

# Oneida Tribe of Indians of Wisconsin



Oneidas bringing several hundred bags of corn to Washington's starving army at Valley Forge, after the colonists had consistently refused to aid them.



UGWA DEMOLUM YATEHE  
Because of the help of this Oneida Chief in cementing a friendship between the six nations and the colony of Pennsylvania, a new nation, the United States was made possible.

## BC Resolution 06-10-15-B Resolution for Wellness

- WHEREAS,** the Oneida Tribe of Indians of Wisconsin is a federally recognized Indian Government and a Treaty Tribe recognized by the Laws of the United States of America; and
- WHEREAS,** the Oneida General Tribal Council is the governing body of the Oneida Tribe of Indians of Wisconsin; and
- WHEREAS,** the Oneida Business Committee has been delegated the authority of Article IV of the Oneida Tribal Constitution by the Oneida General Tribal Council; and
- WHEREAS,** the Center for Disease Control cites that 7 of the 10 leading causes of death in the United States are Chronic Diseases, and almost 50% of Americans live with at least one Chronic Illness; and
- WHEREAS,** illness and injury associated with unhealthy lifestyle or modifiable risk factors is reported to account for 25% of employee health care expenditures (Anderson, 2000); and
- WHEREAS,** medical costs attributed to obesity and overweight are estimated to be annually 42% higher than those for normal weight (CDC, 2008); and
- WHEREAS,** the U.S. Surgeon General reports that 75% of all illnesses can be attributed to lifestyle-related causes and 53 % of the American population is classified as "inactive;" and

**NOW THEREFORE BE IT RESOLVED,** that the Oneida Business Committee hereby declares that the Oneida Wellness Council shall seek opportunities and establish mechanisms to support individual, community and environmental efforts to improve the public's health by encouraging the development and implementation of policies and practices that support and promote healthy eating and active living.

**NOW THEREFORE BE IT FURTHER RESOLVED,** that the Quality of Life Standing Committee by this resolution shall report back to the Oneida Business Committee within one year of the date of this Resolution's adoption and annually thereafter regarding steps taken to implement the Resolution.

**NOW THEREFORE BE IT FINALLY RESOLVED,** that the Oneida Wellness Council, working in cooperation with community members and departments throughout the organization, shall make efforts to support and promote healthy eating and active living among its citizens in accordance with the standards set forth in this Wellness Resolution.

## WELLNESS STANDARDS

### SECTION 1. ACKNOWLEDGEMENT OF CURRENT PRACTICES

The Oneida Business Committee acknowledges that the Oneida Tribe of Indians of Wisconsin has established a high quality of life for its citizens in the community and currently provides a variety of resources (e.g. facilities, parks, trails, programs, services, events, etc.) for people of all ages to lead a healthy lifestyle. The Oneida Business Committee continues to advocate for the sustainability of existing

offerings while at the same time recognizes the need to investigate additional policies and practices to be considered for implementation.

## **SECTION 2. BUILT ENVIRONMENT**

The Oneida Business Committee encourages the Parks, Recreation, Planning departments as well as other appropriate Tribal departments to make every effort to:

- Develop and maintain a cohesive system of parks and trails, incorporating accessible neighborhood parks
- Establish processes to assess and improve existing local active living infrastructures
- Enhance personal and community safety (e.g., traffic, lighting, intersections) to improve access to and use of public routes, trails and other public spaces where people are or could be physically active
- Support recreation programs that encourage active living
- Ensure that physical activity facilities (park facilities, playgrounds, trails, etc.) are accessible and affordable to the participants in such a way that is fiscally responsible.

## **SECTION 3. PARKS AND RECREATION**

The Oneida Business Committee reaffirms healthy living commitments by:

- Supporting the development and implementation of policies that promote healthy lifestyles, including healthy vending machines and concessions policies;
- Calling for high quality communications: Oneida Wellness Council will (Oneida website, parks and trail guide, parks and recreation program brochure, Kalihwisaks, etc.) facilitate community access to Oneida trails, paths, parks, picnic shelters, recreation facilities, schools, and any other sites or facilities open to the public for recreation purposes, including information about locations, hours of operation, contact information, website information, a calendar of annual community events and listing of available amenities and services (e.g., rentals of space or equipment).
- Supporting Environmental Health & Safety Division to map trails, paths and other non-motorized routes to maximize community access; so long as access is allowed pursuant to the Public Use of Tribal Land Law, to parks, centers and open spaces, and share public area maps with adjacent communities to promote connectivity among and between communities.

## **SECTION 4. ACCESS TO HEALTHY FOODS**

In order to increase access to healthy foods and beverages, the Oneida Business Committee supports efforts to:

- Continue development and sustainability of edible landscapes, community gardens and local farmers' markets;
- Designate land owned by the Tribe (and coordinated with Division of Land Management) that could be made available for additional community gardening;
- Detect and take active steps to resolve any public transportation barriers that inhibit community access to full-service grocery stores, supermarkets, corner stores, farmers' markets and community gardens;
- Promote organic gardening practices;
- Recognize that the local food system accounts for a significant amount of economic activity and incorporate farming and local food into the economic development policies and funding programs;
- Develop and implement a food policy council made of stakeholders representing a variety of Tribal departments that have a solid understanding of the local food system. The Council shall support and promote policy development related to the local food supply; including the development of a policy that allows for a healthy beverage and food option in Tribe-operated vending machines as well as in Tribal meetings and gatherings.

## **SECTION 5. EMPLOYEE WELLNESS**

To increase healthy eating and physical activity in Tribe-operated worksites and serve as a model for other employers, the Oneida Business Committee encourages the following Health and Wellbeing initiatives:

- Development and implementation of a comprehensive employee wellness program that encourages and rewards participation;
- Create and promote opportunities for employees to engage in physical activity during the work day (e.g. modifications to workstation to allow for more standing, on-site exercise classes, walking meetings, etc.);
- Ensure healthy food and beverage options are available to employees for Tribal meetings (if applicable) and gatherings.

#### **SECTION 6. IMPLEMENTATION**

The Oneida Wellness Council shall advocate for the development of action plans to be used as guides for programs for the purpose of monitoring and tracking the implementation and success.

#### **CERTIFICATION**

I, the undersigned, as Secretary of the Oneida Business Committee, hereby certify that the Oneida Business Committee is composed of 9 members of whom 5 members constitute a quorum; 8 members were present at a meeting duly called, noticed and held on the 10<sup>th</sup> day of June, 2015; that the forgoing resolution was duly adopted at such meeting by a vote of 6 members for, 0 members against, and 1 members not voting; and that said resolution has not been rescinded or amended in any way.



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Lisa Summers, Tribal Secretary  
Oneida Business Committee

\*According to the By-Laws, Article I, Section 1, the Chair votes "only in the case of a tie."