

Oneida Community Health Improvement Plan (CHIP)



Why a Comprehensive Health Improvement Plan?

The Oneida Nation recognizes that to improve the health of our community, we need a community driven strategic plan. Our community health improvement plan summarized in this brochure involved more than 25 committed individuals working over the past year to develop strategic, time specific objectives which address the health concerns of our Nation.

The Community Health Assessment Team and Oneida Wellness Council is challenging individuals, families, and the Nation to review this plan and support activities and initiatives that will make the Oneida Nation a healthy place to live, work and play.

For more information, contact Oneida Community Health Services at (920) 869-4840.

Goals/Strategies/Measures:

1. Decrease obesity rate by 2% for age 18 years of age and over by 2017. Increase the rate of those who exercise age 18 and over by 2% by 2017.
 - a. Support programming of Oneida Family Fitness Center.
 - b. Provide community-wide physical activity opportunities through the Oneida Health Promotion/Disease Prevention.
 - c. Offer nutrition counseling through provider referral.
 - d. Provide Wellness Coaching for overall improvement of health status.
2. Improve quality diabetes care, prevention of complications, and treatment through an integrated, multidisciplinary approach.
 - a. Monitor and evaluate progress of the TRIAD (Taking Responsibility in Addressing Diabetes) Physical Activity Program.
 - b. Ensure standards of care (routine dental and eye exams, blood sugar control, foot care, etc) are being met.
 - c. Provide a Diabetes Talking Circle through Oneida Behavioral Health.
3. Improve the access of care to those individuals who have anxiety or depression disorders. To be measured by standard reporting processes.
 - a. Individuals seeking services have access to be seen in 72 hours of contact at Behavioral Health Services.
 - b. Provide general education on mental health/substance abuse disorders to community on a bi-monthly basis.
 - c. Improve communication within the health system providers in connecting individuals who are needing mental health or substance abuse services with use of Electronic Medical Record (EMR).
4. Improve employee health by promoting prevention programs and increasing access for healthy activities.
 - a. Implement a Tribal-wide policy for employees to participate in health initiatives.
 - b. Conduct an annual Health Risk Assessment for all employees and spouses of Oneida Nation.
 - c. Provide incentives to employees who participate in various Wellness Programs and preventive screenings such as Just Move It-Oneida, Weight Watchers.