

Ryan Engel

FITNESS SPECIALIST SUPERVISOR

Welcome to Oneida Family Fitness, as a staff member of the facility for over 11 years, I would like to tell you a little about myself. I am a graduate of Mount Senario College in Ladysmith, WI. I graduated in 1998 with a Bachelor of Arts Degree with a Primary Concentration in Exercise Science and a Secondary Concentration in Business. Some other activities I was involved in were playing three years of college football and two years of baseball. Through my education and experience, I have gained knowledge of the health and fitness industry. Outside of work, I have many hobbies I enjoy such as playing any kind of sports, biking, hunting, golfing, and enjoying time with my wife Deni and three children Bryce, Garrett and Macelyn.

As an employee of the Family Fitness Center, I am very committed to member satisfaction. My goal is to do all I can to have each and every member set and attain their goals, which is key to a successful program. As a Fitness Specialist Supervisor, I am here to answer any questions that may arise, because you as a member, need to feel as comfortable as possible.

Certifications:

- **Arthritis Foundation Exercise Program Certified**
- **AFAA Personal Trainer Certified**
- **AFAA Group Exercise Certified**
- **American Red Cross Community First Aid Certified**
- **American Red Cross Community CPR and AED Certified**