls present a serious health risk. In the United States, one of every three people age 65 and older falls each year. The number of people over age 65 is expected to increase from 31.0 million in 1990 to 68.1 million by 2040. The national Center for Disease Control and Prevention completed a research project which concluded that nationwide Wisconsin rates #1 in unintentional fall death rates among men and women age 65+ in 1996. As a result of these staggering statistics, a Falls Prevention Work Group (statewide initiative) has been meeting and brainstorming ways to reduce the number of injurious falls among older adults, reduce the seriousness of injury when falls occur, and reduce the fear of falling and the self-imposed restrictions that stem from that fear. Information on their efforts will be shared as it becomes available.


## Web Sites For Your Health!

If you'd like to add some Web sites to your newsletters for consumers to look up current health information, the following are considered to be reliable sources of information: [www.healthfinder.gov](http://www.healthfinder.gov), [www.familydoctor.org](http://www.familydoctor.org), [www.cdc.gov](http://www.cdc.gov), and [www.who.int](http://www.who.int).

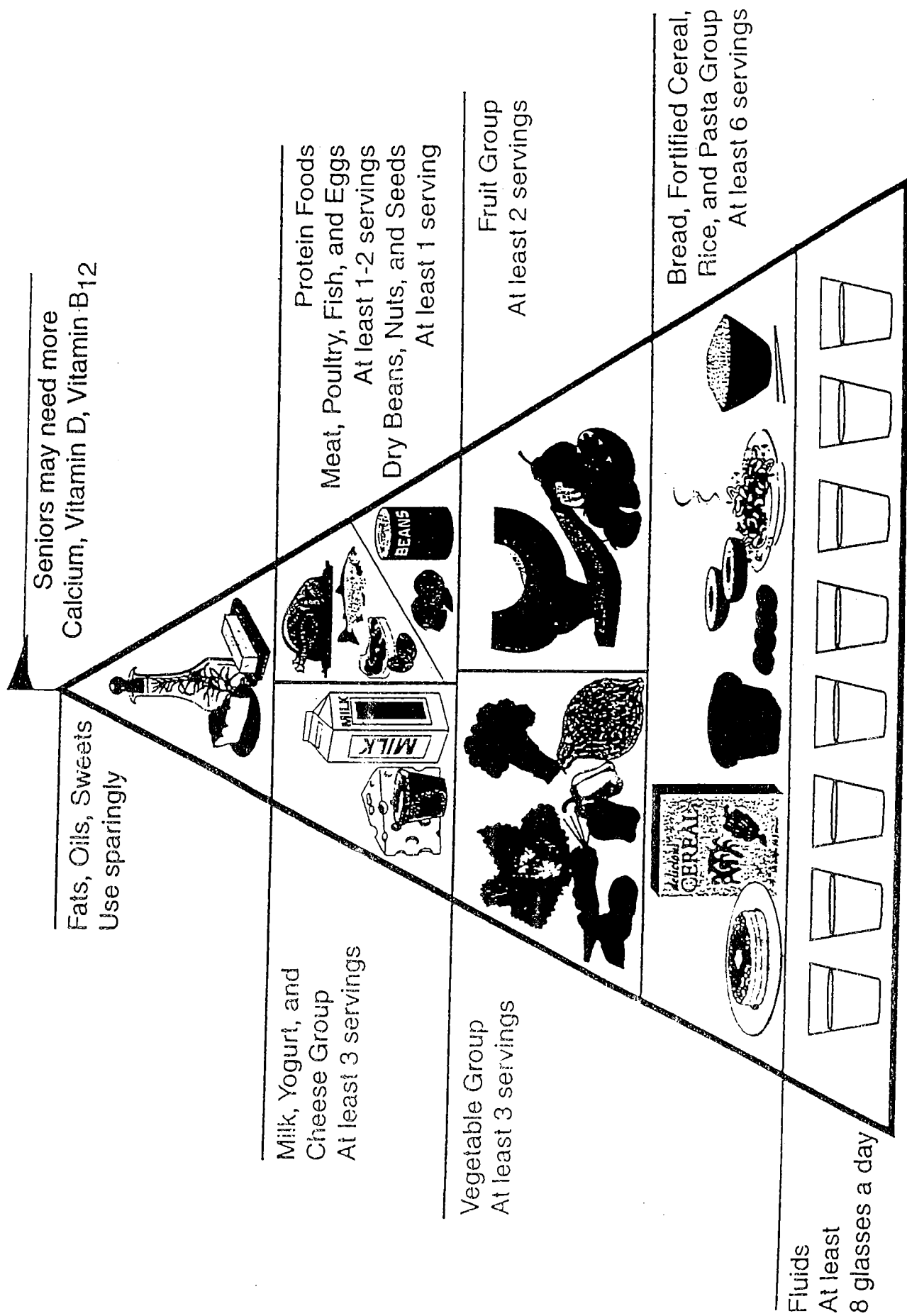
# MENU

# APRIL

# 2001

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Beef Stew Biscuits Cranberry Juice Peaches	3 Chicken Noodle Soup Fresh Bread Pineapple Juice Diet Vanilla Pudding Vanilla Cookies	4 Hamburger & Rice Cass w/w Bread Mixed vegetables Diet Jello	5 Fish & Potatoes Cole Slaw Rye Bread Pineapple Tidbits	6 Eggs Corn Meal Grapefruit Sections Orange Juice Bacon Toast
9 Cube Steak Buttered Noodles Whole Wheat Bread Pears	10 Corn Soup Fresh Bread Raspberry Whip & Chill	11 Ham, Squash Broccoli Whole Wheat Bread Jello	12 Barbequed Ribs Oven Browned Potatoes Asparagus Whole Wheat Bread Apple Sauce	13 Ham Eggs & Cheese Grape Juice Muffins Fresh Fruit
16 Chop Suey Rice w/w Bread Raspberries	17 Chili Cucumber Salad Whole Wheat Bread Apple Juice Cantaloupe	18 Chicken Ala King Broccoli-Rice Biscuits Diet Jello w/Fruit	19 Roast Beef Potatoes Calif Blend Veggies w/w/Bread Blueberries	20 Poached Eggs Sausage English Muffins Orange Juice Mixed Fruit
23 Spaghetti Lettuce Salad French Bread Blackberries	24 Beef Vegetable Soup Fresh Rolls Orange Juice Diet Jello w/Fruit	25 Chicken & Rice Mixed Vegetables Whole Wheat Bread Grape Juice Ice Cream	26 BIRTHDAY Chicken Scalloped Potatoes Brussel Sprouts Whole Wheat Bread Strawberry Short Cake	27 SOS Eggs Toast Pineapple Juice Pears
730 Ring Bologna Green Beans Mac & Tomatoes W/W Bread Raspberry Diet Jello	All meals are served with coffee, tea and milk.			

# Senior Food Guide Pyramid





NATIONAL INDIAN COUNCIL ON AGING, INC.  
SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM

375-E City Center • Oshkosh, Wisconsin 54901  
(920) 235-1014 • Fax (920) 235-0931

This is a common letter to all Wisconsin Host Agencies and Enrollees in the State of Wisconsin. There are several items that I wish to address.

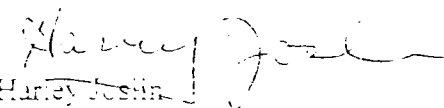
The most important part of my position, as Project Manager for the National Indian Council On Aging is to serve the Host Agencies and Enrollees in any and all ways that I can. Please feel free to contact me at any time if there are questions or a problem that you wish to discuss. I'm sure that we can find a satisfactory solution to these issues within the parameter of the National Indian Council on Aging guidelines. My number is 920-235-1014. My office hours are 8:00 -12:00 noon and 1:00-5:00 PM Monday through Friday. If I should be out of the office please leave me a short message, your name and telephone number and I will get back to you no later than 9:00AM the following day.

I have several training slots that I am trying to fill. Are you aware of anyone that may be qualified for the Title V Program? If so please let me know, you may be doing them a favor. If you are aware of another agency that would qualify as a Host Agency, please let me know. Perhaps we can be of service to them. Perhaps you have another training position open, do a little networking and see if you can find an eligible person to fill that position.

We all work very hard and look forward to receiving our paycheck. It may seem to be a bother but it is a very important document and the time must be taken to fill in all of the blanks properly so that we can process them and get the checks out in an accurate and timely fashion. Please take the time to do a good job. Help us to help you get your paycheck on time. They must be signed in blue ink or we cannot process them.

If anyone has any questions or comments, please give me a call so that we can discuss your concerns.

Sincerely,

  
Harley Joslin

*Please post*  
HEADQUARTERS



**ONEIDA NATION COMMISSION ON AGING  
MISSION STATEMENT**

We support and "speak out" for all services, including legislation, that places priority on our Elders. We work with national, tribal, state, county and local agencies focusing on all services that address the physical, mental, spiritual and emotional well-being of our Elders. (Approved 9/12/2000).

**COMMISSIONERS**

Clifford Doxtator, Chairman  
Dellora Cornelius, Secretary  
Alfreda Green  
Nadine Escamea

Hugh Danforth, Vice-Chairman  
Mary Edna Greendeer  
Lois Strong  
Joycelyn Ninham

Warren Skenadore

**MONTHLY REPORT  
FEBRUARY, 2001  
ALFREDA GREEN**

February was somewhat of a hectic month in terms of attending meetings. It was also frustrating because of last minute cancellations and snow days. We had an ONCOA meeting, February 13, which included a presentation by Scott Murray of the Oneida Healthworks. Scott explained the various programs that were available to elders at this facility, including walking, exercising and swimming. He also talked about the new family recreation center on County H which will be ready soon for family activities. It was a very informative presentation.

Several of the ONCOA commissioners met with staff from the Oneida Health Center including the director and supervisor of health. The purpose of the meeting was to try to work out an issue around lack of communication between their program and Elderly Services. I'm sure they will be able to work out duplication of services and to coordinate for the benefit of elder health concerns as well as what's available for the rest of the community.

I did my weekly visiting with an aunt who lives in Green Bay. I also visited with a couple of seniors as the elderly lunches.

**MONTHLY REPORT  
FEBRUARY, 2001  
JOY NINHAM**

Attended "Honor Bob Bennett Day" at the Oneida Nation Museum. Bob donated much of his collection to the museum and a dedication was held in his honor. Bob was close to our family for many years. He and my Uncle, Martin Wheelock, were constant companions throughout their lives. They enjoyed golfing together

Nadine Escamea helped me with some printing on a story about Dr. Rosa Minoka Hill. Several people wanted copies, so we handed them out at Bob Bennett's reception.

Three of the ONCOA commissioners attended the Salvation Army's Prayer Breakfast this month. We felt honored to be invited. There were around 2 - 300 in attendance. It was an ecumenical breakfast and included people in all walks of life. The Boys Club Singers gave a presentation. Many of the singers are currently in their 70-80's and have been actively singing since they were in their twenties. There was also a presentation by a young high school girl who sang beautifully. Many were moved by her song. I believe many of us were spiritually uplifted by the experience of the day.

**MONTHLY REPORT  
FEBRUARY, 2001  
NADINE ESCAMEA**

Attended about three lunches per week at the Senior Center. I had a chance to talk with Cecil Skenandore about raising chickens. Cecil has been in the poultry business for some time. My granddaughter Lea Zeise and I plan to try our hand at raising chickens with help from Cecil and Ken Hill. The other hot topic is the loss of SSI and SSA payments because of rumor of per capita payments. This has been a hardship for many Oneidas throughout the country. And yet another hot topic was the weather. We had a lot of ice this past month. Our transit driver, Marsha, almost fell in the driveway trying to help me get on the bus. Good thing we didn't both fall.

Sometimes you may see me at the library. I like to read and dream about the flowers, veggies and herbs that are going to be planted and grown.

I attended Anna John's wake. She will be surely missed. I also attended the library meeting. Topics included how to recover books on loan and changes to library such as art work and a general new look.

Another meeting included the Environmental Resource board meeting. Topics of discussion included hunting and fishing laws. There will be more information on changes taken place. Any changes that are to be made will take up to 18 months plus approval by other departments.

**MONTHLY REPORT  
FEBRUARY, 2001  
CLIFFORD DOXTATOR**

A few of the ONCOA commissioners attended an ecumenical prayer breakfast in Green Bay. There were other Oneidas also in attendance. There were two tables reserved for our group. This event was held downtown at the new Krueger International Center. The Green Bay Boy's Choir opened the ceremony with their singing and sang throughout the breakfast. This Boy's Choir has been singing together for over 70 years.

Father Kenneth Degroot gave his address, first in Spanish and then in English. Other speakers included the Green Bay Police Chief, a hispanic liaison, and a black person from one of their churches. The intent of this prayer breakfast was to unify the ethnic groups in this area and to work closely together.

Mr. and Mrs. David Harvey of the Salvation Army were honored for their work in this area. They are leaving Green Bay and going somewhere in South America to work with people there. Mr. and Mrs. David Fay are replacing the Harveys in Green Bay. They are from Toronto, Canada.

I was able to meet with Mr. John Ryba, our assemblyman in Madison, who represents the 90<sup>th</sup> district in Green Bay. Mr. Ryba is working on drug prescription relief. He is trying to get a program to benefit our elders in Wisconsin. Mr. Ryba has some stiff opposition in Madison. If a solution is found for our elderly citizens, it probably won't be until the year 2003.



## **ONCOA Board Meetings are held**

**Every Second Tuesday Of The Month**

**Time: 1:00p.m.**

**At**

**Elderly Services Building (Lee McLester Complex)**

**Remaining Dates for the Year 2001:**

**May 8**

**June 12**

**July 10**

**August 14**

**September 11**

**October 9**

**November 13**

**December 11**

**Your Participation Is Welcome.**

# FIRST THURSDAY OF EACH MONTH FROM 9:30am to 12:30pm. RURAL DEVELOPMENT WILL BE AVAILABLE.

Please feel free to stop in and see us. If you are interested in seeing us at any other time please, contact us at the Shawano Office at 715-524-2148. Lori Metoxen at the Oneida Elderly Complex at 920-869-2448 or Alan King the Housing Administrator at 920-833-9709.

USDA, Rural Development offers loans to purchase or build you a home.

Good credit history and stable income are required.

Rural areas and communities up to 10,000 population are eligible.



<u>BROWN COUNTY YOUR INCOME MUST BE BELOW:</u>						
1	2	3	4	5	6	7
\$28,900	\$33,000	\$37,150	\$41,300	\$44,600	\$47,900	\$51,200
VL \$18,050	\$20,650	\$23,200	\$25,800	\$27,850	\$29,950	\$32,000

<u>OUTAGAMIE COUNTY YOUR INCOME MUST BE BELOW:</u>						
1	2	3	4	5	6	7
\$27,000	\$30,850	\$34,700	\$38,550	\$41,650	\$44,750	\$47,800
VL \$16,850	\$19,300	\$21,700	\$24,100	\$26,050	\$27,950	\$29,900

If you own your home, need improvements, and your income is below the Very Low (VL) amount Rural Development also offers loans and/or grants to improve you home.



ONEIDA NATION COMMISSION ON AGING  
BOARD MEMBERS



Clifford Doxtator  
(Chairman)  
2610 Forestville Dr.  
Green Bay, WI 54304  
490-8865

Hugh Danforth  
(Vice-Chair)  
874 Silver Creek Drive  
Oneida, WI 54155  
869-1762

Dellora Cornelius  
(Secretary)  
N6319 Onondaga Drive  
Oneida, WI 54155  
869-1171

Mary Edna Greendeer  
W103 Service Rd  
Oneida, WI 54155  
869-2907

Warren Skenadore  
850 Ninth St  
Green Bay, WI 54304  
432-7122

Joycelyn Ninham  
P.O. Box 182  
Oneida, WI 54155  
869-1272

Alfreda Green  
P.O. Box 12  
Oneida, WI 54155  
869-2818

Lois Strong  
N6407 County U  
DePere, WI 54115  
869-1126

Nadine Escamea  
W1428 Ray Road  
DePere, WI 54115  
833-1791

Meetings are held on the second Tuesday of each month at 1:00 p.m. in  
the Elderly Services Conference room located at 2907 S. Overland Rd.  
Your participation is welcome.

**FOR AGENDA PLANNING, PLEASE SUBMIT THIS FORM TO: ONCOA  
Chairperson and ONCOA Secretary at the Elder Services  
Complex Ten (10) Days before the ONCOA Regular Meeting -  
Second Tuesday of the Month**

## **ONCOA AGENDA REQUEST FORM**

\_\_\_\_\_ **REGULAR MONTHLY ONCOA AGENDA**

\_\_\_\_\_ (SCHEDULED DATE)

\_\_\_\_\_ **SPECIAL MEETING AGENDA**

(By Request and Notice - ONLY)

\_\_\_\_\_ (SCHEDULED DATE)

**EXECUTIVE SESSION REQUIRED FOR DISCUSSION?**

(Must comply with State Statutes 19.85 and Open Meetings Law)

☐ **YES**

☐ **NO**

**PURPOSE OR ITEM FOR DISCUSSION:** ☐ **Information Only** ☐ **Action Requested**

**APPROX. TIME REQUESTED TO DISCUSS ITEM:** \_\_\_\_\_ **MINUTES**

**\*NOTE:** There is a fifteen (15) minute time limit for presentations, unless otherwise approved. Please be prompt, prepared and respect the time limits.

**LIST ATTACHMENTS AND PROVIDE ONCOA WITH COPIES:**

1) \_\_\_\_\_

2) \_\_\_\_\_

**REQUESTED BY:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

Name

Title

Phone

*This box is for ONCOA Officers to complete. Please do not write in this box.*

**APPROVED FOR:**

☐ **Next Regular ONCOA Meeting**

☐ **Executive Session**

☐ **Referred to:** \_\_\_\_\_

☐ **Special ONCOA Meeting**

☐ **Not ONCOA Business**

**RECEIVED BY:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**DATE:**     /     /

Name			Phone Number (      )		
Address			Social Security Number      /      /		
City	State	Zip Code	County	DOB	/      /

*Please return to*  
**Oneida Elderly Services Complex**  
**Service Coordinator**  
**2907 South Overland Road**  
**Oneida WI 54155**

