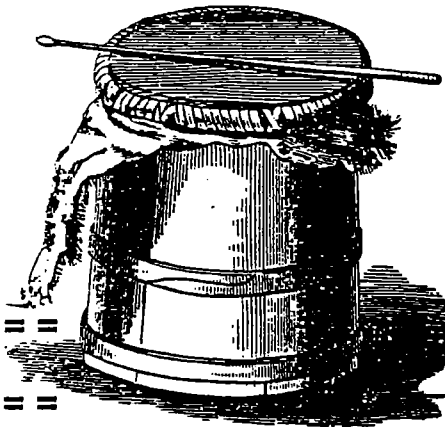


DRUMS ACROSS ONEIDA

SENIOR CENTER

134 Riverdale Drive
P. O. Box 365
Oneida WI 54155
920-869-1551 (Senior Center)
920-869-2448 (Elderly Services)



=====
Margaret King, Editor
=====

=====
DECEMBER, 1999
=====

Rural Development Assists Tribal Member in Receiving New Home

Since April of 1999, Diana Metoxen has enjoyed living in a new double wide home on Old Seymour Road which she can call her own. Oneida's first recipient of a home created with Rural Development financial assistance, it makes living independently easier.

The U.S. Dep't of Agriculture, administers the program, formerly know as Farmer's Home Administration. In the program, Metoxen was able to receive a loan, select a home and prepare for all the details in becoming a home owner.

Thanks to Diana's mother, Patricia Harms, Diana's foundation started with a piece of land to place her home on. With some luck and bumps along the way, Diana dedicated one and one-half years, from start to finish, in seeing the completion of what she now calls home.

Clearing land, installing a slab, driveway and culvert was additional work and came from Oneida Land Office, Conservation, Little Bear Development Center and the Oneida Housing Improvement Program.

Metoxen's now enjoys a double wide home with three bedrooms and two baths. This roomy home also has a beautiful fireplace, skylights, and dishwasher as extras she added herself.

She said her 30 yr. loan is based on eligible income and downpayment. "Your income also determines the size of th loan and what kind home you can get," said Metoxen, "It was nice to select a home I wanted."

Metoxen stressed that after getting a home like hers it's important to budget your total household bills.

The Rural Development Office offers home improvement loans and grants to very low-income owners/occupants of homes (and trailers) in *rural* areas. Elders with income eligibility, who cannot repay a loan, may receive grant funds to remove health or safety hazards and complete repairs. Applicants under 62, and income eligible, can receive loans to build homes, like the one Metoxen pursued. The Rural Development program comes to Oneida Senior Center the 1st, 3rd and 5th Thursday of the month. Stop by for more information about home repairs or loans.

ELDERLY SERVICES COMPLEX:

Program Director
Assistant Program Director
Benefits Specialist Supervisor
Benefits Specialist
Elder Abuse Coordinator
Elderly Services Coordinator
Administrative Assistant
Office Manager
Transportation Coordinator
Activity Coordinator
Outreach Worker
Outreach Worker
In-Home Chore Worker
In-Home Chore Worker
Respite Care Worker
Respite Care Worker
Administrative Assistant
Title V

2907 S. Overland Rd. (P.O. Box 365)
Oneida WI 54155
1-920-869-2448

Roberta Kinzhuma
Florence Petri
Lori Metoxen
Loretta Skenandore
Karen Rusch
Vacant
Noreen Powless
Connie Danforth
Lorna Christjohn
Terry Reed
Cindy Brabbs
Margaret King-Francour
Joanne Close
Lorleen John
Amy Sumner
Josephine Doxtator
Lisa Mittag
Heleema Jordan

ONEIDA SENIOR CENTER:

Head Cook Supervisor
Assistant Cook
Relief Cook
Relief Cook
Home-Delivered Meals Driver
Maintenance Supervisor
Home Repairs Coordinator
Home-Chore Worker
Home-Chore Worker
Home-Chore Worker
Home-Chore Worker
Home-Chore Worker
Home-Chore Worker
Home-Chore Worker
Outreach Worker
Kitchen/Dining Assistant
Custodian
Clerical Relief
Clerical
Clerical/Meals On Wheels
Title V

134 Riverdale Drive (P.O. Box 365)
Oneida WI 54155
1-920-869-1551

Brenda Jorgenson
Loretta Mencheski
Betty Jorgenson
Althea Schuyler
Cathy Schuyler
Robert LaGest
Richard Summers
Lee Domencich
Lloyd Davis
Lisa Huff
Denise Johnson
Jerry Powless
Harold Dostalek
Warren House
Winona Mencheski
Richard Dodge
Elda Swamp
Marie Scott
Nancy Woodke
Grover Smith

DECEMBER

Announcements and Reminders

- Dec. 9 Elderly Services Bldg, Craft Sale 10am-3:30pm
Dec. 11 GTC meeting 10 am Turtle School, RE: Per Capita
Dec. 14 ONCOA Board Mtg at Elderly Services Bldg, 1pm
Dec. 16 Diabetic Luncheon, 10 am-Noon Parish Hall, Info, Meal
Dec. 16 Elder Christmas Dinner 5pm Edgewood Supper Club in Seymour, WI
Dec. 23 Christmas Eve recognized, (In observance
Tribal Programs Open til NOON today)
Dec. 24 Merry Christmas! (In observance, Tribal Programs Closed)
Dec. 30 December Birthday Celebration Music by Woody Webster,
11am-1pm, Oneida Senior Center
Dec. 31 Happy New Year! (In observance, Tribal Programs Closed)

**Elderly Services Staff meetings are held every Tuesday morning
at 8 a.m. at the Oneida Senior Center. Everyone is welcome to attend.**

DIABETES

What is it?

What are my chances of getting it?

Where can I learn more about it?

Over time, researchers learn more and more about how to treat and manage diabetes. It is encouraging to learn about new advances. It is also important to explore some possible changes you can take in managing or preventing diabetes. Change your lifestyle to prevent or control diabetes through knowledge.

PLEASE COME TO OUR ACTIVITY TO LEARN MORE!

DATE: Thursday December 16
WHAT: **DIABETIC LUNCHEON**

10 AM- NOON Parish Hall
Exercise, Info
Healthy Diabetic Meal
Please call 869-4829

Thursday December 16
**DIABETIC WELLNESS
GROUP**
6 PM Bldg A Lounge,
Elder apts, S. Overland
Healthy Refreshments
A gift for all who attend!

Happy Birthday

December Babies!



Gertie Armstrong	12/17
Mamie Benson	12/15
Robert J. Cornelius	12/24
Katherine Danforth	12/18
Tim Doxtator	12/15
Joseph Fuss	12/22
Helyn Hill	12/18
Katherine Jourdan	12/18
Delia J. Matson	12/08
Annabeth Ness	12/07
Blanche Powless	12/23
Josiah Powless	12/19
Purcell Powless	12/22
Theresa Reed	12/13
Katherine Skenandore	12/31
James Smith	12/12
Melissa Sorensen	12/29
Anderson Summers	12/13
Joseph A. Summers	12/17
Alma Thorton	12/24
Donald Webster	12/20
Mabel White	12/27

Jesse Baird	12/29
Daisy Christjohn	12/19
Nadine Dallas	12/24
Melinda Doxtator	12/12
Celicia Faust	12/31
Geraldine Gierczak	12/10
Pearl House	12/14
Eunice Malone	12/16
Lyndahl Metoxen	12/30
Joyce Ninham	12/05
Floyd Powless	12/28
Marcella Powless	12/08
Theresa Reed	12/05
Donald Skenandore	12/17
Walter Skenandore	12/31
R.G. Smith	12/13
Ann Spigell	12/29
Anna J. Summers	12/13
Margaret Summers	12/14
Helema Watters	12/15
Houston Wheelock	12/16

Elders, if you have a birthday in December,
please join us at Oneida Senior Center,
134 Riverdale (Hwy J., Oneida) on December 30!
Have lunch with us and sign the birthday book.

Birthdays for our Elders are celebrated on the last Thursday of every month.

-Oneida Elderly Services-

What to do After Hours and on Week-ends

The 869-2448 number is available to elders 24 hours a day.

This **24 hr. telephone answering service** is available after the work day (8:00am-4:30pm)

STEP ONE:

If you call, PLEASE STAY ON THE LINE,
our answering service has a brief message broadcast
THEN a person answers your call.

STEP TWO:

Relay your request or inquiry to the person taking your call.

STEP THREE:

WAIT for a return call. The person taking your call will call you back with
information regarding your request.

Our answering service operators are on call to help you.

They reach supervisors and someone will return your call for assistance.

With respect for our employees, *please do not call staff at home* after hours or on weekends.

NEED A JOB?

A 20 hour administrative assistant job available. Must qualify for Title V.
Organizational and people skills required. Please call Sandy Dennett at 869-3160
for more information





Get Your Rebate!

From the State of Wisconsin, Dep't of Revenue
Cate Zeuske, Secretary

Governor Thompson has \$700 million in Sales Tax Rebate Checks to mail and he does not want anyone to be left out!

People can qualify for a Wisconsin Sales Tax Rebate check even if they did not file a 1998 state income tax return or file for a Homestead Credit this year!

All they need to do is fill out the easy-to-use Resident Application Form and return it to us at the address indicated (SEE FOLLOWING PAGE). There's no rush. Applications will be accepted as late as June 30 of next year. Checks will be mailed about 10 weeks after each application is received.

(Those who did file a state 1998 income tax return this year or who claimed a Homestead Credit will automatically receive a check; they don't have to fill out an application.)

Unlike Minnesota's rebate checks, residents who did not file an income tax return this year are still eligible to apply for a rebate check - worth \$184 for single applicants and \$360 for couples. All told, the Governor's "Trust the People" tax rebate will return \$700 million to 2.5 million Wisconsin households. Get your rebate.

*IF YOU HAVE ANY QUESTIONS,
PLEASE CALL:*

ONEIDA ELDERLY SERVICES
LORI METOXEN or
LORETTA SKENANDORE,
Benefits Specialists
(920) 869-2448

Wisconsin
Department of Revenue

Application for Sales Tax Rebate

Complete this application only if you or your spouse were
a full-year or part-year resident of Wisconsin in 1998.

Form **STR**

Before you fill out this application, read the instructions on the back to see if you are eligible.

Your last name	First name and middle initial	Social security number
If married filing a joint claim, spouse's last name	First name and middle initial	Social security number
Home address (number and street)		
City or post office	State	Zip code

Complete and return this application no later than June 30, 2000. Applications postmarked after June 30, 2000 will not be accepted.

1 Were you a full-year or part-year resident of Wisconsin during 1998?

☐ Yes ☐ No

If yes, indicate the dates you resided in Wisconsin and the address you lived at in the spaces below:

I was a legal resident of Wisconsin from _____, 1998 to _____, 1998
and resided at _____, WI.

If no, do not complete this form. Persons who were nonresidents of Wisconsin during 1998 (except persons married to a full-year or part-year resident of Wisconsin) must file Form NSTR to claim a sales tax rebate.

2 Did you file a 1998 Wisconsin income tax return or homestead credit claim by October 15, 1999?

☐ Yes ☐ No

If yes, do not complete this form. Your sales tax rebate will be issued to you automatically based on your 1998 return or homestead credit claim.

3 Were you claimed as a dependent on anyone else's 1998 federal income tax return?

☐ Yes ☐ No

If yes, stop here. You are not eligible for the sales tax rebate.

4 Fill in \$184 (\$360 if married filing a joint claim). This is the amount of
your sales tax rebate. 4 _____

Under penalties of law, I declare that this application is correct and complete to the best of my knowledge or belief.

Your signature	Spouse's signature if a joint claim	Date
----------------	-------------------------------------	------

Mail Form STR no later than June 30, 2000, to:

Wisconsin Department of Revenue
Sales Tax Rebate
PO Box 8937
Madison, WI 53708-8937

Instructions for Sales Tax Rebate

Who should file Form STR

If you were a full-year or part-year resident of Wisconsin in 1998 and you did *not* file a 1998 Wisconsin income tax return or a 1998 homestead credit claim by October 15, 1999, you must fill out Form STR to claim the rebate of Wisconsin sales tax paid in 1998.

Special Situations

If you were married as of December 31, 1998, and both you and your spouse were either a full-year or part-year resident of Wisconsin in 1998, you may choose to file either one "joint" claim or two "separate" claims. If you file a joint claim, fill in both spouses' names and social security numbers on Form STR. If you file a separate claim, fill in only your own name and social security number.

If you were married as of December 31, 1998, but your spouse is now deceased, you may still file a joint claim. Write "deceased" after your spouse's name in the name and address area at the top of Form STR.

A claim may be filed on behalf of a person who was a full-year or part-year resident for 1998 but who died after 1998. If there is no estate to probate, a surviving heir may file Form STR for the person who died. If there is an estate, the personal representative for the estate must file the Form STR. The person filing Form STR should sign it and indicate his or her relationship to the person who died (for example, "surviving heir" or "personal representative").

Who should not file Form STR

Do *not* complete this form if:

- You were a full-year or part-year resident of Wisconsin in 1998 and filed a 1998 Wisconsin income tax return or 1998 homestead credit claim by October 15, 1999. (You will be sent a rebate automatically if you are eligible.)
- You were claimed as a dependent on anyone else's 1998 federal income tax return. (You are eligible for a rebate only if you filed a 1998 Wisconsin income tax return, had an income of at least \$5,000, and a net tax liability of \$1 or more. If you meet these limitations, you will be sent a rebate automatically, and should not file Form STR.)
- You were incarcerated in a state or federal prison at any time during 1998. (You are not eligible to claim a rebate. However, if you were married as of December 31, 1998, your spouse may still be eligible to file Form STR.)

- You were a nonresident of Wisconsin in 1998. (**Exception:** If you were married as of December 31, 1998, to an individual who was a full-year or part-year resident of Wisconsin in 1998, you may file a joint claim on Form STR with your spouse.)

What is the sales tax rebate?

A law passed in November, 1999 allows a rebate of Wisconsin state sales tax paid in 1998. For eligible individuals who were full-year or part-year residents of Wisconsin in 1998, but did not file a 1998 Wisconsin income tax return or homestead credit claim, the rebate amount is \$184 (\$360 if married filing a joint claim).

If you owe delinquent Wisconsin taxes or debts to other state agencies, counties, or municipalities which have been certified to the department, Wisconsin law requires the Department of Revenue to apply your rebate to the amount you owe. If you owe less than the amount of your rebate, you will receive the difference.

Signature

You must sign Form STR. If you are married and filing a joint claim, both spouses must sign. An unsigned application is considered incomplete and your right to claim a rebate will be denied.

When to file

Mail your application no later than June 30, 2000, to the address shown at the bottom of Form STR.

Applications postmarked after June 30, 2000, will not be accepted.

You can expect to receive your rebate check within approximately 10 weeks. If your rebate check is not cashed by December 31, 2000, your right to the rebate lapses.

Questions?

If you have questions on how to complete this form, call (608) 266-2772 or (608) 267-9420.

TTY users may call the department at (608) 267-1049 in Madison or (414) 227-4147 in Milwaukee. These numbers are to be used only when calling with TTY equipment.

BRIEFLY speaking...

Roberta Kinzhuma, program director for Oneida Elderly Services, will be taking a one year leave of absence to pursue the Henry Kaiser Fellowship in Washington D.C. She will be departing Oneida during the Christmas holidays and will reside in the nation's capitol. Assistant Program Director, **Florence Petri** will assume her duties.

The Henry J. Kaiser Family Foundation has a new health policy fellowship program designed to give Native American health and welfare leaders an opportunity to learn more about national health and welfare policy issues that affect Native Americans. Fellows will gain a better understanding of the national policymaking process and become better resources for their communities.

Good Luck, Roberta!

Lori Metoxen, a staff member of Oneida Elderly Services, has been appointed to the Executive Board of the Wisconsin Benefits Association.

Metoxen serves as Elderly Benefits Supervisor for Oneida and is the first tribal representative on a state board that represents elder concerns. She will represent 6 other tribal benefit specialists in the state that currently serve 11 tribes.

"Just to have this forum and to make sure we have a voice is important," said Metoxen, "I like to set the benchmark for representing the needs of Indian Country."

Congratulations, Lori!



Credit Card Protection Programs

If you have major credit cards, then you probably get phone or mail solicitations about credit card protection programs. Or maybe you received a check for \$3.25 in the mail, and when you cash it you will activate insurance to protect you if credit cards are lost or stolen.

It's important to read the fine print of the offer listed on the check or offered by mail, advises Attorney General Jim Doyle. If you cash the check, you are authorizing the company to charge your credit card fees for services you can do for yourself at no cost and with little effort. The cost charged to your credit card could be \$60 or more. Many of the services offered are usually already provided by the credit card company or are protections you have under federal law.

Some of the services offered include a free personal credit report, registration for all your credit cards, protection against fraudulent charges and 24 hour toll-free hotline. You can get a free copy of your credit report if you have been denied credit in the past 60 days based on information in the report. Just call the credit reporting agency on a toll-free number and ask for a copy. (Call Equifax at 1-800-685-1111).



Compile a list of your credit cards and the toll-free customer service phone numbers for the companies that issued them. With such a list, you can quickly call to report lost or stolen credit cards on your own. This is less expensive than paying for a registration service.

The protection against fraudulent charges is something that federal law already covers. The law only allows your credit card company to hold you liable for a maximum of \$50 per card if you report the loss or theft of the credit cards within 60 days. If you report the theft or loss before any charges are made, then you aren't responsible for any charges made after the loss or theft.

So the next time you get a check in the mail that claims to provide vital protection services for your credit cards, read the fine print. What are you really getting for your money?

This information is brought to you by the Attorney General's Office

COPING WITH THE HOLIDAYS

ALTERNATIVES FOR THOSE WITH ALZHEIMERS DISEASE AND THEIR FAMILIES

- *Why can Holiday times be Difficult?*

Reminders of Holidays past and how life used to be

Feeling one should be happy at this time of the year

Trying to live up to the expectations of family rituals and traditions



- *For the person with Alzheimer's Disease*

There may be an adverse reaction to:

A change in their normal, every day routine

Increased noise and activity level in their surroundings

Crowded holiday gatherings with people they no longer recognize

- *Hints to Enhance Holiday Times*

Maintain normal routine as much as possible

Involve in:

Simple Activities

Listening to music

Looking at photos, picture books

Eating favorite foods

Avoid:

Taking them shopping

Long Visits

Too many people

- *Gift Ideas for the Person with Alzheimer's*

Short Visits

Velcro Clothing

Foot bath, whirlpool

Hugs, Physical Tenderness

Plants

Books, large pictures, few words

- *Gift Ideas for the Care giver*

The gift of listening

Tickets to a show (respite care offered)

Ready Made Meal-frozen casserole or hot dish



- *Suggestions for Caregivers Coping with the Holidays*

Set limits-let others know you cannot do all the cooking and decorating

Take care of you-Good nutrition, exercise

Find opportunities for mutual support with other A.D. families

Plan something to look forward to after the holidays are over

In Need of Home Repairs? Home Getting Ran Down?

FOR WHO:

Home improvement loans and grants are available for very low income residents, tribal members and elders of the Oneida Tribe. USDA Rural Development can make grant/loan combinations available to persons 62 years of age or more. If you haven't reached this age, only loans are available.

WHAT:

Loans are available at 1% interest with payments spread out up to 20 years. Generally, loans can be used to remove health and safety hazards and make homes accessible for the disabled. Changes can be made for convenience of the resident too, such as remodeling the kitchen, bath, flooring, windows and roofs.

Sorry - no garages or driveways.

Grants are available only to remove health and safety hazards and handicap accessibility.

HOW MUCH:

Loans - Maximum of \$20,000.

Grants - Lifetime maximum of \$7,500.

WHERE:

Stop in at the Oneida Senior Center to speak to Jolane or Dave, Rural Development representatives or call them at 715-524-2148 or the Oneida Senior Center at 920-869-1551.

WHEN:

1st, 3rd and 5th Thursday of the month, 9:30 a.m.-12:30 p.m.

Y2K

Our world faces a potentially serious computer problem on December 31, 1999. The problem is known under many names, i.e. "Year 2000", "Y2K", "the Millennium Bug". The Year 2000 problem arises because most software written over the past twenty years use only two digits to specify a date, rather than 4 (1999 is entered as '99 rather than 1999).

On January 1, 2000, unless the software is corrected, computers will recognize the year as "00" and may assume that the year is 1900 rather than 2000. This could lead the computer to complete incorrect date calculations, or totally shut down.

So what if computers cannot function for a while? Unfortunately, our world has become dependent on computers. They run our telephone systems, bring power to our homes and businesses, keep all types of records including our bank accounts, tax payments, pharmaceutical records. Computers also operate our factories, medical equipment, etc. The list goes on and on.

Many organizations have identified the year 2000 problem in their computer systems and have either rewritten and corrected the software programs or have scrapped their older computers. There is still some risk for Year 2000 computer failures because of the enormous complexity of computer programming and the enormous number of computers and micro processing chips that operate our world.



Taking some simple precautions to ensure you are in the best position to react to any Year 2000 computer failures. We have developed a checklist as a planning guide to assist you. The list includes items such as copies of important documents, necessary cash on hand if banking is interrupted, food and water supplies if power and water services in interrupted, and medical supplies.

We hope that none develops that night, but to quote the Boy Scout Motto: "Be Prepared".

MENU

DECEMBER

1999

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
		All Meals served with coffee, tea and milk. Meals are subject to change.		1 Chicken & Rice Mixed Vegetables Grape Juice WW Bread Ice Cream/Fruit		2 Beef Roast Mashed Potatoes Brussel Sprouts WW Bread Sugar Free Cheesecake Mixed Berries		3 Scrambled Eggs/Ham Cubes Toast Pineapple Juice Pears	
6 Chicken Salad Tomato Slices/Lettuce Leaf Croissants Diet Raspberry Jello		7 Potato Soup Fresh Bread Cranberry Juice Orange/Pineapple/Applerings		8 Pork Roast Broccoli Sweet Potatoes Whole Wheat Bread Bread Pudding or Fruit		9 Fish Red Potatoes Cole Slaw Corn Bread Pineapple Tidbits		10 Pancakes Sausage Cran-orange Juice Mixed Berries	
13 Tuna Salad Cottage Cheese Tomato Slices/Lettuce Leaf Whole Wheat Bread Peaches		14 Chicken Vegetable Soup Fresh Bread Pineapple Juice Diet Pudding & Van. Cookies		15 Pork Steak Carrots Mac Noodles/Tomatoes Whole Wheat Bread Mandarin Oranges		16 Liver & Onions Potatoes Beets Whole Wheat Bread Sherbert/Fruit		17 Poached Eggs Bacon Cold Cereal Toast Orange Juice Bananas	
20 Cube Steak Pasta W/Fresh Vegetables Whole Wheat Bread Water Melon		21 Corn Soup/Pork Hocks Fresh Bread Raspberries		22 Tator Tot Casserole Whole Wheat Bread Cantalope		23 S.O.S. Eggs Toast Grapefruit Juice Melons		24 CLOSED	
27 Chicken Ala King Broccoli Rice Biscuits Mandarin Oranges		28 Chili Whole Wheat Bread Cucumber Salad Apple Juice Cantalope		29 Meat Loaf Red Potatoes Cauliflower WW Bread Grape Juice Diet Jello W/Pears		30 BIRTHDAY DAY 		31 CLOSED	

MAGICAL EXPERIENCES ARE AWAITING YOU SO VOLUNTEER TO JOIN OUR HAPPY CREW!

You may already be familiar with Mae Baxter and Janet Mier as they have worked at the Oneida Casino. They, also, have been giving their time and talents at our Special Activities Club Meetings every Wednesday morning.

Do you have a Wednesday morning available to visit us? This is an open invitation to "Come See the Magic" which will "Touch Your Heart" with "Memorable Thoughts" and a "Rewarding Experience." These are just some of the quotes from our volunteers which we hope will inspire you to visit us.

We meet every Wednesday from 9:00 am to 11:30 am at the Elderly Services Complex on Overland Road in a social atmosphere for visiting, gentle exercising, games, refreshments, table activities and recreation.

THANK YOU

We wish to send a BIG THANK YOU to Oneida Bingo & Casino and Kimberly Tyler on a successful Christmas Card Contest in which we were delighted to participate. Everyone was elated to hear we won Honorable Mention. The \$25.00 prize will enhance more Special Activities for our Club.

VOLUNTEERS NEEDED

How Blessed Are You?

Lord, thank you for this sink of dirty dishes;
we have plenty of food to eat.
Thank you for this pile of dirty, stinky laundry;
we have plenty of nice clothes to wear.
And I would like to thank you, Lord, for those
unmade beds; they were so warm
and comfortable last night. I know many have no
bed. My thanks to you, Lord, for this bathroom,
complete with all the splattered mirrors, soggy, grimy
towels and dirty lavatory; they are so convenient.
Thank you for this finger-smudged refrigerator that
needs defrosting so badly; it has served us faithfully
for many years. It is full of cold drinks and enough
leftovers for two or three meals.
Thank you Lord, for this oven that absolutely must
be cleaned today. It has baked so many things over
the years. The whole family is grateful for that tall
grass the needs mowing, the leaves that need
raking, we all enjoy the yard and trees.
Thank you, Lord,
even for the slamming screen door.
My kids are healthy and able to run and play.
Lord, the presence of all these chores awaiting me
says You have richly blessed my family.
I shall do them cheerfully and
shall do them gratefully.



A decorative border made of holly leaves and berries surrounds the text. The leaves are dark with light-colored veins, and the berries are small circles. The border is thicker at the top and bottom and thinner on the sides.

Oneida Elders Christmas Celebration

Thursday, December 16, 1999
5:00 p.m. — 9:00 p.m.

Oneida Elders Christmas Party
will be at:

The Edgewood Supper Club
N6744 County Road C
Seymour, WI 54165

70 & over—FREE

69-55—\$8.00

54 & younger—\$10.00

****No children please, this is a party for our elders****

Checking into a hospital or
medical facility
or
Taking a Vacation ???

WE WOULD LIKE TO HEAR FROM YOU

Oneida Elderly Services....869-2448



If your normal schedule
has temporarily changed,
please call us at
869-2448.

Oneida Elderly Services
would like to know your
where we can
contact you.

If you can't reach us, please ask
a family member to contact us.

This helps us track our services
more closely. Thanks for your help.



In Case of Snow or Inclement Weather....

In the event the Oneida Senior
Center/Elderly Services would be
unable to open and/or deliver meals,
cancellation announcements will be
carried on the following radio
stations:

WDUZ	1400 AM
WGEE	1360 AM and 99.7 FM
WIXX	101.1 FM
WNFL	1440 AM

Woodland Animals

BADGER
BEAVER
BLACK BEAR
CHIPMUNK
DEER
ELK
FOX
GRIZZLY BEAR
GROUNDHOG

LYNX
MARTEN
MINK
MOLE
OPOSSUM
OWL
PHEASANT
PORCUPINE
RABBIT

RACCOON
SKUNK
SQUIRREL
WARBLER
WEASEL
WOLF
WOODCHUCK
WOODPECKER

R	B	P	D	W	S	Q	U	I	R	R	E	L
M	A	L	O	E	O	R	A	C	C	O	O	N
C	O	E	A	R	E	O	P	K	W	H	R	W
T	H	L	B	C	C	R	D	A	N	E	G	E
N	M	I	E	Y	K	U	R	C	K	I	R	A
A	A	K	P	D	L	B	P	C	H	E	M	S
S	R	N	M	M	L	Z	E	I	V	U	X	E
A	T	U	H	E	U	P	Z	A	N	O	C	L
E	E	K	R	W	D	N	E	I	R	E	X	K
H	N	S	F	O	X	B	K	G	R	Y	N	F
P	G	R	O	U	N	D	H	O	G	G	Y	L
H	G	W	M	U	S	S	O	P	O	W	L	O
R	A	B	B	I	T	B	A	D	G	E	R	W

MAPLE-VINEGAR MARINATED RACKS OF VENISON

1 cup maple syrup
1 cup cider vinegar
6 juniper berries or dried spicebush berries
or allspice berries crushed
2 racks of venison (about 2 1/2 pounds each)
with ribs left along and "frenched" and backbone
cracked and removed
2 tablespoons vegetable oil
salt and pepper to taste
1/2 LB. Thinly sliced bacon

AHSA

Three

NATE?KUTAHNUTELE

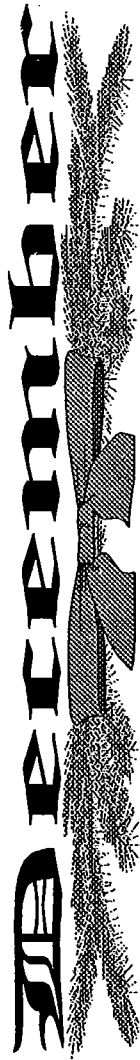
Sisters

YEKHUNYA·THA KAHYATŪSLI


Cookbook

In a large shallow bowl, combine syrup, vinegar, and crushed berries. Add venison racks, cover and marinate in the refrigerator overnight. Turn racks 2 to 3 times. Remove venison from marinade and rub with oil. Reserve marinade for basting. Sprinkle venison lightly with salt and pepper. Preheat oven to 400F. Stand racks in a shallow oiled roasting pan just large enough and interlace the ribs to form a standing roast. Drape bacon strips over the outside of the roast if desired. Roast for 10 min. Per pound for rare and 12-13 for medium. Baste 2-3 times with the marinade while roasting. Remove roast from oven and allow to stand loosely covered for 15 min. Before carving. To carve, cut between the first two chops on one side. Remove first chop and then alternate and remove the one opposite it. Serves 6 to 8.

Activities



1999

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Activities subject to change.</p> 	<p>Bus leaves from the Oneida Senior Center.</p>	<p>1 Fitness 9:30am to 10:30am Salvation Army Leave at 11:30am Cost \$2</p>	<p>2 WIEA-Watersmeet Lv 9am 12/2-Rt 9pm 12/3/99 Shopping-Banks-Lunch 1pm-3pm</p>	<p>3 Cultural Enrichment Elderly Services Lunch Provided 9am-1pm</p>
<p>6 Fitness 9:30am to 10:30am</p>	<p>7 EP Worth Hall 9:30-11:30am Crafts Cards Beads</p>	<p>8 Fitness 9:30am to 10:30am Bingo at Casino 9am-12:30pm Lunch Out</p>	<p>9 Craft Sale Elderly Services 10am-3:30pm Xmas Center Pieces 1pm-3pm</p>	<p>10 Shopping Banks Lunch 10am-3pm</p>
<p>13 Fitness 9:30am to 10:30am Bingo Site II 1pm-3pm</p>	<p>14 EP Worth Hall 9:30-11:30am Crafts Cards Beads</p>	<p>15 Fitness 9:30am to 10:30am Crafts Xmas Center Pieces</p>	<p>16 Diabetic Lunch 10am-11:30am Elders Xmas Party Edgewood Super Club 5pm-9pm</p>	<p>17 Shopping Banks Lunch 10am-3pm</p>
<p>20 Fitness 9:30 am to 10:30 am</p>	<p>21 EP Worth Hall 9:30-11:30am Crafts Cards Beads</p>	<p>22 Fitness 9:30am-10:30am Budget Movie/Tour of Lights 1pm to ? Supper Out</p>	<p>23 Shopping Banks Lunch 10am-3pm</p>	<p>24 CLOSED</p>
<p>27 Fitness 9:30am to 10:30am Bingo Site II 1pm-3pm</p>	<p>28 EP Worth Hall 9:30-11:30am Bingo</p>	<p>29 Fitness 9:30am to 10:30am Crafts-New Years Hat 1pm-3pm</p>	<p>30 BIRTHDAY Gifts 12:15-12:30pm Shopping-Banks-Lunch 10am-3pm</p>	<p>31 CLOSED</p>

EMPLOYEE PROFILE

Outreach Worker-

Cindy Brabbs, Margaret King

Finding resources to aid in independent living, Outreach Worker *Cindy Brabbs*, enjoys making connections and referrals for Oneida elderly.

"When I think a client needs something, like maybe handrails or a cane, I know I can get it for them," said Brabbs, who recently recertified as a Nursing Assistant. Cindy had been employed as a Nursing Assistant in the EauClaire area before moving back to Oneida.

"If some of them need therapy, I can get a prescription from their doctor for a referral to the CP pool in Green Bay," she said, "it helps them."

As a jack of all trades, Brabbs job also has her providing respite care, in-home chore work and well as being a information resource to Oneida Elderly.

A typical day might have Cindy arrive at a clients home, assist the clients with personal grooming, shower, making beds, cleaning rooms, vacuuming, exercising or strolling out on the roads for a walk. Some days she transports clients to appointments or you might see her posting flyers around the community regarding meetings, flu shot clinics or other information.

"I like helping the elders and their families get a break (respite) when I'm there," she said, "when I find resources for them, then I know I'm helping them out."

Sagoli, my name is *Margaret King* and I'm a new Outreach Worker for Oneida Elderly Services. Some of you may see me out on the road, transporting or assisting you in your home.

As Outreach, I also can help identify resources for needs you may have at home, but don't know how to get.

My background in alternative health has allowed me the opportunity to serve our community members with more armor in acheiving wellness.

Another portion of my job duties as Outreach include organizing your newsletter.

I've written and organized newsprint in the past including the Gaming Newsletter, CHIPS AND PIECES and the Oneida Tribal Newspaper, KALIHWSAKS. I'm excited to put this newsletter together. Please share with me your suggestions, as I will do my best to put together good reading material and serve our Oneida Elder Community.

I'm available at 869-2448 ext 4957.



CONSUMER TIPS

Pre-Paid Phone Cards

Pre-Paid phone cards are available in many places such as gas stations, grocery stores, restaurants and convenience stores. Consumers should review the posted information at the place where the cards are sold. Also, read the fine print on the front and back of the cards so you can become familiar with the various fees and surcharges. Many cards also have an expiration date.

Often, the low per-minute rate advertised is calculated based on one domestic phone call from somewhere other than a pay phone.

Be sure to shop around to find the card most suitable for your needs.

Balding Tires

Winter is coming, and you've probably made plans to winterize your car. Checking the oil, windshield washer fluid, battery and anti-freeze is a good start. Don't forget to take the time to check the tires.

Giving tires a monthly inspection will help ensure the best performance for smooth and safe steering, braking and accelerating. Check your tires carefully for uneven wear, which can indicate structural damage to tires or problems with inflation pressure, alignment or balance.

This information is brought to you by the Attorney General's Office

Wishing You and Yours a Very
Merry Christmas
and Happy New Year



HOYAN!



ONEIDA SENIOR CENTER
ENROLLMENT FORM
DATE _____

NOTE: The state and federal government have requested that we collect the following information on individuals who receive our services. The information may be used to justify continued funding of our programs. This information may also be shared with other programs of the Oneida Tribe of Indians of Wisconsin for statistical or funding purposes or to provide a basis for policy decisions.

Name _____ Telephone Number _____
Address _____ Social Security Number _____
City _____ State _____ County _____ Zip Code _____ Date of Birth _____

Please check the appropriate responses:

Marital Status: ---Married ---Single ---Widowed ---Divorced

Race: ---Native American ---Caucasian ---Latino ---Asian ---African American

Tribal Affiliation: _____ Roll Number _____

Living Arrangements: ---Live Alone ---With Spouse ---Other
 ---Rent ---Own

General Health Status: ---Excellent ---Good ---Fair ---Poor

Monthly Household Income: ---0 to \$778 ---\$779 to \$1045 ---\$1046 +

Do you currently have one of the following: ---Guardian ---Power of Attn.. Finances
---Medicaid ---Medicare ---Power of Attn. Health ---Representative Payee
---None of the above.

In case of emergency please contact: Name _____ Phone _____
 Relationship _____

*****For

Office Use Only

Low income: Y N Date _____
Medically At Risk: Y N No. 99- _____
Nutrition At Risk: Y N

Please Return To
Oneida Elderly Service Complex
Service Coordinator
2907 S Overland Rd
Oneida WI 54155