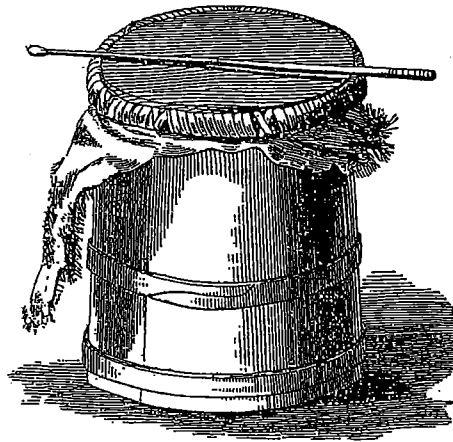


DRUMS ACROSS ONEIDA

SENIOR CENTER
134 Riverdale Dr.

P.O. Box 365



ELDERLY SERVICES
2907 S. Overland Rd.

Oneida, WI 54155

Elderly Services: 1-920-869-2448

Senior Center: 1-920-869-1551

Toll Free: 1-800-867-1551

Give Thanks & Hunting Moon

November 2002

True Friends

When we honestly ask ourselves which persons in our lives mean the most to us, we often find it is those who, instead of giving advice, solutions, or cures, have chosen rather to share our pain and touch our wounds with a warm and tender hand.

The friend who can be silent with us in a moment of despair and confusion, who can stay with us in an hour of grief and bereavement, who can tolerate not knowing, not curing, not healing and face with us the reality of our powerlessness, that is a friend who cares.

~Henri Nouwen

ELDERLY SERVICES COMPLEX:

Program Director
Interim Program Director
Benefits Specialist Supervisor
Benefits Specialist
Elder Abuse Coordinator
Elderly Services Coordinator
Administrative Assistant
Office Manager
Transportation Coordinator
Transportation Driver
Transportation Aide
Activity Coordinator
Outreach Worker
Outreach Worker
In-Home Chore Worker
In-Home Chore Worker
Respite Care Worker
Respite Care Worker
Administrative Assistant
Title V
Title V

2907 S. Overland Rd. (P.O. Box 365)
Oneida WI 54155 1-920-869-2448

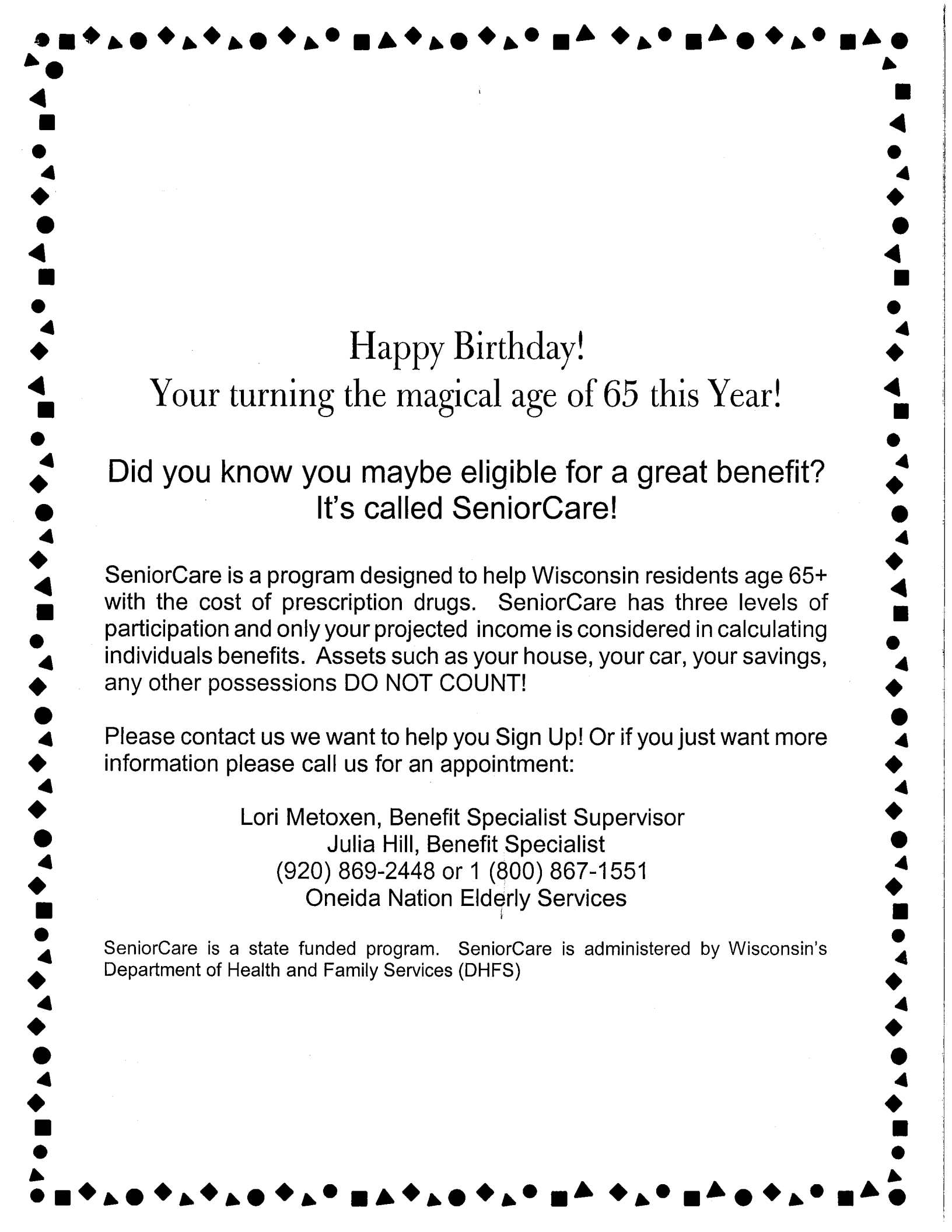
Vacant
Florence Petri
Lori Metoxen
Julia Hill
C.J. Doxtater
Cheryl Ault
Noreen Powless
Vacant
Lorna Christjohn
Vacant
Vacant
Margaret King-Francour
Cindy Brabbs
Amy Sumner
Joanne Close
Lorleen John
Regina Vande Hei
Debbie Ninham
Marty Braeger
Arleen Elm
Rita Summers

ONEIDA SENIOR CENTER:

Head Cook Supervisor
Assistant Cook
Relief Cook
Relief Cook
Home-Delivered Meals Driver
Maintenance Supervisor
Home Repairs Coordinator
Home-Chore Worker
Home-Chore Worker
Home-Chore Worker
Home-Chore Worker
Home-Chore Worker
Home-Chore Worker
Outreach Worker
Title V
Title V
Title V
Title V
Title V

134 Riverdale Drive (P.O. Box 365)
Oneida WI 54155 1-920-869-1551

Brenda Jorgenson
Loretta Mencheski
Betty Jorgenson
Althea Schuyler
Catherine Granquist
Robert LaGest
Richard Summers
Lee Domencich
Lloyd Davis
Lisa Huff
Denise Johnson
Jared Skenadore
Harold Dostalek
Warren House
Winona Mencheski
Vacant
Vacant
Vacant
Grover Smith

A decorative border composed of various geometric shapes including circles, triangles, squares, and diamonds, arranged in a repeating pattern around the perimeter of the page.

Happy Birthday!
Your turning the magical age of 65 this Year!

Did you know you maybe eligible for a great benefit?
It's called SeniorCare!

SeniorCare is a program designed to help Wisconsin residents age 65+ with the cost of prescription drugs. SeniorCare has three levels of participation and only your projected income is considered in calculating individuals benefits. Assets such as your house, your car, your savings, any other possessions DO NOT COUNT!

Please contact us we want to help you Sign Up! Or if you just want more information please call us for an appointment:

Lori Metoxen, Benefit Specialist Supervisor
Julia Hill, Benefit Specialist
(920) 869-2448 or 1 (800) 867-1551
Oneida Nation Elderly Services

SeniorCare is a state funded program. SeniorCare is administered by Wisconsin's Department of Health and Family Services (DHFS)

Sign up Now! SeniorCare RX Sign up Now!

SeniorCare is a new program designed to help Wisconsin residents age 65+ with the cost of prescription drugs.

SeniorCare has three levels of participation. Only income is considered in calculating individual levels of participation. Assets such as your house, your car, your savings, any other possessions DO NOT COUNT.

Level 1- For Wisconsin residents 65+ whose annual income is less than \$ 14,177 (single) and less than \$ 19,105 (couple).

*Each Person pays a \$20.00 annual enrollment fee. **(Oneida enrolled members please present tribal enrollment card to be eligible for payment of this fee.)**

*Monthly prescriptions: You'll pay \$5.00 for each covered generic drug, \$ 15.00 for each covered brand-name drug. **(Oneida Enrolled members using the Oneida Community Health Center Pharmacy will have the co-pays and deductibles paid by the Oneida Community Health Center)**

Level 2- For Wisconsin residents 65+ whose annual income is between \$ 14,177 and \$ 21,264 (single) or between \$ 19,105 and \$ 28,656 (couple).

*Each person pays a \$20.00 annual enrollment fee. **(Oneida enrolled members please present tribal enrollment card to be eligible for payment of**

this fee.)

*\$500.00 deductible per person per year. This means you pay the first \$500.00 of your prescription costs each year. SeniorCare will automatically track how much you spend.

*Monthly prescriptions: After you've paid your \$ 500.00 deductible , you'll pay \$ 5.00 for each covered generic drug, \$15.00 for each covered brand-name drug. **(Oneida Enrolled members using the Oneida Community Health Center Pharmacy will have the co-pays and deductibles paid by the Oneida Community Health Center)**

Level 3- For Wisconsin residents 65+ whose annual income is more than \$21,264 (single) or more than \$ 28,656 (couple).

*Each person pays a \$20.00 annual enrollment fee. **(Oneida enrolled members please present tribal enrollment card to be eligible for payment of this fee.)**

*SeniorCare requires you to pay regular retail prices for your prescriptions until you've paid the difference between your income and the limits for level 2. For example, if your income is \$ 500.00 over level 2 limits, you'll pay regular retail prices for your prescriptions until you've paid \$ 500.00. This is called "spend-down".

*\$500.00 deductible per person per year. This means you pay the first \$500.00 of your covered prescription costs each year. SeniorCare will automatically track how much you spend on your prescription.

*Monthly prescriptions: After you've paid your spend-down difference and your \$500.00 deductible, you'll pay \$5.00 for each covered generic drug, \$15.00 for each covered brand-name drug. **(Oneida Enrolled members using the Oneida Community Health Center Pharmacy will have the co-pays and deductibles paid by the Oneida Community Health Center)**

SeniorCare is a state-funded program, approved by the governor and the state legislature last year to help Wisconsin adults 65+ with the cost of prescription medication. SeniorCare is administered by Wisconsin's Department of Health & Family Services (DHFS).

SIGN UP NOW!

Call to make an appointment at (920) 869-2448 to 1(800) 867-1551.

ONE IN FOUR ELDERS SKIP DRUGS

Almost a quarter of older Americans skip doses of their medications or do not fill prescriptions because of costs, according to a survey of elders in eight states released in July by the Kaiser Family Foundation and the Commonwealth Fund. Researchers from both organizations worked with those at The Health Institute at Tufts-New England Medical Center in Boston, which coordinated the study.

An article published online in the journal Health Affairs and a companion report, "Seniors and Prescription Drugs: Findings From a 2001 Survey of Seniors in Eight States," feature results from the 2001 survey- conducted in California, Colorado, Illinois, Michigan, New York, Ohio, Pennsylvania and Texas- of 10,927 Medicare beneficiaries ages 65 and older. These states account for 42% of adults 65 and older, and 41% of low-income elders, defined as those below 200% of the U.S. poverty line.

Medicaid is a key source of drug coverage for most economically vulnerable elders in all the states. In seven of the eight states, less than half

of those age 65 or more who are living below the poverty level have drug coverage under Medicaid. Those on Medicaid receiving prescription assistance ranged from 56% of older Californians to merely 14% of elderly participants in Illinois.

Furthermore, nearly on in four older adults reported spending at least \$100 per month on prescriptions medicines in 2001. The survey also found that access to and scope of drug coverage depend largely on where older people live. For example, among those in the study who receive Medicaid, a program for low income people, 17% of older people in Ohio said they spent \$100 or more per month on prescriptions-quadruple the 4% who spend that amount in Pennsylvania and three other states.

A chartpack and summary of survey results can be found online at www.kff.org or www.cmwf.org. Printed copies can be obtained through the Kaiser family Foundation publications request line at (800)656 -4533. The Health Affairs article, : prescriptions Drug Coverage and Seniors: How Well Are States Closing the Gap? Findings from a 2001 Survey of Seniors in Eight States," can be found online at [www.healthaffairs.org/WebExclusives/Safran- Web-Excl- 073102.htm](http://www.healthaffairs.org/WebExclusives/Safran-Web-Excl-073102.htm).



ONEIDA ELDERS

SAY NO! TO THE WASTE TRANSFER STATION

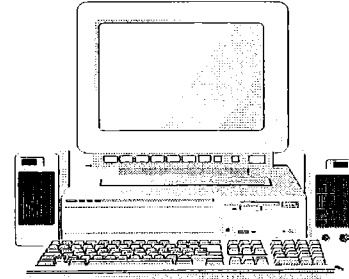
We need to voice our concerns, we can't allow the Brown County Solid Waste Board **continue to build this project in our front yard**. We have our children, our Grandchildren and many of us have Great Grandchildren to protect.

- The project will cost \$2.6 million for construction and equipment. It will handle between 525 and 800 tons of waste per day, 312 days a year.
- Think of the noise, smell, and traffic on our Highway 54. Semi's, and dump trucks going all day long, 312 days a year.
- What about the pollution of wells, and Duck Creek? Will they be protected?
- Ashwaubenon rejected the waste station over a year ago, they said they did their time providing for the waste.
- Didn't Oneida and Hobart do time by having a land fill for the past 25 years and it will be there forever, right?

Please come to a community meeting for Oneida Elders on Friday, Nov 15, 2002 at the Multi Purpose at 11 A.M. to find out what we can do to stop this project. Remember we count, we must make our voices heard. If you would like more information contact Marj Stevens @ 498-2460.

Oneida Elderly Services is Proud to Announce the Opening of a new Computer Lab!

Located at Oneida Elderly Services,
2907 South Overland,
4 computers are open for elder use
age 55 and older only.



Inside the Elderly Services Complex, next to the Elder Library,
elders may use the computers at no cost.

The computers offer complete printing capability,
and software capabilities in Presentations,
WordPerfect, QuattroPro and the Internet.

Open Lab hours are
Monday through Friday 9:00 a.m. to 3:00 p.m.

If you need assistance,
please ask Margaret or Noreen. (920) 869-2448 .

Basic computer knowledge is required to use computers.

Watch for beginning computer classes
in November or December.

Walking-Find Your Best Plan

Regular exercise can help reduce the risk of diseases such as diabetes, osteoporosis and heart disease. And the best way to get moving is to start walking. It's easy, fun and there are no new moves to learn.

Week by week a little walking now and then will quickly become a habit and before you know it, you'll have reached the minimum fitness recommendations.

Increase your time in small increments to get even fitter.



Week 1 and Week 2:

Start with a 10-minute stroll, three times a week.

Week 3 and Week 4:

Increase to three 15-minute walks per week.

Week 5 and Week 6:

Work up to three 20-minute walks per week.

Begin each workout with a 3-5 minute warm-up by walking at a moderate pace. End your workout with a 3-5 minute cool down, Adding simple stretches after your warm-up and your cool down is recommended. **(Please note: Walking times do not include warm-ups or cool downs.)**

When working out works up an appetite, reach for smart snacks that fuel your body yet don't cancel out your efforts. Here are some smart and satisfying choices for hungry exercisers:

Seeds and nuts. Don't pass on these nutritious high-energy snacks because they're high in calories. Any food can be low-calorie ---- just watch the quantity you consume. Crunchy treats such as walnuts, almonds and sunflower and pumpkin seeds help to increase metabolism, suppress appetite.

Yogurt. High in protein, nonfat yogurt pack an energy punch. But skip the fruit variety --- it has added sugar. For a flavor boost, add your own blueberries or strawberries to plain nonfat yogurt.

Fruit. While any fruit is a healthy choice, nondried fruit is preferable because it has more water. Foods with a high water content squelch hunger. Always pick the whole fruit

over the juice ---- the juicing process takes the fiber out of foods, making them less filling.

Mozzarella String Cheese. A convenient, portable snack, low-fat or nonfat string cheese is low in calories and provides a good amount of protein.

Air-Popped Popcorn. We're talking real, air-popped popcorn, without butter or salt. The high air content of this snack tends to fill the stomach quickly, making it hard to eat a lot. But the minute you add salt, you reverse the satiety effect. Your taste buds will crave more salt, causing you to eat more and retain more water.

Monday

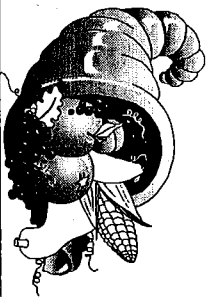
Tuesday

Wednesday

Thursday

Friday

Activities November 2002



All trips leave from Sr. Ctr.
All activities subject to change.

1 Shopping Banks Lunch Out 10-3:00

4 Fitness 9:30-10:30
Bingo @ Site 2 1:00

5 Crafts @ Epworth Hall 9:30 - 11:30

6 Fitness 9:30 - 10:30
Tower Foods 10:00
Bingo/Hwy H 1:30- 3:00

7 Pottery 1:30- 3:00
Hwy H

8 Shopping Banks Lunch Out 10-3:00

11 VETERAN'S DAY
Tribal Offices Closed

12 Crafts @ Epworth Hall 9:30 - 11:30

13 Fitness 9:30 - 10:30
Tower Foods 10:00
Bingo/Hwy H 1:30- 3:00

14 CandleMaking 1:30- 3:00
Hwy H

15 Shopping Banks Lunch Out 10-3:00

18 Fitness 9:30 -10:30
Bingo @ Site 2 1:00

19 Crafts @ Epworth Hall 9:30 - 11:30

20 Fitness 9:30 - 10:30
Tower Foods 10:00
Bingo/Hwy H 1:30- 3:00

21 AJNH visit 10:00-11:00
Birthdays/Gifts @ Sr. Ctr. 12:15-12:30
Visit Good Shepherd 1:00

22 Shopping Banks Lunch Out 10-3:00

25 Fitness 9:30 -10:30
Cooking 1:30 - 3:00
Hwy H

26 Bingo @ Epworth Hall 9:30 - 11:30

27 Shopping Banks Lunch Out 10-3:00

28  **Happy Thanksgiving**
Tribal Offices Closed

29 INDIAN DAY
Tribal Offices Closed

Woodland Animals

BADGER	LYNX	RACCOON
BEAVER	MARTEN	SKUNK
BLACK BEAR	MINK	SQUIRREL
CHIPMUNK	MOLE	WARBLER
DEER	OPOSSUM	WEASEL
ELK	OWL	WOLF
FOX	PHEASANT	WOODCHUCK
GRIZZLY BEAR	PORCUPINE	WOODPECKER
GROUNDHOG	RABBIT	

Sandwich Fixin's








BOLOGNA	JAM	PICKLES	TOMATO
BREAD	JELLY	PITA	TUNA
BUN	KETCHUP	RELISH	SALAD
CHEESE	LETTUCE	ROAST BEEF	TURKEY
CHICKEN	MAYONNAISE	SALAMI	WHITE
EGG SALAD	MUSTARD	SAUCE	WHOLE WHEAT
HAM	PEANUT BUTTER	TOASTED	

R B P D W S Q U I R R E L
 M A L O E O R A C C O O N
 C O E A R E O P K W H R W
 T H L B C C R D A N E G E
 N M I E Y K U R C K I R A
 A A K P D L B P C H E M S
 S R N M M L Z E I V U X E
 A T U H E U P Z A N O C L
 E E K R W D N E I R E X K
 H N S F O X B K G R Y N F
 P G R O U N D H O G G Y L
 H G W M U S S O P O W L O
 R A B B I T B A D G E R W

P D A L A S G G E C M A J
 E A N G O L O B R E A D E
 A L T I B C I M A L A S L
 N A Q I T O M A T O R L L
 U S Y W P U D Y R E E E Y
 T A E H W E L O H W L T Z
 B N K I K D A N K T I T P
 U U R T I S R N O R S U I
 T T U E T O U A P A H C C
 T G T B L B S I T C A E K
 E I E Q N T Q S T S M C L
 R E C H E E S S A U C E
 F Z Q D N E K C I H C M S



TEN SIGNS OF GOOD MENTAL HEALTH

- 
- 
- 
- 
- 
- 
- 
1. A tolerant, easy -going attitude toward yourself and others.
 2. A realistic estimate of your own abilities, neither understanding or overestimating them.
 3. Self-respect and love.
 4. The ability to take life's disappointments in stride.
 5. Liking and trusting other people and expecting others to feel the same way about you.
 6. The ability to give love and consider the interests of others.
 7. Feeling part of a group and having a sense of responsibility to your neighbors and fellow human -beings.
 8. Acceptance of your responsibilities and doing something about your problems as they arise.
 9. The ability to plan ahead and formulate realistic goals for yourself.
 10. The tendency to put one's best efforts into what they are doing and getting satisfaction from doing it.



FROM THE NATIONAL ASSOCIATION FOR MENTAL HEALTH




Wanted:

The Drums Across Oneida welcomes short contributions for true unpublished stories of personal experiences, experiences in the armed services or humor on the job. Original contributions-which become our property should be typed. Previously published material must include the source's name. Original poetry is not solicited. Please address your submission to, Oneida Elderly Services, P. O. Box 193, Oneida, WI 54155 or fax to 1-920-869-1824. Include your name, address, phone number and date. For e-mail, put feature name under Subject, and include your address and phone number in your Message. Send to NPOWLES1@oneidanation.org Contributions cannot be returned.

MENU




2002


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
All meals are served with coffee, tea and milk.	Meals are subject to change.			¹ S. O. S. Eggs Toast Juice
⁴ Spagetti Lettuce Salad Garlic Bread Peaches	⁵ Chicken Noodle Soup Fresh Bread Juice Melons	⁶ Cube Steak Buttered Noodles Broccoli W/W Bread Apple Sauce	⁷ Fish Potatoes Cole Slaw Rye Bread Mix Berries	⁸ Bacon- Eggs Oatmeal Toast Juice Pears
¹¹ CLOSED IN OBSERVANCE OF VETERANS DAY	¹² Chili Cucumber Salad Bread Ice Cream	¹³ Chicken & Rice Mixed Veggies W/W Bread Mandrin Oranges	¹⁴ Beef Roast Potatoes Corn W/W Bread Custard	¹⁵ Sausage French Toast Juice Strawberries
¹⁸ Goulash W/W Bread Juice Pears	¹⁹ Calif Blend Soup Fresh Bread Juice Jello	²⁰ Chicken Ala King Calif Blend Veg Biscuits Whip & Chill	²¹ BIRTHDAYS Thanksgiving Meal Stuffed Pork Chops Potatoes / Gravy Cranberries/ Rolls Pie	²² Scramble Eggs / Ham & Peppers Toast Juice Bananas
²⁵ Hot Dogs Mac & Cheese Green Beans W/W Bread Pineapple Tidbits	²⁶ Potato Soup Fresh Bread Juice Blueberries	²⁷ Tator Tot Cass. Peas W/W Bread Pudding	²⁸ CLOSED THANKSGIVING DAY	²⁹ CLOSED IN OBSERVANCE OF INDIAN DAY




HERBS




BUYING TIPS- Look for herbs that are not brown, bruised or have limp leaves. Don't buy herbs that are flowering.




STORAGE- Most herbs are most flavorful when used fresh. Rinse herbs before using or storing. Refrigerate in sealed plastic bag. Certain herbs can be dried or frozen.



DRYING- Drying works well for basil, dill, mint, oregano, parsley, rosemary, and thyme. Dry in small bunches in a warm, airy place away from sunlight. When the leaves are dry and brittle, they should be stripped from their stems and stored in airtight containers away from sunlight. Use within one year for best flavor.



FREEZING- Freezing works well with chives, cilantro, dill and parsley. Chop the fresh herbs, measure them (using a teaspoon, for example), and freeze them in a little water. Ice cube trays work well. Chopped parsley can be frozen directly in a bag and be ready for use later.




KEY NUTRIENTS- Most varieties of herbs contain A and C, calcium and potassium. (dill, basil, and mint.)



COOKING WITH HERBS HINT:

1 TABLESPOON FRESH= 1 TEASPOON DRY/FROZEN
ADJUST YOUR RECIPES WHEN USING FRESH HERBS.




BASIL -Goes well in cooked or fresh tomato dishes. Also, use in poultry, meat, pasta, rice and egg dishes.


CILANTRO - Good in salsa, with vegetables, or in bean, noodle and rice dishes.



DILL- Often used with fish. Use in potato dishes, soup, and salads.




MARJORAM -especially good with meat. Use in stews, dressings, stuffing and soup.




MINT-Add to leafy green salads, cucumbers, and bean dishes.

OREGANO- Use in pasta sauce, pizza, beans, cheese and egg dishes.





PARSLEY-Add to potatoes, noodles, any vegetable or rice dishes. Add near the end of cooking.

SAGE- Good in egg and cheese dishes. Use in stuffing, soups, and stews.






THYME- Try it in stews, chowders, lentil or split pea soup, stuffing and chicken or fish Dishes. Good in pasta sauce or casseroles.










VISION, HEARING IMPAIRMENT GET OVERDUE ATTENTION







Most people do not realize that vision loss and hearing are among the top seven chronic health conditions that affect quality of life and medical service use among older adults in the United States. Prevention, early detection, treatment, and rehabilitation can improve the visual and hearing health of the nation.






Among the five senses, people depend mostly on vision and hearing to provide the primary cues for conducting the basic activities of daily living. Vision and hearing permit people to navigate and stay oriented within their environment. These senses are critical to most work and leisure activities, and allow people to interact more fully with the environment and each other. For these reasons, vision and hearing are defining elements of the quality of life.



The leading causes of visual impairment are the age-related eye disorders of diabetic retinopathy, age related macular degeneration, glaucoma and cataracts.



Estimates of the number of people in the United States with visual impairment vary by definition. For example, a very limited number of people are legally blind, but this artificial distinction has little value other than for determining people's eligibility for certain government benefits. When low vision (or partial sight) is defined more broadly as any visual problem impairing one's ability to perform daily activities, almost 14 million people are estimated to have low vision.



In the Lighthouse National Survey on Vision Loss Among Middle- Aged and Older Americans (1995), 20% of participants ages 65 and older said they

experience vision problems. The percentage climbed to 26% among respondents age 75 or more, even when they use their best visual correction.

Objectives for improving hearing relevant to older Americans should include expanding access to hearing rehabilitation services and adaptive devices, such as hearing aids, and other assistive or augmentative devices; increasing the proportion of those who have regular hearing examinations; and adding to the number of people referred by the primary care physician for hearing evaluation and treatment.

Hearing loss associated with aging, called presbycusis, affects about 30% of adults ages 65 years and over. About half the U.S. population over the age of 75 has significant hearing loss. Research shows that only about one-fourth of those who could benefit from a hearing aid actually use one.

An area not given a great deal of attention has been dual impairment of vision and hearing. A 2001 study by Lighthouse International, supported by a grant from AARP Andrus Foundation, found that 35% of adults ages 70 and above reported some degree of vision impairment, said 42% said they experience some hearing impairment. Overall, 21% had both a visual and hearing impairment. This study, "Dual Sensory Impairment Among Elderly Adults," also found that minority elders were at greater risk for both single and dual sensory impairments.

It is time for everyone in the field of aging to join forces on all the objectives for improving health, but we also should recognize that vision and hearing impairments deserve long-overdue attention.

Taken from: Aging Today, Sep-Oct 2002

MEMORANDUM

TO Jule Barton, Secretary - Oneida Business Committee
FR: Dellora Cornelius, Chairwoman - Oneida Nation Commission on Aging
RE: ONCOA Resolution 10-8-02-a
DA: 9 October 2002

At a duly called meeting of the Oneida Nation Commission on Aging (ONCOA), held October 8, 2002, the above-named resolution was reviewed and passed by a vote of eight (8) commissioners for and one (1) commissioner against.

The ONCOA is requesting this resolution be made a part of the information submitted to tribal members for the General Tribal Council annual meeting to be held in January, 2003. It is requested this resolution also be place on the agenda for that same meeting.

If you have any questions regarding this request, feel free to contact my office.

Enc.

RESOLUTION #10-8-02-a

WHEREAS, the Oneida Nation Commission on Aging supports and "speaks out" for all services, including legislation, that places priority on our Elders. We work with national, tribal, state, county and local agencies focusing on all services that address the physical, mental, spiritual and emotional well-being of our elders, and

WHEREAS, the Oneida Nation Commission on Aging, in representing the interests of the elderly tribal members of this Nation, have been made aware of concerns regarding travel on the part of the Oneida Business Committee, namely the Chairperson, Vice-Chairperson and council members, and

WHEREAS, it is the contention of the Oneida Nation Commission on Aging that such travel at times impedes the progress of the tribe as demonstrated through cancellations of regularly scheduled Oneida Business Committee meetings held every Wednesday of the week, and

WHEREAS, the Oneida Nation Commission on Aging recognizes that either the Chairperson or Vice-Chairperson and four (4) council members of the Oneida Business Committee are required to be present to constitute a quorum.

NOW, THEREFORE BE IT RESOLVED, that the General Tribal Council, at a duly called meeting, take action to require either the Chairperson or Vice-Chairperson of the Oneida Business Committee be available to chair all regularly scheduled Oneida Business Committee meetings, and

BE IT FURTHER RESOLVED, that the General Tribal Council, at a duly called meeting, take action to require four (4) council members to be available at all regularly scheduled Oneida Business Committee meetings, and

BE IT FURTHER RESOLVED, in the absence of any guidelines that direct the Oneida Business Committee regarding travel, this resolution will provide that guidance,

AND FINALLY, LET IT RESOLVED, that the General Tribal Council, at a duly called meeting, take action to require no more than three (3) council members to travel to the same meeting, workshop or conference at the same time.

CERTIFICATION

I, the undersigned, as Secretary of the Oneida Nation Commission on Aging, hereby certify that the Oneida Nation Commission on Aging is composed of 9 members of whom 5 members constitute a quorum, ____ members were present at a meeting duly called, noticed and held on the 8th day of October, 2002; that the foregoing resolution was duly adopted at such a meeting by a vote of ____ members for; ____ members against, and ____ members not voting; and that said resolution has not been rescinded or amended in any way.

Arlie Doxtator, Secretary
Oneida Nation Commission on Aging

ONEIDA NATION COMMISSION ON AGING
SEPTEMBER 10, 2002 - REGULAR MEETING
ELDERLY SERVICES COMPLEX
CONFERENCE ROOM
1:00 P.M.

MINUTES

I. CALL TO ORDER: The meeting was called to order at 1:03 p.m. by Chairwoman, Dellora Cornelius.

II. WELCOME AND PRAYER: Arlie Doxtator delivered the opening prayer.

III. ROLL CALL: Dellora Cornelius, Hugh Danforth, Lois Strong, Clifford Doxtator, Nadine Escamea, Mary Edna Greendeer, Dorothy Skenandore, Arlie Doxtator. Late: Lois Powless.

IV. APPROVAL OF AGENDA:

Move Dave Larson's report from C under VI Reports, to A under VI Reports.

Add Item B - Naming Buildings to VIII. Old Business

Add Item C - Employee Incentive to VIII. Old Business

Change Item B to ONCOA responsibilities - Glenn Skenandore under IX New Business.

Add Item C - Domestic Abuse Awareness Calendar - George Skenandore under IX New Business.

Add Item D - International Sculpture Symposium under IX New Business - Hugh Danforth.

Add Item E - Land Claims Gathering under IX New Business - Hugh Danforth

MOTION TO APPROVE AGENDA WITH CHANGES by Lois Strong, 2nd by Clifford Doxtator. Motion carried.

V. APPROVAL OF MINUTES

August 13, 2002 - Regular ONCOA Meeting . Motion to approve by Clifford, 2nd by Lois Strong. Discussion. Hugh wanted corrections made to read:

"Keefe report, working on program to be completed by mid-September. Has this been completed?" "What is the estimated cost and length of time for the project?"

Under IX. New Business, a motion was made by

Hugh D, 2nd by Lois Powless that ONCOA take a stand against reopening land fill also support neighborhood alert which is a notice going around the community. There was no action noted in the minutes. Request that a notation be made that the motion was carried.

MOTION carried. One abstention - Nadine Escamea.

August 28, 2002 - Special ONCOA Meeting. Motion to approve by Hugh Danforth, 2nd by Nadine Escamea. Motion carried.

VI. Reports.

A. Dave Larson Report/August. Motion to approve by Nadine Escamea, 2nd by Hugh Danforth. Discussion: (Mary Edna) When emergency housing is provided, how long are people allowed to stay? Answer (Dave Larson) It depends on the nature of the emergency, however, the stay is not open-ended. QUESTION: (Hugh) There is a problem that exists about the hallway between the apartments and the elderly services building. Can't we just have a temporary structure built to address this need? Answer: (Dave Larson). This would need a cost benefit analysis. It must also comply with codes even if it is a temporary structure. It would be expensive. The cost to enclose a hallway would be about \$1/2 m. QUESTION: (Hugh) with winter coming, what can we do? Answer: (Dave) Nothing. There is no requirement that the apartments be connected to this building. (Pearl McLester) It was intended as apartments. It is not an assisted living complex. QUESTION: (Clifford) Have there been any increases by the state in the COP program? Answer (Dave) No. All increases were gotten rid of in the budget. It may be considered in next year's budget. Although we have a two year budget, there was a one year budget fix using tobacco money to fill the gap. QUESTION: (Hugh) Who makes the decision about these budgets? Is it the Department of Strategic Finance? Answer: (Dave) Yes, they pass money down to various departments. QUESTION: (Hugh) Can we advocate for an increase? Answer: (Dave) After elections for governor in the Fall. QUESTION (Hugh) The Keefe Study - where is this at? Are we on schedule? Answer: (Dave) We are falling behind

schedule because of the health center. The architect for Keefe is the same for the health center. There are no new dates for the completion of the Keefe study. COMMENTS: (Lois S) Maybe we need a plan for discussion of alternate plans for the hallway. (Arlie) Are there resident complaints? (Hugh) Yes, there is a complaint. (Mary Edna) Recommend we go to the Director and let her bring it to the table. MOTION carried.

MOTION to have a study made on hallway between elder apartments and the elderly services building by Hugh, 2nd by Nadine. Discussion: (Lois P) It's not going to be done. There is no money in this year's budget to build a hallway or conduct a study. (Lois S) Hugh should come back with more information about how to make this hallway feasible. Florence indicated that if there are concerns or complaints they should go to Cheryl Ault. The complaint will be logged and followed up. Hugh withdrew his motion. Nadine concurred.

B. Elderly Services Program/August - Florence. No report available. Motion to table by Lois Powless, 2nd by Nadine. Motion carried.

C. Bay Area Agency Report/August - Gayle Fisher

D. Elderly Services Ad Hoc Committee Report/August - Warren Skenadore. Motion to table by Arlie, 2nd by Lois Strong. Motion carried.

E. Financial Report: (Hugh) Can we change our report from the 1st through the 30th to the 15th through the 15th? (Lois S) This is a tribal wide reporting. We could possibly ask for a mid-month report. MOTION to request accounting department for an up-to-date R&E, 2nd: Motion dies for lack of second. MOTION to approve financial report by Lois Powless, 2nd by Clifford. Motion carried.

G. ONCOA Reports:

1. Travel: WIEA - Motion to approve Dellora's WIEA report from St. Croix and table the remaining reports, 2nd by Dorothy. Motion carried.

2. Monthly - All Commissioners. Motion to table reports until next month by Lois Powless, 2nd by Arlie. Motion carried.

VII. TABLED BUSINESS

A. Oneida Business Committee Liaison - Keep tabled.

B. Goals and Objectives Subcommittee Report/Clifford - Keep tabled.

C. Senior Statesmanship Program Report/Hugh - Keep tabled.

D. Committee on Home Health Care/Lois Strong-Dellora Cornelius-Keep tabled.

VIII. OLD BUSINESS

A. John Breuninger - Garages and BIA Roads Money Written Status Report. Lois P indicated that John could not make the meeting due to a dislocated shoulder. Motion to table by Lois P, 2nd by Mary Edna. Motion carried.

B. Naming Building - Motion for a Special Meeting to be held on September 17 at 1:00 p.m. to discuss names submitted for naming the health center, 2nd by Lois Powless. Sue will conduct research on all names submitted thus far. Motion carried.

C. Employee Incentive - Dellora and Arlie will meet with Sue after this meeting to finalize her incentive.

IX. NEW BUSINESS

A. Bus Maintenance Policy - Margaret Francour. Motion to approve report by Lois Powless, 2nd by Hugh. Motion carried with one abstention - Mary Edna.

B. ONCOA Responsibilities-Glen Skenadore. ONCOA has as much or more power than the OBC. OBC should report to ONCOA. Referred to Brian's report in the KaliWisaks. Glen wants ONCOA to get behind the elderly in the community to find out what is going on. Also, the Chair and Vice-Chair of the OBC should not travel at the same time. Lois P indicated that a resolution could come from GTC to state the Chair and Vice-Chair are not to be out of town at the same time. It needs official action. Hugh also indicated there was a resolution about the Chair and Vice-Chair being on the negotiation team for land claims. Mary Edna suggested

ONCOA send a letter to OBC that at all times either the Chair or Vice-Chair be present at all OBC meetings. Glen Skenandore would like ONCOA to live up to their goals and objectives; to represent the elderly; to access information for the elderly; survey what the elderly wants. Lois Strong suggested we hold two or three guided, open discussions on what people want, i.e., specific subjects, open discussions, evening meetings, afternoon meetings, etc. Mary Edna stated the Hochunks have an Elderly Advisory Committee for 70+ citizens. The elderly write down their issues which is passed on to the legislators with a request for a two week response. No names are used and responses are read at the advisory committee meetings. Motion by Lois Powless to have ONCOA sponsor a community meeting on September 24 at 1:00 p.m. at the meal site regarding elderly issues, notice to be published in the KaliWisaks, 2nd by Arlie. Motion carried.

C. Domestic Abuse Awareness Calendar - George Skenandore. George passed out flyers and explained the activities planned for October 5 around Domestic Violence Awareness Day. Motion to approve report by Dorothy Skenandore, 2nd by Arlie. Motion carried.

D. International Sculpture Symposium - Hugh Danforth. Ken Metoxen is coordinating this effort. It will be held at the Cultural Heritage Department. Ken is requesting a donation from ONCOA. Decision: If individuals want to donate, they are encouraged to do so, ONCOA does not have funds for donations.

E. Land Claim Gathering - Hugh Danforth. There will be a gathering of all three communities here in Wisconsin on September 28 - 30. The final agenda will be completed this weekend. There is a need for housing in our community for travelers.

X. EXECUTIVE SESSION: Motion to go into executive session by Clifford, 2nd by Arlie. Motion carried. Motion to come out of executive session by Lois Powless, 2nd by Mary Edna. Motion carried. Motion to send letter to supervisor about using ONCOA name for personal use/gain by Dorothy Skenandore; 2nd by Nadine. Motion carried. Motion by Hugh to donate funds from this event to the Elderly Services/ONCOA picnic, 2nd by Arlie. Motion carried.

XI. ADJOURNMENT: Motion to adjourn by Hugh at 3:20, 2nd by Mary Edna. Motion carried.

ONEIDA NATION COMMISSION ON AGING
SPECIAL MEETING - SEPTEMBER 17, 2002
ELDERLY SERVICES COMPLEX
CONFERENCE ROOM
1:00 P.M.

MINUTES

I. CALL TO ORDER: The meeting was called to order by Chairwoman, Dellora Cornelius at 1:05 p.m.

II. WELCOME AND PRAYER: Arlie delivered the opening prayer.

III. ROLL CALL: Present: Dellora Cornelius, Hugh Danforth, Arlie Doxtator, Clifford Doxtator, Lois Powless, Lois Strong, Nadine Escamea, Dorothy Skenandore. Excused: Mary Edna Greendeer.

IV. APPROVAL OF AGENDA: Motion to approve by Lois Strong, 2nd by Clifford Doxtator. Motion carried.

V. NAMING BUILDING - ONEIDA HEALTH CENTER: Debbie Danforth was also present at the meeting and indicated she had asked the language house for names in the language to give to the conference rooms. Those names are already approved and will have plaques made for them. They include Josiah Powless and Rosa Minoka Hill. Sue Daniels presented the information which included several names. She suggested that we use the two Oneida words submitted by Dellora and Hugh to be considered for the building, and the names to be considered for the rooms. Additionally, that a request be put in the KaliWisaks for additional names to be submitted to the health center for future consideration for rooms. Lois Powless indicated that ONCOA is responsible for naming the building only, not rooms. Motion by Lois Powless to submit the two names: tsi?thotinuhkwa'.tsla y[^]. English translation: Where they keep (or have) the medicine; and tsi?tyutatetsy[^] tla? English translation: Place where they cure/heal you. Carol Cornelius presented information on a one-woman play presented by Carol Smart on Rosa Minoka Hill and wanted to know if ONCOA would

consider offering this play. Lois Powless indicated this is a production handled by the Oneida Nations Arts Board and to go through that board to coordinate the effort.

ANNOUNCEMENTS: Nadine Escamea: tsyuhe[^]kwa is holding their Husking Bee/Harvest on October 5 and 6th and is in need of volunteers to come and make sandwiches. They were to have contacted ONCOA to name a day, but no information has come yet.

WIEA: Choosing names for WIEA. Those who wanted to attend included Dorothy Skenandore, Arlie Doxtator, Dellora Cornelius, Clifford Doxtator. Those chosen include Dorothy Skenandore, Arlie Doxtator and Dellora. Alternate is Clifford.

Hugh Danforth announced the Land Claims Gathering scheduled for September 28 - October 1st. People will be coming from Canada and New York. They will arrive on Friday night, the 27th. There will be a welcome and a fire will be kept while they are here. There will be a genealogy workshop given by Loretta Metoxen. Place? There is a need for places for people to stay. All will be leaving on Tuesday morning.

SUBCOMMITTEE: Forming of a subcommittee to discuss development of a resolution to be presented to the tribal secretary to be included in January's semi-annual meeting regarding the Chair and Vice-Chair of the OBC to be here to conduct meetings. That one or the other needs to be in Oneida at all times. The subcommittee will meet on Wednesday, September 25 at 1:15 at the Elderly Services Complex. All interested are invited to attend.

COMMUNITY MEETING: A facilitator will be invited for the ONCOA community meeting on September 24, 2002. Sue will make arrangements.

VI. ADJOURNMENT: Motion to adjourn at 2:06 p.m. by Lois Powless, 2nd by Dorothy Skenandore. Motion carried.

FOR AGENDA PLANNING, PLEASE SUBMIT THIS FORM TO: **ONCOA Chairperson and ONCOA Secretary at the Elder Services Complex Ten (10) Days before the ONCOA Regular Meeting - Second Tuesday of the Month**

ONCOA AGENDA REQUEST FORM

REGULAR MONTHLY ONCOA AGENDA

(SCHEDULED DATE)

SPECIAL MEETING AGENDA

(By Request and Notice - ONLY)

(SCHEDULED DATE)

EXECUTIVE SESSION REQUIRED FOR DISCUSSION?

☐ YES

☐ NO

(Must comply with State Statutes 19.85 and Open Meetings Law)

PURPOSE OR ITEM FOR DISCUSSION: ☐ Information Only ☐ Action Requested

APPROX. TIME REQUESTED TO DISCUSS ITEM: _____ MINUTES

***NOTE:** There is a fifteen (15) minute time limit for presentations, unless otherwise approved. Please be prompt, prepared and respect the time limits.

LIST ATTACHMENTS AND PROVIDE ONCOA WITH COPIES:

1) _____

2) _____

REQUESTED BY: _____ DATE: _____

Name

Title

Phone

This box is for ONCOA Officers to complete. Please do not write in this box.

APPROVED FOR:

☐ Next Regular ONCOA Meeting

☐ Special ONCOA Meeting

☐ Executive Session

☐ Not ONCOA Business

☐ Referred to: _____

RECEIVED BY: _____ DATE: _____

ENROLLMENT FORM

DATE: / /

NOTE: The state and federal government have requested that we collect the following information on individuals who receive our services. The information may be used to justify continued funding of our programs.

Name			Phone Number ()		
Address			Social Security Number / /		
City	State	Zip Code	County	DOB	/ /

OUR PROGRAM POLICY FOR SERVICES is as follows: 1) Elders aged **70 years** and older. 2) Elders aged **55-69 years** of age, that are **disabled/handicapped, living alone**. 3) Elders aged **55-69 years** of age, **with health/safety issues**. The elders that are listed are our **priority**.

Please check the appropriate responses:

Martial Status: ☐ Married ☐ Single ☐ Widowed ☐ Divorced

Living Arrangement: ___Lives Alone ___Lives with Spouse ___*Lives with Others**

Do You: Rent Own *How many Others**

Race: ___Native American ___Caucasian ___Latino ___Asian ___African American

Tribal Affiliation: _____ **Enrollment Number** _____

General Health status: Excellent Good Fair Poor*

***If poor please list health condition**_____

Do you currently have any of the following: ☐ Guardian ☐ Power of Atty--Finances ☐ Health ☐
☐ Medicare ☐ Medicaid ☐ Representative Payee
☐ None of the Above

In case of an emergency--please contact

Name _____

Phone Number () _____

Relationship _____

The above information is correct to the best of my knowledge. Any false statements on any part of the enrollment form, are grounds for denial of services. All of the information on the enrollment form is confidential and will not be released to any persons unless I have signed an authorization form for release of information. This enrollment form becomes the property of the Oneida Elderly Services.

Signature _____ Date / /

Please return to
Oneida Elderly Services Complex
Service Coordinator
P.O.Box 365
Oneida WI 54155