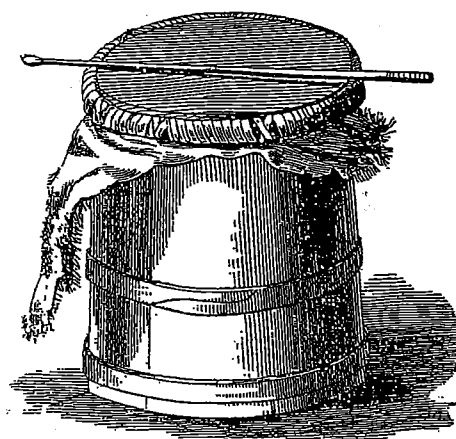


DRUMS

ELDERLY SERVICES
2907 S. Overland Rd.

ACROSS



ONEIDA

SENIOR CENTER
134 Riverdale Dr.

Elderly Services: 1-920-869-2448

Senior Center: 1-920-869-1551

Toll Free: 1-800-867-1551

Watowan^ Weh-hni-tahl

Great Light Moon

December 2004



*May the true Spirit
Of the Holiday Season
Fill your Heart
With Peace and Love.*



ELDERLY SERVICES COMPLEX:

Program Director
Assistant Program Director
Benefits Specialist
Elder Abuse Coordinator
Elderly Services Coordinator
Office Manager
Transportation Coordinator
Transportation Driver
Transportation Aide
Activity Coordinator
Outreach Worker
Outreach Worker
Outreach Worker
In-Home Chore Worker
In-Home Chore Worker
Respite Care Worker
Respite Care Worker
Administrative Assistant
Elder Helper
Elder Helper

2907 S. Overland Rd. (P.O. Box 365)
Oneida WI 54155 1-920-869-2448

Florence Petri
Tina Pospychala
Julia Hill
Joyce Johnson
Cheryl Ault
Noreen Powless
Lorna Christjohn
Connie Van Gheem
Dale Webster
Margaret King-Francour
Cindy Brabbs
Amy Sumner
Michelle Cottrell
Joanne Close
Lorleen John
Regina Vande Hei
Debbie Ninham
Marty Braeger
Marie Scott
Barbara Skenandore

ONEIDA SENIOR CENTER:

Head Cook Supervisor
Assistant Cook
Relief Cook
Relief Cook
Home-Delivered Meals Driver
Maintenance Supervisor
Home Repairs Coordinator
Home-Chore Worker
Home-Chore Worker
Home-Chore Worker
Home-Chore Worker
Home-Chore Worker
Home-Chore Worker
Elder Helper
Elder Helper
Elder Helper
Title V
Title V
Title V

134 Riverdale Drive (P.O. Box 365)
Oneida WI 54155 1-920-869-1551

Brenda Jorgenson
Loretta Mencheski
Betty Jorgenson
Pat Beilke
Alfrieda Grignon
Robert LaGest
Richard Summers
Lee Domencich
Lloyd Davis
Lisa Huff
Don Bogda
Jared Skenadore
Harold Dostalek
Richard Dodge
Cornelius Hill
Grover Smith
Jeannine La Rock
Marena Pamanet
Herb Powless

UP CLOSE AND PERSONAL
With Dale Webster,
Driver Aide/ Relief Driver

Dale Webster was born in Green bay, Wisconsin on August 28, 1948 to the late Lena and Wilfred Webster. He has lived the majority of his life on the Oneida Reservation.

Dale graduated from Freedom High School in May of 1966 and continued his education attending Haskell Institute, Lawrence, Kansas where he graduated in May of 1968. After graduating from Haskell, Dale entered the military service and was honorably discharged in October 1970. After military service, Dale worked at Milprint, Inc- Denmark, Wisconsin for 23 years before coming to work for the Oneida Nation.

Dale married Barbara (Bobbi) Powless in March of 1973 and have two wonderful children, Taryn and Angelena (Sunshine) and one grandson Talon. Bobbi and Dale are both employees and members of the Oneida Nation.

Dale's past associations include Secretary, United Paperworkers Union Local 1203 President and Secretary, Couples Bowling Leagues- Presently serving as President of Wisconsin Indian Golf Association.

Dale has worked for the Elderly Services Department for two years and enjoys listening to the elders talk about old times and mischief they got into.

When you were a child, what did you think you'd like to be when you grew up?

A fireman

Who or what has had the biggest influence in your life?

My parents, brothers and sister and my

wife.

What do you consider to be your greatest accomplishment?

Being able to enjoy life and still being able to do the things that I like.

Is there something you've always wished you were great at doing?

Being an all around handyman.

What is the best advice anyone ever gave you?

Always think positive

What advice would you give someone who is about to retire?

Keep yourself busy and enjoy your retirement - you have earned it.

What is your ideal vacation?

A return trip to Jamaica with family.

Favorite Meal: Thanksgiving dinner- I get to pig out and not care what my doctor says.

Favorite Music: Soft Rock

Favorite Books: Sports

Favorite Movies: War movies

Favorite Hobbies: Golf and Bowling



INVITATION TO ALL ELDERS

THE ELDERLY CHRISTMAS PARTY WILL BE
DECEMBER 10TH FROM 10AM TO 3PM AT THE
RADISSON HOTEL & CONFERENCE CENTER,
THREE CLANS BALLROOM,

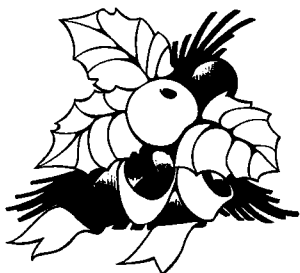
PLEASE SIGN UP AT THE SENIOR
CENTER TO VERIFY YOUR ATTENDANCE OR IF
YOU WILL BE NEEDING A RIDE.

THERE WILL BE MUSIC, RAFFLES, PRESENTS,
AND PRIZES.

REMEMBER, ELDERS 70 AND OVER ARE
FREE, 55-69 NEED TO PAY \$10.00 DOLLARS.

SO WEAR YOUR FINEST AND JOIN THE FUN.

No Children Please
Dead line for sign-up is
December 8, 2004.
MERRY CHRISTMAS



**Check out the Beautiful Christmas
Decor...
At Local Attractions
in December**



Let's visit the **N.E.W. ZOO**

Friday, December 3 at 1:30pm

for an 'ol fashioned Wagon Ride and tour of the
Xmas Lights -Dress Warm
(\$2.00 admission fee Sr. Citizens)

Think of Holidays Past...Remember the
excitement the day the Christmas tree was
decorated?

Join us to visit at the **Festival of Trees at the
National Railroad Museum
Wed., December 8 at 9:30 am**
(\$3.00 admission fee)

Here's what Everyone's been waiting for!
**The 2004 Christmas on the Fox display
at the Neville Museum-FREE
Wed. December 15 at 9:30 am**

See the Snow Babies, Dolls of Christmas
Past and Prange's Christmas Window displays

View the **Outdoor Lights at the Holtwood Campground in
Oconto** on **Thurs., December 16** depart at **3:30 pm**
warm up with pie and icecream at Wayne's Restaurant after

Sign up In Person at the Mealsite for these trips

ATTENTION ALL ONEIDA ELDERLY

You are invited to an elderly INTEREST
GROUP MEETING.

Tuesday, December 21, 2004

Time: 1:30 pm

Bring interesting things to talk about

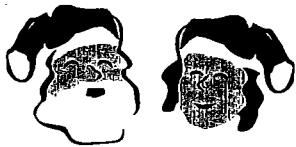
PLACE: Elderly Complex Conference
Room

2907 S. Overland Rd.

Oneida, Wi. 54155

All The Elderly Are Welcome

Look forward to seeing you there, if
interested call (920)869-2448



ATTENTION

Elderly Services will soon be
holding activities for people
experiencing dementia and
alzheimer's symptoms. Watch
for notices at the Elderly Services
Building and at the meal site.
Notices will also be posted on
bulletin boards and will give the
time and place of the activities.



MY FAVORITE CHRISTMAS MEMORY

Purcell Powless most memorable Christmas
was when his youngest son was born,
December 25, 1960 right on his fathers
birthday. How exciting for Purcell to share and
celebrate the same birthday with a son.
Purcell also has two daughters that share the
same birthday, May 14. Different year of
course. course.

Merry Christmas Purcell.

Phyllis Davids appreciates the good old days
so much. She now realizes how fortunate she
and her sisters were. They always received a
doll for Christmas and they were always warm
and fed. She recalls, when her father took
them some where in the horse and buggy, her
father always stood up when he drove the
horse, even in the cold, cold wind.

Merry Christmas Phyllis

Dorthy Skenandore remembers when they
lived up north, they had nice Christmas's
Their christmas tree had real candles on it. On
Christmas Day her mother would light all the
candles for just a short period of time. "It was
so beautiful," Dorthy said. They had no
electricity, but they used kerosene and Kayo
lamps. When she was older her family
moved to Oneida, When she had her own
family, one of their traditions was to attend
church every Christmas Eve. After the service
they would go over by her mother and father's
and have a glass of Morgan David wine and a
light lunch. Then on Christmas Day they go
back to her parents to open their gifts. And
probably have more to eat. (Dorthy is a very
good cook.)

Merry Christmas Dorthy.



MY FAVORITE CHRISTMAS MEMORY



" I have had many memorable Christmas's" says Betty Padilla. When the needles started to fall off their Christmas tree, Betty would take her old, dead christmas tree to the back yard and plant it, hoping she would have a fresh tree for the following Christmas!! She did this for years! (Betty lived in California) Her family chuckles about this yet to this day.

Merry Christmas Betty.

Prudy Doxtator, remembers when it was Christmas time, Santa stored their grandson's (Kim) gifts at their neighbors, Chancy and Tillie Bairds root cellar. That particular cold, freezing Christmas Eve, Domey (Prudy's husband) had to make so many trips back and forth from Chancy's house to theirs. He didn't mind because they loved their grandson.

Merry Christmas Prudy.

Ken Hill's father had a certain amount of fear of fires, so he instructed his family to respect fire also. He told them NEVER to use KEROSENE to start fires in the pop belly stove.(Back then they decorated Christmas trees with real candles.) Ken's family celebrated Christmas on Christmas day, so they did all their shopping on the 24th of December. When we returned home that evening Father told us to stay in the Model T car until he had the fire started. As we sat in the car; all of a sudden we heard an explosion! Mother, my brother and I jumped out of the Model T and ran to the house. There stood my father black as coal, only his eye balls and teeth were white! " Oh, how I wanted to laugh! " He used KEROSENE!! We stayed up all night, first cleaning Dad up then the house, then putting up the Christmas tree.

Merry Christmas Ken

As a youngster, Woody Webster remembers the excitement of putting up a Christmas tree. He remembers going out doors on Christmas Day and looking for Santa's tracks on the roof to their house.

Merry Christmas Woody.

Many years ago, when James and June Bejay lived in California, he wanted a recliner for Christmas. So one day June and the children went shopping and purchased a recliner, brought it home, put it in the girls bedroom, turned it upside down and covered it. (Then it looked like a table.) As it got closer to Christmas, James started nosing around all over the house and even outdoors, he even looked in the girls room! He probably thought it was a table. So, on Christmas morning , James was the first one up all excited. Usually it was always the children up first.

Merry Christmas James & June

Jackie Wacek remembers when she was either 4 or 5 years old, she received her first orange all her very own. There it was on the Christmas tree! She was so happy. The family had apples most of the time, but to receive a whole orange to herself was a real treat. That very same Christmas she received a doll of course, and a black cat her Grandmother made out of old black stockings.

Merry Christmas Jackie.

A good conscience is a continual Christmas.

Benjamin Franklin





Happy Birthday To All December Babies

Gerti Armstrong	12-17	Marcella Powless	12-08
Daisy Christjohn	12-19	Purcell Powless	12-25
Robert Cornelius	12-24	Theresa Reed	12-13
Nadine Dallas	12-24	Donald Skenandore	12-17
Ruth Deyo	12-23	Walter Skenandore	12-31
Tim Doxtator	12-15	James Smith	12-12
Lois Faith	12-31	R.G. Smith	12-13
Cecila Faust	12-31	Melissa Sorenson	12-29
Joseph Fuss	12-22	Ann Spiegel	12-29
Geraldine Gierczak	12-10	Anna Summers	12-13
Deanna Hafeman	12-15	Joseph Summers	12-17
Pearl House	12-14	Alma Thorton	12-14
Eunice Malone	12-16	Helema Wauters	12-15
Lyndahl Metoxen	12-18	Donald Webster	12-21*
Evadna Muscavitch	12-07	Huston Wheelock	12-18
Annabeth Ness	12-07	Mable White	12-27
Blanch Powless	12-23		
Floyd Powless	12-28		

Elders, if you have a birthday in January, please join us at the Senior Center, 134 Riverdale Dr. (Hwy J.) on December 30, 2004. Have lunch with us and sign the birthday book.

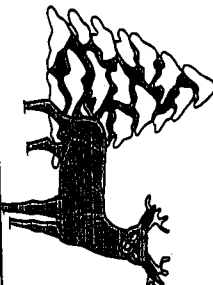

Birthdays for our elders are celebrated on the last Thursday of the month.



ACTIVITIES

DECEMBER

2004

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>All trips leave from Sr. Ctr All activities subject to change.</p>		<p>1 Seasonal Craft 10am @ Elderly Svs Bldg Bingo Hwy H 1:30- 3pm</p>	<p>2 The Price is Right @ 9:30 am @ Hwy H PACE, 11:15 am @ Sr. Ctr Shopping/Banks 1pm GLNEA @ LCO</p>	<p>3 9am Brkfst, 11:30 LunchOut 1:30pm NEW ZOO Wagon Ride & Xmas Lights Outdoors \$2.00 fee</p>
<p>6 Board Games 10 am at Eld Svs Bldg Thrft Store 1pm NO Bingo at Site 2</p>	<p>7 Crafts @ Epworth Hall 9:30-11:30am</p>	<p>8 Festival of Trees 9:30am (Cost \$3.00) at Nat'l Rail'd Museum Bingo Hwy H @ 1:30-3pm</p>	<p>9 The Price is Right @ 9:30 am @ Hwy H Shopping,Banks, Lunch Out 10am-3 pm</p>	<p>10 Elder Christmas Party Radisson Inn 10am - 2pm</p>
<p>13 Seasonal Craft 10am @ Elderly Svs Bldg Bowling League 1:30p @ Ashw. Lanes</p>	<p>14 Crafts @ Epworth Hall 9:30- 11:30am</p>	<p>15 Neville Museum Tour 9:30 am "Christmas on the Fox" Exhibit FREE Bingo @ Hwy H 1:30pm</p>	<p>16 The Price is Right 9:30 am @ Hwy H Oconto Light Tour 4pm</p>	<p>17 Shopping, Banks, Lunch Out 10am -3 pm</p>
<p>20 Indoor Fun Exercise Stations 10 am @ Eld. Svs Bldg Bingo at Site 2, @ 1pm</p>	<p>21 Bingo @ Epworth Hall 9:30- 11:30am Elderly Interest Mtg- see flyer 1:30pm</p>	<p>22 Shopping, Banks 10am Bingo Hwy H 1:30- 3pm</p>	<p>23 CHRISTMAS EVE Tribal Offices Open 1/2 day</p> 	<p>24 CHRISTMAS DAY Tribal Offices Closed</p>
<p>27 End of Bowling League Party 1:30pm @ Ashw. Lanes</p>	<p>28 Crafts @ Epworth Hall 9:30- 11:30am</p>	<p>29 Movie and Popcorn 9:30am @ Eld Svs Bldg Bingo Hwy H 1:30- 3pm</p>	<p>30 The Price is Right 9:30 am @ Hwy H. / Birthday Gifts & Music @ Sr. Ctr 12:15pm Starlite Players 2:15pm</p>	<p>31 Shopping, Banks, Lunch Out 10am -3 pm</p>

Santa

I think Santa is a woman...Because a man couldn't meet the demands of the job! I think Santa Claus is a woman. Think about it. Christmas is a big, organized, warm, fuzzy nurturing social deal, and I have a tough time believing a guy could possibly pull it all off!! The vast majority of men don't think of shopping until Christmas Eve. Once at the mall, they always seem surprised to find only Ronco products, sockets wrench sets, and mood rings left on the shelves. On this count alone, I'm convinced Santa is a woman. Surely, if he were a man, everyone in the universe would wake up Christmas morning to find a rotating musical Chia under the tree, still in the bag.

Another problem for a he Santa would be getting there. Even the male Santa did have reindeer, he's still have transportation problems because he would inevitably get lost up there between the snow and clouds and still refuse to ask directions. Add to this that there would be unavoidable delays in the chimney, where the Bob-Vila like Santa would stop and inspect and repoint bricks in the flu. He would also check the carbon monoxide in every gas fire place, and get under every Christmas tree that is crooked to straighten it to a perfectly upright 90 degree angle.

There would be no reindeer because they would all be dead, gutted and strapped onto the rear bumper of the sleigh amid wide eyed, desperate claims that the buck season had been extended. Blitzen's rack would already be on the way to the taxidermist.

Other reasons why Santa can't possibly be a man:

- + Men can't pack a bag.
- + Men would rather be dead than caught wearing red velvet
- + Men would feel their masculinity is threatened...having to be seen with all those elves.

- + Men don't answer their mail.
- + Men would refuse to allow, their physique to be describe, even in jest as anything remotely resembling a "bowl ful of jelly."
- + Men aren't interested in stockings unless someone is wearing them.
- + Having to do the Ho-Ho-Ho thing would seriously inhibit their ability to pick up women.
- + Finally being responsible for Christmas would require a commitment.

I can buy the fact that other Mystical holiday characters are men. Father Time shows up once a year unshaven and looking ominous. Definitely a guy. Cupid flies around carrying weapons. Uncle Sam is a politician who likes to point fingers. Anyone of these individuals could pass the testosterone screening test. But not St. Nick. Not a chance.

As long as we have each other, good will, peace on earth, faith, and Nat King Cole's version of "The Christmas Song," it makes little difference what Santa is. I just wish she'd quit dressing like a guy!!



Why does Scrooge love Rudolph-the-red-nose reindeer? Because every buck is dear to him.

It is good to be children sometimes, and never better than at Christmas.

Charles Dickens

Monday

Tuesday

Wednesday

Thursday

Friday

Menu

December

2004

All meals are served with coffee, tea, or milk.		All trips leave the Oneida Senior Center		1 Tuna Salad Cottage Cheese Lettuce & Tomato WW Bread	2 Cube Steak Macaroni & Tomatoes Green Beans WW Bread	3 Bacon/eggs Oatmeal Toast Grapefruit Sections
Birthstone: Turquoise	Flower: Narcissus					
6 Chili Cucumber Salad Ice Cream	7 Beef Vegetable Soup Fresh Bread Peaches	8 Chicken Pasta Salad WW Bread Jello	9 Pork Roast Potatoes Peas WW Bread	10 No Meal Served Elderly Christmas Party		
13 Chicken Vegetable Alfredo WW Bread Pears	14 Corn Soup Fresh Bread Berries	15 Liver & Onions Potatoes Beets WW Bread	16 Chop Suey Rice WW Bread Mandarin Oranges	17 Eggs Toast Sos Juice		
20 Spaghetti Salad Garlic Bread Pineapple Tidbits	21 Tomato Soup Grilled Cheese Sandwiches Juice	22 Hamburgers Rice Pilaf Green Beans Buns Ice Cream	23 Fish Coleslaw Red Potatoes WW Bread Applesauce	24 Eggs Boiled Ham Cheese Fresh Fruit Muffins & Juice		
27 Hot Dogs Macaroni & Cheese Buns Cookies	28 Beef Stew Biscuits Pudding	29 BBQ Ribs Scalloped Potatoes Peas WW Bread Jell-o	30 BIRTHDAY DAY Chicken, Potatoes, California Blend, WW Bread Short Cake & Strawberries	31 Scrambled Eggs Sausage Toastums Juice Pears		

Lorna's Corner Elder Humor

I remember way back when the Mother was the cook, took care of the children, cleaned the house, did the wash, baked, washed dishes. Whatever had to be done with the home Mother did it. Now it's a shared responsibility, which is understandable. With such high prices, both parents have to work to contribute to the raising of children and all the work that goes with it. Anyway, way back when the Mother got sick, so sick, she was in bed. So, the Father took the role of the Mother and did all the chores she did.

One fine day he was outside doors hanging the wash on the line, when the neighbor came over to inquire how the wife was. Of course, he had a apron on to hold the clothes pins. The neighbor asked, "Am I speaking to the lady of the house? I thought you were ill?"

Back then a man caught with a lady's apron on was very funny indeed. The Father and the neighbor had a hearty laugh and he left a pie, which was gratefully received. Those were the good old days!!



What do Santa's elves learn in school?
The ELF-abet.

Dealing with Diabetes During the Holidays

Affecting approximately 17 million people in the U.S, diabetes is a disease in which the body does not properly produce or use insulin, a hormone that is necessary for converting sugar into energy. Aside from medication, one of the primary ways in which diabetes is controlled is through modification to one's diet. Unfortunately, many people find their will power severely tested during the holidays. Some people might be inclined to skip all the holiday parties and family get-togethers and stay at home far from temptation. Thankfully, this isn't necessary, as long as you make some wise decisions when you arrive at the party.

Here are some tips to keep in mind before you head out for the holiday party or dinner.

- + If you are attending a holiday dinner party, be prepared by eating lower-fat and lower-calorie foods at breakfast and lunch.
- + Eat a light snack, such as a small salad, an hour before the party so you don't arrive hungry.
- + If the party consist of a buffet table, take time to look over all the food before making a decision.
- + Eat leaner cuts of meat such as white turkey or chicken meat instead of meats such as roast duck or roast chicken.
- + Limit your alcohol intake, it's a source of empty calories. Choose sugar free or water with lemon instead.
- + Once you've made your selections stay away from the food table as far as possible.
- + Chew your food slowly and savor each bit.

What did the ghost say to Santa Claus?

We'll have a "boo" Christmas without you.





MERRY CHRISTMAS

AND

HAPPY NEW YEAR

FROM

THE ELDERLY SERVICE STAFF

AND

THE ONEIDA NATION

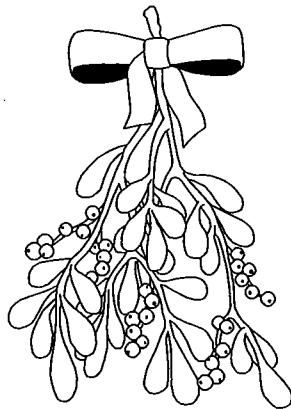
COMMISSION ON AGING

Poinsettia Versus Mistletoe

Said the scarlet-mouthed poinsettia
To the grey eyed mistletoe
"No young folk ever look at you,
You're dull and drab you know."

The mistletoe replied, "My Dear,
Please remember this,
Though they can't help admiring you,
They let me watch
them kiss."

Source: Blanch Lofton



RULES OF THE HOUSE

If you sleep on it ...make it up.
If you wear it hang it up.
If you drop it pick it up.
If you eat out of it ...wash it.
If you spill it wipe it up.
If you turn it on.. ..turn it off.
If you open it ... close it.
If you move it ... put it back.
If you break it ... repair it.
If you empty it ..fill it up.
If it rings ... answer it.
If it howls ... feed it.
If it cries Love it.

MERRY CHRISTMAS

Indian Pudding

1qt. milk
½ cup molasses
½ cup corn meal
½ stick butter
2 tbl. sugar
½ tsp salt
¼ tsp cinnamon, nutmeg, ginger
2 eggs beaten
1 tsp shortening

Heat milk in saucepan, add molasses and cornmeal. Stir. Boil, remove from heat. Add butter, sugar, salt and spices, cool. Add a little of the mixture to the eggs, then add the eggs back into the heated mixture. Pour mixture into baking pan, bake at 325° for 1 hour. Serve with ice cream or whipped cream. Serves 6-8.

Source: G. Kellum

Symptoms of the flu

Fever (usually high)
Headaches
Extreme tiredness
Cough
Sore throat
Runny and stuffy nose.
Muscle aches
Nausea, vomiting, and diarrhea.

Illness like the flu and the colds are caused by viruses that infect the nose, throat, and lungs. Colds and flu are spread when an infected person coughs and sneezes.

How to help stop the spread of germs:

Cover your mouth when you cough or sneeze,
Clean your hands often. Wash hands vigorously for 14-20 seconds.
Avoid touching your eyes, nose and mouth.
Practice other good health habits.
Plenty of sleep, and fluids.

Elderly Services Store and Gift Shop

This is an invitation for you to come and visit our Elderly Services Store and Gift Shop. Our hours are from 9:00 a.m. to 1:00 p.m., Monday through Friday. We also feature fresh popcorn daily.

The following is a list of items for sale:

- Bird Houses
- Crosses, all types (plastic canvas)
- Dresser Scarfs
- Door Hangers (plastic canvas)
- Wreaths
- Floral Arrangements
- Green Bay Packer Dolls
- Greeting Cards, Native American, etc.
- Hats and Booties
- Kleenex Box Sets (plastic canvas)
- Native American Dolls, all sizes
- Necklaces
- Key chains
- Picture Frames
- Pillows
- Quilts, (full and crib size)
- Book Covers
- Seasonal Items
- Memories of Oneida Elders Tape
- Oneida Singers Tapes

And Many Other Assorted Items

Our store is located in the Elderly Services Complex, on Overland Drive, right next to the Airport Rd. Daycare Center.

The Bible



F1153

OLD TESTAMENT	PROTESTANT	RUTH	SHEM
ORDER	PROVERB	SAMUEL	SISTERS
PETER	PSALM	SAUL	SOLOMON
PEW	RACHEL	SCAPEGOAT	SONG
PHILEMON	REVELATION	SCRIPTURE	SORROW
PHILIPPIANS	ROD	SCRIPTURES	STORIES
PIUS	ROMAN	SECURITY	SYCAMORE
POLYGLOT	ROMANS	SEED	TAMEN
PRIEST	ROME	SEMITE	TESTAMENT
PROPHET	ROOD	SERMON	

More Flu Vaccine available!

Oneida Community Health Center has received additional influenza vaccine. All individuals listed in the following categories should receive a flu shot. These guidelines were developed by the Centers for Disease Control and enforced in Wisconsin by an emergency order issued by Governor Doyle.

1. All children aged 6 - 23 months of age.
2. Adults aged 65 years and older.
3. Persons aged 2 - 64 years with underlying chronic medical conditions.
4. Women who will be pregnant during the influenza season.
5. Residents of nursing home and long term care facilities.
6. Children aged 6 months - 18 years on chronic aspirin therapy.
7. Health-care workers involved in direct patient care.
8. Out of home care givers and household contacts of children aged less than 6 months of age.

Just a reminder, the cost for all flu shots given at Oneida Community Health Center will be \$ 32.00. The Oneida Community Health Center provides a number of services at no cost to eligible Indian people. *Receiving a Flu shot is one of these free direct care services!* To be eligible for health care services at no cost, you must be a member of a Federally recognized Tribe or Alaska Native Group and provide proof of descendency. All insurance and methods of third party reimbursement, such as Medicare, will be billed. Funds recovered through these sources are used to expand and improve services that will benefit all clients of the facility and the community.

If you are NOT eligible for direct care services at no cost, you will be asked to provide proof of insurance or pay the \$32.00 fee **at the time of service**.

Listed below is the remaining scheduled community flu clinic. Call Oneida Community Health Nursing at 869-4840 with questions.

Oneida Community Health Center 525 Airport Drive	Monday, November 29, 2004	4:00 PM - 6:30 PM
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WISE PROGRAM
Wisconsin Senior Employment Program

Are You

- * 55 years of age or older?**
- * Interested in training and paid work experience?**
- * On a limited income?**

If you fit this description, you could qualify for free training!

WISE Program provides older adults with training and part-time work experience in community service organizations. The on-the-job training received will help build skills necessary to get a permanent job.

Work at Elderly Services and learn to be a

*** Driver assistant, Activities Assistant, Receptionist, Clerical Worker, Administrative Assistant or a Respite/Care-giver.**

Who do I contact for help

In Oneida or GreenBay

**Bay Area Agency on Aging
1850 Elkay Lane
Green Bay, Wisconsin**

**Ask for Rose Gilson at (920) 469-8858
or call Florence Petri at Elderly Services at (920) 869-2448**



Greetings from the Oneida Community Library,

We Have Many New Things to Share with the Community. We Have Started a Silver Club. This Program Will Teach Elders the Basics of the Internet like E-mail and Surfing the Web. This Takes Place Every First and Fourth Tuesday of the Month at 10:30 A.m.. We Will Be Setting up Free E-mail Accounts on Yahoo.com. So Pass this Information on to Anyone You Think Would like to Attend.

We Will Also Be Starting a New Adult Book Club on Tuesday, December 2. The First Choice Will Be Lullaby by Chuck Palahniuk, Author of Fight Club. Copies Are Limited. Any Questions about Either the Silver Club or the Adult Book Club Call the Library at 869-2210 and Ask for Kim Siebers.

Come and Check out Our New Holiday Displays. Come Find a Festive Selection to Get You into the Holiday Spirit. The Weekends Would Be a Perfect Opportunity to Catch up on Your Reading.

Wishing You Safe and Happy Holidays!



Would A Trip to Enchanting New Mexico Interest You?

Sunday, Oct. 2nd 2005 (6days)

Price: \$1,624 pp/double occupancy (Inc. land/air tax)

Travel Insurance optional:
Offered through Globus \$109 or Can use a 3rd party insurance.

Credit Card payments will be accepted.

Included Features:

Hotel of Distinction- Santa Fe Inn

Exclusive: Flamenco Dancers

Behind the scenes: Tour of Museum of International Folk art.

Local Fare: La Fonda private luncheon

Unwind Time: Leisure time in Santa Fe.

Guided tours in:

ALBUQUERQUE, SANTA FE. LOS ALAMOS, CHIMAYO, and TAOS

Meals:

American breakfast daily.

2 lunches

3 dinners, choice of entrees.

Farewell dinner in Santa Fe.

For more information call :
Elderly Services at 920-869-2448
Ask for Florence or Noreen

To make this trip possible, we need a number of 20 participants.



DATE: / /

Name			Phone Number ()		
Address			Social Security Number / /		
City	State	Zip Code	County	DOB	/ /

A:\Newsletter\ENROLLME.WPD(11/26/02)

