

Hanna Leisgang

FITNESS SPECIALIST

I am thrilled to be part of the Oneida Family Fitness team. I will be one of the Fitness Specialists at the Family Fitness Center. I graduated from Lakeland College with a Bachelor of Arts in Exercise Science and with a minor in Psychology. I'm excited to meet and build new relationships with people of all ages here at the Oneida Family Fitness Center.

On my free time, I enjoy going for long runs outside. Also, I enjoy playing volleyball, basketball, and soccer. I love to spend time with my wonderful family. My all-time favorite activity to do on my free time is to go shopping. As well as, boating on hot summer days and skiing on cold winter nights.

My mission is to utilize my exercise science and psychology skills and knowledge to ensure that the best care is given to all my clients, and to make their visit beneficial and supportive to their individual needs.

Certifications:

American Red Cross First Aid and CPR- AED Certified