

# **Quality of Life Committee** FY 2016 Quarterly Report (April to June 2016)

#### **PURPOSE** The Quality of Life Committee is a standing committee of the Oneida Business Committee that will have oversight responsibility of the following areas of the Tribe: Language and Culture, Health, Human Services and Public Safety. This oversight responsibility also extends to any board, committee, or commission related to these specific areas.

# **COMMITTEE MEMBERS**

Councilwoman Fawn Billie, Quality of Life Committee Chair Councilman Tehassi Hill, Quality of Life Committee Vice Chair Treasurer Trish King, Quality of Life Committee Member Secretary Lisa Summers, Quality of Life Committee Member Councilman Brandon Stevens, Quality of Life Committee Member

Other partners include: Wellness Council, Oneida Police Department, Division Directors, other senior leaders and their staff

#### MEETINGS

Quality of Life Committee meetings are held on the second Thursday of every month starting at 8:30 a.m. Meetings in the third quarter were held April 14<sup>th</sup>, May 12<sup>th</sup>, and June 9<sup>th</sup>.

### ACTIVITIES SUMMARY

A. Increasing awareness of drug and substance abuse problems in the Oneida community

The Quality of Life Committee has partnered with other services and agencies within the tribe to help increase awareness of drug and substance abuse problems in the Oneida community. As part of the partnership, the QOL co-sponsored a drug identification training September 7-8<sup>th</sup> for employees to come learn how to identify drug and substance abuse.

#### Training our community.

- A community information meeting, coordinated by Oneida Health Promotions supervisor Tina Jorgensen, was held January 12<sup>th</sup> at the Anna John Resident Centered Care Facility (AJRCC). Participants learned how to identify substance and drug abuse. The next meeting will be held on October 11<sup>th</sup> at 5 p.m. at the AJRCC.
- **2.** A free training to teach community members how to identify drug/substance abuse, was held on Sept. 8, 2016, at the Radisson Hotel in Oneida, by the National Criminal Justice Training Center.

#### B. Creating wellness in the workplace

The Quality of Life Committee is a partner with the tribe's Wellness Council, supporting the Council's efforts to create wellness in the workplace and across the Oneida community.

# HANDOUT FOR ITEM - VII.D.01.

## Exercise at Work Pilot Study

The Quality of Life Committee supported a pilot study conducted by the Wellness Council during the first and second quarter. This initiative aimed to identify ways for employees to increase their physical activity while at work to lower health risks, improve morale, and decrease spending on health care. According to the 2015 Oneida Health Risk Assessment of 1716 employees, the two greatest health risks were body fat and weight control; 44.1 percent of the employees reported exercising less than two hours each week. The results of the pilot study will be reported in the QOL's 4<sup>th</sup> quarter report.

## C. State-wide Tribal Adolescent Wellness Center

The Chair and Vice Chair of the Quality of Life Committee are members of the Inter-Tribal Justice Council, a subcommittee of the Great Lakes Inter-Tribal Council. The justice council has been working with the state of Wisconsin to partner in the creation of a center serving tribal youth from all tribes within the state. Talks continue.

### SUGGESTED ACTION:

To accept the Quality of Life Committee FY2016 third quarterly report.