

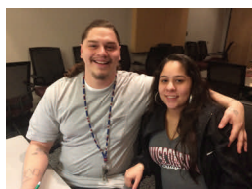
Dates: June 13, 20 and 27, 2017

Time: 5:00-6:00p.m.

★ Healthy Start ★ ★ Prenatal Learning Circle ★

For all pregnant women in the community and a partner/support person.

Healthy snacks & refreshments will be provided to participants.



★
“I feel more comfortable and I like that I met more moms like me!”

★ Family Spirit Lessons

♦ June 13th -

Infant Care 101 and Fun!!!

~Design an infant onesie for your baby .

♦ June 20th -

Baby proofing and safety inside and outside the home

~baby proofing starter kit included.

♦ June 27th -

After your baby is born and how to comfort your crying child

Healthy Start Program

In partnership with the PNCC Program, workshops will be held prior to the Lamaze Class from 5-6:00p

Lamaze Class: 6:00-8:00p.m.

OCHC - Main Conference Room
525 Airport Drive
Oneida, WI 54155

Phone: 920-869-4840

E-mail:

Healthy_Start_Program@oneidanation.

★
“I Liked the variety of the lessons.”

