

Oneida Tribe Behavioral Health

KáNi·Kuhlí·Yo

(Ga-nee-goo hlee yo)

“The openness of the good spirit and mind”



➤ 2018 Awareness Educational Series ◀

Starting in 2018: 3rd Monday of Month from 4:30 pm to 5:30 pm

<u>DATE</u>	<u>TOPIC</u>	<u>PRESENTER</u>
June 18 th	Wellness Planning : Mind, Heart, Soul, and Strength	Rebecca Green
July 16 th	Learn New and Effective Coping Skills: Utilizing the DBT Method	Rhonda Huhtala
August 20 th	Relationship Styles: How We Connect with Each Other	Dave Paluch
September 17 th	Tapping into people's STRENGTHS: Understanding Fetal Alcohol Exposure	Valorie Helander & Heidi Kleinschmidt
October 15 th	Dysthymia/ Seasonal Affect Disorder: ..."SAD to see summer go"	Jessica DeGroot
November 19 th	Got PAIN??: Alternatives to Pain Medication	Dr. Trail

Located Parish Hall Building- 2936 Freedom Road, Oneida
Please Call Dr. Sharyl Trail at 920-490-3865 with Questions or Suggestions