



ONEIDA FAMILY FITNESS...
*Quality Programs & Services to
 improve your Health & Fitness!*

SERVICES:

- State of the Art Cardio & Strength Equipment
- Swimming Pool —Recreational
- Gymnasium— Full Court
- Indoor Track
- Special Needs Areas
- Fitness Studios
- Personal Training
- Shake & Snack Shop
- Pro Shop
- Child Care
- Locker Room
- Towel Rental
- Outdoor Ropes Course

PROGRAMS:

- Group Fitness Classes
- Aquatic Classes
- Martial Art Classes
- Fitness Assessments
- Wellness Profiles
- Specialty Programs
- Health Education
- Incentives
- Pro Shop
- And Much More . . .



Oneida Family Fitness

*“Let us help you improve
 your Quality of Life”*



Oneida Family Fitness

2640 West Point Rd

Green Bay, WI 54304

(920) 490-3730

www.oneidanation.org/fitness

Hours of Operation

**Monday-Thursday
 5:30 a.m.—9:00 p.m.**

**Friday
 5:30 a.m.—7:00 p.m.**

**Saturdays (Seasonal)
 8:00 a.m.—12:00 p.m.**

Oneida Family Fitness

Provides a State of the Art multi-purpose fitness facility designed to meet the health and fitness needs of the Oneida Tribe organization and community.



Oneida Family Fitness is committed to providing quality physical activity and preventative health education opportunities which encourage participants to achieve total well being.

Our vision is for our community to adopt and value a culture of holistic well being, with the desire to improve their health, physical fitness and quality of life.

Membership Benefits

- ◆ Discounted Membership Rates
- ◆ Complimentary Fitness & Wellness Assessments
- ◆ Complimentary Equipment Orientation
- ◆ Free Group Fitness & Aquatic Classes
- ◆ (3) Free Personal Training Sessions (Annual Memberships only)
- ◆ Cardiovascular & Strength Equipment
- ◆ Recreational Sport Leagues
- ◆ Free Child Care
- ◆ Wellness Education
- ◆ Discounted Specialty Programs
- ◆ Discounted Martial Art Programs
- ◆ Incentive Programs
- ◆ Locker Rental

Membership Eligibility

Oneida Enrolled Members, Oneida Employees (to include spouse & children), other Tribal Affiliations, and the General Public. We offer a variety of memberships based on type and age.

Category Types

Individual: Gives you access to Oneida Family Fitness programs and services.

Family: Extends benefits to two adults and children ages 6 months—17 years old that live in the same household.

Joiner Fee

- A one time fee unless your membership has expired for **more than 30 days**.
- Joiner Fees do not apply to memberships that are no cost (Oneida Enrolled and/or Oneida Employee Health Plan participants).

Individual: \$25.00

Family: \$50.00

Identification is required upon membership purchase: Oneida Enrollment ID, Employee Badge, Health Insurance Card (if applicable).

Renewal Fee

All members will be provided a renewal rate. The renewal rate shall be extended to members who renew their Annual Membership within 30 days of the original contracted period. A 30-day grace period is granted for payment of your Annual Membership. A membership that is renewed will reflect the original dates contracted at the time of membership originated.

Methods of Payment

Membership fees can be paid by:

1. Cash, Check, VISA, Mastercard, or Discover
2. EFT Draft (Your Checking or Savings account is debited once per month until paid in full).
3. Payroll Deduction (\$50 minimum purchase, Oneida employees may deduct their membership cost weekly. Payroll deductions are irrevocable. \$25 weekly minimum payment on all payroll deductions).

Membership Rates

(Effective January 1, 2014)

Oneida Enrolled and Oneida Employee Health Plan Participants (Joiner fees do not apply)			
Type	Length	Rate	Description
Oneida Enrolled	1 year	\$ 0	Ages 6 mo and older; must present Oneida Enrollment ID or descendency document
Oneida Employee Health Plan Participant	1 year	\$ 0	Employee must present Employee badge and UMR health plan ID * Additional fee to add additional family members in the household. Call our Membership Team at 490-3730 for rates.
<small>*Free Membership ends on the day employee is no longer covered under the employee health plan.</small>			

Oneida Employee Non-Oneida Health Plan Participant (Joiner fees apply; not included in rates below)			
Type	Length	Rate	Description
Individual	1 year	\$125.00	Ages 18 years - 54
Family	1 year	\$200.00	Two adults and children ages 6 months - 17 that live in the same household
Individual Elder	1 year	\$25.00	Ages 55 and older
Family Elder	1 year	\$75.00	Corporate Spouse must be Age 55 and older
Individual Youth	1 year	\$25.00	Corporate employee child Ages 6 month - 17 years

(Fees are subject to change with 30 days notice to Member)